

Yellow Circle: Camera

Red Circle: Ball

Green Line: d, Distance from ball to camera

Yellow Line: R, Radius of the ball

Purple Line: I₁ Blue Line: I₂

Height of the picture from the camera: H

Height of the ball in the picture from the camera: h The angle of the viewing range of the camera: a

The angle b: as illustrated

(1)
$$h/H=I_1/I_2=tan(b)*d/tan(a)*d=tan(b)/tan(a)$$

(2)
$$sin(b)=R/d$$

We can use these two equations to get the two unknown factors (b and d).