

8th GRADE TRACK MEET

Dear Parent/Guardian,

Your child has signed up to compete in the 21th Annual East Side 8th Grade Track Meet held on Wednesday, May 28 at La Follette High School Lucier Stadium. Events will begin at 10:30am and be finished by 1:15pm. This is a qualifying meet and your child may be asked to participate in the All-City Track Meet held on Wednesday, June 4 (same general times) at Vel Phillips Memorial High School Mansfield Stadium.

Just a few reminders:

- **Students must not have any missing assignments and have permission from all of their teachers and Mr.Inda to miss their classes.**
- **Students must not have any tardies, unexcused absences or behavior write-ups from May 19 - May 27, 2025.**
- **It is your child's responsibility to make up all missed class work.**
- **Pay attention to the weather and dress appropriately (TEAM COLOR =).**
 - Recommended items to bring include: hat, jacket, warm-up pants, sunscreen, and blanket to sit down on between events.
- **Pack a sack lunch and plenty of fluids to drink. Students are not allowed to leave the track throughout the day nor go back to school for lunch.**
- **Asthmatic participants and participants with allergies need to bring an inhaler and/or Epi-pen.**
- **Order and approximate times of events for the Eastside Track Meet are (the All-City may vary):**
 - Field events will begin at 11:00am and be finished by 12:45pm. Participants will need to report and complete the throwing and/or jumping event(s) during that time; there will not be an announcement for you to individually go.

Order of Running Events

- 10:30 70 meter hurdles
- 10:50 100 meter
- 11:10 1600 meter run
- 11:30 400 meter run
- 11:45 Break Begins
- 12:00 Break Ends
- 12:00 200 meter
- 12:20 800 meter
- 12:40 4X100 meter relay
- 1:00 4X100 meter co-ed relay

Time of Field Events

- 11:00 Long Jump & Shot Put Begins
- 11:45 Long Jump & Shot Put Ends
- 11:45 Break Begins
- 12:00 Break Ends
- 12:00 High Jump & Discus Begins
- 12:45 High Jump & Discus Ends

Please keep this permission slip/reminder because it is the only one that will be sent home for both the East Side and All-City Track Meets.

Any questions please contact me.

Add your info here

RETURN THIS PORTION TO SCHOOL!!!!!!! 8th GRADE TRACK MEET
(Due Tuesday, May 20) Add something about phones

My child, _____, has permission to attend the East Side Track Meet (Wednesday, May 28) at Lucier Stadium La Follette High School and the All-City Track Meet (Wednesday, June 4) at Vel Phillips Memorial High School Mansfield Stadium.

Parent/Guardian Signature

Date