

Astrology

Numerology

Palmistry

Vastu Shastra

Tarot Reading

School of Occult Science

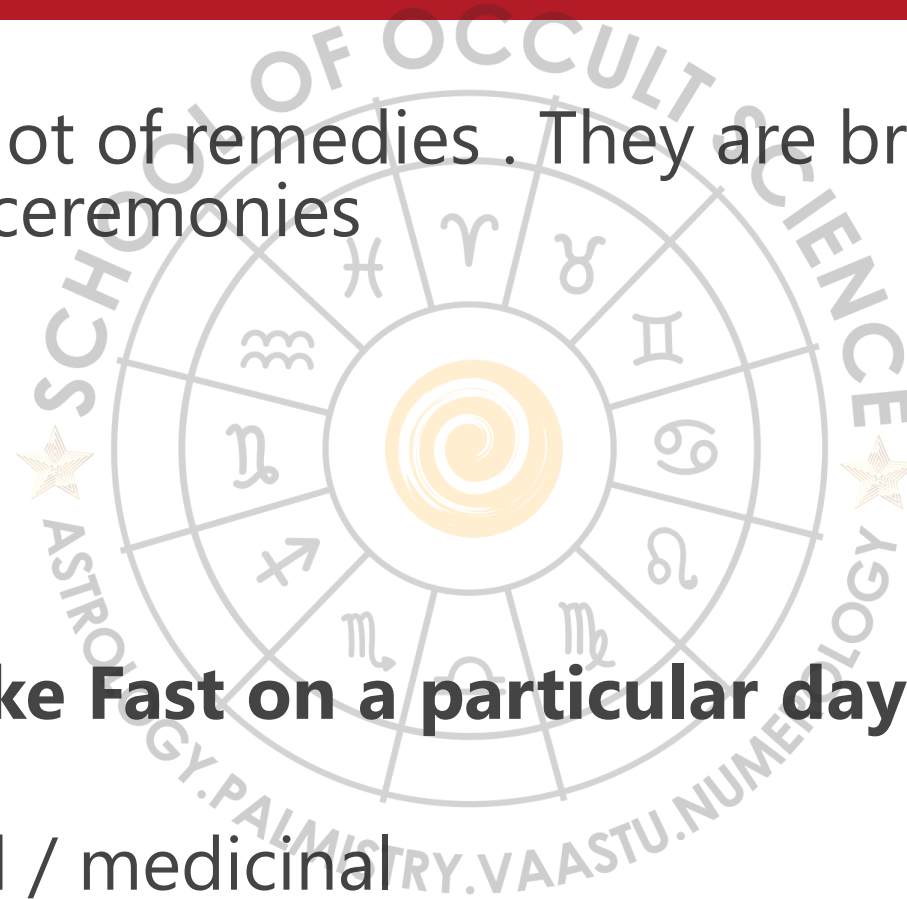
**Astro Master - Remedies**  
**School of Occult Science**



# Astrological Remedies

Vedas recommended lot of remedies . They are broadly as follows.

1. **Yagya** or Religious ceremonies
2. **Yantra**
3. Tantra
3. **Mantra**
4. **Gems**
5. **Rudraksh.**
6. **Offering Service like Fast on a particular day**
7. **Charity /Donation**
8. Aushadhi – Ayurved / medicinal



# Remedies for specific planet

- There are remedies which give power to weak planets like using of Gems and Rudrakshas.
- Power to a weak planet can also be given by reciting the specific Mantra of that planet. The same can be done by reciting the Mantra of the presiding deity of that planet.
- For getting favourable results one can also worship the Yantra of a specific planet, god or goddess.
- When we want to get rid of the malefic influence of several planets, we can perform Yagya, fasts and charity.
- Donating the specific articles of a planet shall also help one to get rid of the malefic influence of malefic planet.
- For example if destiny lord (ascendant lord) in one's horoscope is weak it can be strengthened by wearing its Gem, Rudraksha and by chanting the mantra of this planet or else that of its deity. This planet can be given power by donating the articles of this planet.

# Selection of Type of Remedy

The sign occupied by planet shall determine that which type of remedy shall prove effective-

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- If a planet is occupying fiery sign Yagya and fast shall prove beneficial.
- If a planet occupies earthy sign Gem, Yantra, Metal wearing and Dev Darshana should be encouraged.
- If it is in Airy sign the remedies like Mantrajapa, Katha and worship shall help.
- If it is a watery sign then Charity, Jal Visarjan and Aushadhisnan etc shall be effective.
- If Yogakaraka planets in a horoscope are powerful remedies like wearing of Gem, Yantra and chanting of Mantra should be done.
- If Maraka planet is powerful in that case articles should be donated and thrown in water (Jal Visarjan), Otherwise these planets should be converted into Karaka planet by chanting of Mantra and Deva Darshana.
- If Yogakaraka planets are powerful and Maraka planets are weak no remedy is needed.

# Duration of remedies

- Duration of majority of remedies is 40 days.
- All types of Pujas, Yagyas and Mantrajapa etc start giving results after 40 to 43 days. That is why there is a tradition of carrying these ceremonies continuously for 43 days.
- If the problem is serious these ceremonies should be performed regularly after a suitable and convenient interval of time again.
- Stones, Rudrakshas and all other valuable talismans start giving their auspicious results after 43 days.
- During these 43 days the specific Mantra and Puja associated should be performed regularly



# Remedies for specific period

- When a person is under the malefic influence of malefic period of malefic planet like major/ sub period of badly afflicted Rahu, Saturn or Mars or is under the influence of Dhainya or Sadhesati of Saturn a specific remedy depending upon the suitability is recommended to reduce the malefic impact.
- Similarly if a person is going through the major/ sub periods of benefic planet which is very auspicious for the native in that situation to increase the goodness of that planet specific remedy like Yagya, Mantra, Gem, Rudraksha or Fast etc can be recommended

# Yagya procedure

- Shanti Path
- Sankalpa
- Ganesh, Kalash and Navagraha Pooja
- Special Shanti Ritual of respective planet
- Chanting of Beej Mantra of respective planet
- Havan - Offerings given to the holy fire
- Purna Aahuti - Completion of Yagna
- Aarti - Special Prayer
- End of Yagna with pushpanjali
- Shreyoddan - Transferring the energy of Yagna to the beneficiary through Mantras

# Some Yagyas as remedy

Different Yagyas are performed to achieve different objectives.

- Mahamrityunjaya Yagya is observed to prevent sudden death, accidents and diseases;
- Sridurgasaptashatichandi yagya for different objectives like eradication of poverty, sorrow and enemies;
- Putreyshti Yagya for acquiring desired progeny;
- Bagalamukhi Yagya to win over enemies and so on.



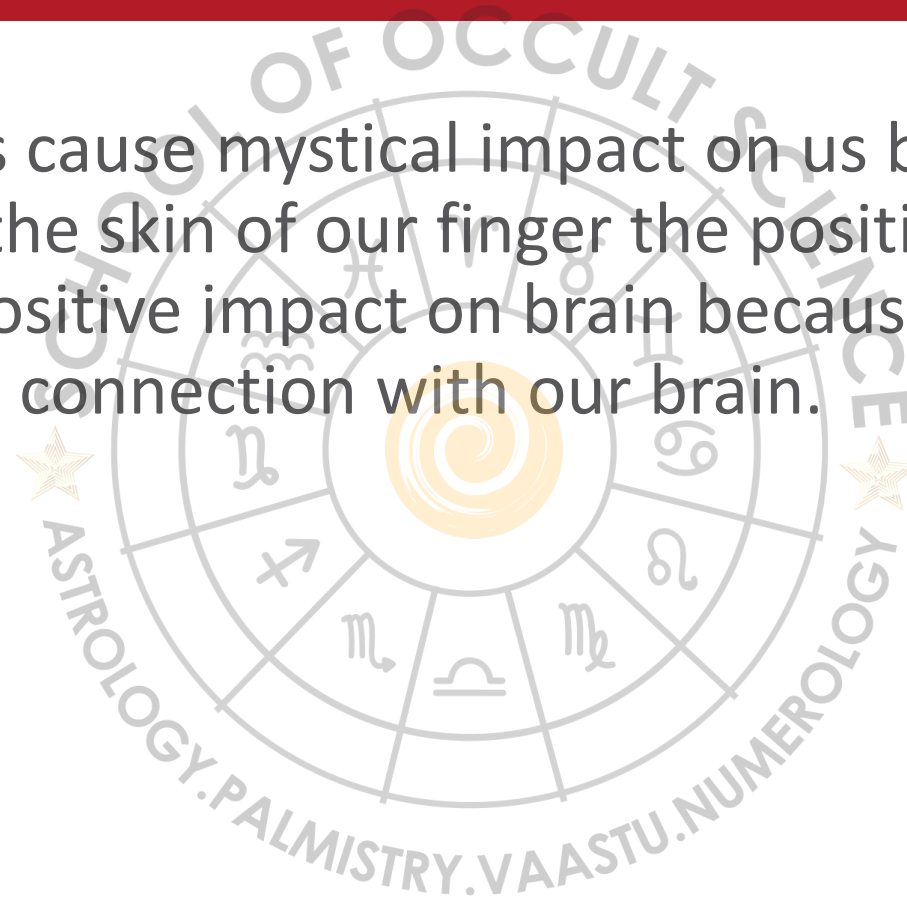
# Gems

Our ancient Sages has given us 9 Gems or Ratna. Besides there are many upratna (Semi-precious stones) which are used as substitute stones. The names of 9 Gems against their respective Planets are as follows. Substitute stones are also given in the table:

Planet	Gem	Substitute Stones
Sun	Ruby	Garnet, Spinel (Suryamani)
Moon	Pearl	Moon Stone
Mars	Coral	White Coral
Mercury	Emerald	Peridot, Green Tourmaline
Jupiter	Yellow sapphire	Topaz, Citrine
Venus	Diamond	Zircon, Opal, Crystal
Saturn	Blue sapphire	Neeli(sodalite), Amethyst, Lapis Lazuli, Turquoise, Aquamarine
Rahu	Gomed	Agate, Brown Zircon, Brown tourmaline
Ketu	Cat's Eye	Tiger's Eye, Alexandrite, Amber

# Should the gem touch your skin

- It is believed that rings cause mystical impact on us because when the stone of ring touches the skin of our finger the positive energies emitted by it causes positive impact on brain because the nerves of our fingers have direct connection with our brain.



