

# COLT 2021 RL Theory Tutorial: Solutions

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## Solutions for Natural Policy Gradient Exercises

### 1 Closed form NPG update

First, observe that

$$\nabla_{\theta} \log \pi_{\theta}(a | s) = e_{s,a} - \sum_{a'} e_{s,a'} \pi_{\theta}(a' | s). \quad (1)$$

which implies that

$$\forall s : \mathbb{E}_{a \sim \pi_{\theta}(\cdot | s)} [\nabla \log \pi_{\theta}(a | s)] = 0$$

Next, by the definition of the Moore-Penrose pseudoinverse  $(F_{\rho}^{\theta})^{\dagger} \nabla V^{\pi_{\theta}}(\rho)$  is equal to the minimum norm solution of

$$\min_w \|\nabla V^{\pi_{\theta}}(\rho) - F_{\rho}^{\theta} w\|_2^2$$

Let us calculate this latter matrix vector product:

$$\begin{aligned} F_{\rho}^{\theta} w &= \mathbb{E}_{s \sim d_{\rho}^{\pi_{\theta}}} \mathbb{E}_{a \sim \pi_{\theta}(\cdot | s)} [\nabla \log \pi_{\theta}(a | s) (w^{\top} \nabla \log \pi_{\theta}(a | s))] \\ &= \mathbb{E}_{s \sim d_{\rho}^{\pi_{\theta}}} \mathbb{E}_{a \sim \pi_{\theta}(\cdot | s)} [\nabla \log \pi_{\theta}(a | s) (w_{s,a} - \mathbb{E}_{a' \sim \pi(\cdot | s)} w_{s,a'})] \\ &= \mathbb{E}_{s \sim d_{\rho}^{\pi_{\theta}}} \mathbb{E}_{a \sim \pi_{\theta}(\cdot | s)} [w_{s,a} \cdot \nabla \log \pi_{\theta}(a | s)] \end{aligned}$$

Next, we use the advantage version of the policy gradient theorem to write:

$$\nabla V^{\pi_{\theta}}(\rho) = \frac{1}{1 - \gamma} \mathbb{E}_{s \sim d_{\rho}^{\pi_{\theta}}} \mathbb{E}_{a \sim \pi_{\theta}(\cdot | s)} [A^{\pi_{\theta}}(s, a) \nabla \log \pi_{\theta}(a | s)]$$

Intuitively, at this point we can see that  $w_{s,a} = A^{\pi_{\theta}}(s, a)/(1 - \gamma)$  is a solution to the least squares problem, which is quite close to proving the result.

To be more formal, using (1) again, we see that the  $(s, a)^{\text{th}}$  element of both of these vectors are

$$\begin{aligned} [F_{\rho}^{\theta} w]_{s,a} &= d_{\rho}^{\pi_{\theta}}(s) \pi_{\theta}(a | s) \left( w_{s,a} - \sum_{a'} w_{s,a'} \pi_{\theta}(a' | s) \right), \\ [\nabla V^{\pi_{\theta}}(\rho)]_{s,a} &= d_{\rho}^{\pi_{\theta}}(s) \pi_{\theta}(a | s) (A^{\pi_{\theta}}(s, a)). \end{aligned}$$

Here we are using that  $\mathbb{E}_{a \sim \pi_{\theta}(\cdot | s)} A^{\pi_{\theta}}(s, a) = 0$ . Now we can more clearly see that all solutions with 0 square loss are of the form  $w_{s,a} = A^{\pi_{\theta}}(s, a) + v_s$  where the second term depends only on the state (it is constant across actions for that state). This proves the claim regarding the update for  $\theta$  and the update for  $\pi_{\theta}$  follows immediately, since the state-dependent offset can be absorbed into the normalization term.

## 2 Performance difference lemma

The proof is based on an un-rolling argument. Observe that

$$\begin{aligned} V^{\pi_1}(\rho) - V^{\pi_2}(\rho) &= \mathbb{E}_{s \sim \rho} [\mathbb{E}_{a \sim \pi_1(\cdot|s)} Q^{\pi_1}(s, a) - V^{\pi_2}(s)] \\ &= \mathbb{E}_{s \sim \rho} [\mathbb{E}_{a \sim \pi_1(\cdot|s)} (Q^{\pi_1}(s, a) - Q^{\pi_2}(s, a))] + \mathbb{E}_{s \sim \rho} [\mathbb{E}_{a \sim \pi_1(\cdot|s)} Q^{\pi_2}(s, a) - V^{\pi_2}(s)] \\ &= \mathbb{E}_{s \sim \rho} [\mathbb{E}_{a \sim \pi_1(\cdot|s)} (Q^{\pi_1}(s, a) - Q^{\pi_2}(s, a))] + \mathbb{E}_{s, a \sim \rho \circ \pi_1} [A^{\pi_2}(s, a)] \end{aligned}$$

