



## Products



### ONLY OATS Certified Gluten-Free OAT FLOUR

Get the best out of life, which is exactly what we did with our Only Oats Certified Gluten-Free Oat Flour made by milling our whole grain steel cut oats and oat flakes. Only Oats Certified Gluten-Free Oat Flour bakes up like a charm and is a hearty alternative to whole-wheat flour.



**Ingredients:** Certified Gluten-Free Oats

**Shelf Life:** 18 months from date of manufacture

#### Product Features:

- Free of major allergens
- Free of genetically modified ingredients
- Produced in a gluten-free, oat dedicated facility
- Produced in milling facility with a Food Safety System Certification (FSSC) 22000
- Produced through the Avena Purity Protocol
  - Tests below 5ppm of gluten at 98% of the time.
  - Surpasses Gluten-Free Certification Organization (GFCO) standard of 10ppm or less of gluten and Health Canada's Gluten-Free labelling guideline of not more than 20ppm of gluten

#### Other Features:

- No sugar added
- Cholesterol and trans fat free
- Low in saturated fat
- High source of fiber
- Excellent source of iron
- All natural ingredients
- No additives or preservatives

#### Certifications:



Nutrition Facts Valeur nutritive	
Per 1 serving (40 g) / pour 1 serving (40 g)	
Amount Teneur	% Daily Value % valeur quotidienne
Calories / Calories	150
Fat / Lipides	2.5 g 4 %
Saturated / saturés	0.5 g 2 %
+ Trans / trans	0 g
Polyunsaturated / Polyinsaturés	1 g
Omega-6 / oméga-6	1 g
Omega-3 / oméga-3	0 g
Monounsaturated / Monoinsaturés	1 g
Cholesterol / Cholestérol	0 mg
Sodium / Sodium	20 mg 1 %
Carbohydrate / Glucides	29 g 10 %
Fibre / Fibres	4 g 16 %
Sugars / Sucres	0 g
Protein / Protéines	4 g
Vitamin A / Vitamine A	0 %
Vitamin C / Vitamine C	0 %
Calcium / Calcium	2 %
Iron / Fer	8 %

#### Packaging Details:

Retail Pack Size	1 Kg	Case Dimension	
UPC Code	663780100041	Weight: 6 Kg	Dimensions (cm): 28 x 23 x 10
Master Case Count	1	Pallet Configuration	
Master Case UPC	10663780100048	Ti: 13	Hi: 8
Inner Pack Count	6		