

LGBTQ Student Resource Guide For the Midlands of South Carolina

Harriet Hancock LGBT Center

South Carolina Pride Movement



This resource guide was produced in response to a significant number of calls to the Center and to PFLAG from guidance counselors and teachers needing information, in particular a listing of counselors who are experienced in providing services for the LGBTQ Community.

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This guide has been compiled by the Harriet Hancock LGBT Center, the South Carolina Pride Movement, and Youth Out Loud. The goal of the *LGBTQ Student Resource Guide* is to provide individuals who are in contact with youth in the Midlands with resources to assist youth who may identify as LGBTQ and who are in need of information or resources.

This guide is divided into six sections:

About Us: Provides information about The Harriet Hancock Center and the South Carolina Pride Movement.

Terminology: Lists some of the commonly used, and misused, terms to describe the LGBTQ Community.

Community Organizations: Lists organizations in the Midlands that offer support, services, and resources to individuals who identify as LGBTQ.

Affirming Religious Congregations: Lists religious congregations in the Midlands which accept and affirm LGBTQ individuals and provide spiritual resources. During the coming out process, the internal debate between self and religious beliefs may be stressful. These organizations and institutions assist in alleviating some of this anguish.

Counseling Services: While not all individuals who identify as LGBTQ will be in need of counseling services, we have included this section in order to provide a list of possible counselors who accept LGBTQ clients as they are, and in accordance with generally accepted standards of professional and human treatment, do not take part in reparative therapy (i.e., attempting to “cure” homosexuality).

Futher Readings/Additional Resources: Provides further readings and information for youth, parents, educators, and the general community.

About Us



The Harriet Hancock LGBT Center

The Harriet Hancock LGBT Center serves the Lesbian, Gay, Bisexual, and Transgender communities of South Carolina. It acts as a hub of resources for LGBT South Carolinians. The Center is a safe haven for our community and youth with support and social activities.

The Center is located at 1108 Woodrow Street in Columbia. Stop in during open hours or call the Center for information: (803) 771-7713.

info@LGBTCenterSC.org



The South Carolina Pride Movement

The South Carolina Pride Movement is a statewide organization dedicated to celebrating, advocating, educating, and supporting the Lesbian, Gay, Bisexual, and Transgender communities of South Carolina.



Harriet Hancock LGBT Center (Above)



Youth OutLoud

Youth Outloud is a support group which offers a welcoming and safe environment for youth, ages 15 to 19, where they have the opportunity to socialize and participate in healthy, fun activities and connect with other youth. Trained facilitators supervised by a licensed counselor interact with youth in an affirming and supportive environment. The main purpose of the group is to help GLBT youth overcome feelings of isolation and fear of discrimination and to promote building self esteem.

Contact : Hollis Moore, 803-445-3114.

