## **INVITED REVIEW**



# Dynamic contrast-enhanced (DCE) imaging: state of the art and applications in whole-body imaging

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#### **Abstract**

Dynamic contrast-enhanced (DCE) imaging is a non-invasive technique used for the evaluation of tissue vascularity features through imaging series acquisition after contrast medium administration. Over the years, the study technique and protocols have evolved, seeing a growing application of this method across different imaging modalities for the study of almost all body districts. The main and most consolidated current applications concern MRI imaging for the study of tumors, but an increasing number of studies are evaluating the use of this technique also for inflammatory pathologies and functional studies. Furthermore, the recent advent of artificial intelligence techniques is opening up a vast scenario for the analysis of quantitative information deriving from DCE. The purpose of this article is to provide a comprehensive update on the techniques, protocols, and clinical applications – both established and emerging – of DCE in whole-body imaging.

## **Keywords** DCE · MRI · Oncology · Radiomics

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## Introduction

Dynamic contrast-enhanced (DCE) imaging is a non-invasive technique used for the evaluation of tissue vascularity features through imaging series acquisition after contrast medium administration [1–4]. Over the years, the study technique and protocols have evolved, seeing a growing application of this method across different imaging modalities for the study of almost all body districts [5-9]. Indeed, with some differences between organs and systems, numerous information can be obtained from the DCE analysis through qualitative, semi-quantitative, and model-based quantitative methods. [10, 11] Qualitative assessment of contrast uptake, washin and wash-out rates is the most clinically routinely used method, due to the simple and time-saving visual approach. DCE time-intensity curves can be analyzed semi-quantitatively according to the signal intensity changes to obtain several parameters, such as the time to peak (TTP), wash-in and wash-out rate (WIR/WOR), area under contrast curve (AUC), maximum enhancement (ME), and percent maximum enhancement (%ME) [12, 13]. Full quantitative analysis of the DCE data involves the conversion of signal intensity to gadolinium concentration and fit the data into a tissue model.

One of the most used is the Tofts Model, in which each voxel contains tissue cells, blood vessels, and extracellular spaces. According to this model, two main parameters of influx mass transfer rate of gadolinium (Ktrans) from blood plasma to extracellular space, and reflux rate of gadolinium from the extracellular space to blood plasma. (Kep) [14, 15].

The main and most consolidated current applications concern MRI imaging in oncology, but an increasing number of studies are evaluating the use of this technique also for inflammatory pathologies and functional studies [16–21]. Furthermore, the recent advent of artificial intelligence techniques is opening up a vast scenario for the analysis of quantitative information deriving from DCE [22–27]. The purpose of this article is to provide a comprehensive update on the techniques, protocols and clinical applications – both established and emerging – of DCE in whole-body imaging.

# Neuroimaging

DCE-MRI is considered the standard approach for assessing brain permeability [28], and has been shown to provide valuable information especially in the evaluation of brain tumors

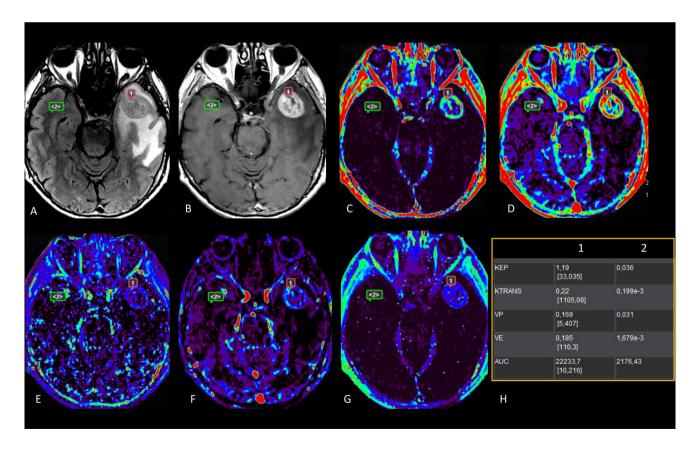
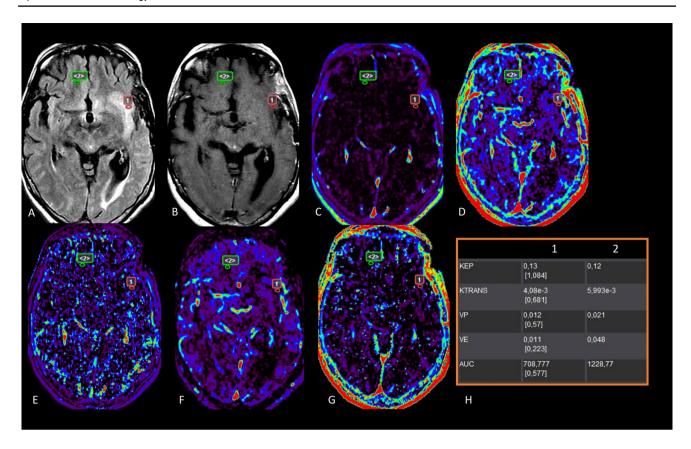


Fig. 1 Glioblastoma WHO IV (high-grade glioma) in a 71-year-old man; morphologic imaging A FLAIR and B T1+Gd and parametric DCE maps C Ktrans, D AUC, E Kep, F Vp, G Ve, H summary of high perfusion values





**Fig. 2** Diffuse astrocytoma WHO II (low-grade glioma) in a 73-year-old woman; morphologic imaging **A** FLAIR and **B** T1+Gd and parametric DCE maps **C** Ktrans, **D** AUC, **E** Kep, **F** Vp, **G** Ve, and

H summary of slightly increased perfusion values compared to contralateral normal appearing brain tissue, and lower compared to HGG

[29–32]. Applications of DCE-MRI in gliomas include tumor grading and characterization, treatment response, and prognosis assessment.

## Grading

High-grade gliomas (HGG) show higher Ktrans, Ve, and Vp than low-grade gliomas (LGG) [33–37], and Ktrans is considered the most significant parameter for grading [38] (Figs. 1 and 2). Recently, textural features derived from DCE-MRI displayed a good ability in discriminating between different grades of gliomas [39, 40]. The 2016 WHO classification of brain tumors added molecular criteria to histology [41]. Increased Ktrans and Vp mean/histogram values were observed in EGFRvIII-positive glioblastoma [34]. Ann et al. found that glioblastomas with MGMT methylation had higher Ktrans [42]. Cheng et al reported a positive correlation between Ktrans and VEGF expression in gliomas [43].

# **Differential diagnosis**

Although there is no difference for *K*trans and Vp between glioblastoma and melanoma metastasis, hypovascular metastasis, such as from lung cancer, could be differentiated using Vp, AUC, and logarithmic slope of the wash-out phase [44, 45]. Zhao et al. assessed that Ve in the tumor parenchyma and *K*trans in peritumoral area could discriminate HGG from metastasis [46]. Primary Central Nervous System Lymphoma (PCNSL) demonstrated higher *K*trans, K2, and Ve than glioblastoma and metastases [46–48]. Also, AUC and histogram analysis of DCE identified differences between HGG and PCNSL [49–51]. In addition, pretreatment Vp and Ktrans may be prognostic biomarkers of progression-free survival (PFS) in patients with PCNSL [52], and Ktrans changes were found to predict chemotherapy response [53].



