

Declaration

I, [Student Name], declare that this assignment, titled [Assignment Title], is my own original work and has not been copied from any other source except where explicitly acknowledged. I have not engaged in plagiarism, collusion, or any other form of academic misconduct in the preparation and submission of this assignment. All sources of information and data used in this assignment have been properly cited and referenced in accordance with the prescribed guidelines. I have not used unauthorized assistance in the preparation of this assignment and have not allowed any other student to copy my work. I am aware that any breach of academic integrity may result in disciplinary action as per the [policies of Monash University](#), which may include failing this assignment or the course, and further academic penalties.

Signature: YIGJIE ZHENG

Date: 18/08/2024

Github Check

Enter your Github details here.

Github Username <i>Enter your username here</i>	jimmyzheng1027
A2 Shared? <i>Have you started and shared your assignment repository with your tutor yet?</i>	No

Self-Evaluation

Rate your performance for each criteria. Put a ✓(tick) in the box where you think your work belongs.

Criteria	Exceeds Expectations	Meets Expectations	Needs Improvement	Fail to meet expectations
Executive Summary	✓			
User Personas	✓			
Sitemap	✓			
Wireframes/Low-fidelity Prototype		✓		

Section 1: Executive Summary

This project aims to design and develop a web application dedicated to supporting individuals facing mental health challenges. The client's primary objective is to create a safe, informative, and user-friendly platform where users can find reliable resources, connect with mental health professionals, and engage in supportive communities. The website will serve as a comprehensive mental health hub, offering content and services tailored to the diverse needs of its users.

Target Audience:

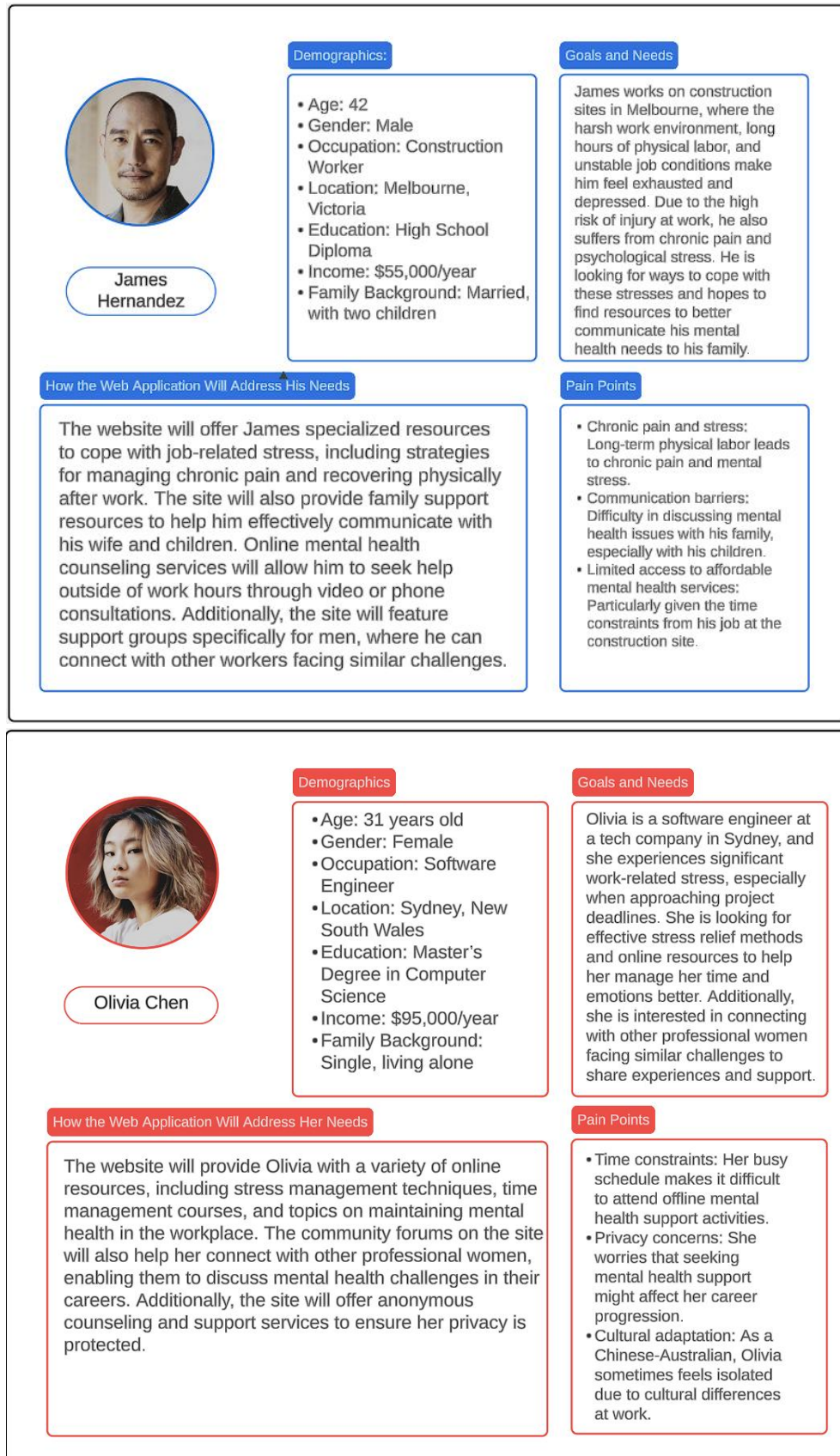
Primary target audiences include individuals with mental health problems such as anxiety, depression and stress, as well as their families and carers. Secondary audiences include mental health professionals who wish to reach out to clients and provide services, as well as organisations concerned with mental health awareness and promotion. The audience varies in age, background and severity of mental health issues faced, ranging from young adults to older people seeking support.