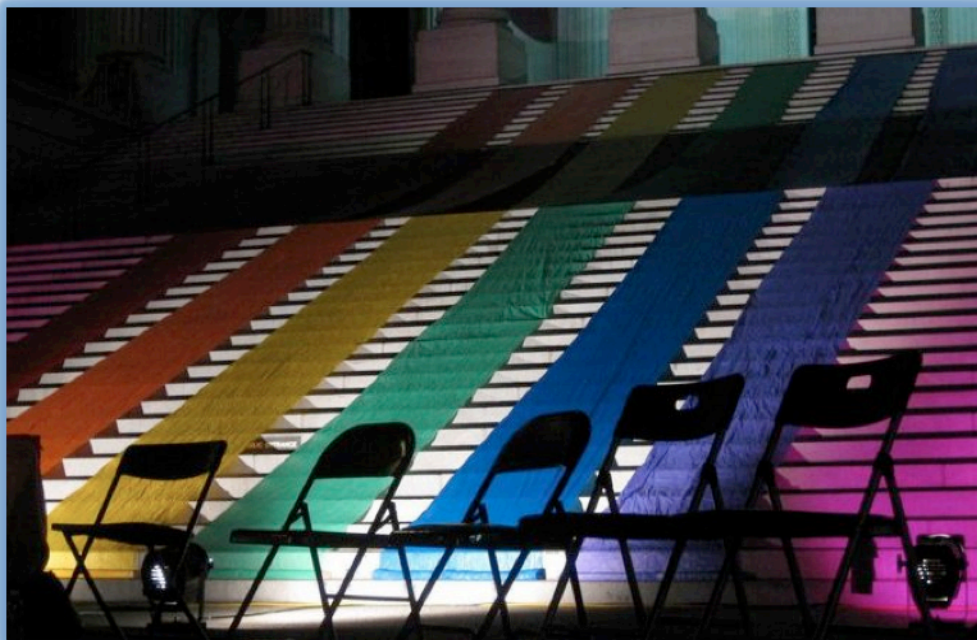
Outloud@LGBTCenterSC.org

YOUTH OUTLOUD



"COLUMBIA'S FAVORITE YOUTH GROUP"

<http://youthoutloudsc.org/>



"It Gets Better" Vigil, October 20, 2010 at the State House, Columbia, SC

Terminology

Androgynous: *This describes a person who chooses to live on the borderline between male and female, instead of living full-time in a culturally-accepted gender role.*

Bisexual: *An individual attracted to members of both sexes.*

Closeted (in the closet): *Refers to a person who hides his or her sexual orientation out of fear of persecution or negative consequences.*

Coming Out: *Short for coming out of the closet. Announcing by word or public action one's previously hidden sexual orientation. Can be a long process or accomplished in degrees or stages.*

Cross-Dressing: *Wearing clothing often associated with members of the opposite sex.*

Effeminate: *Term used pejoratively to describe a gay male using typically-female affections.*

FtM: *female to male direction of transition. (See transsexual and transition.)*

Gay: *Acceptable and preferable in all references as a synonym for homosexual. Generally refers to a male but some homosexual women also prefer the term gay.*

Gay Rights: *The term used to describe the civil rights movement of gays who strive to attain the same legal and civil rights as the majority community.*

Gay Relationships: *Gay, lesbian, and bisexual individuals use a variety of terms to describe their relationships including girlfriend (lesbian relationships), boyfriend (gay relationships), and partner (both).*

Gender: *Pertains to one's psychological identity as male, female, or some other variation.*

Gender Dysphoria: *Commonly mentioned simply as dysphoria, this is persistent feeling that one's body does not match their personal gender identity.*

LGBTQ: *Acronym often used to refer to gay, lesbian, bisexual, transgendered, and questioning, now sometimes queer, individuals as one group. At times LGBTQQ is also used to include both questioning and queer individuals.*

Homophobia: *Fear, hatred and dislike of homosexuality and persons of homosexual orientation.*

Homosexual: *Of or relating to sexual and affectional attraction to a member of the same sex (adj.). A person who is attracted to members of the same sex (n.). Appropriate in medical or sexual contexts; in all other instances gay is preferred.*

Lesbian: *(n. and adj.) Preferred term for female homosexuals.*

Lifestyle: *An inaccurate term sometimes used to describe gay, lesbian, and bisexual individuals. This term should be avoided. There is no gay lifestyle just as there is no straight lifestyle. The term misleadingly suggest that homosexuality is a choice.*

MtF: *Male to female direction of transition. (See transsexual and transition.)*

Openly gay/lesbian: *Used to refer to individuals who are openly gay or lesbian in their daily life.*

Outing: *Publically revealing the sexual orientation of an individual who has chosen to keep her/his orientation a secret.*

Passing: *Being taken as one preferred gender or sexual orientation*

Pink Triangle: *The symbol homosexual men were required to wear in Nazi concentration camps. (Lesbians were classified in various groups. Some were made to wear black triangles.) Starting in the late 1970's, the downward-pointing, equilateral, pink triangle was adopted as a symbol of gay pride.*