# Treatment response assessment

A meta-analysis demonstrated that DCE shows the highest diagnostic accuracy among the perfusion techniques in differentiating between treatment-induced changes and progression [54]. Increased *K*trans has been reported in recurrent lesions in comparison to radionecrosis [55, 56]. *K*trans, Ve, and Vp are higher in progression than in pseudoprogression in patients with glioblastoma, with Ktrans the most promising parameter [57, 58]. Thomas et al. identified a Ktrans threshold of 3.5 for pseudoprogression and of 7.4 for recurrence [58]. Recently, radiomic features obtained from Ktrans achieved a good accuracy in detecting pseudoprogression [59].

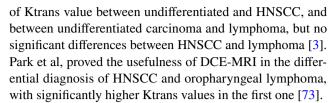
# **Predicting prognosis**

Worse survival was reported for glioma patients with high Ktrans and Vp [60]. Kim et al. found higher mean Ve in anaplastic astrocytoma patients with PFS <18 months than that in those with PFS  $\geq$ 18 months [61]. Beyond neurooncology, DCE has been applied to the assessment of blood brain barrier (BBB) dysfunction in acute ischemic stroke (AIS) and small vessel disease, multiple sclerosis (MS), traumatic brain injury (TBI), migraine, and Alzheimer's Disease (AD) [29, 31]. Stroke Ktrans was described higher compared to mirror Ktrans, and lower than in hemorrhagic transformed regions [62]. DCE-MRA could be used to generate collateral maps in AIS [63]. A recent review showed increased Ktrans and Ve, and decreased Vp following TBI in vulnerable areas, including brain cortex and brainstem [64]. Acute lesions in MS exhibit hyperperfusion [65], while normal-appearing white matter has been found hypoperfused compared with controls [66]. However, the same authors could not confirm these findings in a subsequent paper [67], and the clinical relevance of DCE in MS remains uncertain. Raja et al. reported low permeability in the white matter in AD in comparison to vascular cognitive impairment patients [68]. Global BBB leakage has been associated with cognitive decline in early AD [69]. In migraine patients, the mean Vp in the left amygdala was found lower than that in the healthy controls [70].

# **Head and neck**

# **Tumor characterization**

Primitive H&N cancer has much more responsive microvascular environment than healthy tissue in early acquisition with Ultrafast DCE-MRI [71]. DCE could be crucial, allowing a targeted therapy and improving the prognosis of patients with unknown primary tumors (UPT) and local metastasis by overcoming the limits of DWI (false negative in tonsil tumors) and 18F-FDG-PET/CT (poor anatomical accuracy) [72]. Lee et al observed statistically significant differences

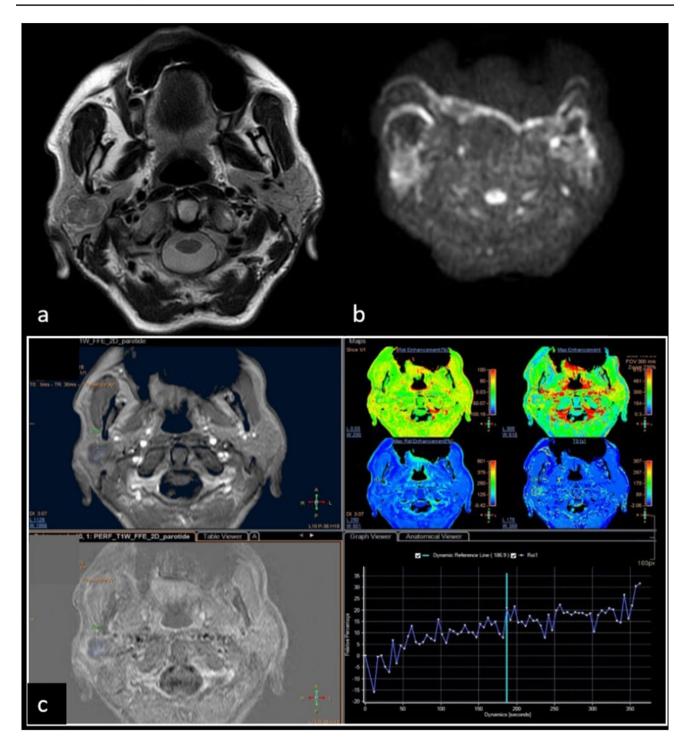


Some data are also available on the characterization of the salivary gland lesions (Fig. 3). DCE-MRI generated time/intensity curve with progressive wash-in was observed only in benign lesions, whereas rapid wash-in/slow wash-out associated with ADC 0.9–1.4×10–3 mm²/s showed high specificity for epithelial malignancies [74]. Mungai et al assessed the value of lesion/parenchyma ratio of different DCE-MRI parameters to differentiate benign from malignant lesions and the various types of benign masses [75].

# Treatment response prediction and assessment

HNSCC advanced stage can be treated surgically or with chemoradiotherapy, with the latter preferred due to organ integrity preservation. However, 25-30% of HNSCC do not respond to chemoradiotherapy [76]. Pre-treatment DCE-MRI can be used to predict HNSCC response to chemoradiation as an imaging biomarker for hypoxia. Ktrans is the most frequently identified pre-treatment DCE parameter with predictive or prognostic significance, followed by Ve. Further, a high pre-therapy Ktrans level correlated with good treatment response [77]. Lymph nodes DCE-MRI can also be used to predict treatment response. Ng et al reported low pre-treatment lymph node Ve (<0.23) to be an independent poor prognostic factor local control and overall survival [78]. A significant increase of Ktrans and Ve was observed in post-chemoradiation in responder patients [79]. Wang et al proposed identifying neoplasm subvolumes based on heterogeneous distributions of blood volume and blood flow after two weeks of therapy and reported that large poorly perfused subvolumes of cancer and lymph nodes identified at baseline and persisting at an early follow-up, as well as the increase of tumoral subvolumes with low blood flow, can predict local or regional treatment failure [80]. This evidence may be useful in identifying intralesional regions that may benefit from a local dose increase. Post-treatment fibrotic tissue typically exhibits delayed and less avid contrast enhancement, whereas residual/recurrent neoplastic components show earlier and more intense enhancement. Lee et al applied DCE in the detection of local recurrence in HNSCC. They used voxel-based color maps of the AUC values extracted from TSI (time-signal intensity) curves during the initial and final 90 seconds. Recurrent tumors exhibit increased IAUC90 (initial AUC 90-second) values due to neoangiogenesis and contrast agent leakage to the extravascular extracellular space, whereas in post-therapy tissue there is a progressive increase in FAUC90 (final AUC 90-second) due to low cellularity [81].