# Precautions to be taken while wearing Gems

1. It should touch your skin.
2. It should be an original quality stone.
3. It should be used with correct metal and worn in the correct finger, on the correct day.
4. Check the originality of stone by checking its refractive index from the stone-testing laboratory.
5. The ring fitted with the gem must first be washed with raw milk.
6. After that it should be bathed in the smoke of incense and then worn on the correct day.
7. After purifying the Gem with clean water, raw milk and the Holy Ganges chant the Mantras prescribed for the stone 108 times and then wear it in the finger mentioned after receiving the blessings of your family deity.
8. Men should wear stone in right hand and women should wear it in their left hand.

# Precautions while prescribing a gem

- A stone increases the strength of a planet. It should be prescribed only for functional benefic planets. Even functional benefic planet should not be placed in a trik house.
- A stone should not be recommended for a debilitated planet or any inauspicious planet.
- In no case one should wear gems representing lords of trik houses.

# Finger for the stone

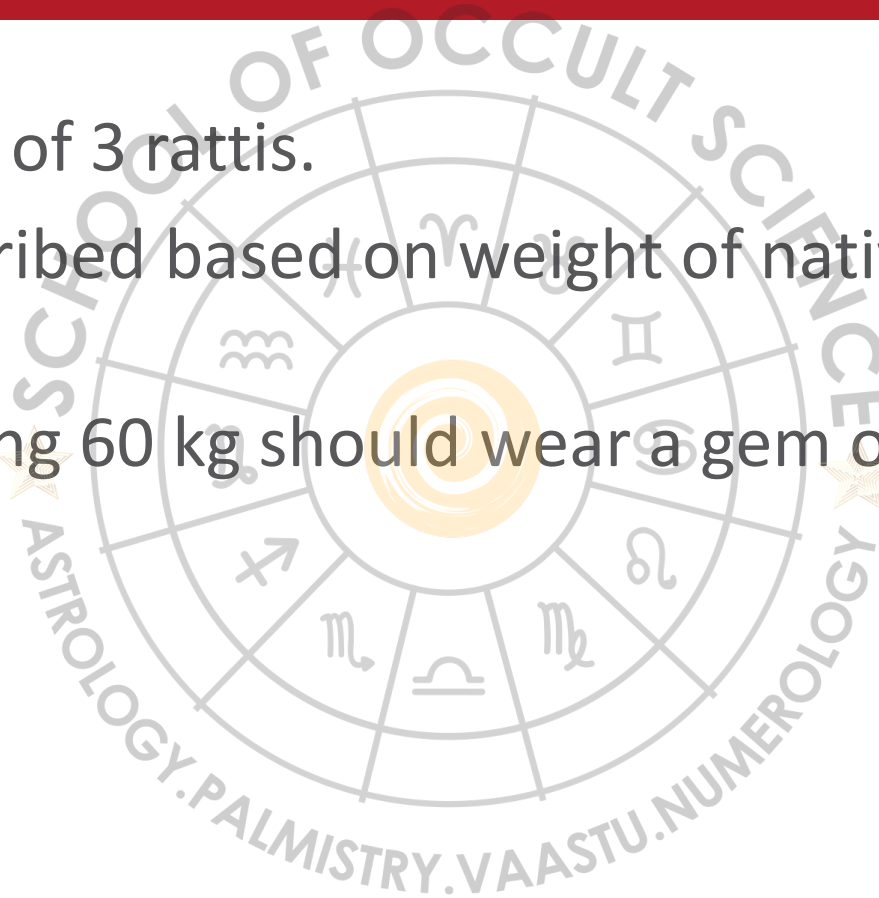
Finger	Gems
Index Finger	Yellow Sapphire
Middle Finger	Blue Sapphire, Gomed, Cat's Eye, Diamond
Ring Finger	Ruby, Coral
Little Finger	Pearl, Emerald, Diamond





# Weight of Gems

- A gem must be at least of 3 rattis.
- Weight of gem is prescribed based on weight of native – 1 ratti per 10 kg.
- Hence a person weighing 60 kg should wear a gem of 6 ratti.



# Timing for wearing Gem

Gem should be worn in Shukla Paksha on a specified day while offering prayers and chanting mantra of the respective gem.

Planet	Gem	Weight	Metal	Finger	Day	Time
Sun	Ruby	3 ¼ ratti	Gold	Ring	Sun	Morning
Moon	Pearl	3 ¼ ratti	Silver	Little	Mon	Morning
Mars	Coral	6 ¼ ratti	Gold / Copper	Ring	Tue	Morning
Mercury	Emerald	4 ¼ ratti	Gold	Little	Wed	Morning
Jupiter	Y.Pukhraj	4 ¼ ratti	Gold	Index	Thu	Morning
Venus	Diamond	¼ ratti	Silver / platinum	Little	Fri	Morning
Saturn	B.Pukhraj	4 ¼ ratti	Panchdhatu / Silver	Middle	Sat	Evening
Rahu	Gomed	5 ¼ ratti	Ashtadhatu / Silver	Middle	Sat	Sunset
Ketu	Cat's Eye	6 ¼ ratti	Silver	Middle	Tue / Thu	Sunset

# Rudraksha

- Rudraksha is a Sanskrit word. If we split this word into two we get these two words Rudra and Aksha. Rudra means Lord Shiva and Aksha means Aansu(tears) of Lord Shiva. According to Hindu Mythology tears of Shiva fell on earth in the form of Rudraksha tree.
- The Rudraksha tree belongs to Elaeocarpaceae family and is as huge as the Banyan tree which has seed covered with pulp and outer skin. After drying the skin turns black and grooves appear on the surface running from apex to the bottom, there by demarcating clear areas called 'Mukha or faces'. The Rudraksha are classified on the basis of number of faces, which can range from one to twenty one.
- Sometimes Rudraksha are found in twins which are considered to be symbols of Lord Shiva and Parvati (Goddess). They are known as Gauri Shankar Rudraakshas. In the same way if three Rudrakshas are together they are considered the symbol of Shiva, Shakti and Ganesha or Bramha, Vishnu, Mahesh. But these types of Rudrakshas are very rarely available.
- Each type of Rudraksha has its own influence and property. Rudraksha is worn to get beneficial results and is helpful in curing diseases like epilepsy, hypertension, blood pressure, stress, whooping cough, wounds. Wearing of Rudraksha not only pleases Lord Shiva but also brings blessings of Lord Vishnu, Durga, Ganesh and of Navgrahas (nine planets); it gives peace and harmony in life.

# ONE FACED RUDRAKSHA



## ONE FACED RUDRAKSHA (Deity, Param Shiva) :

The ruling planet of one faced Rudraksha is Sun. It controls the malefic effects of Sun and cures diseases of the right eye, head, ear, bowel and bones. Psychologically the confidence, charisma, leadership qualities and prosperity of the person increases as the wearer starts getting the favor of Sun. It brings you immense power, wealth, luxuries, fame, massive confidence boost and spiritual enrichment. This is the best among all other Rudraksha seeds. This gives all the worldly pleasures and helps one to attain perfection in the life. This is the symbol of Lord Rudra. It bestows prosperity on the devotees.

Mantra : – Om Hreem Namah or Om Namah Shivay.

Name	Benefit
1 Faced	Good for rulers, administrators, kings, immense power, wealth and confidence
2 Faced	Marital happiness, mental peace, contentment
3 Faced	Victory over enemies
4 Faced	Education, concentration, creativity
5 Faced	Knowledge, spiritual enrichment, health
6 Faced	Love life, sexual power, attractiveness
7 Faced	Removes malefic effects of Saturn
8 Faced	Eliminates diseases, obstacles and malefic effects of Rahu.
9 Faced	Removes malefic effects of Ketu
10 Faced	Success, up-gradation of career
11 Faced	Gains, increase in income, property
12 Faced	Foreign travel, power, position, pleasure
13 Faced	Attraction, pleasure, love, beauty
14 Faced	Power, authority, glory, name and fame
15 Faced	Power, prosperity, knowledge
Ganesh	Eliminates obstacles, best for success, prosperity and Intelligence
Gauri Shankar	Married life, pleasure, happiness, attraction.
Gauri Ganesh	For progeny

# TWO THREE FACED RUDRAKSHA

## **TWO FACED RUDRAKSHA** (Deity : Ardhanareeshwar) :

- Two faced Rudraksha represents goddess Parvati and lord Shiva, means it is Ardhnarishwara. It eradicates sins and diseases and blesses the wearer with salvation and wealth. The ruling planet of two Mukhi Rudraksha is Moon. It effectively protects you from the malefic effects of Moon and diseases of the left eye, kidney and intestines etc. Emotionally, it generates an urge within to strengthen the harmony in relationship. This bead helps in developing cordial relationship. Its influence can greatly help in controlling negative traits like anger, frustration and lack of concentration.
- Mantra : Om Namah or Om Namah Shivay

## **THREE FACED RUDRAKSHA** (Deity : Agni)

- It represents Agnideva and eradicates the sin of assassination of woman. The ruling planet is Mars which in its malefic effects causes diseases of blood, blood pressure, weakness, disturbed menstrual cycle, kidney problems etc. Depression, negative and guilty feelings, inferiority complexes can be lessened by wearing this Rudraksha. The Three Faced Rudraksha is worn to boost up self confidence and to counter depression. It also provides physical strength and cures several diseases. It also wards off ill luck, tensions, sins and bestows health, wealth and knowledge too. It is very effective for the cure of jaundice. Its wearer always remains healthy and wealthy. It removes dangers from fire, fevers and cleanses the sins. Can be used during pregnancy
- Mantra : Om Kleem Namah or Om Namah Shivay