Pride: *The celebration of the gay/lesbian community and culture.*

Pride (day/march): *Short for gay, lesbian, bisexual, transgender pride, the term is commonly used to indicate the celebrations commemorating the Stonewall Riots.*

Queen: *A derogatory term used to describe an effeminate gay male.*

Queer: *Describes a broad range of sexual diversities, identities, and expressions. It enables exploration of the many different ways that people enact sex and gender and form bonds.*

Rainbow Flag: *A flag of six equal horizontal stripes (red, orange, yellow, green, blue, and lavender) adopted to signify diversity of the GLBT communities.*

Reparative Therapy (also known as ex-gay): *A type of therapy once popular in which individuals were subjected to various emotional, psychological, and physical abuses in order to "cure" them of homosexuality. It has long been disproven and is not recognized as an appropriate method of treatment by any of the profesional schools of medicine or mental health.*

Sexual Orientation: *Innate sexual attraction. In all instances, use this term instead of sexual preference or lifestyle or other misleading terminology.*

Sexual Preference: *Avoid using this term. It implies one chooses one's sexual orientaton*

Stonewall: *The Stonewall Tavern in New York's Greenwich Village was the site of several nights of protest following a police raid on June 28, 1969. The gays and lesbians in the bar felt that they were being harassed by the police and several arrests had been made. The community believed that these arrests were directly linked to homophobia within NYPD. Although not the nation's first gay-rights demonstration, Stonewall is now commonly regarded as the birth of the modern gay-rights movement.*

Straight: *A heterosexual; a non-homosexual person. Also adj.*

Sex: *This pertains to a person's bodily physically being male or female. Individuals who are intersex are born with some or all sex characteristics of both sexes.*

Transgender: *This is a blanket term for any person who internal gender differs from the physiological sex or someone who chooses to challenge accepted gender norms. Intersex people may or may not identify as transgender. Transgender people may be either gay, straight, or something not easily defined as either of the two.*

Transition: *This is the process of changing gender role, and also the time period when the change occurs. The time period starts, more or less, with the decision to change how they present their gender in society, and ends when they feel comfortable with their social roles and body. The term is also used in the sense of an event, usually when a person begins working in their new gender role.*

Transsexual: *This is a person who wants to change his or her physiological sex, and live permanently in a new gender role. Not all transsexuals wish to undergo surgery. The use of other terms such as tranny, and transvestite are considered highly offensive by many.*

Transvestite: *Are typically individuals who cross-dress for sexual stimulation. This is an emotionally loaded term, and should be avoided unless a person says they wish to be referred to as a transvestite.*

Community Organizations

BGLSA (Bisexual, Gay, Lesbian, Straight Alliance)

The University of South Carolina

BGLSA is a social network for the Gay, Lesbian, Bisexual, Transgender, and Questioning Communities at the University of South Carolina. The meetings are anonymous and conducted in forum style. The group discusses a range of issues and also sponsors educational programs throughout the year.

Columbia Trans Support

E-Mail At: ColaTGSupport@gmail.com

Provides support for transgendered individuals within Columbia, South Carolina.

Harriet Hancock LGBT Center

1108 Woodrow Street

803-771-7712

<http://www.LGBTCenterSC.org>

The Columbia, South Carolina community center that provides resources and information LGBT community of South Carolina. Select operating hours, check website for details.



Openings

<http://www.openingssc.org/>

A supportive and welcoming network of gay, lesbian, bisexual, and transgender persons and straight allies coming from diverse spiritual traditions to open hearts, minds, and doors. The group holds monthly meetings at different affirming congregations one Tuesday each month. Check website for meeting times, location, and other information.

Parents, Family and Friends of Gays and Lesbians, Columbia Chapter

E-mail at: pridemomsc@aol.com

Phone: 803-781-0515

PFLAG is national organization that promotes the health and well being of lesbian, gay , bisexual, and transgender persons, their families and friends through support, education, and advocacy, and that works to end discrimination and secure full civil rights human rights for the LGBTQ community.