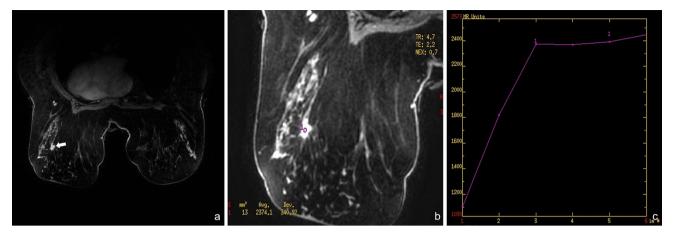




**Fig. 3** Pleomorphic adenoma of the right parotid gland in a 56-yearold woman. **a** Axial T2-weighted MR image shows a heterogeneously hypointense mass with a peripheral hyperintense rim in the right parotid gland. **b** ADC map shows a central area of restriction. c the

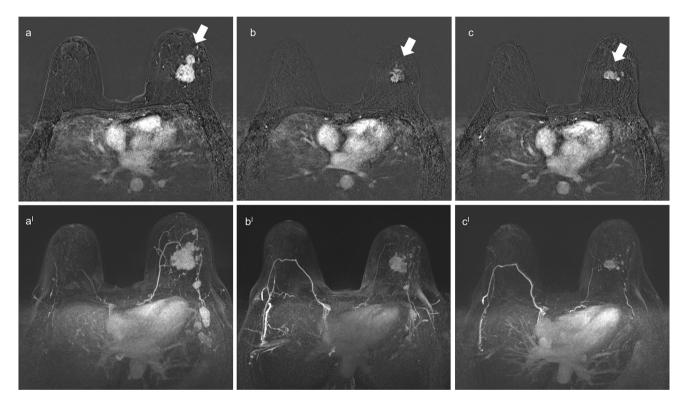
time/intensity curve with the calculation of the maximum contrast enhancement shows a low constant rising, characteristic for benign lesions





**Fig. 4** 43-year-old woman. Finding a left-sided parenchymal distortion on a screening examination, without hand-hold ultrasound alterations. **a** DCE image shows a starry lesion in the upper outer quadrant

(arrow); **b,c** ROI positioning shows a time–intensity curve type II. Tomosynthesis-guided vacuum-assisted biopsy of this lesion showed ductal carcinoma NOS



**Fig. 5** Axial images from breast MRI in a 59-year-old woman with an invasive ductal carcinoma of the left breast. **a;aI** Image from prechemotherapy contrast-enhanced T1-weighted subtraction image MRI and MIP shows an irregular enhancing mass associated with some satellite masses in a multicentric lesion. The maximal diameter of the index mass was measured as 4.8 cm (white arrow). **b;bI** On image

obtained after the completion of six cycles of chemotherapy, the mass shows a concentric shrinkage pattern (white arrow). It is suggestive of partial response **c;cI** Image from post-chemotherapy shows a further dimensional reduction, always suggestive of partial response (white arrow). Surgical histopathologic examination revealed a 2.0-cm invasive ductal carcinoma

# **Breast**

## **Tissue characterization**

DCE-MRI is the most accurate imaging modality in the evaluation of mass and non-mass breast lesions, to obtain morphological and kinetic information with high spatial and temporal resolution [16, 82, 83]. Typical breast cancer demonstrates an intense and rapid contrast enhancement and contrast wash-out, due to increased angiogenesis, capillary permeability, and shunts [16, 84]. Kuhl et al. have identified three main patterns of the TSI curves: type I – progressive (lowest probability of malignancy); type II – plateau (intermediate probability); and type III – wash-out (high

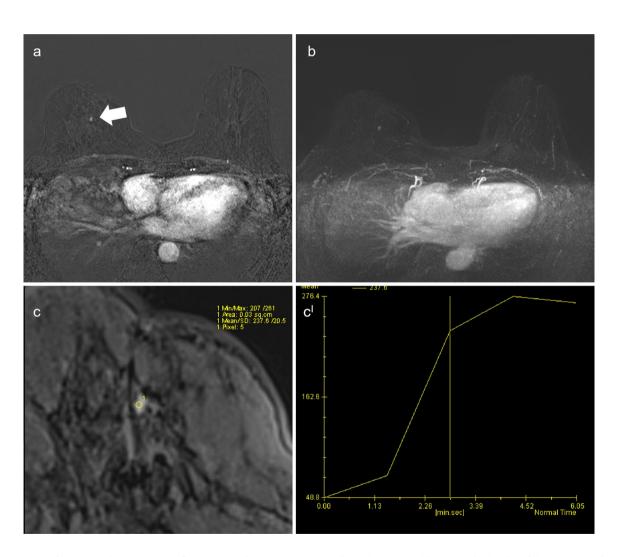


probability) [85]. When the same lesion has different kinetic patterns, it is advisable to consider the most suspicious. Notably, the evaluation of the kinetic curves must always be associated with a morphological evaluation of the lesion [86] (Fig. 4). Kinkel et al. reported that the combined evaluation of dynamic kinetic curves and morphological characteristics improved the diagnostic performance of DCE-MRI (sensitivity of 97%, specificity 96%), compared to dynamic kinetic curve evaluation alone (sensitivity of 85%, specificity 87%) [87]. In addition to the qualitative evaluation of enhancement, a quantitative pharmacokinetic evaluation can be performed. Calculation of Ktrans and Kep has been shown to improve the distinction between malignant and benign lesions, reducing the number of false positives and unnecessary biopsies [88]. Recent developments in breast

MRI include abbreviated and ultrafast MRI. Abbreviated MRI refers to the shortening of a standard breast MRI protocol, maintaining a single contrast sequence of shorter duration and a limited number of other sequences [89]. Ultrafast MRI refers to a distinct new sequence of images, with high temporal resolution (typically 6–7 seconds), developed to acquire the early stages of the influx of contrast medium into breast lesions [89]. Ultrafast MRI is currently highly experimental, including kinetic parameters that are different from traditional and abbreviated breast MRI.

# **Tumor response assessment**

DCE-MRI is the most accurate imaging modality for assessment of tumor response to neoadjuvant chemotherapy [90].



**Fig. 6** A case of recurrent breast cancer after conservative surgery using post-operative MRI. A 51-year-old woman, who had right breast conserving surgery for invasive lobular carcinoma 4 years ago, recent mammography finding of suspicious opacity in the scar site without an ultrasound fee. The patient underwent ce-MRI. Dynamic contrast-enhanced subtracted image and MIP **a; b** demonstrated 6.0-

mm irregular mass (white arrow) in the site of the post-operative scar. c;cI Time-signal intensity curve of the mass shows a rapid enhancement and mild decrease in the late phase. Tomosynthesis-guided vacuum assisted biopsy of this lesion showed recurrent invasive lobular carcinoma



Both changes in maximum tumor size, tumor volume, and enhancement kinetics at imaging and functional techniques have been investigated [91] (Fig. 5). The change in tumor volume, also measured with the aid of semiautomatic Computer Assisted Diagnosis (CAD), showed the strongest predictive performance for pathological complete response after the first cycle of neoadjuvant chemotherapy and has the strongest association with relapse-free survival [92]. Also an early decrease in enhancement in the analysis of the TSI curves is an important predictor of possible response to therapy [93, 94] (Fig. 6). DCE-MRI may be considered as a method of evaluating suspected recurrence by either clinical examination, mammography or ultrasound [95]. In case of relapse this will appear in DCE-MRI as a new malignant lesion with intense enhancement and wash-out kinetics, while a scar with fibrous tissue shows absence or slight enhancement with progressive kinetics [96]. DCE-MRI is the diagnostic technique with the greatest sensitivity in identifying local relapse, and can be used to exclude the presence of malignancy, thanks to the high negative predictive value demonstrated, avoiding unnecessary biopsies [97, 98].

