



Products



ONLY OATS Gluten-Free CINNAMON SPICE MUFFIN MIX

No one can resist the aroma of freshly baked muffins. This muffin mix has the goodness of Only Oats Certified Gluten-Free Oat Flakes and Oat Flour flavored with just the right amount of spices. Go ahead and add your own flair with a handful of raisins, nuts or chopped fruit. You'll agree, nutritious never tasted so great!

Ingredients: Certified Gluten-Free Oats, Sugar, Cinnamon, Baking Powder, Salt, Baking Soda, Xanthan Gum, Cloves

Shelf Life: 18 months from date of manufacture

Product Features:

- Produced in a gluten-free, oat dedicated facility
- Produced in milling facility with a Food Safety System Certification (FSSC) 22000
- Produced through the Avena Purity Protocol
 - Tests below 5ppm of gluten at 98% of the time.
 - Surpasses Gluten-Free Certification Organization (GFCO) standard of 10ppm or less of gluten and Health Canada's Gluten-Free labelling guideline of not more than 20ppm of gluten

Other Features:

- Free of major allergens
- Cholesterol and trans fat free
- Low in saturated fat
- High source of fiber
- Excellent source of iron
- All natural ingredients
- No additives or preservatives



Nutrition Facts		Valeur Nutritive	
Per 1/4 cup (40 g)		Dry Mix	
Par 1/4 tasse (40 g)		Mélange sec	
Amount		% Daily Value	
Teneur		% valeur quotidienne	
Calories / Calories		160	
Fat / Lipides	2 g		3 %
Saturated / saturés	0.4 g		2 %
+ Trans / trans 0 g			
Cholesterol / Cholestérol		0 mg	
Sodium / Sodium	300 mg		13 %
Carbohydrate / Glucides	32 g		11 %
Fibre / Fibres	3 g		12 %
Sugars / Sucres		16 g	
Protein / Protéines		3 g	
Vitamin A / Vitamine A			0 %
Vitamin C / Vitamine C			0 %
Calcium / Calcium			4 %
Iron / Fer			10 %

Certifications:



Packaging Details:

Retail Pack Size	1 Kg	Case Dimension	
UPC Code	663780100065	Weight: 6 Kg	Dimensions (cm): 28 x 23 x 10
Master Case Count	1	Pallet Configuration	
Master Case UPC	10663780100062	Ti: 13	Hi: 8
Inner Pack Count	6		

