

UT level/District	Type of Helpline numbers	Contact details	Link	Further sources of PDFs/images
Jammu and Kashmir	General Helpline number	0191-2479924; 9797332026	<a href="http://www.jktpo.in/">http://www.jktpo.in/</a>	
Kashmir Division	Kashmir Division district wise control room numbers for covid symptoms in the link		<a href="https://www.dhskashmir.org/orders/District%20wise%20Control%20Room%20No's%20of%20all%20districts%20of%20Kashmir%20Division.jpeg">https://www.dhskashmir.org/orders/District%20wise%20Control%20Room%20No's%20of%20all%20districts%20of%20Kashmir%20Division.jpeg</a>	<a href="https://www.dhskashmir.org/">https://www.dhskashmir.org/</a>
Jammu and Kashmir	Updated Contact List of District Magistrates/Collectors for all Districts in the link		<a href="http://www.jksdma.org/wp-content/uploads/2020/03/Contact-List-of-DCs.pdf">http://www.jksdma.org/wp-content/uploads/2020/03/Contact-List-of-DCs.pdf</a>	<a href="http://www.jksdma.org/covid-19-%da%a9%d9%88%db%8c%da%88/">http://www.jksdma.org/covid-19-%da%a9%d9%88%db%8c%da%88/</a>
	Contact list of UT wide Rapid Response team in the link		<a href="https://www.dhskashmir.org/images/RRT%20State.pdf">https://www.dhskashmir.org/images/RRT%20State.pdf</a>	<a href="http://www.jksdma.org/covid-19-%da%a9%d9%88%db%8c%da%88/">http://www.jksdma.org/covid-19-%da%a9%d9%88%db%8c%da%88/</a>
	Contact list of district wide Rapid Response team in the link		<a href="https://www.dhskashmir.org/images/RRT%20District.pdf">https://www.dhskashmir.org/images/RRT%20District.pdf</a>	<a href="http://www.jksdma.org/covid-19-%da%a9%d9%88%db%8c%da%88/">http://www.jksdma.org/covid-19-%da%a9%d9%88%db%8c%da%88/</a>
	Students residing outside and desirous to come to Jammu & Kashmir may contact these Higher Education Department helpline numbers	For Return to Jammu Division: Mr. Gurdeep and Mr Omran; numbers given respectively 9419116424; 9419167771	<a href="https://kishtwar.nic.in/jk-govt-issue-online-registration-helpline-numbers-to-facilitate-stranded-persons/">https://kishtwar.nic.in/jk-govt-issue-online-registration-helpline-numbers-to-facilitate-stranded-persons/</a>	
		For Return to Kashmir Division- Mr. Ubaid and Mr. Manzoor; numbers given respectively 9469339499; 7006621243		
	Helpline numbers for Migrant Workers of J&K Stranded in various parts of India	For Jammu Division: contact numbers of Sh. Sanjay Kumar Bhat (Labour Officer) and Smt. Shivika Sharma( Labour Officer ) 9419424281; 7889663055		
		For Kashmir Division: Mr Zameer and Mr Showkat Shafi 9797172356; 8899646373		
Kashmir Division	Special Call Center Helpline, Kashmir	6006333308		
Baramulla	Helpline for Covid -19 Pandemic and Family Care for Frontline Workers along with other details in the given link	Email: findcovid19baramulla@gmail.com	<a href="https://baramulla.nic.in/covid-19-reporting-and-info/">https://baramulla.nic.in/covid-19-reporting-and-info/</a>	
Budgam	District level important numbers (contact if one has any travel history)		<a href="https://cdn.s3waas.gov.in/s31141938ba2c2b13f5505d7c424ebae5f/uploads/2020/04/2020040150.pdf">https://cdn.s3waas.gov.in/s31141938ba2c2b13f5505d7c424ebae5f/uploads/2020/04/2020040150.pdf</a>	<a href="https://budgam.nic.in/">https://budgam.nic.in/</a>
