

FAST

ISLAMIC & RELIGIOUS STUDIES

LECTURE NO 7

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THE CONCEPT OF WORSHIP IN ISLAM

‘EBAADAH

DEVOTIONAL RELATIONS

Meaning of Worship 'Ebaadah

- The Arabic word 'Ebadah عبادة has connotations of **obedience, submission, and modesty**
- In Islam, Ebadah is the ultimate obedience, the ultimate submission to Allah
- Ibadah cannot be forced upon another person



Literal Meaning of 'Ebaadah

- The basic concept implied by the root word, 'abd, is that of acknowledging someone other than oneself
- Holding supremacy or enjoying over lordship
- Surrendering oneself totally to one's authority
- Islamic concept of 'Ebadah is beautiful mix of all definitions of 'Ebadah



What is the Purpose of Creation?

Why did Allah create us?

To enjoy our lives?

To create something

Or just for the sake of procreation?



Purpose of Creation

وَمَا خَلَقْتُ الْجِنَّ وَالإِنْسَ إِلَّا لِيَعْبُدُونِ

I created the Jinn and humankind "only"
to worship Me.



Types of 'Ebadah in Islam



Bodily



Wealthily



Composite



Classification of 'Ebadaat

- Primary
 - Five basic 'Ebadaat
- Secondary
 - Charity
 - Nawafil
 - Slaughtering
- Social
 - Eid
 - Funeral
 - Trusts
 - Hosting
- Political
 - Tax Payments
 - Obedience of Rulers



Special Features of `Ebaadah

- No asceticism and isolation from life
- All places are worship places
- No orient priests/leadership required for Ibadah
- No worship is against the dignity of man
- Freedom from intermediators' – Direct link with the Almighty
- No person has authority to accept and reject
- Whole life is made ibadah
- The essence of Ibadat is “Intension”



Whatever is done to perform the `Ebadah, becomes `Ebaadah

- Walking towards Masjid to Offer Salat
- Waiting for the prayer
- Ablution
- Traveling to perform Hajj or Umrah
- Eating “Suhoor” to observe Fast
- Sleeping to awake at Fajr



Spiritual, Moral and Social Impacts

- Faith or belief in the Oneness of God
- Fulfillment of basic purpose of life
- Nourishment of Self (Nafs)
- Hatred for evil
- Cause the mercy of Allah
- Self purification
- Sense of Responsibility
- Realization of others' pain



Spiritual, Moral and Social Impacts

- Foundation of healthy society
- Spirit of mutual help
- Implementation of moral principles of Shariah
- Spirit of Brotherhood
- Equality
- Development of values
- Strength of social relations
- Social development



‘Ebadaat has 6 Primary Domains

- A. Purity & Cleanliness (Tahara)- Seeing the divine manifestation in all things
- B. Prayers (Salat)- Submission of body and mind
- C. Giving (Zakat) – Interconnectedness and common makeup as needful beings
- D. Fasting (Siyam) – Restraint of our desires to consume
- E. Pilgrimages (Hajj & Umrah) – Need to escape the world
- F. Marriage (Nikah) – Family formation as central to journeying to God



PRAYER

الصلوة عباد الدين

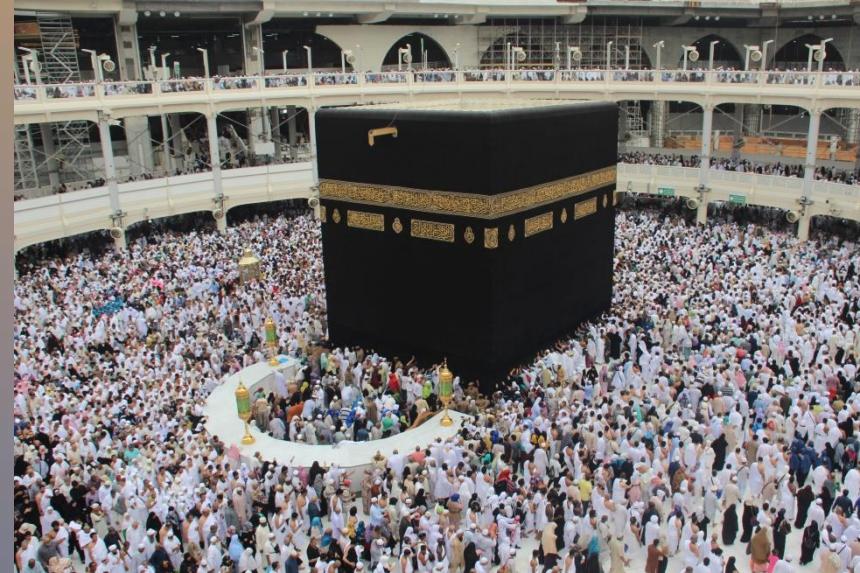
Prayer / Salaat

- Salaat literally means Dua
- It's a religious service, especially a regular one; at which people gather in order to pray together.
- It is a prescribed liturgy performed five times a day (preferably in a mosque) and oriented towards Mecca.



What did Allah say about prayer?

The Salat is made obligatory for the believers, to be offered at fixed times. (Al Qur`an 4:103)



What did Prophet say about it?

عَنْ جَابِرٍ قَالَ : قَالَ رَسُولُ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ : « بَيْنَ الْعَبْدِ وَبَيْنَ الْكُفَّارِ تَرَكَ الصَّلَاةُ » (رواه مسلم)

The difference between Islam & Kufr is Prayer.