# FOUR FIVE FACED RUDRAKSHA

- **FOUR FACED RUDRAKSHA** (Deity : Brahma) :
  - It confers creativity and long life. The ruling planet is Mercury representing Goddess Saraswati and Brahma. It is the symbol of four Vedas. This Rudraksha nullifies the malefic effects of mercury and pleases Goddess Saraswati. It governs logical and structural thinking. This bead helps to achieve healthy mind and body. It helps to increase mental power, intelligence, knowledge and concentration. It can also increase sexual power and attractiveness. It is used for making oneself more sought after by the opposite sex.
  - Mantra : Om Hreem Namah or Om Namah Shivay
- **FIVE FACED RUDRAKSHA** (Deity : Sadashiva) :
  - This confers health and peace and frees you from sins. The ruling planet is Jupiter. It helps to attain success in all walks of life and to gain knowledge, wealth, power and fame. It is used in the treatment of several diseases. It is also most sought after bead which can actually help you to achieve happiness and eternal bliss. It represents Kalagni Rudra and is very effective in the elimination of your adversaries. It destroys diseases pertaining to lungs, heart and blood. Wearer of it should recite the following Mantra 108 times daily
  - Mantra : : Om Hreem Namah or Om Namah Shivay

# SIX SEVEN FACED RUDRAKSHA



## SIX FACED RUDRAKSHA (Deity : Kartikeya) :

- It represents Kartikeya and is also known as Shatrunjaya Rudraksha because it destroys your enemies. It confers executive and managerial abilities, competence and success in all walks of life. It is excellent for all sciences, technical education, surgery and cures hysteria, fainting fits and blood related diseases or diseases of the private parts.
- Its ruling planet is Venus which governs, genital organs, throat, valour, sexual pleasure, love music etc. This bead enriches the career path and helps to achieve immense professional and academic success. It helps you to fulfill your dreams and wishes to lead a luxurious life. It is auspicious for marital happiness and enhancement of sexual powers.
- Men should wear this Rudraksha in right and women in the left hand. This confers the knowledge of highest kind and helps women in diseases like hysteria and mental illness. Wearer should chant one of the following Mantra 108 times daily.
- Mantra : Om Hreem Hroom Namah or Om Namah Shivay

## SEVEN FACED RUDRAKSHA (Deity : Saptarishi and Mahalaxmi)

- It is considered the symbol of Kamdeva, Anant, Saptarishi, Mahalaxmi and Saturn and 7 Nagas (7 famous snakes in Hindu mythology). It confers plenty of money. People keep this Rudraksha in their cash box. It is used to eradicate poverty. The ruling planet is Saturn, the all powerful Shani Bhagwan. It eradicates the malefic effects and diseases like impotency, cold, obstructions, hopelessness, delay, chronic diseases, scarcity and worry etc. caused by Saturn. It helps one to get rid of ego problem. The Seven Faced bead helps in building finances and amassing wealth. It helps to attain prosperity and peace of mind. It is considered very auspicious because it helps to ward off fatal diseases, death and achieve longevity. The wearer should recite the following Mantra 550 times daily
- Mantra : Om Hroom Namah or Om Hraam Kreem hreem Soum

# EIGHT NINE FACED RUDRAKSHA

## **EIGHT FACED RUDRAKSHA (Deity : Ganesha) :**

- It represents lord Ganesha and removes all obstacles and confers success in all undertakings (Riddhi and Siddhi). It is also the symbol of Lord Bhairawa and prevents sudden death. The ruling planet is Rahu hence it is helpful in removing its malefic influence. The malefic influence of Rahu is considered like that of Shani. This Rudraksha bead increases the strength of character and mind and helps in achieving happiness, fame good health and heightened confidence. The wearer of this Rudraksha gets protected by eight goddesses. By wearing it all the pleasures increase and all the difficulties diminish. This is especially used in worship and rituals. Wearers of this get long life and they become truthful. Such a person is wise and Knowledgeable and remains free from diseases. Such persons will have special ability and talent in studies. They shall remain away from sins of any kind. The person should recite the following Mantra 108 times daily.
- Mantra : Om Hroong Namah or Om Namah Shivay

## **NINE FACED RUDRAKSHA (Deity : Shakti) :**

- The name of this Rudraksha is Bhairawa. It represents Navdurga, Lord Yama, Navgraha (nine planets), Navnatha (Pashupati, Muktinath, Kedarnath, Badrinath, Jagannath, Somnath, Vaidyanath, Parasnath & Dwarkanath) and Navadhabhakti (Nine types of salvation). Wearer of this Rudraksha gets qualities like bravery, patience, courage, power, tolerance, dedication etc. It is generally worn during Navratras (Nine nights for worshipping Goddess Durga) and confers energy/power that lead to wealth, social success etc. This Rudraksha saves you from malefic influence of Ketu. The malefic influence causes mental fatigue, lack of energy, failures etc. This Rudraksha helps in getting wealth, property, assets and to lead a luxurious life with fulfilled dreams and ambitions. It makes you more energetic and more action oriented. Those who wear it also obtain grace of Bhairawa. The wearer would be free from the fear of death. The possessor is blessed with all kinds of fame, respect, spiritual success & progress. The wearer should recite the following Mantra 108 times daily.
- Mantra : Om Hreem Hroom Namah or Om Namah Shivay

# TEN ELEVEN FACED RUDRAKSHA

## TEN FACED RUDRAKSHA (Deity : Vishnu) :

- The deity is Das-Avtar Vishnu where each of ten faces represents one of the Vishnu Avtar. It is believed that the power of all ten incarnations of lord Vishnu are there in this Rudraksha. When energised the user and his family are protected and nourished for generations. All evil effects of planets/lagna are removed.
- The wearer of this Rudraksha remains free from all evil effects of inauspicious planets and evil spirits. This Rudraksha cures all types of respiratory diseases. This is very helpful in chronic cough and asthma. Its wearer gets protected from weapons. The wearer should recite the following Mantra 108 times everyday.
- Mantra : Om Hreem Hroom Namah or Om Namah Shivay

## ELEVEN FACED RUDRAKSHA (Deity : Ekadash Rudra):

- The deity are the eleven Rudras or Sri Hanuman (Rudra Avatar). It confers wisdom, power, public speaking abilities and success in battles besides protection from accidents and all evils. It brings victory. This should be kept in a safe place of worship, or with the jewellery box or in safe box. This enhances wealth and prosperity and grants long life to the spouse of the wearer. This helps in getting a desired offspring and also the love and affection from the desired person. Wearer of this Rudraksha should recite the following Mantra 108 times everyday
- Mantra : Om Hreem Hroom Namah or Om Namah Shivay

# TWELVE THIRTEEN FACED RUDRAKSHA

## **TWELVE FACED RUDRAKSHA (Deity - Aditya) :**

- It confers political power, ministership, headship of institution and favour from governments besides intelligence, wealth and a good healthy life. It protects from diseases. It is also the symbol of Mahavishnu. Protects from wild animals, thieves and diseases.
- The bead is said to increase your charisma and charm. Wearer should chant the following Mantra 108 times everyday.
- Mantra : Om Namah Shivay

## **THIRTEEN FACED RUDRAKSHA (Deity - Indra) :**

- Effects are similar to that of six faced. It represents Lord Indra the Lord of Gods. Wearer is able to enjoy all the earthly pleasures and comforts. This Rudraksha is also rare and difficult to get, but has immense power. It helps in attaining Moksha (Salvation), it is often used to increase attractiveness and has hypnotic influences on those who are smitten with your charm. It also helps to attain a sound mind and body and enjoy the various luxuries of life. It fulfills all the desires of the wearer and brings good luck to him. Such a person remains away from sinful deeds and thoughts. All his worldly wishes are fulfilled. Only lucky persons are able to get it. All your wishes can be fulfilled by mere possessing it. The possessor is blessed with complete manhood and his physical weakness is cured by drinking the milk in which this has been boiled.
- It is also considered the symbol of Kamdeva (Lord of desires). The wearer should chant the following Mantra 432 times before wearing it.
- Mantra : Om Hreem Namah or Om Namah Shivay



# FOURTEEN FIFTEEN FACED RUDRAKSHA

## **FOURTEEN FACED RUDRAKSHA (Deity - JYOTIRLINGA) :**

- This is considered the most favorite Rudraksha of Lord Shiva. If you get it fortunately it is very powerful and brings the complete favour of Lord Shiva. You get all the 'Siddhis' by wearing it. It symbolises Shiva and also Lord Hanuman. It is helpful in many diseases. It enhances all the pleasures of life and if worn on the arms, or on the top of the head. It overcomes the malefic impact of Saturn and Mars. The wearer should recite the following Mantra 108 times everyday.
- Mantra : Om Namah Shivay

## **FIFTEEN FACED RUDRAKSHA (Deity - Pashupatinath) :**

- It represents lord Pashupatinath. It destroys all sorts of sins. It brings financial and spiritual success. It is considered auspicious for pleasure, prosperity, reputation and mental peace. It should be worn by pregnant women to avoid miscarriage. It causes smooth and painfree delivery. It should be kept at Pooja altar. Following Mantra should be chanted regularly.
- Mantra : Om Namah Shivay

Although 21 types are listed, the Shastras give Mantra for only 14 types from Ek-Mukhi (one face) onwards. On the other hand, fifteen to twenty-one faced Rudraksha are kept at Pooja alter.

# OTHER RUDRAKSHA

## **GANESHA RUDRAKSHA :**

- It symbolizes Ganesha the God of intelligence and knowledge. He is also the Lord of obstacles. Wearing of this Rudraksha takes away all the hurdles and obstacles from the life of a person, giving all round success and happiness for students. It is a boon for their success in competitive examinations. Mantra to be recited with this Rudraksha is mentioned below
- Mantra : Om Gang Ganpataye Namah

## **GAURI SHANKAR RUDRAKSHA :**

- An extremely influential Rudraksha. It is made of two beads joined together. It represents Lord Shiva and Goddess Parvati. It helps to improve marital relationship and brings joy and harmony. Possession of this Rudraksha enhances attraction and attention from the opposite sex. It is considered very sacred. Chant the below mentioned Mantra 108 times everyday
- Mantra : Om Gauri-Shankaraya Namah or Om Namah Shivaya..