Sean's Last Wish

1-888-224-9832

<http://www.seanslastwish.org>

Sean's Last Wish is a 501c(3) tax exempt organization which educates the public on bullying, discrimination hatred, violence and religious bigotry, which often leads to emotional trauma, assaults, suicide, and even murder. The group also provides education on working within the legal system to pass laws that would afford all people equal protection under the law. Sean's Last Wish has established a Southern Gay Student Association Network, which includes high schools, colleges and universities.

South Carolina Equality

803-256-6500

<http://www.scequality.org>

SC Equality is the state's LGBT education and political advocacy organization. Their mission is to secure equal human and civil rights for all lesbian, gay, bisexual and transgender South Carolinians and their families. SC Equality is the home of the SC GSA Network, an education, support and resource for South Carolina high school students who want to start or want support for their high school gay-straight alliance

TransCarolina

<http://www.transcarolina.org/>

Provides information, support, and networking opportunities for transgender Individuals.

YOUTH OUTLOUD



"COLUMBIA'S FAVORITE YOUTH GROUP"

**WE CREATE A SAFE AND CONFIDENTIAL
ENVIRONMENT FOR GLBTQ YOUTH
BETWEEN THE AGES OF 15-19 YEARS OLD
IN THE SURROUNDING MIDLANDS AREA**

**FOR MEETING TIMES & LOCATION,
CHECK OUT OUR WEBSITE:**

WWW.YOUTHOUTLOUDSC.ORG



**A PROJECT OF THE
HARRIET HANCOCK LGBT CENTER**

**FUNDED BY A GRANT FROM
THE FREEMAN FOUNDATION**

Trevor Project

www.thetrevorproject.org

866-488-7386

Suicide Prevention Hotline For LGBTQ Persons

Undefined Gender

Harriet Hancock LGBT Center

(803) 771-7713

<http://www.LGBTCenterSC.org>

A transgender support group located in Columbia, SC, which serves the surrounding community by providing advocacy, education, and social interaction.

Youth OutLoud

Harriet Hancock LGBT Center

(803) 771-7713

<http://www.YouthOutloudsc.org>

Support group for individuals between the ages of 15 to 19 only.

Closed door, anonymous meetings.

Affirming Religious Congregations

Community Church of The Midlands

PO Box 6946, Columbia, SC 29260
803-331-9999

St. David's Episcopal Church

605 Polo Road, Columbia, SC 29233
803-736-0866
<http://www.stdavidscolumbia.org/>

Ebenezer Lutheran Church

1301 Richland Street, Columbia, SC 29201
803-765-9430
<http://www.ebenezerlutheran.org/>

Emmanuel Baptist Fellowship

4766 Sunset Boulevard, Lexington, SC 29072
Email at: Info@EmmanuelBaptistFellowship.org
<http://www.emmanuelbaptistfellowship.org/index.asp>

ENCOUNTER Bible Study

www.kingdomoutreachfellowship.org
For more information, contact Tiffany Adams:
encounter@kingdomoutreachfellowship.org

Garden of Grace United Church

Andy Sidden, Pastor
1020 Atlas Road, Columbia, SC 29208
803-695-9644
<http://www.gogucc.com/>

The Grace Sunday School Class

Washington Street United Methodist Church
1401 Washington Street, Columbia, SC 29201
<http://www.thegraceclass.org/>

Jubilee! Circle United Church of Christ

Candace Chellew-Hodge, Pastor
Meets at 2730 Millwood Avenue, Columbia, SC 29205
803-491-5116
Meetings 11 A.M. Sunday
<http://www.jubileecircleucc.com/>

Methodist Student Network (Wesley Foundation)

Rev. Tom Wall
803-799-7363

Presbyterian Student Association (PCUSA)

