



**SPRING**  
**MENU 2019**





# BREAKFAST

## WRAPS

MAPLE GLAZED BACON, SCRAMBLED EGG & CHEESE	450 CAL	CHIPOTLE CHICKEN, SCRAMBLED EGG & AVOCADO	470 CAL
MEDITERRANEAN EGG WHITE	270 CAL		

## SANDWICHES

STEAK, EGG & CHEESE	530 CAL	BACON, EGG & CHEESE	460 CAL
HAM, EGG, CHEESE & ROASTED TOMATO	320 CAL	AVOCADO, EGG WHITE & SPINACH	410 CAL
SAUSAGE, EGG & CHEESE	540 CAL	EGG & CHEESE	390 CAL
HAM, EGG & CHEESE	310 CAL		

## CRAFT YOUR OWN SANDWICH

SWAP YOUR BREAD		SWAP YOUR EGG		FLAVOR WITH SAUCES	
FARMSTYLE	100 CAL	SCRAMBLED EGG	100 CAL	BASIL PESTO	ADDS 30 CAL
ANY BAGEL	230-420 CAL	EGG WHITE	35 CAL	SWEET MAPLE	ADDS 60 CAL
ARTISAN CIABATTA	200 CAL	OVER EASY EGG	80 CAL	CHIPOTLE AIOLI	ADDS 70 CAL

Breakfast wraps and sandwiches available until 10:30am weekdays/11am weekends.

## SOUFFLÉS

FOUR CHEESE	490 CAL	SPINACH & BACON	560 CAL
SPINACH & ARTICHOKE	540 CAL	HAM & SWISS	500 CAL

Soufflés available until 10:30am weekdays/11am weekends.

## STEEL CUT OATMEAL

WITH CINNAMON CRUNCH TOPPING		WITH QUINOA	
STRAWBERRIES & PECANS 🌰	360 CAL	ALMONDS & HONEY 🌰	320 CAL
BLUEBERRIES & GRANOLA 🌰	360 CAL		

## FAVORITES

GREEK YOGURT WITH MIXED BERRIES 🌰	300 CAL	APPLE	80 CAL
SUMMER FRUIT CUP	60 CAL	BANANA	90 CAL

2,000 CALORIES A DAY IS USED FOR GENERAL NUTRITION ADVICE, BUT CALORIE NEEDS VARY.  
ADDITIONAL NUTRITIONAL INFORMATION AVAILABLE UPON REQUEST.

🌰 CONTAINS PEANUTS AND/OR TREE NUTS



# BAKERY

## BAGELS & BAGEL COMBINATIONS

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BAGEL	230-330 CAL	SPECIALTY BAGEL	310-420 CAL
BAGEL WITH SPREAD	340-510 CAL	SPECIALTY BAGEL WITH SPREAD	420-600 CAL
BAGEL PACK		BAKER'S DOZEN	
13 bagels, 2 tubs of cream cheese spread		13 bagels	
DOZEN & A HALF		HALF DOZEN BAGELS	
18 bagels		6 bagels	

## PASTRIES & SWEETS

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CINNAMON CRUMB COFFEE CAKE	520 CAL/ SERVING	SCONES	110-400 CAL
ARTISAN PASTRIES	260-620 CAL	MUFFINS	460-570 CAL
BROWNIES	390 CAL	MUFFINS	280/320 CAL
		COOKIES	140-800 CAL



# PANERA KIDS™

## MAC & SOUP

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MAC & CHEESE	470 CAL	CUP OF SOUP	70-370 CAL
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## HALF SANDWICHES

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PB&J 	360 CAL	TURKEY	280 CAL
GRILLED CHEESE	440 CAL	HAM	260 CAL

## HALF SALADS

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SEASONAL GREENS	90 CAL	GREEK	200 CAL
CAESAR	160 CAL		

KID'S MENU IS SERVED WITH CHOICE OF YOGURT (50 CAL),  
APPLE (80 CAL), BAGUETTE (170 CAL) OR SPROUTED GRAIN ROLL (160 CAL).