Primary Goals:

1. **Accessibility and Usability:** The website will be designed to ensure easy navigation and accessibility for all users, including those with disabilities. The user interface will be intuitive, allowing users to find the resources they need without unnecessary complexity.
2. **Comprehensive Resource Hub:** The platform will offer a wide range of resources, including articles, videos, self-assessment tools, and a directory of mental health professionals. These resources will be curated and regularly updated to ensure relevance and accuracy.
3. **Community Engagement:** A key feature of the site will be its community forums and support groups, where users can share experiences, ask questions, and provide peer support in a moderated and safe environment.
4. **Professional Connection:** The site will include tools for connecting users with mental health professionals for consultations, either through an integrated booking system or through partnerships with telehealth services.

The web application will be built with a focus on security and confidentiality, ensuring users feel safe when seeking help. By providing these essential services, the website aims to reduce the stigma surrounding mental health, encourage early intervention, and ultimately improve the mental well-being of its users.

Section 2: User Personas





Aisha Ahmed

Demographics:

- Age: 21 years old
- Gender: Female
- Occupation: University Student (Psychology Major)
- Location: Brisbane, Queensland
- Education: Currently pursuing a Bachelor's Degree in Psychology
- Income: Part-time job, \$15,000/year
- Family Background: Single, living with family

Goals and Needs

Aisha is a psychology student at a university in Brisbane. She has a strong interest in mental health but struggles with academic pressure and social anxiety. She is looking for resources to help her better manage her mental health while balancing her academic responsibilities. Additionally, she wants to find a platform where she can apply her academic knowledge to her personal life and future career.

