

# Body Pathways Review

Anterolateral system

Posterior columns/Medial lemniscus  
and

Voluntary Motor  
Pathways

B. Puder, PhD

Haines diagram :  
**Anterolateral system** = Relays nociception (pain) and Thermoception (temperature) from the body

**Points to Remember about Sensory Pathways:**

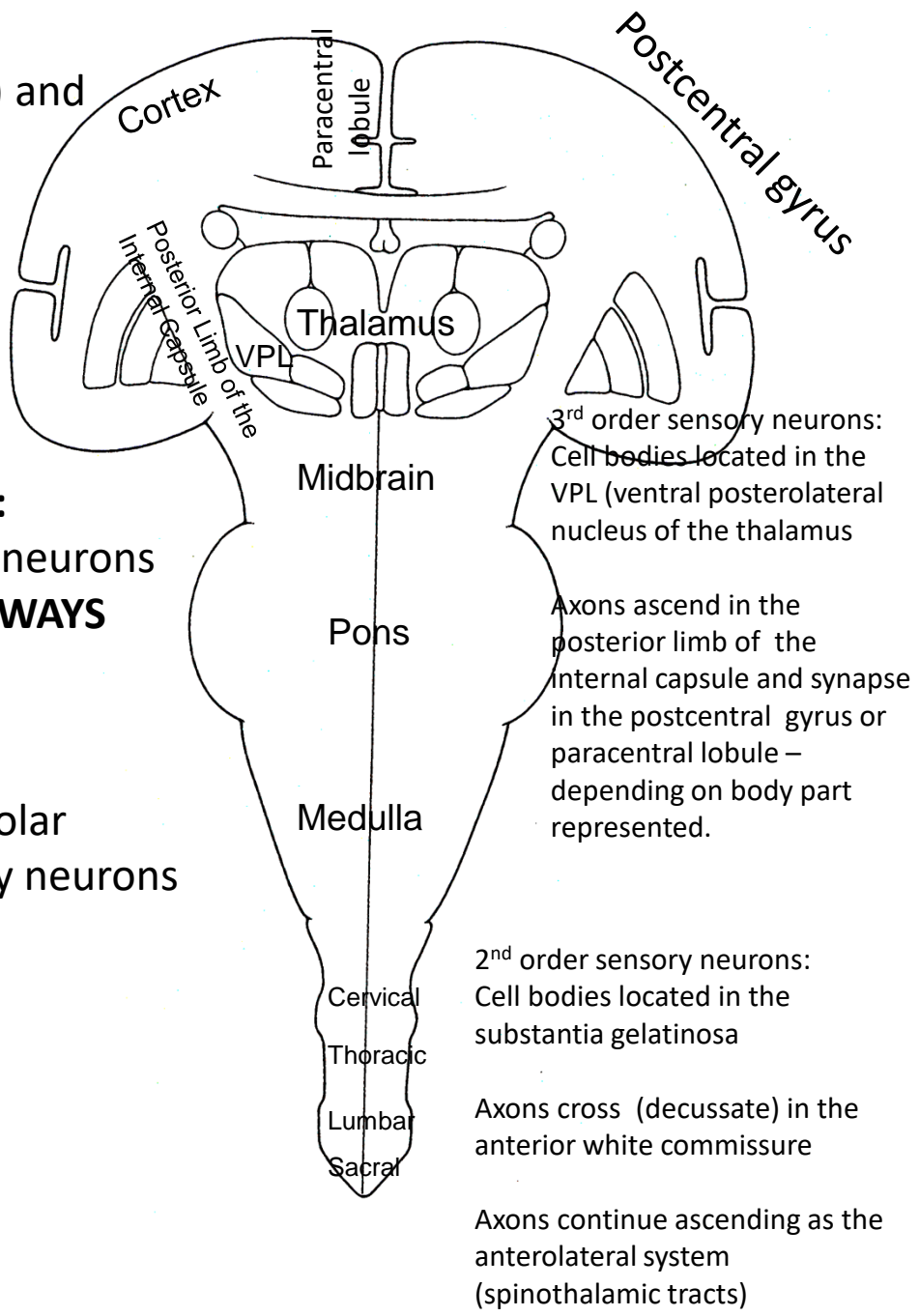
They ascend and contain 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> order neurons  
The axons of the **2<sup>nd</sup> order sensory** neurons **ALWAYS** decussate to the opposite side.