Rev. John Cook
803-799-0210
jcook@shandonpres.org

St. Martin's in-the-Fields Episcopal Church

5220 Clemson Avenue, Columbia, SC 29206
803-787-0392
<http://www.stmartinsinthefields.com/>

St. Luke's Episcopal Church

1300 Pine Street, Columbia, SC 29204
803-254-2327
<http://www.stlukescolumbia.org/>

Reformation Lutheran Church

1118 Union Street at River Drive, Columbia, SC 29201
803-252-1507
<http://www.reformationlutherancolumbiasc.com>

St. Timothy's Episcopal Church

900 Calhoun Street, Columbia, SC 29201
803-765-1519
<http://www.sainttimothyscolumbia.com/>

Student Ministries at the University of South Carolina: Lutheran Campus Ministries

Frank Anderson, Pastor
803-799-4993
Pfalutheran@sc.edu

Shandon Presbyterian Church

607 Woodrow Street, Columbia, SC 29205
803-771-4408
<http://www.shandonpres.org/>

Unitarian Universalist Congregation of Columbia

2701 Heyward Street, Columbia, SC 29205
803-799-0845
<https://sites.google.com/a/uucolumbia.org/web/home>

Counseling Services

Jim Brown, MDiv. MA LPC

2611 River Drive, Columbia, SC 29201
(803)-917-8773

Roni Caw, MA, LPC, ABD

125 Alpine Circle, Columbia, SC 29223
Phone: (803)-779-3548

John Evans, D.Min

Licensed Marriage and Family Therapist (LMFT)
Private Practice as a Psychotherapist for 32 years
803-931-0888

Birma Gainor

Columbia College Therapist for Students
803-786-3856

S.J. Giallieshaw, Ph.D

803-254-3786

Russ Haber, Ph.D

803-254-3786

Melanie Hendricks, LISW-CP, ACSW

Program Director
Child, Adult and Family Services
803-399-9284
MCH50@SCDMH.ORG

Jane R. Hemphill, LISW-CP-5

1709 Laurel Street, Columbia, SC 29205
Phone: (803)-765-0700

Sandra Hennies, Med. LMFT

906 Burwell Lane, Columbia, SC 29205
Phone: (803)-787-3130

Shirley J. Huisman, PhD, MSW, LISW-CP

LifePoint Counseling Center
1431 North Lake Dr.
Lexington, SC 29072
Cell Phone: 803-667-1783
Office Phone: 803-808-9623
E-mail: shirleyhuisman@yahoo.com

Jim Hutcheson, PhD LPC

2214 Devine Street, Columbia, SC 29205
Phone: (803)-806-8409

Leah J. Lake, M.Ed

Family, Couple and Adolescence Counseling
803-926-2607

Tobin Lovell

University of South Carolina (on campus therapist),
Staff and Students
803-777-5223

Phoebe McLeod, PHD-Clinical Psychology

2212 Devine Street, Columbia, SC 29205
Phone: (803)-799-0004

Sharon W. McLeod, LPC

2212 Devine Street, Columbia, SC 29205
Phone: (803)-269-5350

Hollis Moore, MA, L.C.A.S

Phone: (803)-445-3114
E-Mail: Hollym1130@aol.com

Timothea Sharpe, MSW, M.Div., LISW-CP

10000 Broad River Road, Irmo, SC 29063
Phone: (803)760-8475
1112A Calhoun Street, Newberry, SC 29063
Phone: 803-760-8457

Lindsay Blair-Simmons

1612 Marion Street Suite 319, Columbia, SC 29201

Phone: (615)-260-4431
E-Mail: lindsayblairsimmons@gmail.com
www.lbsimmonscounseling.com

Omar Troutman, Ed.S, NCC, LPC/I

Phone: (803)-240-8310
E-Mail: omar.troutman@gmail.com

Vincent Ward, Ph.D.

1415 Richland Street, Columbia, SC 29205
Phone: (803)-730-6489
www.vwardphd.com

Medical Resources

Dr. James R. Brennan

Endocrinologist
1740 St. Julian Place
Columbia, SC 29204
803-256-3534

Naylor Brownell, MD

Pediatrics
MUSC Children's Hospital
Charleston, SC 29425
843.792.2123 ext. 15149

R David Parker, Ph.D.