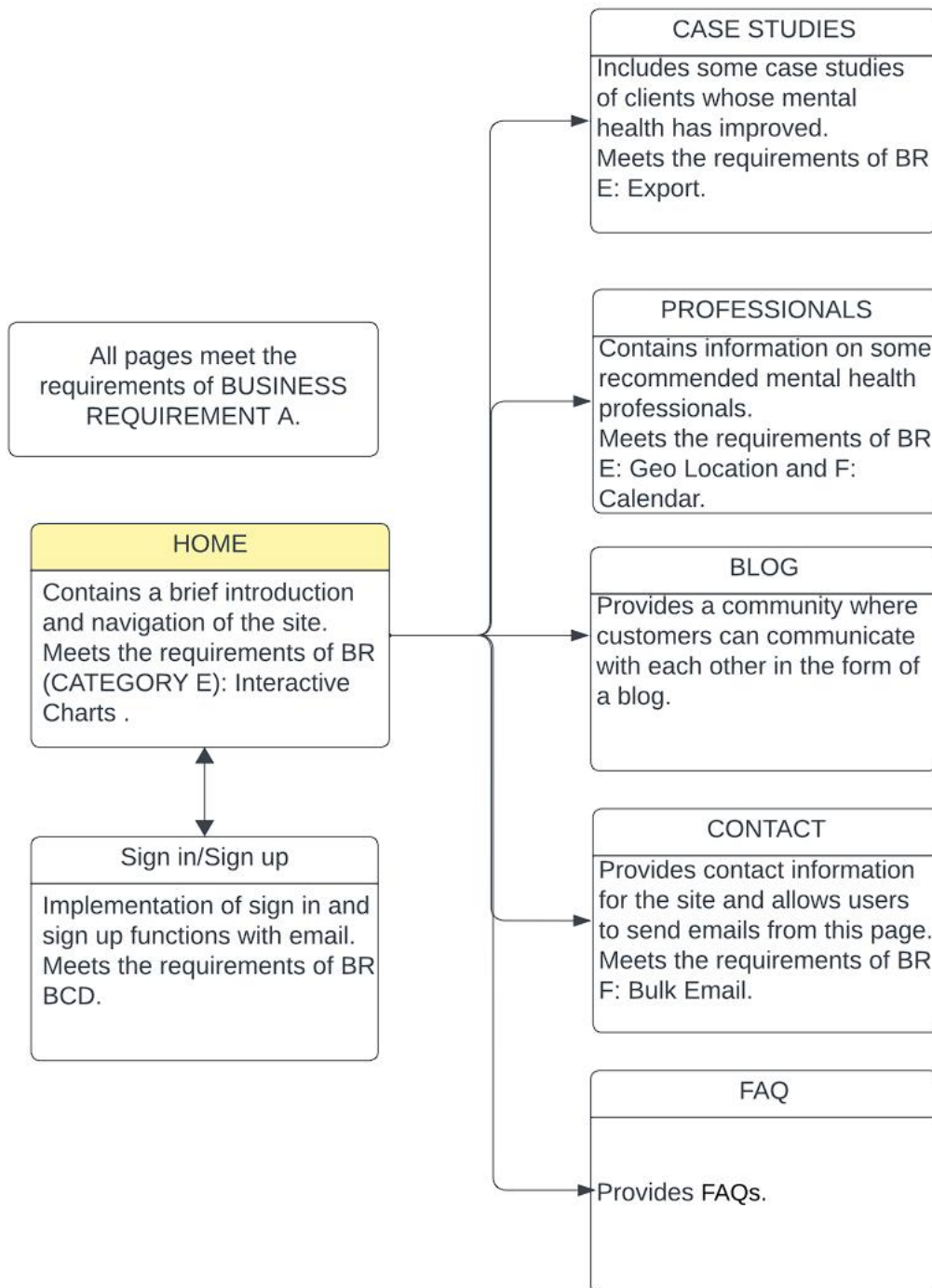
How the Web Application Will Address His Needs

The website will provide Aisha with mental health resources specifically designed for students, such as guides on coping with exam stress, time management, and social anxiety. She can also access an online learning community through the site to connect with other psychology students to share experiences and study resources. The website's online courses will help her further learn how to apply psychology knowledge in her personal life and offer career guidance resources to help her prepare for her future career.