Now the first term gives the difference value starting from the second state visited by  $\pi_1$ :

$$\mathbb{E}_{s \sim \rho} [\mathbb{E}_{a \sim \pi_1(\cdot|s)} (Q^{\pi_1}(s, a) - Q^{\pi_2}(s, a))] = \gamma \mathbb{E}_{s, a, s' \sim \rho \circ \pi_1} [V^{\pi_1}(s') - V^{\pi_2}(s')]$$

Applying the same argument as above, we can express this in terms of the advantage function and value starting from the third state. To express this more concisely, let  $P_\rho^{\pi_1}$  be the distribution over infinitely long trajectories  $\tau = (s_0, a_0, s_1, a_1, \dots)$  sampled by starting from  $\rho$  and taking actions according to  $\pi_1$ . With this notation we have

$$V^{\pi_1}(\rho) - V^{\pi_2}(\rho) = \mathbb{E}_{\tau \sim P_\rho^{\pi_1}} \left[ \sum_{t=0}^{\infty} \gamma^t A^{\pi_2}(s_t, a_t) \right] = \frac{1}{1-\gamma} \mathbb{E}_{s, a \sim d_\rho^{\pi_1}} [A^{\pi_2}(s, a)]$$

## 3 NPG regret analysis

We use a potential function argument, where our potential is the KL divergence between the comparator  $\tilde{\pi}$  and our iterate  $\tilde{\pi}^{(t)}$  on the distribution induced by  $\tilde{\pi}$ . Using smoothness, we have

$$\begin{aligned} &\mathbb{E}_{s \sim d_\rho^{\tilde{\pi}}} \left[ \text{KL}(\tilde{\pi}(\cdot | s) || \pi^{(t)}(\cdot | s)) - \text{KL}(\tilde{\pi}(\cdot | s) || \pi^{(t+1)}(\cdot | s)) \right] \\ &= \mathbb{E}_{s, a \sim d_\rho^{\tilde{\pi}}} \left[ \log \left( \frac{\tilde{\pi}(a | s)}{\pi^{(t)}(a | s)} \right) - \log \left( \frac{\tilde{\pi}(a | s)}{\pi^{(t+1)}(a | s)} \right) \right] \\ &= \mathbb{E}_{s, a \sim d_\rho^{\tilde{\pi}}} \left[ \log \pi^{(t+1)}(a | s) - \log \pi^{(t)}(a | s) \right] \\ &\geq \mathbb{E}_{s, a \sim d_\rho^{\tilde{\pi}}} \left[ \left\langle \nabla \log \pi^{(t)}(a | s), \theta^{(t+1)} - \theta^{(t)} \right\rangle - \frac{\beta}{2} \|\theta^{(t+1)} - \theta^{(t)}\|_2^2 \right] \\ &= \mathbb{E}_{s, a \sim d_\rho^{\tilde{\pi}}} \left[ \eta \left\langle \nabla \log \pi^{(t)}(a | s), w^{(t)} \right\rangle - \frac{\eta^2 \beta}{2} \|w^{(t)}\|_2^2 \right] \\ &= \eta \mathbb{E}_{s, a \sim d_\rho^{\tilde{\pi}}} [A^{(t)}(s, a)] - \frac{\eta^2 \beta}{2} \|w^{(t)}\|_2^2 - \eta \cdot \text{err}_t \\ &= (1-\gamma)\eta \left( V^{\tilde{\pi}}(\rho) - V^{(t)}(\rho) \right) - \frac{\eta^2 \beta}{2} \|w^{(t)}\|_2^2 - \eta \cdot \text{err}_t. \end{aligned}$$

The only inequality here is the lower bound implied by our smoothness assumption on  $\pi_\theta(a | s)$ . The last equality is the performance difference lemma.

