

[REDACTED]

January 2, 1967

Russian Supper Recipe

Traditional supper of the poor  
in Russia around 1920.

Peel the potatoes,  
Boil them in a pot  
Mash them with some onion.  
Served to everyone with a piece of bread for each.  
Also have tea with 2 bits of sugar.

[REDACTED] described the above as the supper that  
the very poor would have. If rich, she said, you  
could have all the sugar you wanted. It was very  
expensive. Milk too, was \$1, or 1 ruple per bottle.  
She didn't give size, and she didn't seem to indicate  
amounts in the recipes she gave.

[REDACTED]