## **GAURI GANESH RUDRAKSHA :**

- It represents goddess Parvati and lord Ganesha. This should be worn by a woman who aspires to get able children. By wearing this Rudraksha one gets progeny comfort and affection and sympathy towards children gets enhanced. Chant the below mentioned Mantra 108 times everyday.
- Mantra : OM SHREE GAURI GANESHAYE NAMAH"

# Yantra

- Yantras can be defined as visual Mantras. They have been used since the Vedic age to remove the malefic effects of certain evil forces and to strengthen the positive powers. Yantras are able to create vibrations and other mystic effects of a Mantra by sight.
- Keep it at a sacred place in your house and worship it regularly. Yantra is beneficial for you in every field of your life, to attain success in your profession, to acquire wealth, peace, good luck, getting rid of tensions, to win in court cases, to ward off diseases, to progress in meditation. For energizing Yantra the assistance of learned and expert person in energizing Yantras is taken. The process of energizing Yantra (Pranapratishta) is done by reciting the Mantras of the presiding deity of Yantra and after that Homas (hawan) should be performed by decorating the place of sacred fire and Ahutis should be given.
- Yantras energized during the nights of Mahashivaratri, Holi and Diwali are most effective and powerful. The purpose of a Yantra is to focus spiritual and mental energies, to improve health, wealth, childbearing or the invoking of any God or Goddess. These Yantras prepared by knowledgeable persons under proper guidance are generally drawn on metals such as Gold, Silver, Copper, Bhojapatras and sometimes on paper also.

# HOW TO ENERGISE YANTRA :

- The Yantra which one has to install should first be soaked in milk for one hour. Then dip the Yantra in Panchamrita (this is a mixture of milk, curd, honey, sugar powder and little bit of butter/Ghee). Take out after a minute and wash it 4-5 times with holy water or fresh water. Now bath it in the smoke of incense and camphor. Place white/red/yellow cloth in the place where it is to be installed. Colour of cloth should be decided according to the nature of Yantra. Offer flowers and rosaries again according to the nature of presiding deity of Yantra. Also use camphor, Chandana(sandal) etc. to be offered on the Yantra. Now install the Yantra. Recite Mantra which is specified for each deity on rosary related to that Yantra for at least 108 times. This recitation shall be done everyday to get best results.

# Yantra for planets

- Sun Yantra : This yantra is worshipped to ward off the agonies caused by the Sun. On it, digits from 1 to 9 are written in such a way that if added, they make 15 from every side.

## Sun Yantra

6	1	8
7	5	3
2	9	4



# Numbers on yantra

- Digits written on Chandra (Moon) yantra make 18 from every side.
- Digits written on Mangal (Mars) yantra make 21 from every side.
- Digits written on Budha (Mercury) yantra make 24 from every side.
- Digits written on Brihaspati (Jupiter) yantra make 27 from every side.
- Digits written on Shukra (Venus) yantra make 30 from every side.
- Digits written on Shani (Saturn) yantra make 33 from every side.
- Digits written on Rahu yantra make 36 from every side.
- Digits written on Ketu yantra make 39 from every side.

# Yantra of different planets

**Moon Yantra**

7	2	9
8	6	4
3	10	5

**Mars Yantra**

8	3
9	7
4	11

**Mercury Yantra**

9	4	11
10	8	6
12	7	

**Jupiter Yantra**

10	5	12
11	9	7
6	13	8

**Venus Yantra**

11	6	13
12	10	8
7	14	9

**Saturn Yantra**

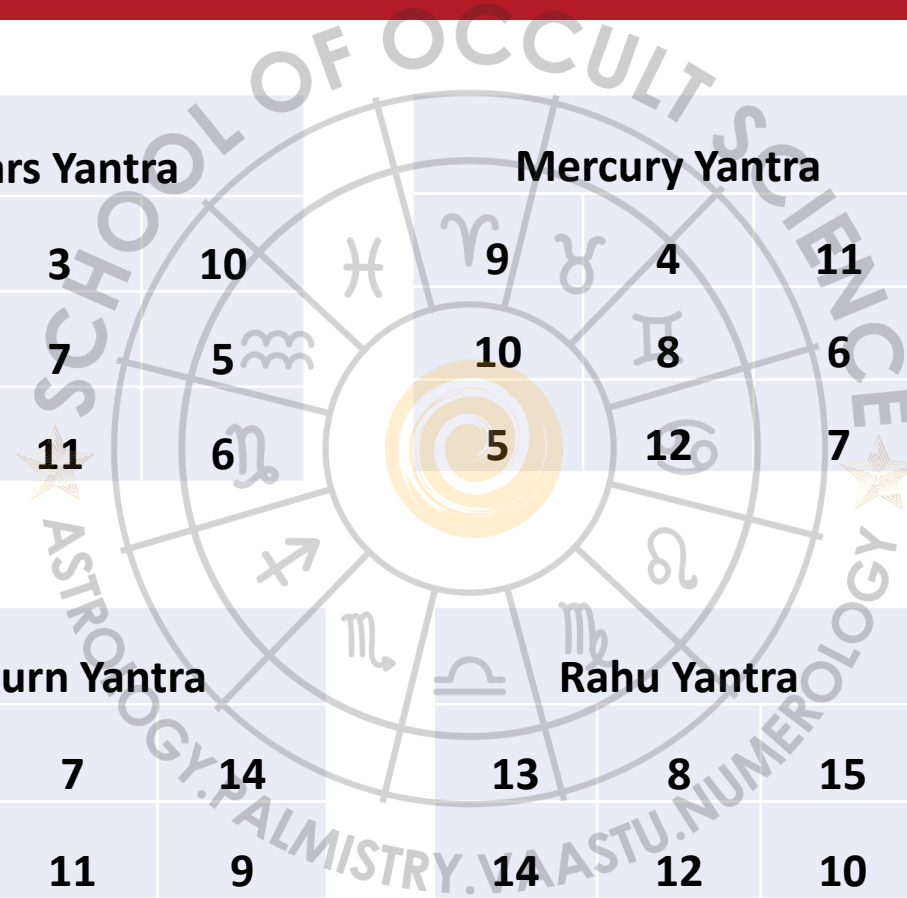
12	7	14
13	11	9
8	15	10

**Rahu Yantra**

13	8	15
14	12	10
9	16	11


**Ketu Yantra**

14	9	16
15	13	11
10	17	12



# How to prepare Yantra

## Things needed:

- 1) **Twig of pomegranate tree**; which should be sharpened from one end to give it the shape of a pen. Peacock feather can also be used as pen
- 2) **Ashtgandh**. It is the mixture of eight things including musk, chandan, saffron etc. It is easily available in shops.
- 3) **Small piece of bhoj patra** You will get it easily in a pansaari shop. It is the outer skin of a specific tree.
- 4) **Ganga jal** (ganges water), if available. Optional.
- 5) **Talisman enclosure made of copper**. It looks like the one given in the picture below. The enclosure comes in various shapes like round, square etc. Shape does not matter. 

**Muhurta:** This yantra should be written in shukla paksha (bright half) on day represented by the planet in its own or any other auspicious muhurta.

**Procedure:** Take pinch of ashtgandh, add few drops of ganges water to it, if available. If it is not available then add normal water to it. This is to make the ink so that the above shown yantra can be drawn with this ink.

After making the ink, take the pomegranate twig/peacock feather and draw the yantra shown above with the ashtgandh ink on a small piece of bhojpatra. After drawing the yantra, allow it to dry. Once it is dried, fold the piece of the bhojpatra so that it fits inside the talisman enclosure and put it inside the enclosure and close the enclosure. Your talisman is ready to be worn now. You can wear it in a yellow or red thread around your neck or on right arm. **One should keep reciting the mantra of respective planet while making this yantra.**

**Note:** The above procedure has been given only for the educational purposes.

# Other customized yantra 1/2

## YANTRAS AT A GLANCE

### Name

### Benefit

1. Sriyantra
2. Mahalaxmi Yantra
3. Kamla Yantra
4. Kanakdhara Yantra
5. Gayatri Yantra
6. Durga Beesa Yantra
7. Navdurga Yantra
8. Saraswati Yantra
9. Kali Yantra
10. Tara Yantra
11. Bhuvaneswari Yantra
12. Chhinnamasta Yantra

- Education, intelligence, creativity, wealth, beauty, spiritual enrichment
- For wealth
- For lot of wealth
- For Gold and wealth
- For energy
- To ward off miscellaneous problems
- For power, victory, success
- Education, intelligence, creativity
- To get victory
- For eloquence and wealth
- To get power
- For overcoming the evil impact of Rahu

13. Bagalamukhi Yantra
14. Tripurbhairavi Yantra
15. Dhoomavati Yantra
16. Matangi Yantra
17. Gita Yantra
18. Panchanguli Yantra
19. Ganesh Yantra
20. Swastik Ganesh Yantra
21. Hanumaan Yantra
22. Vahan Durghatana Nashak Yantra
23. Aakarsan Yantra
24. Vashikaran Yantra
25. Love enhancement Yantra (Prem Vriddhi Yantra)
26. Sukh Samriddhi Yantra
27. Santan Gopal Yantra

- For victory over enemies
- For self control and victory
- To overcome sadness, sorrow, tragedy, disease, poverty
- Married life, musical expertise
- For success
- Best for astrologers for getting predictive powers
- For prosperity
- For Good Luck
- For power, dominance, prosperity.
- For protection from road accidents/mishaps
- For attraction
- To attract your beloved
- For increasing love and affection between husband wife or lover/beloved.
- For family happiness
- For desired offspring