Now we can obtain a telescoping sum involving the KL divergences:

$$\begin{aligned} \min_{0 \leq t < T} \left( V^{\tilde{\pi}}(\rho) - V^{(t)}(\rho) \right) &\leq \frac{1}{T} \sum_{t=0}^{T-1} \left( V^{\tilde{\pi}}(\rho) - V^{(t)}(\rho) \right) \\ &\leq \frac{1}{1-\gamma} \frac{1}{T} \sum_{t=0}^{T-1} \left[ \frac{1}{\eta} \mathbb{E}_{s \sim d_\rho^{\tilde{\pi}}} \left[ \text{KL}(\tilde{\pi}(\cdot | s) || \pi^{(t)}(\cdot | s)) - \text{KL}(\tilde{\pi}(\cdot | s) || \pi^{(t+1)}(\cdot | s)) \right] + \frac{\eta \beta}{2} \|w^{(t)}\|_2^2 + \text{err}_t \right] \\ &\leq \frac{1}{1-\gamma} \left( \frac{\log |\mathcal{A}|}{T\eta} + \frac{\eta \beta W}{2} + \frac{1}{T} \sum_{t=0}^{T-1} \text{err}_t \right). \end{aligned}$$

## 4 NPG Error Analysis (Sketch)

There are two steps remaining in the analysis of NPG with the softmax policy class in tabular settings. These steps involve controlling the  $\text{err}_t$  terms above and highlight how the initial/exploratory distribution  $\rho$  must ensure sufficient exploration.

The first step is fit  $w^{(t)}$  somehow. As discussed previously, we want  $w^{(t)}(s, a) \approx Q^{(t)}(s, a)$ . Since we can sample from  $\rho$ , a natural population objective is

$$L_t(w) = \mathbb{E}_{s \sim \rho, a \sim \text{unif}(\mathcal{A})} \left[ (Q^{(t)}(s, a) - w(s, a))^2 \right]. \quad (2)$$

We will optimize this objective from samples, in the usual way. We can get unbiased estimates of  $Q^{(t)}(s, a)$  where  $(s, a) \sim \rho \circ \text{unif}(\mathcal{A})$  by (1) sampling the initial state/action and subsequently executing  $\pi^{(t)}$ , (2) terminating the episode at each time  $t$  with probability  $1 - \gamma$ , and (3) reporting the undiscounted sum of rewards up to termination. Call this random variable  $\hat{R}$  and let  $t^*$  denote the time step that we terminate. Then for any  $(s, a)$  pair sampled from  $\rho \circ \text{unif}(\mathcal{A})$ , linearity of expectation gives:

$$\mathbb{E}_\pi[\hat{R} \mid s, a] = \mathbb{E}_\pi \left[ \sum_{T=1}^{\infty} \mathbf{1}\{t^* = T\} \sum_{t=1}^T r_t \mid s, a \right] = \mathbb{E}_\pi \left[ \sum_{t=1}^{\infty} r_t \mathbf{1}\{t^* \geq t\} \mid s, a \right] = \mathbb{E}_\pi \left[ \sum_{t=1}^{\infty} \gamma^t r_t \mid s, a \right] = Q^\pi(s, a)$$

With this procedure and since we are using the tabular representation, we can ensure that  $L_t(w^{(t)}) \lesssim 1/N$  if we collect  $N$  rollouts.

The last step is to use this guarantee to ensure that  $\text{err}_t$  is small. The main conceptual point is that we have to perform a distribution shift from  $\rho \circ \text{unif}$  to  $d_\rho^{\tilde{\pi}}$ . With an importance weighting argument, we can obtain

$$\begin{aligned} \text{err}_t &:= \mathbb{E}_{(s,a) \sim d_\rho^{\tilde{\pi}}} \left[ A^{(t)}(s, a) - \left\langle \nabla \log \pi^{(t)}(a \mid s), w^{(t)} \right\rangle \right] \\ &= \mathbb{E}_{(s,a) \sim d_\rho^{\tilde{\pi}}} \left[ Q^{(t)}(s, a) - \mathbb{E}_{a' \sim \pi^{(t)}(\cdot \mid s)} Q^{(t)}(s, a') - w^{(t)}(s, a) + \mathbb{E}_{a' \sim \pi^{(t)}(\cdot \mid s)} w^{(t)}(s, a') \right] \\ &\leq 2 \sqrt{|\mathcal{A}| \mathbb{E}_{s \sim d_\rho^{\tilde{\pi}}, a \sim \text{unif}(\mathcal{A})} [(Q^{(t)}(s, a) - w^{(t)}(s, a))^2]} \\ &\leq 2 \sqrt{|\mathcal{A}| \sum_s \frac{d_\rho^{\tilde{\pi}}(s)}{\rho(s)} \cdot \rho(s) \mathbb{E}_{a \sim \text{unif}(\mathcal{A})} [(Q^{(t)}(s, a) - w^{(t)}(s, a))^2]} \\ &\leq 2 \sqrt{|\mathcal{A}| \cdot \left\| \frac{d_\rho^{\tilde{\pi}}}{\rho} \right\|_\infty \cdot L_t(w^{(t)})}. \end{aligned}$$

