I was born in Montclair NJ in 1942; BS from Gettysburg College, MAT from Fairleigh Dickinson and PhD in Physics from Rutgers. I met my wife Mary Jane at Rutgers where she was studying Mathematics. I became a member of the Allegheny College faculty in 1972 and retired in 2006. My position at Allegheny involved teaching physics and carrying out research with students in the areas of atomic and nuclear physics, non-linear optics and astrophysics. I enjoy running and have participated in running events since 1959.