1 Introduction
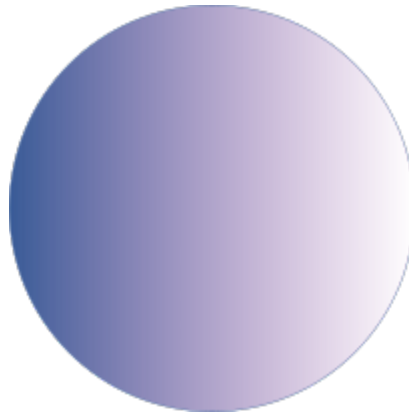

Figure 1: This is our first picture

2 Animal Rights

This information can be found in Table 1, or in the circular shape of Figure 1

(1,1)	(1,2)	Third Column,first Row
Column1	Column2	Column3
Column1	Column2	Column3

Table 1: This is our first table

3 Animal Lefts

1. First numbered item

2. Second numbered item. Let's nest another list

   - First itemised

   - Second itemised