The density ratio term measures how well  $\rho$  covers the states visited by the comparator policy  $\tilde{\pi}$ . This highlights the role of the reset distribution in providing good coverage for policy gradient methods.

**Remark 1** (Omitted details). *There are some details we are glossing over here. First, while the sample-based estimates of  $Q^{(t)}(s, a)$  are bounded with high probability, they are technically unbounded, so the least squares generalization argument needs to account for this. Second, we need to set the smoothness parameter  $\beta$  and the norm bound  $W$  appropriately. For  $W$ , we can add a constraint in the least squares problem, since  $Q^{(t)}(s, a) \in [0, \frac{1}{1-\gamma}]$ . For  $\beta$ , since we are in the tabular representation, one can verify that  $\beta = 1$  suffices.*

# Solutions for for UCB-VI Exercises

## 1 Prove Simulation lemma

By definition, we have:

$$\begin{aligned}
V_0^\pi - \widehat{V}_0^\pi &= \mathbb{E}_{s \sim \mu, a \sim \pi(\cdot|s_0)} \left[ Q_0^\pi(s, a) - \widehat{Q}_0^\pi(s, a) \right] \\
&= \mathbb{E}_{s \sim \mu, a \sim \pi(\cdot|s_0)} \left[ r_0(s, a) - \widehat{r}_0(s, a) + \mathbb{E}_{s' \sim P_0(s, a)} V_1^\pi(s') - \mathbb{E}_{s' \sim \widehat{P}_0(s, a)} \widehat{V}_1^\pi(s') \right] \\
&= \mathbb{E}_{s \sim \mu, a \sim \pi(\cdot|s_0)} \left[ r_0(s, a) - \widehat{r}_0(s, a) + \mathbb{E}_{s' \sim P_0(s, a)} \widehat{V}_1^\pi(s') - \mathbb{E}_{s' \sim \widehat{P}_0(s, a)} \widehat{V}_1^\pi(s') + \mathbb{E}_{s' \sim P_0(s, a)} V_1^\pi(s') - \mathbb{E}_{s' \sim P_0(s, a)} \widehat{V}_1^\pi(s') \right] \\
&= \mathbb{E}_{s \sim \mu, a \sim \pi(\cdot|s_0)} \left[ r_0(s, a) - \widehat{r}_0(s, a) + \mathbb{E}_{s' \sim P_0(s, a)} \widehat{V}_1^\pi(s') - \mathbb{E}_{s' \sim \widehat{P}_0(s, a)} \widehat{V}_1^\pi(s') \right] + \mathbb{E}_{s_1 \sim d_1^\pi} \left[ V_1^\pi(s') - \widehat{V}_1^\pi(s') \right]
\end{aligned}$$

Now recursively apply the same argument on the second term of the RHS of the above equation  $H$  times, and we can conclude the lemma.

## 2 Prove Optimism

We prove optimism via induction. In the base case, we consider the fictitious step  $H$  where we have  $\widehat{V}_H(s) = 0$  and  $V_H^*(s) = 0$  for all  $s$ . Thus, the base case holds.

The inductive hypothesis is that at time step  $h+1$  with  $h \leq H-1$ , we have optimism, i.e.,  $\widehat{V}_{h+1}(s) \geq V_{h+1}^*(s), \forall s$ . We will prove that at time step  $h$ , we have optimism as well.