# Lung

# **Techniques**

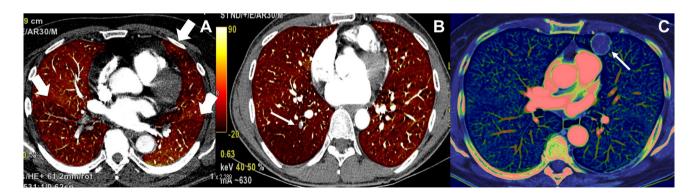
Several methods are currently available to quantitatively and qualitatively assess lung perfusion in patients with different conditions, in particular dual-energy computed tomography (DECT), dynamic contrast-enhanced perfusion CT (DCECT), time-resolved contrast-enhanced magnetic resonance angiography (CEMRA), and DCE-MRI [99–101]. DECT can provide perfusion-based information through iodine distribution map, using CT scanners with

specific X-ray production, in order to obtain CT data from low-energy and high-energy X-ray spectra [100, 102]. With ADCT (area-detector CT), isotropic volume data of pulmonary parenchyma, nodules, or masses can be obtained simultaneously in an area of 160 mm without helical scanning. In routine clinical practice, dynamic contrast-enhanced perfusion ADCT are usually evaluated in the form of quantitative maps of perfusion parameters by means of mathematical models [100, 103].

The introduction of time-resolved 3D (or 4D) CEMRA has allowed increasing the spatial resolution to the same level as pulmonary CT angiography (CTA) and improving the temporal resolution to less than 5s by using parallel imaging techniques [104]. Therefore, time-resolved CEMRA is currently one of the best MRI techniques for assessing the pulmonary vascularization and perfusion in pulmonary parenchyma of patients with various pathological conditions [104, 105]. With DCEMRI, multiple images can be obtained during the first passage with an intravascular contrast agent through the pulmonary circulation. Images are generally acquired using a 2D or 3D dynamic gradient-echo sequence with ultrashort echo time and repetition time, necessary to overcome signal loss due to the inhomogeneous magnetic susceptibility of lung parenchyma [106]. This method provides regional pulmonary blood flow (PBF), pulmonary blood volume (PBV), and mean transit time (MTT) within the whole lung and demonstrates the regional differences for each perfusion parameter in both normal and pathological lung conditions [106, 107].

# **Clinical applications**

DECT technique nowadays is commonly used to rapidly obtain perfusion maps within the lungs in patients with pulmonary vascular diseases, in particular acute/chronic



**Fig. 7** Examples of perfusion studies with Dual Energy CT (DECT). Two examples of lung perfusion in chronic (**A**) and acute (**B**) pulmonary thromboembolism: color-coded lung perfused blood volume map and CT images from 80kVP and 140 kVp were fused by commercial software. Thrombi in central zones (thin arrow) and periph-

eral ones (large arrows) are clearly demonstrated as defects within pulmonary perfusion. Image in C shows a perfusion study of a solid nodule (arrow): this is characterized by minimal/absent vasculature and histology confirmed the hamartomatous nature



pulmonary embolism, as well as nodules/masses (Fig. 7). Several studies have reported that DCECT has a sensitivity between 93 and 100%, specificity of 52–93%, and accuracy of 77-97% in differentiating malignant from benign lung nodules. DCE-MRI has not demonstrated significant differences in diagnostic performance for lung nodules compared to DCECT, so these methods may have a complementary role in this setting [108]. CT and MRI perfusion have been shown to have equal diagnostic value in assessing response to conservative therapy in lung cancer compared to 18F-Fluorodeoxyglucose positron emission tomography (18F-FDG-PET) [109]. Indeed, perfusion imaging parameters can be used as biomarkers of response in this condition in the same way as glucose metabolism data, providing information on changes in the angiogenetic status of the lesion [110]. Time-resolved CEMRA was proposed as a new tool for the diagnosis of pulmonary thromboembolism having higher sensitivity than CTA (83% versus 75%) in its detection [111]. Although with lower spatial resolution, perfusion MRI is more sensitive than time-resolved CEMRA in the detection of subsegmental thromboembolic defects, shown by indirect visualization of lung parenchymal perfusion alterations [112]. Finally time-resolved CEMRA and MRI perfusion can be used also as quantitative assessment methods in the setting of pulmonary hypertension, in particular in near future they may have a complementary role in routine clinical practice for grading disease severity as well as evaluating its progression [107].

## Heart

DCE in cardiac patients has been used for the evaluation of myocardial perfusion (MP). During the latest years, MP imaging (MPI) has achieved a pivotal role in the approach to ischemic heart disease (IHD) since ischemic-guided therapy functional assessment of coronary artery disease (CAD) proved superior to the anatomical evaluation of CAD in the treatment of stable angina patients [113]. PET was the first technique to establish the estimation of Myocardial Blood Flow (MBF). However, with the new technologies, Cardiac MRI and CT resulted highly advantageous in perfusion imaging. Cardiac MRI and CT benefit from wider accessibility, lower costs, and a comprehensive application in cardiomyopathies and IHD [114–132]. High diagnostic accuracy of both stress-rest Cardiac MRI and CT-MPI in identifying ischemia using vasodilating agents is widely demonstrated [133-138]. However, although ischemia has shown important prognostic value, the burden of ischemia has recently become an important focus [139]. In this regard, SPECT and PET were able to provide a quantitative evaluation of MBF. Conversely, from the standard of reference, qualitative data were extrapolated for MRI and CT [140]. However, although the good accuracy of qualitative and semi-quantitative analysis, most recently, quantitative assessment proved the highest accuracy in identifying ischemia. MPI indeed can distinguish multivessel disease or balanced ischemia only with a quantitative approach. Different mathematical models have been investigated for quantitative estimation of MBF, showing a non-significant difference between models, although the most technically applicable is recommended [141]. However, current improvement in analysis, including artificial intelligence quantification of perfusion mapping, provides a strong impact in predicting major adverse cardiac events (MACE) [22, 142]

#### Stress cardiac MRI

Current Cardiac MRI protocols allow the acquisition of three short-axis at each heartbeat for about 50-60 consecutive heartbeats. The temporal resolution of DCE-Cardiac MRI is approximately 1 second. The temporal and spatial resolution has also been increased through the introduction of 3D whole-heart acquisition [141, 143]. Clinical impact of stress Cardiac MRI resulted similar to the current gold standard in the functional evaluation of dynamic changes of coronary flow (i.e., Fractional Flow Reserve or FFR). MR-INFORM trials highlighted a non-inferior validity of stress Cardiac MRI to FFR in predicting MACE in patients with stable angina [144]. Two recent papers confirm high impact of quantification of ischemic burden in stress Cardiac MRI. In a large retrospective registry, including 6389 patients of Marcos-Garces et al., extensive ischemic burden was related to a higher risk of long-term, all-cause mortality, and efficacy of revascularization strategy also appeared related to the extensive ischemia [145]. On the other hand, in a recent paper of Sammut et al., quantitative analysis confirmed an incremental prognostic value to visual assessment and established risk factors in a patient population of 395 patients with suspected CAD [146].

