

	TIME	8:00-8:30	8:30-9:00	9:00-9:30	9:30-10:00	10:00-10:30	10:30-11:00	11:00-11:10	11:10-11:40	11:40-12:10	12:10-1:00	After One Rest/ Quiet Act
Weekdays		Health Check	Health Check	Language Activities	Mathematics Activities	Health Break	Environment Activities	Health Break	Religious Activities	Creative Activities	Lunch Break	Rest/ Quiet Act
Monday		Free Choice Activity	Health Check	Mathematics Activities	Language Activities	Health Break	Creative Activities	Health Break	Environment Activities	Religious Activities	Lunch Break	Rest/ Quiet Act
Tuesday		Free Choice Activity	Health Check	Language Activities	Mathematics Activities	Health Break	Religious Activities	Health Break	Environment Activities	Creative Activities	Lunch Break	Rest/ Quiet Act
Wednesday		Free Choice Activity	Health Check	Mathematics Activities	Language Activities	Health Break	Creative Activities	Health Break	Creative Activities	Environment Activities	Lunch Break	Rest/ Quiet Act
Thursday		Free Choice Activity	Health Check	PPI	Mathematics Activities	Health Break	Language Activities	Health Break	Environment Activities	Creative Activities	Lunch Break	Rest/ Quiet Act
Friday		Free Choice Activity	Health Check		Mathematics Activities	Health Break	Language Activities	Health Break	Environment Activities	Creative Activities	Lunch Break	Rest/ Quiet Act