Five Daily Prayers

➤Fajr (The Morning Prayer)

➤Zuhr (The Noon Prayer)

➤Asr (The late afternoon Prayer)

➤Maghrib (The Evening Prayer)

➤Isha (The night Prayer)



Prime Categories of Prayer

- Fard
- Wajib
- Sunnah
 - Mu`akkadah
 - Ghair Mu`akkadah
- Nafil



Prayer Chart

Name of Prayer	Before Fard	Fard	After Fard			
			Sunnah (rakahs)	Fard (rakahs)	Sunnah (rakahs)	Nafl (rakahs)
Fajr	2	2				
Zuhr	4	4	2	2		
Asr	4	4				
Maghrib	-	3	2	2		
Isha	4	4	2	2	3	2
Jumuah	4	2	4+2	2		



Individual & Social Effects of Prayers

- Self Purification
- Regularity and Punctuality
- Peace and Stability
- Planning and Time management
- Gives hope and confidence
- Universal Brotherhood
- Health Benefits
- Inculcates Leadership Qualities
- Common Place to meet
- Mutual Understanding
- A unifying Force





FIQH UL SALAAT

Condition of Salaat

A condition is something that is required before the commencement of prayer in order to be valid.

1. Islam
2. Sanity
3. Puberty
4. Lack of ritual impurity
5. Removal of filth
6. Covering the awrah
7. Time
8. Qibla
9. Intention



Elements of Salah (Arkaan)

The elements demanded in Salah to be valid are known as Arkaan of Salah. There are six commanded acts in salah.

1. Saying Takbir e Tahrima
2. Qiyam (Standing)
3. Qiraat (Recitation)
4. Ruku (Making a bow)
5. Sajdah (falling prostrate)
6. Qa`dah (Sitting sufficiently long to enable one to say Tashhaud.



Invalidators of Prayers

- Speech
- Broken Purity
- Uncovered Awrah
- Excess Movement



Prayer Arrangement



Non Daily Prayers

- Prayer in a state of fear
- Eclipse Prayers
- Prayer for Rain
- Eid Prayers
- Funeral Prayers
- Friday Prayer



FASTING

AL STYAAAM

Meaning

“to refrain from eating and drinking and other desires from dawn to sunset”



Fasting in Ramadhan

يَأَيُّهَا الَّذِينَ آمَنُوا كُتِبَ عَلَيْكُمُ الصِّيَامُ كَمَا كُتِبَ عَلَى الَّذِينَ مِنْ قَبْلِكُمْ لَعَلَّكُمْ تَتَّقَوْنَ

O you who believe, the fasts have been enjoined upon you as they were enjoined upon those before you, so that you may be God-fearing

إِيَّاكُمْ مَعْدُودُ ذِي فَمَنْ كَانَ مِنْكُمْ مَرِيضًا أَوْ عَلَى سَفَرٍ فَعِدَّةٌ مِنْ أَيَّامٍ أُخْرَى وَعَلَى الَّذِينَ يُطِيقُونَهُ فِدْيَةٌ طَعَامٌ مِسْكِينٌ

for days few in number. However, should any one of you be sick or on a journey, then (he should fast) a number of other days (equal to the missed ones) ; and those who don't have the strength, on them there is a fidyah (compensation) , that is, the feeding of a poor person.



وَأَنْ تَصُومُوا خَيْرٌ لَّكُمْ إِنْ كُنْتُمْ تَعْلَمُونَ

Then whoever does good voluntarily, that is better for him. However, that you fast is better for you, if you only knew

شَهْرُ رَمَضَانَ الَّذِي أُنْزِلَ فِيهِ الْقُرْآنُ هُدًى لِلنَّاسِ وَبَيِّنَاتٍ مِّنَ الْهُدْيٍ وَالْفُرْقَانِ

The month of Ramadan is the one in which the Qur'an was revealed as guidance for mankind, and as clear signs that show the right way and distinguish between right and wrong.

فَمَنْ شَهِدَ مِنْكُمُ الشَّهْرَ فَلْيَصُمِّهُ

So those of you who witness the month must fast in it



وَمَنْ كَانَ مَرِيضًا أَوْ عَلَى سَفَرٍ فَعِدَّهُ مِنْ آيَاتِهِ أُخْرَى

But the one who is sick, or is on a journey (should fast) as much from other days
(as he missed) .

يُرِيدُ اللَّهُ بِكُمُ الْيُسْرَ وَلَا يُرِيدُ بِكُمُ الْعُسْرَ

Allah intends (to provide) ease for you and does not intend (to create) hardship for
you.

وَلِتُكُمُلُوا الْعِدَّةَ وَلِشْكِرُوا اللَّهُ عَلَى مَا هَذِكُمْ وَلَعَلَّكُمْ تَشْكُرُونَ ◆

All this is so that you may complete the number (of fasts as prescribed) and
proclaim the Takbir of Allah for having guided you, and (so) that you may be
grateful.



Fiqh ul Siyaam

➤ Requirements for the Fast

- ❖ Intention & Puberty

➤ What invalidates the Fast

- ❖ Intentional eating, drinking and other prohibited activities

➤ Exemptions from fasting

- ❖ Anyone who is a minor, insane, sick, traveling or elderly/too frail to endure the fast

➤ Expiation for breaking the fast

- ❖ Make up the day
- ❖ Offer expiation (*Kaffarah*) free a slave, fast 60 days continuously, or feed 60 people