USC, School of Medicine - Dept of Medicine
2 Medical Park - Suite 502 Columbia, SC 29203
803.540.1000

Specialties: Epidemiology, HIV/AIDS, Public Health,
Sexual Health, Support Groups

Patient/Client Focus: Black/African American,
Hispanic/Latino/a, Lesbians/WSW, Gay Men/MSM,
Bisexual Men, Bisexual Women, Transgender-FTM,
Transgender-MTF

Languages Spoken: English, French

Elizabeth Boggs, MD

OB/GYN
Palmetto Health Women's Center
1801 Sunset Drive Columbia, SC 29203
803-434-4100

Ralph Rynes, PhD

Columbia, SC 29204
803-545-5356
rerynes@sc.rr.com

Specialties: Addiction Medicine, HIV/AIDS, Individual or
Group Therapy/Counseling, Neurology

Payment Accepted: Self-Pay / Sliding Scale

Patient/Client Focus: Black/African American,
Hispanic/Latino/a, Lesbians/WSW, Gay Men/MSM,
Bisexual Men, Bisexual Women, Transgender-FTM,
Transgender-MTF, Elders

Languages Spoken: English, French, German, Spanish

Dr. David Schwartz

Endocrinologist
9 Richland Medical Park Drive Suite 230
Columbia, SC 29203
803-434-7990

Further Readings/Resources

Further Reading:

LGBTQ Survival Guide for Queer and Questioning Teens

Kelly Huegel

Easy to read text designed specifically for students and teenagers. The book discusses the issues of coming out, religion, and sex in terms that students can understand.

Bulletproof Faith: A Survival Guide for Gay and Lesbian Christians

Candace Chellew-Hodge

This book provides an insight for gay and lesbian Christians to defend and affirm their faith.

Journeys and Arrivals: On Being Gay and Jewish

Lev Raphael

Book includes 13 essays that discuss life as a gay Jewish male.

Twice Blessed: On Being Lesbian or Gay and Jewish

Christie Balka and Andy Rose

Series of essays which discuss being lesbian or gay and Jewish.

Gay Travels in the Muslim World

Michael Luongo

Compiled essays which discuss being both a practitioner of the Islamic faith and GLBT person.

From Boys To Men: Gay Men Write About Growing Up

Edited By Red Gideonse and Rob Williams

Affirming essays about gay men growing up and the dealings of coming out.

Not The Only One: Lesbian and Gay Fiction For Teens

Edited By Jane Summer

LGBTQ positive literature designed specifically for teenagers.

50 Ways To Support Gay and Lesbian Equality

Edited By Meredith Maran with Angela Watrous

A book for educators and parents which outlines some of the main causes of LGBTQ marginalization and how to resolve these issues.

Out Loud: The Best of Rainbow Radio

Edited By Ed Madden and Candace Chellew-Hodge

Affirming essays about coming out, religion, family life, and education.

The Meaning of Matthew

Judy Shepard

A book from a parent's perspective. It deals with the acceptance of her son's coming out, with his murder, and the legacy of her son's life.

Straight Parents, Gay Children: Keeping Families Together

Robert A. Bernstein

Stories of parents accepting their LGBTQ children. Provides answers to children's questions and gives other parents' perspectives.

Beyond Acceptance: Parents of Lesbians and Gays Talk About Their Experiences

Carolyn W. Griffin and Marian J. Wirth

Stories of parents discussing their children coming out to them and their reaction.

My Child is Gay: How Parents React When They Hear the News

Bryce McDougal

Series of letters written by parents detailing the different and various emotions they felt when their child came out. Contains stories of hope and acceptance.

Love, Ellen: A Mother/Daughter Journey

Betty Degeneres

Mother of acclaimed lesbian comedian Ellen Degeneres discusses her daughter's coming out and how she accepted and continued to love her daughter.