# CT-MPI

Dynamic and static acquisition can be performed for CT-MPI, varying widely also in temporal resolution and diagnostic accuracy. In static technique, a single acquisition samples the first pass of contrast in the myocardium. Conversely, in the dynamic shuttling mode, the acquisition is repeated for about 20–30 consecutive heartbeats. Surely, temporal resolution of CT-MPI depends on scanner technology. CT-MPI with wider detectors (able to acquire 16 cm volumes) can acquire the whole heart in a single heartbeat. Temporal resolution in 320-row scanners is one half the gantry rotation time, which turn in the order of 135 ms in second generation scanner using

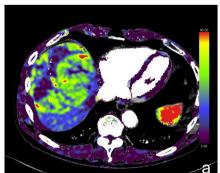


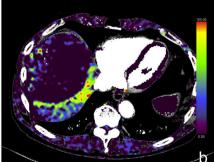
a prospective acquisition; otherwise, in the dynamic shuttling mode, the temporal resolution has been increased also using the dual-source technology (up to 63 ms) [141, 147, 148]. In static CT-MPI, scan timing is crucial for detecting perfusion abnormalities. However, many factors could influence optimal scan time and prospective estimation of the optimal scan timing remains challenging [149]. Otherwise, dynamic acquisition is independent on scan time. Moreover, dynamic techniques only allow quantifying MBF. Other differences regard dose exposure and longer acquisition. However, latest scanners allow significant reduction not exceeding 5 mSv, and rigid and non-rigid transformation techniques can be applied to realign cross-section misalignment consequent to motion artifact [141]. Two considerations must be added: 1) diagnostic validity of CT-MPI is comparable to other perfusion techniques as shown in the meta-analysis by Takx et al. [150]; 2) clinical utility of CT-MPI in discriminating functional significance of CAD increases when CT-MPI is complementary to coronary CT or FFR-CT, becoming comparable to invasive quantification, both in a routine clinical setting as showed in the CORE320 recent SPECIFIC multicenter study by Nous et al., or in an emergency setting as shown by Granghi et al. in patients with acute chest pain [151, 152].

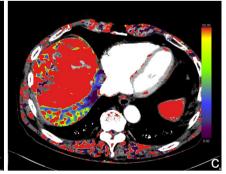
# Liver

DCE liver studies with CT and MRI provide a quantitative estimation of the blood transport across a tissue at the capillary level [153, 154]. After a pre-contrast acquisition, the typical CT protocol includes a first-pass phase (for 45–60 s with a temporal sampling <1.5s) and a delayed phase (for up to 2 minutes with lower temporal resolution and depending on the model) [155]. The injected amount iodinated contrast agent (≥300 mgI/mL) should be of 30–60 mL at a rate >4 mL/s, followed by a saline chaser [156]. To obtain an adequate dataset, several strategies

are used in CT. If the detector has a wide coverage along the z-axis and the X-ray tube has an optimal performance, sequential acquisitions with low kV, high mA, and high temporal resolution are used; however, sequential spiral acquisitions can be implemented to achieve a wider anatomical coverage (>20 cm) [155]. In MRI, the DCE studies of the liver face several technical challenges (anatomical coverage and respiratory motion), solved by the recent technical advances. Usually, a 3D, T1w, fast spoiled GRE is preferred, with parallel imaging for adequate temporal resolution better temporal resolution (≈1.9s per slab) [19, 23]. The T1 mapping is necessary for the quantification of gadolinium concentration, and oblique slices, including the aorta and portal vein, are preferred for subsequent analysis [19]. A relatively new technique is the golden-angle radial sparse parallel (GRASP) DCE MRI: the technique involves a non-cartesian radial sampling of k-space with a golden-angle scheme to obtain high signal of the liver parenchyma at free-breathing. The use of parallel imaging allows for adequate temporal resolution for DCE-MRI of the liver (1.5s) [157, 158]. Different models have been developed for perfusion analysis. The modelfree maximum-slope analysis uses the peak enhancement of the spleen to separate the arterial and portal perfusion of the liver and to calculate semi-quantitative parameters (e.g., Arterial Liver Perfusion or Hepatic Perfusion Index) [159] (Fig. 8). When studying tumor vascularity, the compartmental modeling is helpful, in particular for the investigation of neoangiogenesis during hepatocarcinogenesis or perfusion of liver metastases [160, 161]. The dual-compartment models consider the vascular and the extravascular spaces as separate; the distributed models consider the diffusion gradients of the tracer across the compartments [162, 163]. Several reports have demonstrated the role of DCE in early detection and characterization of liver lesions [164, 165], both for hepatocellular carcinoma on cirrhosis (166-170) or for the early detection







**Fig. 8** Volume Perfusion CT, male, 67 years old, hepatocellular carcinoma. A-c: model-free maximum slope. The hepatocellular carcinoma has significantly higher arterial perfusion (**a**) and lower portal

perfusion (b) than the surrounding parenchyma, resulting in a higher hepatic perfusion index (c)



of metastases where perfusion changes may precede the occurrence of the lesion [5, 171]. The assessment of perfusion parameters also demonstrated clinical utility in the prediction or early assessment of treatment response of tumor primary or metastatic liver tumors, where the perfusion changes may be the only sign of treatment response, or for prognostication of disease progression [172–177]. Moreover, perfusion changes in sites of locoregional treatments may be predictive of tumor recurrence, in particular for metastases [178]. Finally, perfusion changes have been correlated to the degree of fibrosis in chronic liver diseases [179, 180].

#### **Pancreas**

The main application of CT and DCE-MRI in pancreatic pathology is for assessing pancreatic cancer [24, 162, 181–188]. Hu et al conducted a study to evaluate inflammatory processes [189]. The ability to evaluate the angiogenesis activity allows critical future developments in the oncology field [190–192]. Compared to conventional CT, DCE-CT requires higher radiation exposure and more time to process data [193]. Depending on the kinetic model and the desired perfusion parameters, different scans are performed before, during, and after the injection of iodinated contrast medium [162]. DCE-MRI involves the administration of a contrast agent (gadolinium chelate) and the assessment over a selected region of interest (ROI) of signal intensities changes over time (TICs) [1, 194]. Motosugi et al. hypothesized that gadoxetic acid-enhanced MRI would be useful for assessing pancreatic carcinoma because it would be able to depict pancreatic lesions through intrinsic T1 contrast and small liver metastases through the contrast of the liver-specific agent [195]. Several studies have shown significant differences between patients with pancreatic cancer, neuroendocrine pancreatic cancer, and chronic pancreatitis [196, 197]. Bali and colleagues evaluated patients with surgery resectable pancreatic lesions and demonstrated different values between malignant tumors versus benign lesions and non-cancerous pancreatic tissue [198]. Coenegrachts et al. explored the potential of DCE-MRI for chronic pancreatitis [199]. In addition, a study was conducted where the measurement of pancreatic signal intensity in DCE-MRI proved helpful in diagnosing early or mild chronic pancreatitis, especially before any apparent changes in morphological or pancreatic signal intensity [200]. Pancreatic perfusion can undoubtedly be influenced by age, by the presence of degeneration, such as fatty infiltration, periductal and lobular fibrosis, and hyperplasia of the ductular epithelium [199]. Importantly, Akisik et al, found that DCE-MRI can predict which pancreatic tumors

will have a good response to antiangiogenic therapy [201]. For the future, it is necessary to create pharmacokinetic models on which to base the semi-quantitative analysis of lesions.