Recall the update procedure for  $\widehat{V}_h$ . When  $\widehat{V}_h(s) = H$ , we have  $\widehat{V}_h(s) = H \geq V_h^*(s)$  (since  $\|V_h^*\|_\infty \leq H$ ). Thus, we have:

$$\begin{aligned}
\widehat{Q}_h(s, a) - Q_h^*(s, a) &= r(s, a) + b_h(s, a) + \mathbb{E}_{s' \sim \widehat{P}_h(s, a)} \widehat{V}_{h+1}(s') - (r(s, a) + \mathbb{E}_{s' \sim P_h(s, a)} V_{h+1}^*(s')) \\
&= b_h(s, a) + \mathbb{E}_{s' \sim \widehat{P}_h(s, a)} \widehat{V}_{h+1}(s') - \mathbb{E}_{s' \sim P_h(s, a)} V_{h+1}^*(s') \\
&\geq b_h(s, a) + \mathbb{E}_{s' \sim \widehat{P}_h(s, a)} V_{h+1}^*(s') - \mathbb{E}_{s' \sim P_h(s, a)} V_{h+1}^*(s') \\
&\geq b_h(s, a) - \left| \mathbb{E}_{s' \sim \widehat{P}_h(s, a)} V_{h+1}^*(s') - \mathbb{E}_{s' \sim P_h(s, a)} V_{h+1}^*(s') \right| \geq 0,
\end{aligned}$$

where the first inequality uses the inductive hypothesis that  $\widehat{V}_{h+1}(s) \geq V_{h+1}^*(s), \forall s$  and the fact that  $\widehat{P}(s'|s, a) \geq 0$  for all  $s, a, s'$ , and the last inequality uses the given assumption on the bonuses  $b_h(s, a)$ . Note that the above derivation holds for any  $(s, a)$ , so we have proved that  $\widehat{Q}_h$  is optimistic. This immediately implies that  $\widehat{V}_h$  is also optimistic, since, if we let  $a^*(s) = \operatorname{argmax}_a Q_h^*(s, a)$  we have

$$V_h^*(s) = Q_h^*(s, a^*(s)) \leq \widehat{Q}_h(s, a^*(s)) \leq \max_a \widehat{Q}_h(s, a) \leq \widehat{V}_h(s),$$

which verifies the inductive claim.

## 3 Regret Decomposition

Since  $\widehat{V}_h(s) \geq V_h^*(s)$ , we can upper bound the regret as follows:

$$V^* - V^{\widehat{\pi}} \leq \mathbb{E}_{s \sim \mu} \left[ \widehat{V}_0(s) - V_0^{\widehat{\pi}}(s) \right]$$

Note here that  $\widehat{V}_0(s)$  is the value of policy  $\widehat{\pi}$  in the bonus augmented MDP  $\widetilde{\mathcal{M}}$ , while  $V_0^{\widehat{\pi}}(s)$  is the value of policy  $\widehat{\pi}$  in the true MDP  $\mathcal{M}$ . Thus, we are in a position to apply an argument similar to the simulation lemma.

$$\begin{aligned}
\mathbb{E}_{s \sim \mu} \left[ \widehat{V}_0(s) - V_0^{\widehat{\pi}}(s) \right] &= \mathbb{E}_{s \sim \mu} \left[ \widehat{Q}_0(s, \widehat{\pi}(s)) - Q_0^{\widehat{\pi}}(s, \widehat{\pi}(s)) \right] \\
&\leq \mathbb{E}_{s \sim \mu} \left[ b_0(s, \widehat{\pi}(s)) + \mathbb{E}_{s' \sim \widehat{P}_0(\cdot|s, \widehat{\pi}(s))} \widehat{V}_1(s') - \mathbb{E}_{s' \sim P_0(s, \widehat{\pi}(s))} V_1^{\widehat{\pi}}(s') \right] \\
&= \mathbb{E}_{s \sim \mu} \left[ b_0(s, \widehat{\pi}(s)) + \mathbb{E}_{s' \sim P_0(\cdot|s, \widehat{\pi}(s))} \widehat{V}_1(s') - \mathbb{E}_{s' \sim P_0(s, \widehat{\pi}(s))} V_1^{\widehat{\pi}}(s') + \mathbb{E}_{s' \sim \widehat{P}_0(\cdot|s, \widehat{\pi}(s))} \widehat{V}_1(s') - \mathbb{E}_{s' \sim P_0(\cdot|s, \widehat{\pi}(s))} \widehat{V}_1(s') \right] \\
&\leq \mathbb{E}_{s \sim \mu} \left[ b_0(s, \widehat{\pi}(s)) + H \left\| \widehat{P}_0(s, \widehat{\pi}(s)) - P_0(s, \widehat{\pi}(s)) \right\|_1 \right] + \mathbb{E}_{s \sim d_1^{\widehat{\pi}}} \left[ \widehat{V}_1(s) - V_1^{\widehat{\pi}}(s) \right]
\end{aligned}$$

Now recursively apply the same procedure on the second term of RHS of the above inequality  $H$  times, and we can conclude the proof. Note that this is basically the simulation lemma derivation except that in the first inequality above, we use the fact that  $\hat{Q}_h(s, a) = \min \left\{ H, b_h(s, a) + r_h(s, a) + \mathbb{E}_{s' \sim \hat{P}_h(s, a)} \hat{V}_{h+1}(s') \right\}$  and the inequality that  $\min\{a, b\} \leq b$ .

