What Am I Afraid Of ?	Why do I have the fear?	Which Part of Self Have I Been Relying On Which Has Failed me ?					What Part of Self Does The Fear Affect							What Ideas do you have to remove the fear
List the names if people institutions, principles or anything else that you fear.	Why am I afraid?	Self-reliance	Self-confidence	Self-discipline	Self-will		Self Esteem	Pride	Emotional Security	Pocketbook	Ambitious	Personal Relations	Sex Relations	