



# Statistical Analysis Report for Food Frequency Questionnaire (FFQ)

Generated by Data Analysis Team on April 04, 2025

**Analysis Summary:** Processed 4 statistical images with 4 successful analyses (100.0% success rate)

**Analysis Categories:** Descriptive (1), Categorical-Categorical (1), Categorical-Continuous (1), Continuous-Continuous (1)

## Survey Questions Reference

**Q1:** How often do you consume 🍎 **fruits**?

**Q2:** How often do you eat 🥦 **vegetables**?

**Q3:** How often do you drink 🥤 **sugary beverages**?

**Q4:** How often do you eat 🍴 three or more meals (breakfast, lunch, dinner) per day?

**Q5:** How often do you eat 🍔 **fast food** or takeout?

**Q6:** How often do you consume 🌾 **whole grains**? (eg. whole-wheat flour, oatmeal, and brown rice)

**Q7:** How often do you eat 🍷 **deep-fried** food?

**Q8:** Do you consume 🍷 **alcohol**? If so, how frequently?

**Q9:** How often do you consume 🧀 **dairy products**? (e.g., yogurt, cheese, milk, butter)

**Q10:** Do you take 💊 **nutritional supplements**? If so, how frequently?

**Technical Summary**

**Descriptive (1)**

**Categorical-Categorical (1)**

**Categorical-Continuous (1)**

**Continuous-Continuous (1)**

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# Technical-Summary

## Technical Summary

Detailed technical information about the analysis

### **STRONG FINDINGS (Significant + Passed Quality Filters)**

#### **1. Strong Relationships between Categorical Variables:**

- DOF filter ( $\geq 9.0$ )
- Cramér's V filter ( $\geq 0.1$ )
- Power filter ( $\geq 0.8$ )
- \* Employment Status and City (Chi-square,  $p=0.0000$ )
- \* Living Situation and City (Chi-square,  $p=0.0005$ )

#### **2a. Significant Relationships between Categorical and Continuous Variables (Parametric):**

- Power filter ( $\geq 0.5$ )
- Effect Size Cohen's d ( $\geq 0.3$ )
- Effect Size  $\epsilon^2$  ( $\geq 0.03$ )
- Effect Size Partial  $\eta^2$  ( $\geq 0.03$ )
- Effect Size CLES (diff  $\geq 0.1$ )
- \* Gender affects Q10 (Mann-Whitney U,  $p=0.0317$ )
- \* Living Situation affects Q4 (Kruskal-Wallis,  $p=0.0278$ )
- \* Living Situation affects Q9 (Kruskal-Wallis,  $p=0.0410$ )
- \* Living Situation affects Q10 (Kruskal-Wallis,  $p=0.0129$ )
- \* Physical Activity Level affects Q3 (Kruskal-Wallis,  $p=0.0153$ )
- \* Physical Activity Level affects Q8 (Kruskal-Wallis,  $p=0.0388$ )

- \* Physical Activity Level affects Q9 (Kruskal-Wallis,  $p=0.0294$ )
- \* City affects Q8 (Kruskal-Wallis,  $p=0.0499$ )
- \* City affects Q10 (Kruskal-Wallis,  $p=0.0389$ )

## **2b. Strong Relationships between Categorical and Continuous Variables (Non-parametric):**

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- Power filter ( $\geq 0.5$ )
- Effect Size  $\epsilon^2$  ( $\geq 0.02$ )
- Effect Size CLES (diff  $\geq 0.05$ )
- \* Gender affects Q10 (Mann-Whitney U,  $p=0.0317$ )

## **3a. Strong Parametric Correlations between Continuous Variables:**

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- Correlation Strength filter ( $|r| \geq 0.55$ )
- Power filter ( $\geq 0.6$ )
- \* Q1 and Q2 ( $r=0.6581$ ,  $p=0.0000$ )
- \* Q5 and Q7 ( $r=0.6231$ ,  $p=0.0000$ )

## **3b. Significant Non-parametric Correlations between Continuous Variables:**

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- Correlation Strength filter ( $|r| \geq 0.55$ )
- Power filter ( $\geq 0.6$ )
- \* Q1 and Q2 ( $\rho=0.6704$ ,  $p=0.0000$ )
- \* Q3 and Q5 ( $\rho=0.5700$ ,  $p=0.0000$ )
- \* Q5 and Q7 ( $\rho=0.6299$ ,  $p=0.0000$ )

# Descriptive

## Descriptive (1)

1 analyses 

Image 1: question\_distributions.png

90.0% Confidence



question\_distributions.png

Resize

histograms Visualization

### Key Findings:

- Consumption of fruits and vegetables is frequent, suggesting healthy eating habits
- Avoidance of sugary beverages is common, contributing to a healthy lifestyle
- High frequency of eating three or more meals per day indicates regular meal patterns
- Moderate distribution in fast food and deep-fried food consumption, balanced approach observed
- Prevalence of whole grains and dairy products consumption, preference for nutritious choices

# Categorical-Categorical

## Categorical-Categorical (1)

1 analyses 

**Image 1: Employment  
Status\_City\_contingency.png**

**90.0%  
Confidence**



Employment Status\_City\_contingency.png

Resize

heatmap Visualization

### Key Findings:

- Athens shows a significant concentration of full-time employed individuals
- Chalkida and Delft have noticeable student populations
- Geneva and Stockholm display a more diverse employment status distribution

# Categorical-Continuous

## Categorical-Continuous (1)

1 analyses 

Image 1: Living Situation\_Q4\_boxplot.png

90.0% Confidence



Living Situation\_Q4\_boxplot.png

Resize

box plot Visualization

### Key Findings:

- Living arrangements significantly impact meal frequency
- Individuals living alone tend to have the most varied meal frequency
- Individuals living with family or a partner report more consistent meal patterns
- Kruskal-Wallis test confirms statistically significant differences

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# Continuous-Continuous

## Continuous-Continuous (1)

1 analyses 

Image 1: Q5\_Q7\_jointplot.png

90.0% Confidence



Q5\_Q7\_jointplot.png

Resize

scatter plot Visualization

### Key Findings:

- Individuals who frequently consume fast food or takeout are likely to consume deep-fried food more often
- Strong positive correlation between fast food consumption and deep-fried food intake

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This report was automatically generated on April 04, 2025. The analysis was performed using advanced computer vision and natural language processing techniques.

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