Always My Child: A Parent's Guide to Understanding Your Gay, Lesbian, Bisexual, Transgendered or Questioning Son or Daughter

Kevin Jennings

Book for parents which is filled with stories and practical advice for parents in their journey to understand, accept, and support their LGBTQ child.

How Homophobia Hurts Children: Nurturing Diversity at Home, at School, and in the Community

John Dececco and Jean Baker

Discusses how parents, schools, and communities must make changes in order to assist the development of LGBTQ children.

Additional Resources:

American School Counselor Association Ethical Standards

<http://www.schoolcounselor.org>

The Association lists the ethical standards which school counselors are expected to abide by and includes the following statement.

"Each person has the right to be respected, be treated with dignity and have access to a comprehensive school counseling program that advocates for and affirms all students from diverse populations including: ethnic/racial identity, age, economic status, abilities/disabilities, language, immigration status, sexual orientation, gender, gender identity/expression, family type, religious/spiritual identity and appearance."

The American School Counselor Association Ethical Standards also addresses the issue of confidentiality and provides valuable resources. Any questions regarding what is appropriate or expected can be found under the Ethical and Legal Standards.pdf

Campus Climate

<http://www.campusclimateindex.org/>

Ranks college campuses on how friendly they are to LGBTQ Individuals.

Creating Safe Space for LGBTQ Youth: A Toolkit

<http://www.themediaproject.com/component/content/article/608-creating-safe-space-for-LGBTQ-youth-a-toolkit-lessonplans>

Provides proven lesson plans, best practices, and information for creating safe spaces for all sexual orientations.

Gay and Lesbian National Help Center

<http://www.glnh.org>

Provides a 1-800 number which will connect individuals with local resources available in their community.

LGBTQ Student Resource Guide

Gay and Lesbian and Straight Education Network

<http://www.glsen.org>

Resource for educational material and information regarding LGBTQ individuals.

Human Rights Campaign

<http://www.hrc.org>

One of the premier GLBQ advocacy and education organizations

Parents, Friends, and Families of Gay and Lesbians

<http://www.pflag.org>

PFLAG is national organization that promotes the health and well being of lesbian, gay, and bisexual and transgender persons, their families and friends through support, education, advocacy, and works to end discrimination and secure full civil rights human rights for the LGBTQ community.

Rainbow Radio

rainbowradiosc.org

Provides weekly informative programs on LGBTQ issues Sundays at 8AM on 99.3FM. The podcast can also be downloaded.

Richland County Sheriff's Department / Victims Assistance Unit

803-576-3115

Gay and Lesbian Liaison Officer serves as a point of contact for members of the gay, lesbian, bisexual, and transgendered community who are victims of crime.

Lambda Legal

<http://www.lambdalegal.org>

Provides information relating to state and local laws affecting LGBTQ individuals.

National Gay and Lesbian Task Force

<http://www.thetaskforce.org>

Provides information on national political issues affecting LGBTQ individuals.

South Carolina GSA Network

http://www.facebook.com/home.php?sk=group_198034040233369

SCGSA Network is resource hub for Gay Straight Alliances in South Carolina public high schools. The group provides education, leadership development, crisis management and networking opportunities for students who participate in approved GSA clubs and those seeking to create a GSA within their school. It is the official position of the Federal Department of Education that all students have the government's support to form Gay-Straight Alliances under the Equal Access Act.

Southern Poverty Law Center Best Practices: Creating an LGBT-inclusive School Climate

<http://www.tolerance.org/lgbt-best-practices>

Teaching Tolerance kits are free to educators. Best Practices: Creating an LGBT-inclusive School Climate offers advice ranging from ensuring that a school's anti-bullying policy explicitly prohibits anti-LGBT bullying to recognizing staff members who promote an inclusive school environment.

TransYouth Family Allies

<http://imatyfa.org/>

Organization that provides information and educational resources relating to transgender issues through its website.

Last Updated: April 2013