#### 4 Proving UCB-VI has valid bonus

Starting from this section, to simplify, we will use  $\lesssim$  to suppress absolute constants. First, via standard concentration on discrete distributions (e.g., Proposition A.4 in the AJKS monograph), for a fixed  $(s, a, h, t)$  tuple, we must have that with probability at least  $1 - \delta$ ,

$$\left\| \hat{P}_{t,h}(s, a) - P_h(s, a) \right\|_1 \lesssim \sqrt{\frac{S \ln(1/\delta)}{N_{t,h}(s, a)}}.$$

Via a union bound over all  $s \in \mathcal{S}, a \in \mathcal{A}, h \in [H], t \in [N]$ , we must have that with probability at least  $1 - \delta$ :

$$\left\| \hat{P}_{t,h}(s, a) - P_h(s, a) \right\|_1 \lesssim \sqrt{\frac{S \ln(SAHN/\delta)}{N_{t,h}(s, a)}}.$$

Now let us consider bounding  $\hat{P}_{t,h}(s, a)^\top V_{h+1}^\star - P_h(s, a)^\top V_{h+1}^\star$  (note that here we abuse notation a bit and treat  $P_h(s, a)$  and  $V_h^\star$  as vectors in  $\mathbb{R}^{|\mathcal{S}|}$ ). We have:

$$\hat{P}_{t,h}(s, a)^\top V_{h+1}^\star - P_h(s, a)^\top V_{h+1}^\star = \frac{1}{N_{t,h}(s, a)} \sum_{i=1}^{t-1} \mathbf{1}\{(s_{i,h}, a_{i,h}) = (s, a)\} V_{h+1}^\star(s_{i,h+1}) - P_h(s, a)^\top V_{h+1}^\star,$$

and note that for iteration  $i$  where  $s_{i,h}, a_{i,h} = s, a$ , we have  $V_{h+1}^\star(s_{i,h+1})$  being an unbiased estimate of  $P_h(s, a)^\top V_{h+1}^\star$ . Also note that  $\|V_{h+1}^\star\|_\infty \leq H$  which implies that our random variables are bounded in  $[0, H]$ . Thus, we can apply the standard Hoeffding's inequality. For a fixed  $(s, a, h, t)$  tuple, with probability at least  $1 - \delta$ , we have:

$$\left| \hat{P}_{t,h}(s, a)^\top V_{h+1}^\star - P_h(s, a)^\top V_{h+1}^\star \right| \lesssim H \sqrt{\frac{\ln(1/\delta)}{N_{t,h}(s, a)}}$$

Again with union bound over all  $s, a, h, t$  tuples, we immediately have that with probability at least  $1 - \delta$ ,

$$\left| \hat{P}_{t,h}(s, a)^\top V_{h+1}^\star - P_h(s, a)^\top V_{h+1}^\star \right| \lesssim H \sqrt{\frac{\ln(SAHN/\delta)}{N_{t,h}(s, a)}}$$

This concludes the proof.

#### 5 Concluding the proof: bounding the confidence sum

We proceed to upper bound the confidence sum as follows:

$$\begin{aligned} \sum_{t=1}^N \sum_{h=0}^{H-1} \frac{1}{\sqrt{N_{t,h}(s_{t,h}, a_{t,h})}} &= \sum_{h=0}^{H-1} \sum_{s,a} \sum_{i=1}^{N_{N,h}(s,a)} \frac{1}{\sqrt{i}} \leq \sum_{h=0}^{H-1} \sum_{s,a} \sqrt{N_{N,h}(s,a)} \\ &\leq \sum_{h=0}^{H-1} \sqrt{SA \sum_{s,a} N_{N,h}(s,a)} = \sum_{h=0}^{H-1} \sqrt{SAN} = H\sqrt{SAN}. \end{aligned}$$

Here in the first inequality, we use that  $\sum_{i=1}^n 1/\sqrt{i} \leq \sqrt{n}$ , and the second inequality is by Cauchy-Schwarz. This concludes the proof.