## Gastrointestinal

DCE-MRI is a currently evolving imaging application for the gastrointestinal system and not only for oncological imaging [186, 202].

#### **Gastric cancer**

Several studies (203-206) have focused on assessing the aggressiveness, staging, Lauren's type classification of gastric cancer (GC), and prognosis and response to therapy. Joo et al. (203), as well as in another similar study Ma et al. [204], evaluated the correlation of quantitative parameters, in particular of Ktrans, with the expression levels of epidermal growth factor (EGFR) and vascular endothelial growth factor (VEGF), which are two of the main angiogenic factors. A high Ktrans value is correlated with increased expression of molecular markers and thus a higher degree of angiogenesis. These results suggest that DCE-MRI reflects tumor biology and perfusion dynamics and provides important prognostic information [207]. Furthermore, in a recent study [208], quantitative DCE-MRI parameters (Ktrans and Kep) were shown to be independent predictors of extramural venous invasion in patients with locally advanced gastric cancer.

# **Rectal cancer**

DCE-MRI is also a promising method for rectal cancer (RC). Studies have focused on the ability of quantitative and semi-quantitative parameters to detect residual tumors after neoadjuvant chemoradiotherapy in patients with locally advanced cancer [209–212]. Others focused on the reliability of DCE-MRI in predicting complete pathological response before neo-adjuvant chemoradiotherapy in patients with locally advanced cancer, although with Ktrans cut-off values varying between studies (0.32 min-1 and 0.66 min-1) [209, 213–216]. Other studies [217–222] have correlated DCE parameters with tumor staging and aggressiveness, but there were conflicting results. Similar studies on response to treatment but involving ultrasound have also been carried out for GISTs. For example, one study [223] showed that reduced values at DCE-US (at day 7) were highly predictive of <sup>18</sup>F-FDG-PET results (at one month).



# Inflammatory bowel disease

Finally, the DCE-MRI role is now also recognized for chronic inflammatory bowel diseases [181, 183, 224, 225]. Vieujean et al. [226] investigated the role of DCE-MRI in affected and unaffected segments in patients with Crohn's disease (CD) and compared them to a control group, suggesting complex perfusion changes in both intestinal parts (affected and unaffected) in CD. Others, however, have shown a correlation with CD activity status [20, 227–229], with clinical scores and laboratory data [226, 228–230] and the response to treatment [231, 232]. One study has shown that perfusion analysis using DCE-US 1 month after treatment in patients with CD can provide prognostic information on treatment efficacy [233]. Although the acquisition of functional data regarding the gastrointestinal system is marred by numerous movement artifacts related to respiration and intestinal peristalsis, some studies [203, 234] have attempted to increase the spatial and temporal resolution of MRI to overcome these limitations. However, to date, it is widely accepted that quantitative surrogate parameters of tumor biology assessed by imaging still require extensive standardization and validation in clinical practice.

# **Gynecology**

DCE in gynecological malignancies is mainly applied to endometrial, cervical, and ovarian carcinomas [235].

## **Ovarian masses**

DCE is useful for characterizing ovarian masses [236]. In this regard, Li et al. analyzed TIC and DCE semi-quantitative parameters of 102 complex ovarian lesions (71 malignant, 16 borderline, and 15 benign). The analysis revealed that type III TIC was significantly specific for malignant

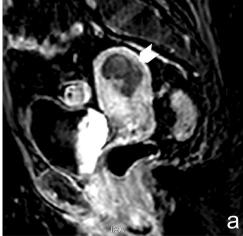
tumors. Maximum slope was significantly higher in malignant than in borderline and benign tumors and time of half rising (THR) was significantly different, in ascending order, in malignant, borderline and benign tumors [237]. Turkoglu S et al. analyzed 43 ovarian masses (20 benign and 23 malignant) and found that volume transfer constant (Ktrans) was lower in benign tumors than in malignant ones and rate constant (Kep) and iAUC were greater in malignant than in benign [21].

## **Endometrial and cervical cancer**

For staging endometrial cancer T2W images are usually sufficient in showing disruption of myometrium; however, in postmenopausal patients reduction of zonal differentiation may make more difficult to assess myometrial infiltration [7]. DCE in sagittal plane, in such cases, improves the detection of small tumors, given the earlier enhancement if compared to the normal endometrium, and the accuracy of the depth of myometrial invasion by increasing contrast resolution between cancer and myometrium on equilibrium phase [238–240] (Fig. 9). Moreover, DCE may solve the dilemma between cervical stromal invasion and tumor protrusion into the endocervix on T2W sequences [241] and is helpful for differentiating cancer grade. In fact, quantitative parameters (relative enhancement, maximum enhancement, and maximum relative enhancement) are significantly higher in G1 than in G2 and G3 tumors [242]. Concerning the staging of cervical carcinoma, DCE is deemed unnecessary, although it may improve confidence of inexperienced reader in detection of stromal and parametrial invasion [238].

DCE is effective for evaluating response to chemoradiotherapy in FIGO stage II–IV cervical cancers. In fact it has been demonstrated that high perfusion values before and during radiation therapy are indicative of high tumor oxygenation and therefore of better prognosis [243, 244]. Zhang

Fig. 9 A 61-year-old woman with an endometrial carcinoma infiltrating more than 50% of myometrium. Post-contrast sagittal T1W images (arrow in a), if compared to T2W (b), improves the contrast resolution between the cancer and myometrium







Z et al. performed pelvic DCE-MRI of 108 patients with advanced cervical carcinoma before treatment and found that Ktrans was higher in responders than in non-responders both in the center and in the periphery of tumor, whereas Kep was significantly higher in responders only in the periphery of lesion. The higher capability of perfusion parameters in the peripheral region to predict treatment response is explained by the fact that the center of tumor if frequently necrotic may not be representative of the overall tumor vascularization [245, 246]. On the contrary, persistent contrast uptake at completion of therapy may be indicative of residual disease; however in such case, DCE should be integrated with DWI for differential diagnosis with post-actinic inflammation [247–249]. DCE is useful for identifying local recurrence in cervical and endometrial cancers because conventional MRI is limited by treatment effects on normal pelvic anatomy. Pathological tissue shows usually an early enhancement peak followed by wash-out, allowing a confident diagnosis [249].

# Kidney and bladder

# **Renal perfusion assessment**

DCE-US, CT, and MRI of the kidney provide multiple functional parameters, such as renal perfusion and glomerular filtration rate [9]. DCE-US can assess the microcirculation using phospholipid-based microbubbles as intravenously injected contrast agent [2]. These bubbles, unlike the ionic agents used for CT and MR, are purely intravascular and are eliminated via the respiratory system [250]. DCE-US allows only semi-quantitative measurements of renal perfusion, analyzing the TIC (250, 251). The TIC obtained with non-diffusible agents has only a vascular peak followed by recirculation (Fig. 10) [9]. The great advantages of this technique are the low costs, the use of non-nephrotoxic contrast agents, and the absence of ionizing radiation.