# Other customized yantra 2/2

28. Shubh Labh Yantra	- For gains	44. Rahu Yantra	- To get benefit from foreign land
29. Vyapar Vridhi Yantra	- For success in business	45. Ketu Yantra	- For success
30. Kuber Yantra	- For wealth	46. Navgrah Yantra	- For prosperity
31. Mahamrityunjay Yantra	- To get rid of diseases, fear of death and grave dangers	47. Sampoorana Sri Yantra	- For wealth, prosperity, health, beauty, success
32. Mahasudarshan Yantra	- Protection from enemies	48. Sampoorana Vyapaar Vridhi Yantra	- Very effective for getting success in business
33. Ram Raksha Yantra	- Protection from enemies	49. Sampoorana Vidya Dayak Yantra	- Education, intelligence, creativity, speech
34. Kaalsarp Yantra	- To ward off obstacles, difficulties in life.	50. Sampoorana Badhamukti Yantra	- To overcome all sorts of obstacles and troubles
35. Matsya Yantra	- For clearing vastu faults	51. Sampoorana Rognashaka Yantra	- To overcome all diseases
36. Vastu Yantra	- Yantra to remove Vaastu ill effects from place of work/residence.	52. Sampoorana Kaalsarp Yantra	- To overcome Kaalsarp dosha, Vastu faults and Pitri Dosha
37. Surya Yantra	- For good health	53. Sampoorana Vastu Dosh Nivaran	- To overcome all complicated Vastu faults
38. Chandra Yantra	- For gain of knowledge	54. Sampoorana Navgraha Yantra	- To overcome the evil impact of all planets
39. Mangal Yantra	- For quick results	55. Sampoorana Mahalaxmi Yantra	- For getting wealth, prosperity
40. Buddha Yantra	- For intelligence	56. Sampoorana Karya Siddhi Yantra	- To get success in accomplishing all sorts of tasks.
41. Brihaspati Yantra	- For power and authority		
42. Shukra Yantra	- For happy married life		
43. Shani Yantra	- To avoid conflicts or losses		



# Shri Yantra



Shri Yantra Japa Mantra

ॐ श्रीं ह्रीं क्लीं ह्रीं श्री महालक्ष्म्यै नमः ॥

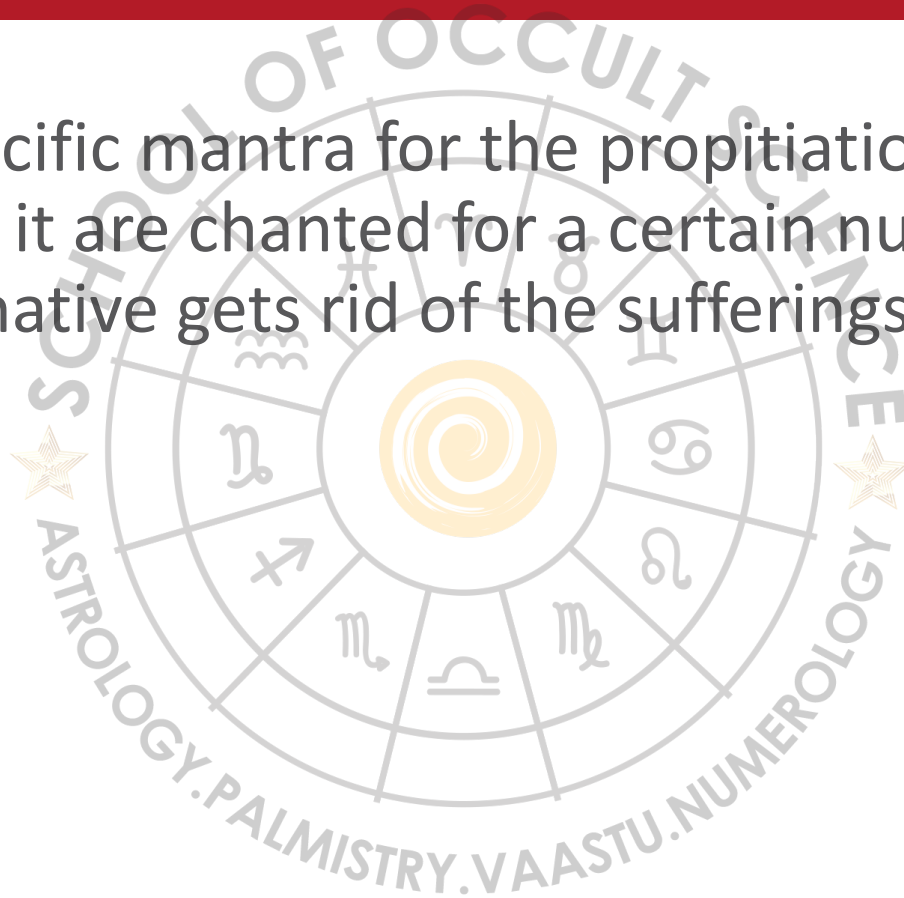
Om Shareem Hareem Kaleem Hareem Shri Mahalakshmaiya Namah"

- The Shri Yantra, Sri Yantra, or Shri Chakra is a form of mystical diagram used in the Shri Vidya school of Hinduism. It consists of nine interlocking triangles that surround a central point known as a bindu. These triangles represent the cosmos and the human body.
- The Shri Yantra's 9 constituent triangles vary in size and shape and intersect to form 43 smaller triangles, organized in 5 concentric levels. Together they represent the totality of the cosmos and express [Advaita](#) or [non-duality](#). In the middle, the power point (*bindu*) represents the cosmic center. The triangles are circumscribed by two concentric circles composed of 8 and 16 petals, representing the [lotus](#) of creation and reproductive vital force. The entire configuration is framed by the broken lines of an earth square, representing a temple with four doors open onto the regions of the universe



# Mantra of Planets

- Each planet has its specific mantra for the propitiation of any planet the mantras related to it are chanted for a certain number of times or daily. By doing so the native gets rid of the sufferings related to that planet.



# Sun Mantra

**Sun:** The mantras are chanted on japa beads of 108 beads per string. Recite the Sun's mantra for 7,000 times within 30 days. Once recitation is started, there should not be any break till the recitation are complete. Do 'Surya Namaskar' everyday early in the morning. Begin recitation on a Sunday during the bright half of the Moon.

- Tantric Mantra :

Or ॐ घृणिः सूर्याय नमः ।

- Beej Mantra :

Or ॐ हाँ हीं हौं सः सूर्याय नमः । mah:

# Moon Mantra

**Moon** : The mantras are chanted on japa beads of 108 beads per string. The Moon's mantra should be repeated 11,000 times on Mondays, or in the evening, specially around the time of the full Moon. Begin recitation on a Monday during the bright half of the Moon

- **Tantric Mantra**

ॐ सों सोमाय नमः।

Om Som Samaya Namah

- **Beej Mantra**

ॐ श्राँ श्रीं श्रौं सः चन्द्रमसे नमः।

Om Shraam Shreem Shraum Sah; Chandramase Namah

# Mars Mantra

**Mars :** The mantras are chanted on japa beads of 108 beads per string. The mantra for Mars to be chanted 11,000 times within 20 days. Puja should be performed with red flowers and red sandal wood. Begin recitation on a Tuesday during the bright half of the Moon.

- **Tantric Mantra**

ॐ अं अंगारकाय नमः ।

Om Ang Angarakay Namah

- **Beej Mantra**

ॐ क्राँ क्रीं क्रौं सः भौमाय नमः ।

Om Kraam Kreem Kraum Sah; Bhaumaya Namah

# Mercury Mantra

**Mercury** : The mantras are chanted on japa beads of 108 beads per string. The Mercury's mantra may be recited 9,000 times within 21 days and puja performed with various flowers. Begin recitation on a Wednesday during the bright half of the Moon.

- **Tantric Mantra**

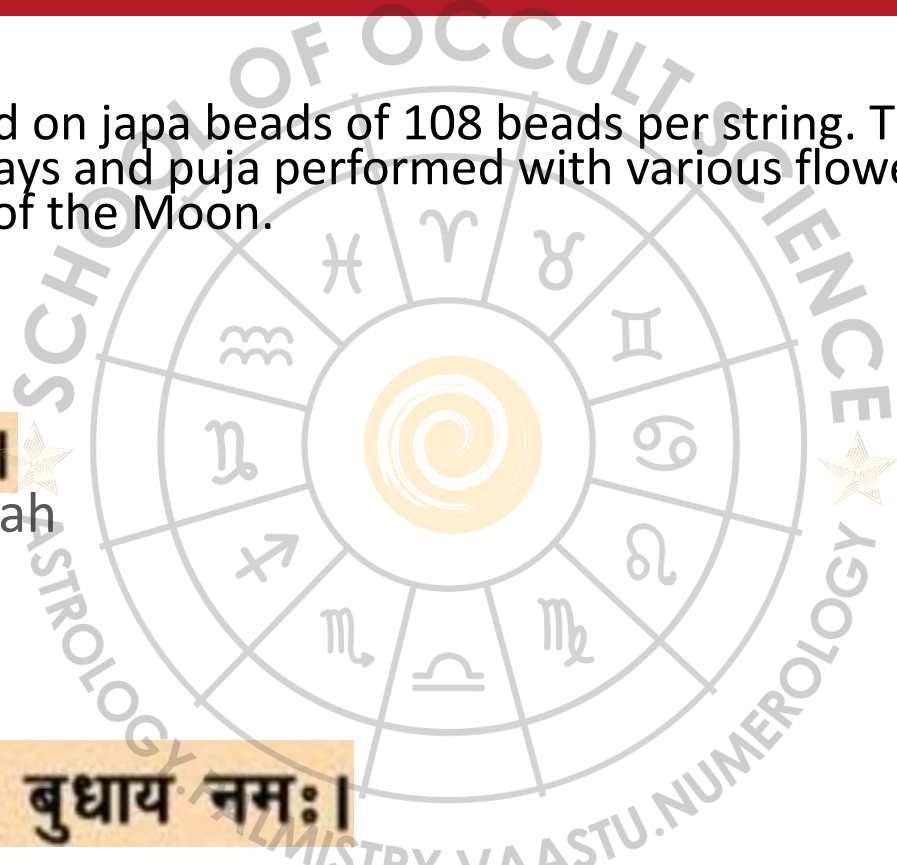
ॐ बुं बुधाय नमः।

Om Bum Budhaya Namah

- **Beej Mantra**

ॐ ब्राँ ब्रीं ब्रौं सः बुधाय नमः।

Om Braam Breem Braum Sah; Budhaya namah



# Jupiter Mantra

**Jupiter** : The mantras are chanted on japa beads of 108 beads per string. The Jupiter's mantra may be recited for 19,000 times and puja performed with yellow flowers. Begin recitation on a Thursday during the bright half of the Moon.