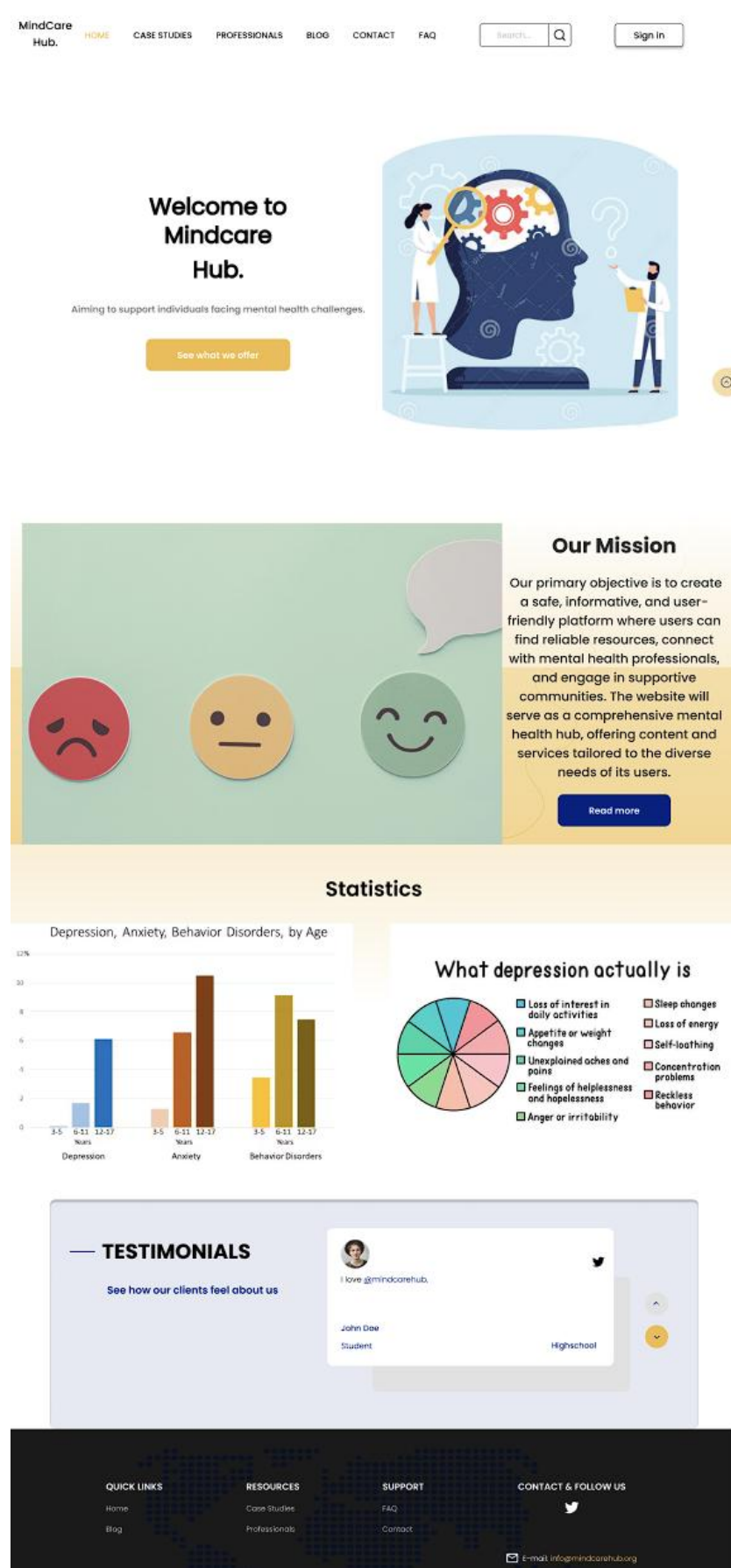
Pain Points

- Academic pressure and exam anxiety: Especially during final exams.
- Social anxiety: Difficulty in building connections with her classmates.
- Limited mental health support at school: Uncertainty about how to apply academic knowledge to real-life situations.

Section 3: Sitemap



Section 4: Wireframes/Low-fidelity prototype



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Password*

Min. 8 character



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Other business requirements are list in Sitemap.

Declaration: Additional Help

Any tools that you used (including Gen AI or existing code reuse) must be declared here.

Note: GenAI is not allowed for coding purposes in any assignment,

However, you may use GenAI for brainstorming and problem solving. You need to declare all such uses here.
One row per help used.

Name	Description
<i>ChatGPT for brainstorming ideas</i>	<i>I used ChatGPT to brainstorm how to do User Personas because I was feeling stuck with it.</i>