DCE-US for monitoring tumor response to antiangiogenic treatment has been standardized by several authorities [2, 252]. DCE-CT and DCE-MRI allow both semi-quantitative and quantitative analyses and provide measurement of both

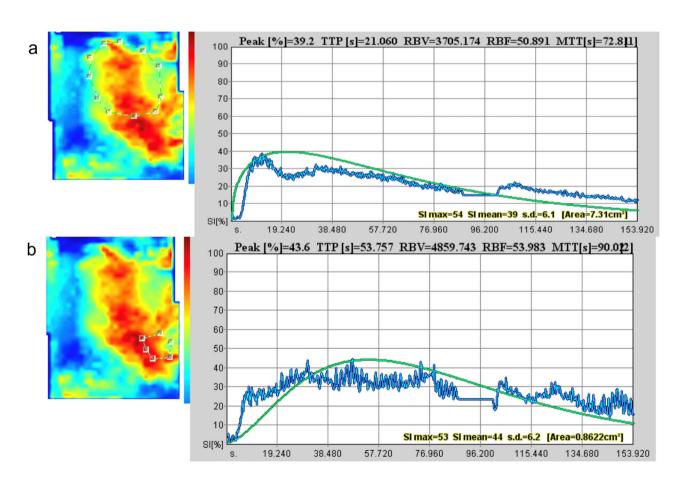


Fig. 10 A Typical signal—time curve obtained in a normal kidney after injection of non-diffusible microbubbles with a rapid wash-in phase followed by a slow wash-out phase. B Signal—time curve obtained in a malignant renal mass with slow wash-in and very slow wash-out



renal perfusion and filtration [9]. The normal TIC obtained with the diffusible contrast agents of CT and MRI has three phases: a vascular phase with an early peak, a glomerulartubular phase with a slow increase, and the final excretory phase characterized by a slow decay of signal intensity [253]. DCE-CT is poorly used because has several limitations: the nephrotoxicity of iodine agents, the risk of contrast agent-induced hyperthyroidism, and the radiation exposure [9, 254]. In addition, compared to DCE-MRI, temporal resolution is lower, so that quantitative data can be assessed less precisely [255]. DCE-MRI is based on dynamic acquisition during the transit of a low-molecular-weight gadolinium contrast agent through the renal cortex, medulla, and the collecting system [9, 253, 256]. The most used sequence is a fast 3D-spoiled GRE T1-weighted sequence, acquired in an oblique coronal plane through the long axis of the kidneys [253]. A temporal resolution of at least 4s and a total acquisition time of at least 4 min are necessary to measure both perfusion and filtration processes [255]. DCE-MRI of the kidney has many clinical applications [9]. DCE-MRI can be required to measure single-kidney glomerular filtration rate if renal asymmetry is associated with a reduced renal function, before renal surgery or biopsy [257]. Michaely et al. found that DCE-MRI allows to distinguish between highand low-grade renal artery stenosis [258]. Most studies have evaluated functional side of imaging in non-vascular renal disease identifying abnormal perfusion values if microvascular or macrovascular blood flow is impaired [253, 259]. DCE-MRI is useful in differential diagnosis between acute tubular necrosis and acute renal allograft rejection, where cortical and medullary perfusion parameters are reduced [260]. Functional imaging could help in the histological differentiation of renal masses [261–264]. Response to antiangiogenic therapy can be evaluated early by DCE-MRI. Several studies have demonstrated that in patients with metastatic renal cell cancer (mRCC) tumor blood flow and permeability decrease after targeted therapy [265]. Finally, high baseline permeability correlates with prolonged complication-free survival after targeted therapy in mRCC [254].

An increased application of DCE imaging has also been observed regarding evaluation of bladder cancer (BC). Several studies analyzed the accuracy of DCE-US in distinguishing T-staging and grading of BC. Drudi et al. identified three TIC shapes that may differentiate low- and high-grade BC with a sensitivity and specificity of 91.6% and 85.7%, respectively [261]. DCE-MRI of the bladder is based on dynamic acquisition of fat-suppressed 3D-T1W-spoiled GRE images after gadolinium injection with variable imaging planes [266, 267]. A temporal resolution of at least 10 s and a total acquisition time of at least 5 min are recommended.

Fig. 11 Focal alteration of the intermediate left PZ scored as a PI-RADS 4: A axial view of T2W showing a low signal alteration in the PZ (white arrow); B axial view of DCE on 3D T1W GRE image evidencing an early enhancement in correspondence of the alteration in the PZ (white arrow); C axial view of DWI (b 1500) showing a hyperintense alteration in the PZ (white arrow); D axial view of ADC map showing a hypointense alteration in the PZ (white arrow)

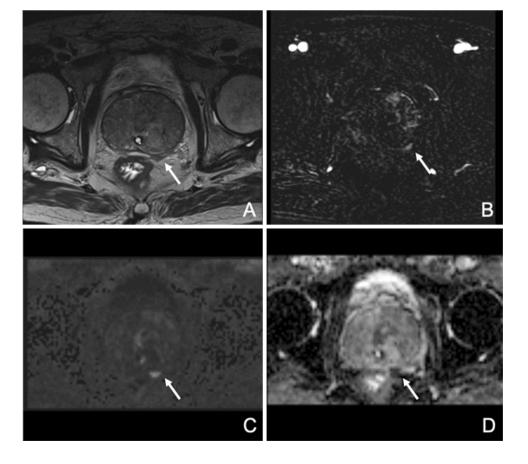
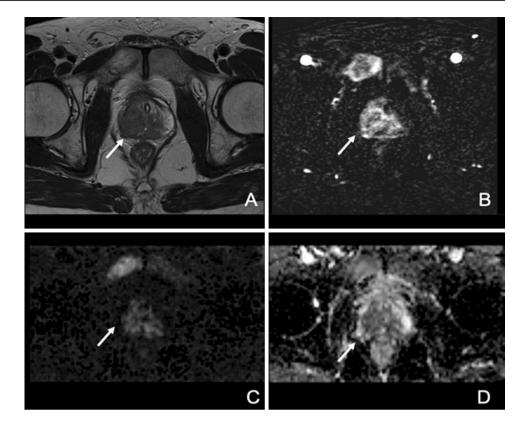




Fig. 12 Alteration of the intermediate right PZ and TZ scored as a PI-RADS 5: A axial view of T2W showing a low signal alteration in the PZ and TZ (white arrow); B axial view of DCE on 3D T1W GRE image evidencing an early enhancement in correspondence of the alteration in the PZ and TZ (white arrow): C axial view of DWI (b 1500) showing a hyperintense alteration in the PZ and TZ (white arrow); D axial view of ADC map showing a hypointense alteration in the PZ and TZ (white arrow)



BCs show an early enhancement, along with the bladder mucosa, and lamina propria, whereas the underlying detrusor muscle demonstrates a delayed enhancement [266]. In literature, the accuracy of DCE-MRI in BC staging varied widely ranging from 52 to 93% [18, 268]. Zhou et al. demonstrated that apparent diffusion coefficient value and DCE-derived tumor wash-out may be associated with higher-grade cancer [269].