- **Tantric Mantra**

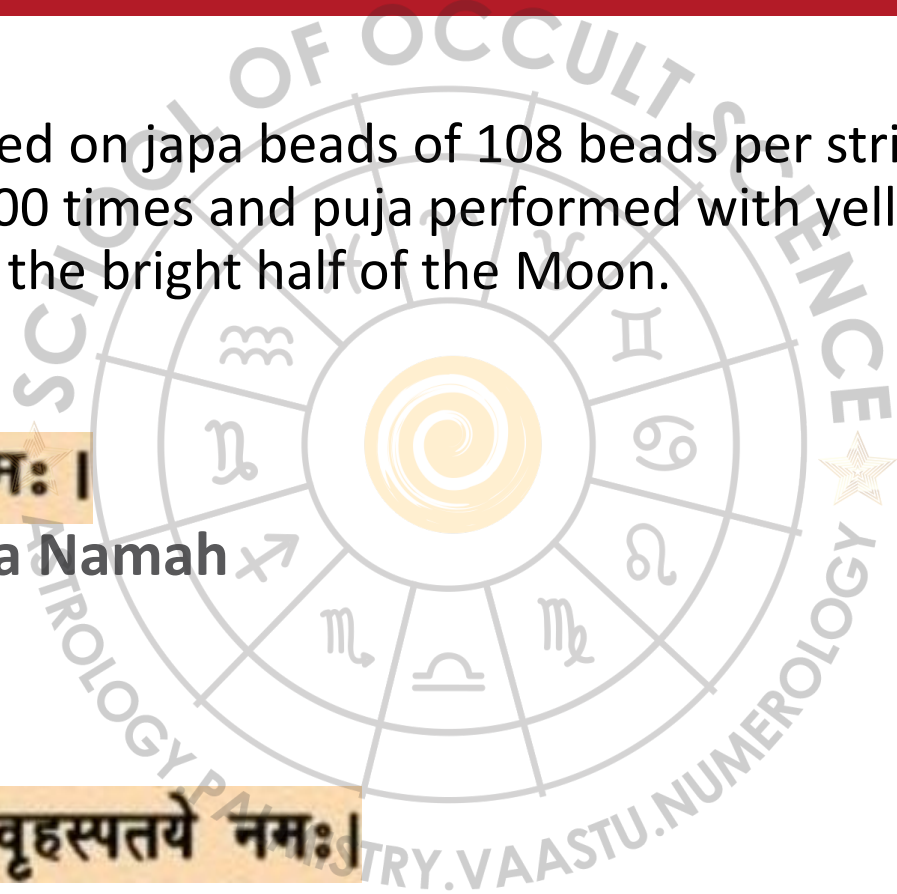
ॐ वृं बृहस्पतये नमः ।

Om Vrin Brihaspataya Namah

- **Beej Mantra**

ॐ ग्राँ ग्रीं ग्राँ सः बृहस्पतये नमः ।

Om Graam Greem Graum Sah; Brihaspataya Namah





# Venus Mantra

**Venus** : The mantras are chanted on japa beads of 108 beads per string. The Venus's mantra may be recited 16,000 times and puja performed with white sandal wood and white flowers. Begin recitation on a Friday during the bright half of the Moon.

- **Tantric Mantra**

ॐ शुं शुक्राय नमः ।

Om Shun Shukraya Namah

- **Beej Mantra**

ॐ द्राँ द्रीं द्रौं सः शुक्राय नमः ।

Om Dran Dreem Draum Sah; Shukraya Namah

# Saturn Mantra

**Saturn** : The mantras are chanted on japa beads of 108 beads per string. The Saturn's mantra may be recited for 24,000 times within 40 days and puja performed with blue flowers and sandal wood. Begin recitation on a Saturday during the bright half of the Moon.

- **Tantric Mantra**

ॐ शं शनैश्चराय नमः।

Om Shan Shanaishcharaya Namah

- **Beej Mantra**

ॐ प्राँ प्रीं प्राँ सः शनैश्चराय नमः।

Om Pran Preem Praum Sah; Shanishcharaya Namah

# Rahu Mantra

**Rahu** : The mantras are chanted on japa beads of 108 beads per string. The Rahu's mantra may be recited for 18,000 times within 40 days during night and puja performed with blue flowers and sandal wood. Begin recitation on a Saturday during the bright half of the Moon.

- Tantric Mantra

ॐ रां राहवे नमः।

Om Raan Rahave Namah

- Beej Mantra

ॐ भ्राँ भीं भ्रौं सः राहवे नमः।

Om Bhraan Bhreem Bhraum Sah; Rahave Namah

# Ketu Mantra

**Ketu** : The mantras are chanted on japa beads of 108 beads per string. The Ketu's mantra may be recited 18,000 times and puja performed with mixed flowers and sandal wood within the ascending cycle of the Moon. Begin recitation on a Tuesday during the bright half of the Moon.

- Tantric Mantra

On **ॐ के केतवे नमः।**

- Beej Mantra

On **ॐ साँ सीं सौं सः केतवे नमः।** **Om Ketave Namah**

# Other important Mantra

- GANPATI MANTRAS :

"Shri Ganeshay Namah"

- SARWA SIDDHI MANTRA

**ॐ ह्रीं श्रीं अहं अ सि आ उ सा नमः।**

"Om Hreeng Sreem Arham A Si Aa U Sa Namah"

Recite this Mantra 1.25 lakh times for attaining all sorts of Siddhis and for accomplishing all desires.

- PUTRA PRAPTI MANTRA

**ॐ क्लीं श्रीं ह्रीं जीं ओं भूर्भुवः स्वः ॐ देवकीसुतगोविंद वासुदेवजगत्पते।**

**देहि मे तनयं कृष्ण त्वामहं शरणं गतः ॐ ॐ स्वः भुवः भूः जीं ह्रीं श्रीं त्वीं ओं।**

Om Kleeng Shreeng Hreeng Jeeng Om Bhurbhuvah Swah Om Devaki Sut Govindam Vasudev Jagatpate Dehi Mey Tanayam Krishan  
Twamaham Sharanam Gatah Om Om Swah Bhuvah Bhuh Geeng Hreeng Shreeng Tweeng Om

- SARVA ROGA NASHAK MANTRA

**ॐ ऐं ह्रीं क्लीं क्लौं अहं नमः॥**

"Om Aing Hreeng Kleeng Klaung Arham Namah"

# Mahamrityunjaya Mantra

## महामृत्युंजय मन्त्र

ॐ हौं जूं सः । ॐ भूर्भुवः स्वः ।  
त्र्यम्बकं यजामहे सुगन्धिं पुष्टिवर्धनम् ।  
उर्वारुकमिव बन्धनान्मृत्योर्मुक्षीय मामृतात् ।  
ॐ स्वः भुवः भूः ॐ । सः जूं हौं ॐ ॥

## Mahamrityunjaya-Mantra

Om Houm Juun saa | Om Bhur Bhuvah Suva |  
Om tryambakam Yajamahe Sugandhim Pusti Vardhanam |  
Uravarukam-iva bandhanan-mrtyor-muksiya mamratat |  
Suva bhuvah Bhu Om | Saa Juun Houm Om ||



# Donations and Adaptations (Lal Kitab recommendations)

## PLANETS AND ARTICLES :

1. **SUN** : Wheat, copper, ruby, jaggery, red cloth, red flowers, red sandal wood, brown sugar (khandsari), saffron and brown buffalo.
2. **MOON** : Rice, milk, silver, pearl, curd, condensed sugar (misri), white cloth, white sandalwood, white flowers, white camphor, and white horse.
3. **MARS** : Red coral gem, gold, copper, wheat, ghee (butter), red cloth, red flower, red sandal wood, red copper, Dal masoor, and saunf (aniseed).
4. **MERCURY** : Emerald, gold, ivory, sugar, green cloth, flower, pulse of green lentil(Moong), camphor and turpentine oil.
5. **JUPITER** : Gold, topaz, ruby, horse, gram dal, salt, turmeric, jaggery, brown sugar, yellow cloth and yellow flowers and yellow sweets.
6. **VENUS** : White pearl, ghee (butter), camphor, curd, diamond, silver, rice, sugar, mild scents, white cloth, white cow and white flowers.
7. **SATURN** : Blue sapphire gem, iron, gold, horse bean (black gram - blackdal) musk, black cow or buffalo, black cloth, black flowers, crow and black dog and black horse.
8. **RAHU** : Blue sapphire, hessonite, ruby gems, sarsoun (mustard), gold, sword, horse, blanket, mixed seven grain, lead and saffron.
9. **KETU** : Til, cat's eye, gold, sword, musk, blanket, sugar, mixed seven grain, lead and saffron.

# Ways of remediation.....

- If a planet is exceptionally troublesome you are advised to overcome its evil impact by burying the article of planet in the earth. For example if Saturn is inauspicious in 6th house put some mustard oil in an earthen pot, cover it properly with its lid and bury it in earth near some pond of water. By doing this Saturn gets satiated.
- For overcoming few malefic impacts of planets the articles of concerned planets should be thrown in running water.
- If Rahu of 8th house is troubling in that case pieces of Lead should be thrown in running water everyday.
- For overcoming the malefic influence of slightly inauspicious planets the article of enemy planet of that planet should be kept. For example to overcome the malefic influence of Mars in 8th house one should keep article of Rahu (enemy planet of Mars) i.e, mustard, lead or saffron with him or her.
- For getting rid of the malefic impact resulting because of fight of two enemy planets the friendly planet of these planets should be established between them. For example to overcome the malefic influence of placement of Sun and Saturn (Because of opposite nature of planets) in 6th house Mercury (which is friendly planet of Sun and Saturn) should be established in between by planting the plants (Mercury) of flowers at home.