Doda	Covid-19 Helpline Numbers	Toll Free Number1800-180-7122 Landline Number01996-233337 Mobile Number9906320997	<a href="https://doda.nic.in/home3/covid-19-emergency-services/">https://doda.nic.in/home3/covid-19-emergency-services/</a>	
Ganderbal	Contact Details of officials at District level control room for Covid-19		<a href="https://cdn.s3waas.gov.in/s3192fc044e74dffa144f9ac5dc9f3395/uploads/2020/03/2020030958.pdf">https://cdn.s3waas.gov.in/s3192fc044e74dffa144f9ac5dc9f3395/uploads/2020/03/2020030958.pdf</a>	<a href="https://ganderbal.nic.in/">https://ganderbal.nic.in/</a>
Jammu	Covid-19 Helpline Numbers	District Jammu Helpline Numbers: 0191-2571912; 0191-2571616; 0191-2520542 email: dcofficejammu@gmail.com Whatsapp No: +91 9596655577	<a href="https://jammu.nic.in/covid19/">https://jammu.nic.in/covid19/</a>	
Kathua	Covid-19 Helpline Numbers	1800 180 7180 Email-id : dckth-jk@nic.in; kathua@nic.in	<a href="https://kathua.nic.in/district-kathua-covid-19/">https://kathua.nic.in/district-kathua-covid-19/</a>	
Kishtwar	Covid-19 Helpline Numbers	01995-259555; 01995-261466; Email: dckishtwar-jk@nic.in	<a href="https://kishtwar.nic.in/covid-19/">https://kishtwar.nic.in/covid-19/</a>	

Kulgam	District control room numbers		<a href="https://cdn.s3waas.gov.in/s3d3be272bab69f8e13f14b405e038deb64/uploads/2020/04/2020040821.pdf">https://cdn.s3waas.gov.in/s3d3be272bab69f8e13f14b405e038deb64/uploads/2020/04/2020040821.pdf</a>	<a href="https://kulgam.nic.in/document/containment-and-management-of-coronavirus-covid-19-infection/">https://kulgam.nic.in/document/containment-and-management-of-coronavirus-covid-19-infection/</a>
Kupwara	Covid-19 Helpline Numbers	9419268121 ; 01955253522		
Kupwara	Grievance Cell Number (Call/SMS/WhatsApp)	7889370119, 9622427915, 01955-252257	<a href="https://kupwara.nic.in/covid19/">https://kupwara.nic.in/covid19/</a>	
Pulwama	Covid-19 Control Room Helpline Pulwama	01933-241240; 01933-240354; 01933-344354	<a href="https://pulwama.gov.in/helpline/">https://pulwama.gov.in/helpline/</a>	
Pulwama	Helpline for Covid -19 Pandemic and Family Care for Frontline Workers: Contact numbers in the link	Email: idspulwama@gmail.com	<a href="https://pulwama.gov.in/covid-19/control-room-cmo-office-pulwama/">https://pulwama.gov.in/covid-19/control-room-cmo-office-pulwama/</a>	
Ramban	Covid-19 Helpline Numbers	01998-266789; 01998-266796	<a href="https://ramban.gov.in/office-orders/">https://ramban.gov.in/office-orders/</a>	
Reasi	Covid-19 Helpline Numbers	Contact: District Administration Reasi Landline: 01991-245669; 01991-245770 Email Id: dcreasi@gmail.com; jkrea@nic.in	<a href="https://reasi.nic.in/event/covid-19-reporting/">https://reasi.nic.in/event/covid-19-reporting/</a>	
Shopian	Contact Details of Local Magistrates for facilitating emergency/permitted movement		<a href="https://cdn.s3waas.gov.in/s3d34ab169b70c9dcd35e62896010cd9ff/uploads/2020/03/2020032430.pdf">https://cdn.s3waas.gov.in/s3d34ab169b70c9dcd35e62896010cd9ff/uploads/2020/03/2020032430.pdf</a>	<a href="https://shopian.nic.in/documents/">https://shopian.nic.in/documents/</a>