OPUS – Lower Extremity Functional Status

The Orthotics and Prosthetics User's Survey (OPUS) is a subjective patient questionnaire that consists of five sections and is used to assess multiple facets of life for prosthesis or orthosis users. The Lower Extremity Functional Status portion is used to assess a prosthesis or orthosis user's lower extremity functional capacity in acts of daily living.

How easy, or difficult, is it for you to:		Very easy	Easy	Slightly difficult	Very difficult	Cannot do this activity	Do you typic an orthotic of prosthetic d perform this	or evice to
		4	3	2	1	0	No	Yes
1.	Get into and out of the tub or shower							
2.	Dress your lower body							
3.	Get on and off the toilet							
4.	Get up from the floor							
5.	Balance while standing							
6.	Stand for one-half hour							
7.	Pick up an object from floor while standing							
8.	Get up from a chair							
9.	Get into and out of a car							
10.	Walk around indoors							

11.	Walk outside on uneven ground							
12.	Walk in bad weather (e.g., rain, snow, wind)							
13.	Walk up to two hours							
14.	Walk up a steep ramp							
15.	Get on and off an escalator							
16.	Climb one flight of stairs with a rail							
17.	Climb one flight of stairs without a rail							
18.	Run one block							
19.	Carry a plate of food while walking							
20.	Put on and take off orthosis or prosthesis							
		 	 Total Score:					
		 						

Interpretation

The score is represented on a 0-100 scale where 100 represents the most function and 0 represents the least function.

Minimal Detectable Change (MDC)

Upper and Lower Extremity Prosthesis, Lower Extremity Orthosis, Orthopedic Shoes: MDC = 12.1.

Unilateral Lower Limb Amputation: MDC = 10.3.

These are published values for specific populations and provide guidance if the patient does not have the listed condition.

Selected References

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- 3. Heinemann AW, Bode RK, O'Reilly C. Development and measurement properties of the Orthotics and Prosthetics Users' Survey (OPUS): a comprehensive set of clinical outcome instruments. *Prosthet Orthot Int.* 2003;27(3):191-206. doi:10.1080/03093640308726682
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