









이름: 다짐이 LHOI: 3살 특징 : 헬창

최고기록: 햄버거최대10개

안녕하세요. 저는 여러분이 운동 목표 달성을 할 수 있도록 동기부여를 해주는 다짐이에요!

OKAY



MYPAGE



Just start with one exercise, and I promise you'll feel more energized and motivated to continue.

OKAY

00:00:00



MYPAGE



00:10:03



MYPAGE



You got this! Don't give up, keep pushing yourself to reach your goals and remember why you started in the first place!

OKAY

00:30:02







01:00:01







00:00:00







01:00:13

DZM

How was your workout today?