# Fasting 1/2

1. **Raviwar Vrata** - For acquiring glow, power and glory like Sun.
2. **Somwar Vrata** - This is observed by ladies for their good luck, for getting desired offspring and for the eradication of poverty
3. **Mangalwar Vrata** - For acquiring courage and power and to win over enemies
4. **Buddhawar Vrata** - This is observed for education, intelligence, health, prosperity and peace
5. **Brihaspatiwar Vrata** - For reputation, wealth and prosperity
6. **Shukrawar Vrata** - For propitiation of planets, fulfillment of wishes and longevity of son
7. **Shaniwar Vrata** - For appeasing Saturn, overcoming obstacles and to get rid of malefic influence of major/sub period, Sadhesati or Dhaiya of planet Saturn.
8. **Arundhati Vrata** - To get rid of early widowhood

# Fasting 2/2

9. **Yogini Ekadashi** - This fast eradicates all sorts of sins, helps in getting liberation from the bondage of births and deaths and all types of wishes are fulfilled. It also cures leprosy
10. **Putrada Ekadashi** - For getting desired offspring
11. **Sharad Poornima** - For the fulfillment of wishes and for the protection of children.
12. **Navratri /Durga Pujan Vrata** -For worshipping Goddess Durga and getting peace, prosperity and glory
13. **Karwa Chauth** - For the long life of husband
14. **Ahoi Ashtami** - For the long life of son
15. **Jeevatputrika Vrata** - For the protection and long life of son.

# Raviwar Vrata

**1. Raviwar Vrata** - For acquiring glow, power and glory like Sun.

The deity of this fast is Lord Sun. This is observed to appease him so that one acquires all pleasures of this world.

By doing this fast one's reputation gets enhanced and intellect gets sharpened. One gets rid of mental agony and enjoys comforts of life. All wishes are fulfilled. Health remains good. Longevity increases. Leprosy and skin diseases are cured. One gets rid of sins and worldly troubles. Success, recognition and wealth comes easily.

**Method** : This should be started from the last Sunday of bright half of the month of Ashwin. This should be done twelve, thirty or fifty two times in a year. Some people do it continuously for 5 years and every year they offer food to 12 Brahmins. In the morning after having your bath worship Lord Sun with red items like Roli (red colour vermillion), roses, red sandal, saffron, red cloth, garland of roses etc and offer Arghya (water) to Sun. Have food only once in a day. Don't eat salt at all. If you forget to have food before Sun set in that case have food next day after offering Arghya to the rising Sun. Five rosaries of the Sun Mantra should be recited on that day.

Donate jaggery to beggar and offer food, red clothes and wheat to Brahmins. Read Raviwar Vrata Katha and offer Arghya to Sun.

**The Udyapan** (ceremony of completion including Homa) of this Vrata is done on Saptami of the month of Magha. Homa (sacred fire ceremony) should be done with the wood of Mango tree.

# Somwar Vrata

## 2. Somwar Vrata

The deity of this fast is Moon which is also considered as the symbol of peace and coolness. This bestows mental peace and a big relief to our heart. This is considered auspicious for the eradication of eyes related problems. One gets rid of all sorts of troubles by performing this fast with devotion.

**Method** : This fast should be started from the first Monday of bright half of Shravana, Chaitra, Vaishakha, Jyeshtha, Kartika or Margsheersha months of Hindu calendar. This fast should be done 10 times at least. Wear white cloth visit the temple of Shiva. Worship Lord Shiva by offering white flowers and milk of cow. 'Om Namah Shivay' this Mantra should be recited or three to 11 rosaries of Mantra of Moon can also be recited.

Have food only once in the day before or after sun set. After performing worship ceremony read Somwar Vrata Katha. You should eat curd, rice or Kheer (rice boiled in milk with sugar)

**Udyapan** (ceremony of completion) : Perform Homa (sacred fire ceremony) with the wood of Palash tree ( Butea foudosa). People generally do this Udyapan after completing 16 fasts.



# Mangalwar Vrata

## 3. Mangalwar Vrata (For acquiring courage and power to win over enemies).

The diety of this fast is Mangal (Mars) who is God of power, war and courage. He eradicates fear and enemies. By doing this fast poverty gets eradicated. Problems like blood pressure get cured. All worldly desires get gratified like gain of son, wealth, religion, fulfillment of wishes and also favour of government. By doing it continuously for 21 weeks one gets rid of all Mars related problems .

Mangalwar (Tuesday) is considered the birth day of Lord Hanuman, therefore, one who performs this fast gets protection from Hanuman. And gets rid of physical, supernatural or worldly troubles. This results in intellectual development and attainment of physical strength or stamina.

**Method** : This fast should be started from the first Tuesday of bright half of any of the months when Sun is in Uttarayana (from 15th January to 15th June). Minimum 21 or 45 fasts should be observed. On the day of fast one should follow Bramhcharya very strictly. Wear red clothes and offer red sandal, vermillion, red cloth, flowers of Gurhal (Bassia catiphoia), garland of red flowers, any food item made of jaggery and wheat to God. Donate sweets to boys whose age is less than 21 years. Have fruits during the fast. You can have food after Sun set but it should be saltless.

**The Udyapan** (completion ceremony) that you shall be performing after observing the number of fasts that you wanted to, must include Homa with the wood of Khair (catechu) On the day of fasting one, five or 7 rosaries of Mars Mantra should be recited. Donate food to Brahmins. After reciting the Mantra you should also read Mangalwar Vrata Katha.

# Buddhawar Vrata

4. **Buddhawar Vrata** (This fast is observed for acquiring education, intelligence, health, prosperity and peace)

The diet of this fast enhances the education, communication skills and intelligence of the devotee. If a person observes 128 fasts on Wednesdays continuously he becomes very intelligent, influential and skilled in accomplishing all tasks. He enjoys all the pleasures of the world.

**Method :** This fast should be started from the first Wednesday of bright half of any Hindu month or it should be started from that Wednesday on which Vishakha constellation falls. Wear green clothes. Worship Lord Shiva by offering different things which are used to appease Shiva. Have food only once in a day. Have any dish of pulse of green lentils. Recite 17 to 30 rosaries of Mercury Mantra.

Offer food to Brahmins and receive their blessings.

# Brihaspatiwar Vrata

**5. Brihaspatiwar Vrata :** (For the acquisition of reputation, wealth and prosperity)

This fast is observed for getting the blessings of Guru of Gods. By observing this fast all planets gets propitiated. By observing this fast one can acquire money, wealth, reputation, glory, position, status, education, intellect, sons and grand children. One also gets rid of all the sins by doing it.

**Method :** This should be started from the first Thursday of bright half of any month. At least 16, 156 or 260 fasts should be observed. Mix turmeric to the water and have bath with this water. Put a mark of turmeric on your forehead. Wear yellow clothes and worship Brihaspateshwar Mahadev by offering yellow flowers, yellow sandal, yellow rice (rice mixed in turmeric powder), yellow fruits like banana, yellow pulses, grams, jaggery and ghee of cow. After this one should worship the banana tree. Have food only once after sunset. Food should not contain salt in it. Recite 3 or 11 rosaries of Jupiter Mantra. Read Brihaspativar Vrata Katha after reciting the Mantra.

Offer food to Brahmins before having your food. Woman should not wash their hairs on Thursday. One should also not go for haircut and beard cut on this day.

**Udyapan** (completion ceremony) should be performed after doing 16,156 or 260 fasts. Homa should be done with the wood of Peepal tree.

# Shukrawar Vrata

**6. Shukrawar Vrata :** (For propitiation of planets, fulfillment of desires and longevity of son)

This fast is observed for appeasing Venus because with the favour of this planet one becomes learned, best speaker, politician and a successful industrialist. In addition to that it also enhances your education, intellect and prosperity. Shukracharya is Guru (teacher) of demons (Asura). It bestows beauty, glow, good luck, prosperity and sexual power. This fast is performed for appeasing Venus and for overcoming obstacles from your life. Goddess Laxmi or 'Santoshi Mata', is also worshipped on Friday. It can be considered a fast of Goddess Durga also.

**Method :** It can be started from the first Friday of bright half of any month. It should be done at least 31 times. Wear neat and clean white clothes. Worship Venus with white flowers, articles and cloth. Offer Ghee (butter) and sugar. On this fast first of all Goddess Laxmi should be worshipped. Recite 3 or 21 rosaries of Mantra of Venus. After reciting this Mantra read Shukrawar Vrata Katha. Have food once and half hour after Sunset. Donate white articles to poor people. Goddess Laxmi should be worshipped after the fast also in the night.

**Udyapan** (completion ceremony) on the day of 31st fast of Friday by doing Homa with the wood of Goolar (a kind of fig tree).

# Shaniwar Vrata

7. **Shaniwar Vrata** : (For appeasing Saturn, overcoming obstacles and to get rid of malefic influence of period of planet Saturn in your horoscope)

This fast is done to appease Saturn. When Saturn is badly placed in one's horoscope lots of obstacles in accomplishing all sorts of tasks intervene. When Saturn is favourable one gets rid of all sorts of sins, obstacles, diseases and troubles and success to accomplish all sorts of pending tasks comes easily. By appeasing Lord Saturn one gets rid of from the evil influence of Rahu and Ketu too.