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# SALADS

## SERVED WITH CHICKEN

SOUTHWEST CHILE LIME RANCH	320/650 CAL	SPICY THAI 🌶️	240/490 CAL
STRAWBERRY POPPYSEED 🌶️	170/340 CAL	CAESAR	220/450 CAL
GREEN GODDESS COBB	270/550 CAL	ASIAN SESAME 🌶️	210/410 CAL
FUJI APPLE 🌶️	280/570 CAL		

## OUR CLASSIC SALADS

MODERN GREEK WITH QUINOA 🌶️	260/520 CAL	SEASONAL GREENS	90/180 CAL
SPINACH, BACON & POPPYSEED	180/350 CAL	GREEK	200/390 CAL
CAESAR	160/320 CAL		



# PASTA & MAC

## MAC & CHEESE

BACON MAC & CHEESE	550/1090 CAL	BBQ CHICKEN MAC & CHEESE	570/1130 CAL
BAJA MAC & CHEESE	520/1050 CAL	MAC & CHEESE	470/950 CAL

## PASTA

CHICKEN TORTELLINI ALFREDO	750 CAL
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Add half salad, half sandwich, cup of soup or one flatbread for an additional charge.

ALL ITEMS SERVED WITH CHOICE OF BAGUETTE (170 CAL),  
SPROUTED GRAIN ROLL (160 CAL), CHIPS (150 CAL) OR APPLE (80 CAL).

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# SOUPS

## EVERYDAY

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CHICKEN NOODLE	120-780 CAL	SUMMER CORN CHOWDER 	210-880 CAL
BROCCOLI CHEDDAR	230-900 CAL	TEN VEGETABLE 	70-730 CAL
CREAMY TOMATO 	230-900 CAL	BISTRO FRENCH ONION	190-860 CAL

## SUN/TUE/THU/SAT

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CREAM OF CHICKEN & WILD RICE	210-880 CAL
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## MON/WED

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BAKED POTATO	260-930 CAL
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## FRI

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NEW ENGLAND CLAM CHOWDER	370-1040 CAL
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 **VEGETARIAN**

Try it in a bread bowl for an additional charge.



# BOWLS

## WITH UMAMI BROTH

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SOBA NOODLE		LENTIL QUINOA	
CHICKEN	360 CAL	CHICKEN	380 CAL
EDAMAME BLEND	330 CAL	CAGE-FREE EGG	340 CAL
		VEGAN	270 CAL

Add half salad, half sandwich, cup of soup or one flatbread for an additional charge.

**ALL ITEMS SERVED WITH CHOICE OF BAGUETTE (170 CAL),  
SPROUTED GRAIN ROLL (160 CAL), CHIPS (150 CAL) OR APPLE (80 CAL).**

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# SANDWICHES

STEAK & ARUGULA	240/470 CAL	BACON TOMATO GRILLED CHEESE	380/760 CAL
STEAK & WHITE CHEDDAR PANINI	440/880 CAL	FRONTEGA CHICKEN PANINI*	390/770 CAL
ROASTED TURKEY & AVOCADO BLT	340/680 CAL	BACON TURKEY BRAVO*	310/620 CAL
TOASTED TUSCAN GRILLED CHICKEN	450/900 CAL	NAPA ALMOND CHICKEN SALAD 🌱	310/620 CAL
ROASTED TURKEY, APPLE & CHEDDAR 🌱	350/710 CAL	CLASSIC GRILLED CHEESE	310/630 CAL
MODERN CAPRESE	380/760 CAL	MEDITERRANEAN VEGGIE	220/440 CAL
CUBAN	440/880 CAL	TUNA SALAD	320/650 CAL
CHIPOTLE CHICKEN AVOCADO MELT	380/760 CAL	TURKEY	270/540 CAL
BBQ CHICKEN FLATBREAD	400/800 CAL	HERITAGE HAM & SWISS	300/600 CAL

Individual half and whole cold sandwiches served with a pickle 5 cal.

**ALL ITEMS SERVED WITH CHOICE OF BAGUETTE (170 CAL),  
SPROUTED GRAIN ROLL (160 CAL), CHIPS (150 CAL) OR APPLE (80 CAL).**



— COMBINE TWO ITEMS —

HALF SALAD • HALF SANDWICH  
CUP OF SOUP • SMALL MAC & CHEESE  
ONE FLATBREAD

## ALLERGEN INFORMATION

MANY OF OUR PRODUCTS CONTAIN OR MAY COME IN CONTACT WITH COMMON ALLERGENS, INCLUDING WHEAT, PEANUTS, SOY, TREE NUTS, MILK, EGGS, FISH AND SHELLFISH. BEFORE PLACING YOUR ORDER, PLEASE INFORM YOUR SERVER IF A PERSON IN YOUR PARTY HAS A FOOD ALLERGY SO THAT A MANAGER CAN, AT YOUR REQUEST, PROVIDE YOU A LIST OF INGREDIENTS IN YOUR ORDER.