#### **Prostate**

## **Prostate DCE and PI-RADS**

In latest years multiparametric MRI (mpMRI) has been more and more applied in the diagnosis, therapy, and treatment response of Prostate Cancer (PCa) [270–274]. The images are evaluated in accordance with the Prostate Imaging Reporting and Data System version 2.1 (PI-RADSv2.1) [275]. In PI-RADSv2.1 the use of DCE-MRI is recommended and the findings should be considered positive when there is a focal enhancement, earlier or contemporaneous with the enhancement of adjacent normal prostatic tissues, with a corresponding alteration on T2-weighted (T2W) and/or DWI sequences [275–277] (Figs. 11 and 12). PI-RADS v2.1 specifies that DCE-MRI can be performed with both two-dimensional and three-dimensional T1-weighted (T1W)

GRE acquisitions; however, it suggests a preferred use of the three-dimensional T1W GRE, for a better signal-to-noise ratio. It recommends also to use a temporal resolution of 15 s, in order to maintain a good quality of the image [278]. The most available method to evaluate DCE is the direct visual assessment of enhancement. Curve analysis or production of colorimetric maps is not supported in clinical use due to the lack of scientific evidence [275]. Although DCE-MRI has demonstrated to have high sensitivity and specificity in detecting PCa, its use in assessing the score of prostatic alterations is still limited [278, 279]. DCE-MRI becomes crucial, if positive, to categorize, as a PI-RADS 4, a suspicious finding in the peripheral zone with T2W and DWI scores of 3. On the other hand, it still does not have any use in scoring alterations of the transitional zone [275, 278, 280]. Literature has shown that DCE-MRI contributes in the detection of PCa in both peripheral zone and transitional zone, and is an important tool when other sequences are inadequate for artifacts. In the evaluation of DCE-MRI findings the radiologist must be aware of possible PCa mimics and should recognize them, such as central zone and anterior fibrovascular stroma, thickening of the surgical capsule, periprostatic venous plexus, post-biopsy hemorrhage, stromal benign prostatic hyperplasia nodules, prostatitis, post-inflammatory scars, calcifications, and atrophy [276, 280-283].



# Imaging monitoring and follow-up

DCE-MRI has a crucial role in detecting recurrent or residual diseases [8]. The localization of the residual or recurrent PCa varies depending on the treatment; the most common sites are the vesicourethral anastomosis and surgical margins. The disease is presented as a solid nodule, with an early enhancement, that corresponds to a low signal alteration on T2W [8, 281]. DCE-MRI is fundamental to differentiate recurrent PCa from physiological post-operative fibrosis, which appears as a low signal alteration on T2W but in DCE-MRI shows low or absent enhancement. After radiotherapy, the prostate reduces its dimensions and presents a diffuse decreased signal on T2W, due to the presence of fibrosis. The localization of residual disease is challenging on T2W, so DWI and DCE-MRI are necessary to detect it. Residual or recurrent PCa is normally located in the site of prior tumor, presenting itself as an early enhancing nodule on DCE-MRI [281, 284]. Latest studies have evidenced a potential role of DCE-MRI in the evaluation of blood flow distribution and kinetics of the enhancement, analyzing also possible associations with Gleason Score of the lesion [285, 286]. These data might become crucial in the pre-treatment evaluation with the eventual support of Artificial Intelligence [287]. However, no significant difference has been shown yet between different Gleason Scores; meanwhile, many studies outlined that cancer lesions present higher blood flow than healthy tissue [285, 288].

#### Bone and soft tissues

The clinical use of DCE-MRI in the muscoloskeletal system is focused on neoplastic, infective, and rheumatic disorders [289–294].

## **Technique**

The protocol consists of the administration of a bolus of gadolinium (0.1 mmol/kg) injected intravenously at a rate of 2 to 5 mL/second followed by a series of 15-s scans in succession, with a scan delay depending on the anatomical site (usually not exceeding 20 s) [295]. The last scan is carried out at 2 to 7 minutes depending on the protocol. DCE-MRI can provide qualitative and quantitative evaluation. A qualitative analysis consists of comparing lesion enhancement with arterial enhancement and with the neighboring tissues enhancement. However, this evaluation is too subjective to establish diagnostic criteria. Nevertheless, a qualitative approach can be useful in the evaluation of tumor

margins and can better differentiate between solid and fluid-containing lesions [294].

# **Clinical applications**

Solid neoplasms show diffuse enhancement while fluid-containing masses present smooth and non-significant enhancement at the margins. The semi-quantitative approach provides three regions of interest of identical dimensions at the site of the enhanced marked tumor, the healthy muscle, and the artery. The post-processing elaboration of TICs indicates the time from bolus arrival to the tumor site, the maximum enhancement, and the enhancement slope, allowing the classification of lesion in five different types [296]:

- Type 1: absence of enhancement (lipoma or hematoma).
- Type 2: weak and progressive enhancement (benign tumors).
- Type 3: early enhancement followed by a plateau (non-specific for a benign lesion, desmoid tumors, abscesses, and malignancy show also that type of enhancement).
- Type 4: rapid enhancement followed by a rapid washout phase (tumors with conspicuous vascular stroma and small interstitial compartment as malignant histiocytofibroma or synovial cell sarcoma, benign tumors as giant cell tumor, and osteoid osteoma).
- Type 5: rapid and vivid enhancement followed by slow and gradual enhancement (tumors with myxoid matrix and tumors after radiotherapy or chemotherapy).

Dynamic enhancement is also useful in monitoring therapeutic response. A qualitative evaluation of MRI images allows the recognition of perfused viable areas in tumor tissue within the treated anatomical site. If more than 10% of viable tumor tissue is present, a poor response to treatment is suspected [297]. From a quantitative point-of-view, at least 60% decrease in the TIC slope value indicates good response to treatment [298]. However, it is preferable to combine this with DWI, which provides complementary information in tumor evaluation [299, 300]. Another application of DCE is in suspected infectious pathologies, such as spondylodiscitis with inhomogeneous enhancement patterns at the level of disk and endplates. In cases of bone or soft tissues abscesses, DCE shows fluid collection surrounded by an irregular rim of enhancement [301]. In rheumatic diseases, such as rheumatoid arthritis, DCE-MRI is able to detect joint and tendon inflammatory processes histologically reflecting synovitis. Moreover, DCE-MRI is also able to give significant information regarding differential diagnosis between rheumatoid arthritis and psoriatic arthritis. In this setting, Schwenyer et al reported



in their study population (31 patients with rheumatoid arthritis and 14 patients with psoriatic arthritis) a statistically significant difference between the degree of synovial enhancement at fifteen minutes after contrast injection in rheumatoid arthritis and psoriatic arthritis [17]. For these reasons, the use of dynamic MRI in patients in the clinical setting of rheumatic diseases is strongly supported [6].

#### **Conclusions**

DCE imaging is widely used in whole-body imaging. In several body districts it is part of the standard MRI protocols, in others the added value has been shown for the differential diagnosis of different pathologies and a detailed characterization. The qualitative and quantitative data obtained from the dynamic contrast analysis provide essential biological tissue information, representing an important biomarker for the diagnosis and prognosis of several disorders.

**Author contributions** DA and FB had the idea for the article. All the authors critically revised the manuscript, commented on drafts of the manuscript, and approved the final manuscript.

## **Declarations**

Conflict of interest The authors declare that they have no conflict of interest.

**Ethical statement** This article does not contain any studies with human participants or animals performed by any of the authors.

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