**Method** : This fast should be started from 3rd Saturday of the month of Shravana. At least 19,33 or 51 fasts should be done. On the day of fast after having your bath, wear black clothes and start worshipping Lord Shiva, Rahu and Ketu along with Saturn. If you have one temple of Saturn in your locality, you must visit that temple. Put a black colour mark on your forehead. You can chant Shani Mantra, Hanuman Chalisa also. Donate different types of black colour articles to poor people. Worship Lord Saturn by offering black colour articles, mustard oil and an iron pot. You must worship Peepal tree on the day of fast. For 2 hours after Sun set you should not have food. After that you can have a dish of horse beans (urad). You must offer bread to dog before having food. On the day of fast recite 3 or 19 rosaries of Saturn Mantra.

**Udyapan** : On the last fast Homa should be performed with the wood of Shami tree. If one is going through Sadhesati or Adhaiya of Saturn he or she should depute a Pandit to recite Mantra of Saturn 23000 times. On the day of fast after reciting the Mantra devotee should read Shaniwar Vrata Katha.



# Arundhati Vrata

8. **Arundhati Vrata** (To get rid of early widowhood) This fast is generally observed in South Indian states to avoid early widowhood.

**Method :** According to Skandapurana this fast starts from the Pratipada of bright half of Hindi month Chaitra and continues for 3 days till Tritiya. After having bath ladies should pray “Oh Goddess bless me so that I should not become widow in early age in this birth or in next births.” After this worship Lord Ganesha so that a lady doesn’t face any obstacle in completing this fast. Next day Golden idols of Dhruva, Vasishtha and Arundhati should be established. 1st of all worship Arundhati and ask for the boon of long age of your husband. After that Vasishtha and Dhruva should be worshipped. On third day worship Lord Shiva and Goddess Parvati. Offer food to Brahmins and donate these idols to some learned Brahmin.



# Yogini Ekadashi & Putrada Ekadashi

**9. Yogini Ekadashi** (This fast eradicates all sorts of sins, helps in getting liberation from the bondage of births and deaths and all types of wishes are fulfilled. It also cures leprosy)

**Method :** This fast is observed on the Ekadashi of dark half of Asharh. Worship Lord Vishnu with red sandal and red flowers. Offer oblation and serve it to devotees. After worshipping offer food to Brahmins and read Yogini Ekadashi Vrata Katha.

**10. Putrada Ekadashi** (To get desired offspring) By observing this fast one gets desired offspring and all sins get eradicated. **Method :** This fast should be observed on the Ekadashi of bright half of Hindi month Shravana. On this day Lord Vishnu should be worshipped by performing Shodashopchar Puja. Serve oblation (prasaad) among devotees. Offer food to 5 Brahmins. After doing this chant Bhajans. In the evening listen Putrada Ekadash Vrata Katha. At night sleep near idol of Lord Vishnu.

# Sharad Poornima

## 11. Sharad Poornima (For the fulfillment of wishes and for the protection of children):

Full Moon of Sharad Poornima is most powerful Moon of the year, so, on this day fast should be observed and different Gods and Goddesses should be worshipped.

**Method :** This fast is observed on the Poornima of bright half of Hindi month Ashwin. After having bath worship your family God by performing Shodashopchar Puja. After worshipping family deity Lord Shiva and his son Lord Kartikeya should be worshipped. Listen Sharad Poornima Vrata Katha. At night mix sugar in the milk of cow and keep it under the rays of Moon. Offer it to your favourite God and serve among devotees. Chant Bhajans in the night.

## 12. Navratri /Durga Pujan Vrata (For worshipping Goddess Durga and getting peace, prosperity and glory)

**Method :** Navratri festival is worshipped thrice in a year. First one starts from the Shukla Pratipada of Chaitra and continues till Navami similarly 2nd Navratri festival starts from Shukla Pratipada of Ashwin and continues till Navami. According to Shastrik texts 2nd Navratri festival is more significant and auspicious. Nine forms of Goddess Durga are worshipped on these nine nights of Navratri. Establish an idol of Goddess Durga with a pitcher (Kalash). After worshipping Ganpati one should worship Matrikas. Light a lamp near the Kalash for these 9 nights. During Navaratri Chadipath should be done or one can read or listen Devi Bhagwat Katha. During Navratri one should have food only once in a day. Nine small girls should be worshipped on the day of completion. None of these girls should be less than 2 years or more than 10 years of age. Goddess can be appeased easily by worshipping these girls . So, it is very essential.

# Karwa Chauth

## 13. Karwa Chauth (For the long life of husband)

**Method :** This fast is observed on the Krishna Chaturthi of the month of Kartik. Women can not drink even water on this day. On this day Lord Shiva, Parvati, Kartikeya, Moon and Gaura are worshipped by performing Shodashopchar Puja. All Shringar items with beautiful clothes should be offered to some married woman or mother in law after touching her feet. In the evening one must listen to Karwachauth Vrata Katha and offer some money and gift to Brahmin. In the night offer Arghya (water) to Moon and pray for the long life of husband.

## 14. Ahoi Ashtami (For the long life of Son)

**Method :** Establish Kalash. Keep one calendar of Ahoi Ashtami Puja in front of you and read Ahoi Ashtami Vrata Katha. Offer oblation of Kheer and have food only once on that day.

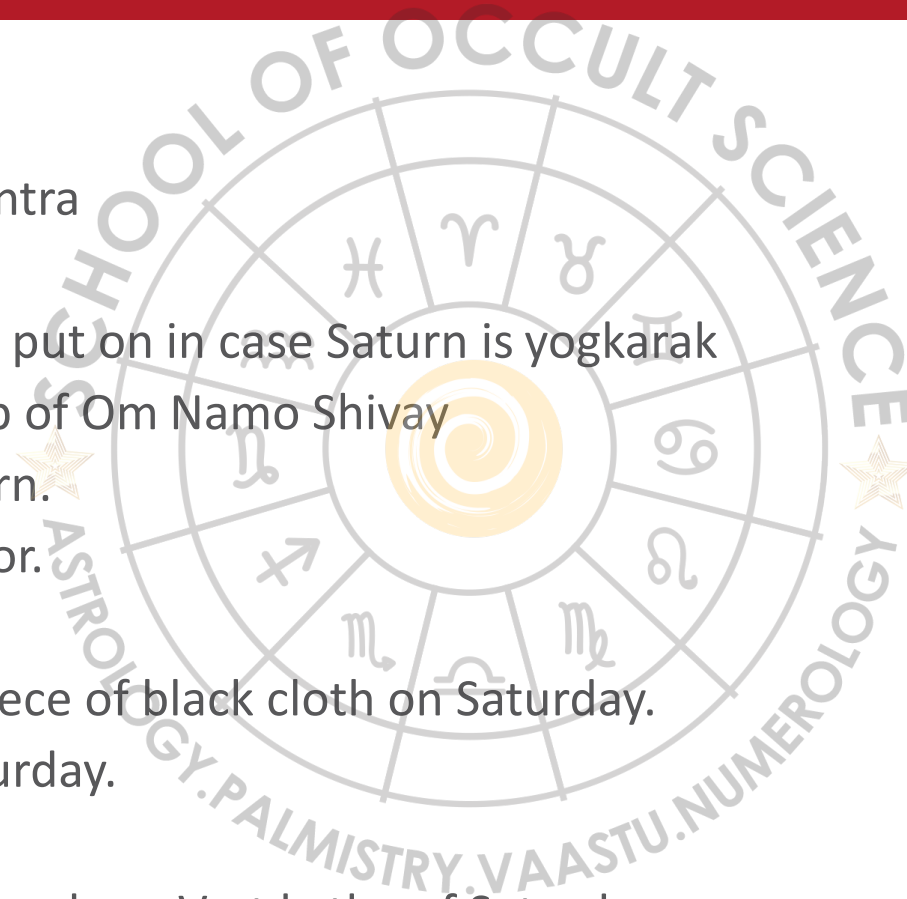
# Jeevatputrika Vrata

## 15. Jeevatputrika Vrata (For the protection and long life of son)

**Method :** This fast is observed on Krishnashtami of month of Ashwin. Only those women who have sons are recommended to observe this fast. On this day Shodashopchar Puja of Lord Sun should be performed. Barley and Gram Dal should be offered in the form of oblation. Serve this oblation among the devotees. It is believed that when women consume grains of black gram on this day they reach into the stomach of Lord Krishna. Observer of this fast should not take even water on this day. This fast should be observed

# Remedies for Sade Sati

- Worshipping Saturn
- Jap of Saturn mantra / beej mantra
- Worshipping Saturn Yantra
- Blue Sapphire or iron ring to be put on in case Saturn is yogkarak
- Worship lord Shiva. Perform Jap of Om Namoh Shivay
- 7 face Rudraksha should be worn.
- Do not consume meat and liquor.
- Stay away from evil acts.
- Donate horse bean, oil and a piece of black cloth on Saturday.
- Do not wear black cloth on Saturday.
- Perform Mrityunjay jap
- Keep fast on Saturday and read or hear Vrat katha of Saturday.



# Remedies for Kaal Sarp Yoga

- Worship of Rahu and Ketu
- Recite Rahu and Ketu mantra
- Worship lord Krishna and recite mantra of Om Namoh Bhagvate Vasudevaya daily for 108 times.
- Recite Om Namah Shivaya 21000 times after lighting a lamp of mustard oil before Siddha Kala Sarp Yoga Yantra
- Offer water to Shivling and worship Lord Shiva.
- Keep fast on 16 Mondays.
- Worship snakes and offer them milk to drink.
- Worship nag on the occasion of Nag Panchami.
- Keep fast on Mondays in the month of Shravan. Fast on these four Mondays gives favourable results equal to that kept on 16 Mondays in other months of the year.
- Offer a pair of silver nag and nagin or a copper snake to a Shivling.
- Wear a snake like silver ring with Gomed and Cat's Eye studded in it. (Locket or ring should be worn after performing Shodashopachar Pooja of Rahu and Ketu.
- Perform shraddha of deceased ancestors.
- Perform jap of Mahamrityunjaya
- Offer articles of Rahu and Ketu such as black sesame seeds, oil, black cloth, black and white blanket, musk, coconut etc.