MENU SUBJECT TO CHANGE WITHOUT NOTICE.

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# BEVERAGES

## COLD DRINKS

### CRAFT

REG 20 fl oz LG 32 fl oz

PRICKLY PEAR HIBISCUS FRESCA	100/150 CAL
PASSION PAPAYA GREEN TEA	130/200 CAL
PLUM GINGER HIBISCUS TEA	0/0 CAL
ICED BLACK TEA	0/0 CAL
BLOOD ORANGE LEMONADE	160/260 CAL
AGAVE LEMONADE	140/220 CAL

### FROZEN

CARAMEL	560 CAL
MOCHA	540 CAL
AGAVE LEMONADE	120 CAL


### ORGANIC

WHITE MILK	110 CAL
CHOCOLATE MILK	150 CAL
APPLE JUICE	120 CAL

### SOFT DRINKS

SOFT DRINKS	
REG 20 FL OZ	0-290 CAL
LG 32 FL OZ	0-460 CAL

### SPECIALTY


COLD BREW	25/45 CAL
MADAGASCAR VANILLA CREAM	200/270 CAL
MADAGASCAR VANILLA ALMOND 	100/130 CAL
ICED COFFEE	15/25 CAL
ICED CAFFE LATTE	160 CAL
ICED CARAMEL LATTE	430 CAL
ICED CAFFE MOCHA	400 CAL
ICED CHAI TEA LATTE	290 CAL
ICED MADAGASCAR VANILLA LATTE	290 CAL

### SMOOTHIES

MADE WITH GREEK YOGURT	
MANGO	290 CAL
STRAWBERRY BANANA	250 CAL
STRAWBERRY	280 CAL
SUPERFRUIT	240 CAL
NON-DAIRY	
GREEN PASSION	200 CAL
PEACH & BLUEBERRY 	180 CAL

## HOT DRINKS

FRESHLY BREWED COFFEE		
SM 12 FL OZ	10-15 CAL	
REG 16 FL OZ	15-20 CAL	
LG 20 FL OZ	20-25 CAL	
CAFFE LATTE	130 CAL	
CARAMEL LATTE	390 CAL	
CAFFE MOCHA	370 CAL	
CHAI TEA LATTE		290 CAL
MADAGASCAR VANILLA LATTE		260 CAL
CAPPUCCINO		130 CAL
ESPRESSO		5 CAL
SIGNATURE HOT CHOCOLATE		510 CAL
HOT TEAS		0 CAL

ADD SHOTS OF ESPRESSO (5 CAL/ea.), FLAVORED SYRUP (20-60 CAL/ea.)  
OR SUBSTITUTE ALMOND MILK  (40 CAL) FOR AN ADDITIONAL CHARGE.

ALSO AVAILABLE IN DECAF OR WITH SKIM MILK.

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# MORE WAYS TO PANERA

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## Catering

For every group, every size, every meal.



## Delivery

Your favorites delivered right to your home or office.\*



## Rapid Pick-Up\*

Order online and we'll have your food ready when you arrive.



## Panera at Home

Keep Panera refrigerated Soups, Mac & Cheese and Salad Dressings, plus Sliced Bread and Coffee on hand.

Available where you shop for groceries.\*\*

**[www.PaneraBread.com](http://www.PaneraBread.com)**

Please check with your bakery-cafe for availability of services.

\*Minimum order of \$5 required for delivery, exclusive of taxes and delivery charges that may apply.

Delivery charges may vary. Our delivery charge is not a tip or gratuity provided to the driver.

Participating bakery-cafes only. Tracking available only in participating bakery-cafes that offer delivery.

Gift card purchases and catering orders excluded. Order must be placed online with credit card.

Other restrictions may apply. Delivery hours may vary. Limited delivery area.

Visit [panerabread.com/deliveryinfo](http://panerabread.com/deliveryinfo) to determine if you're in a delivery area or for more information.

\*\*Panera at Home products are not available in bakery-cafes. Find a retailer near you at [PaneraAtHome.com](http://PaneraAtHome.com).

**Menu subject to change without notice.**

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