Pseudounipolar  
1<sup>st</sup> order sensory neurons

Upper extremity

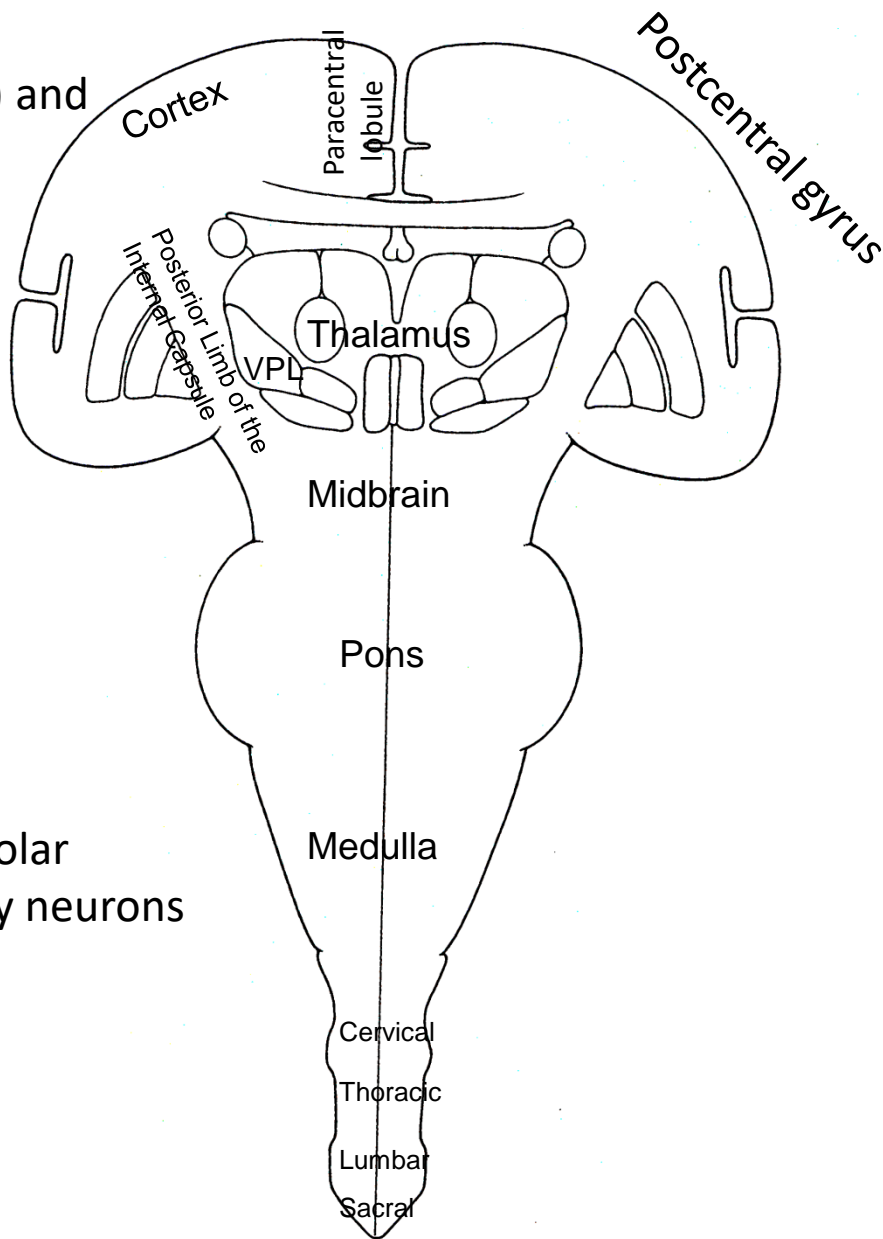
Trunk

Lower extremity



Haines diagram :

**Anterolateral system** = Relays nociception (pain) and Thermoception (temperature) from the body



**Lesion of a pseudounipolar neuron:**  
Ipsilateral loss of pain and temperature from that specific dermatome level

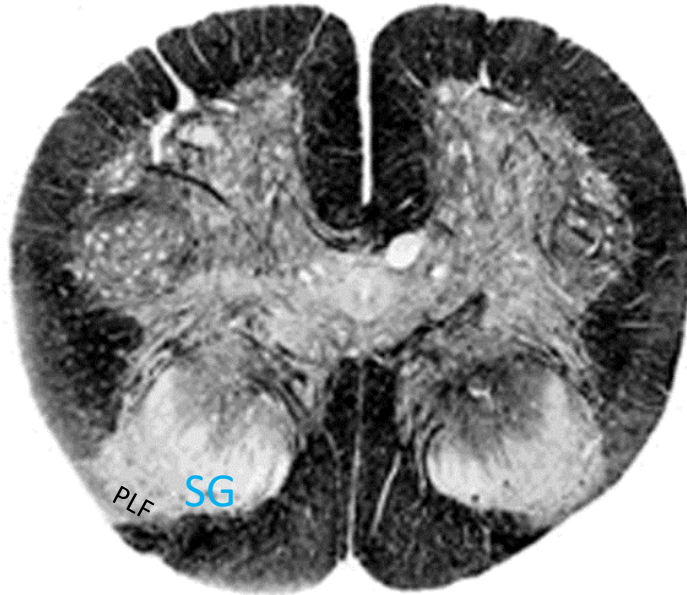
Pseudounipolar  
1<sup>st</sup> order sensory neurons

Upper extremity

Trunk

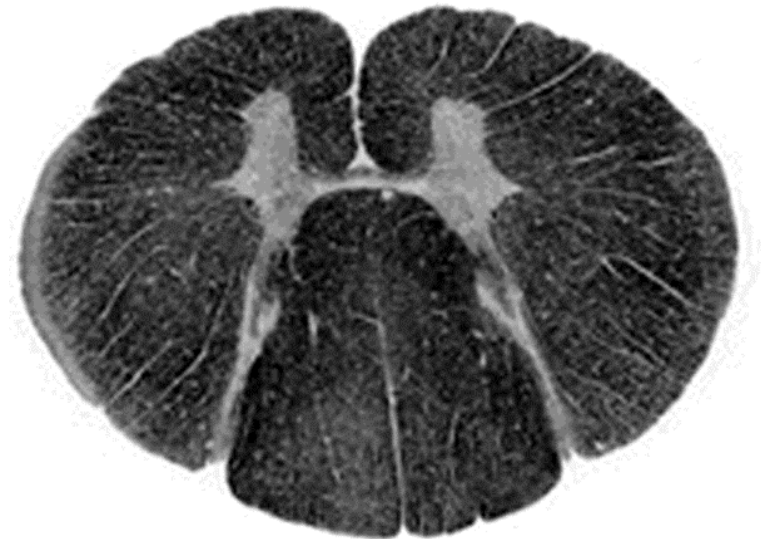
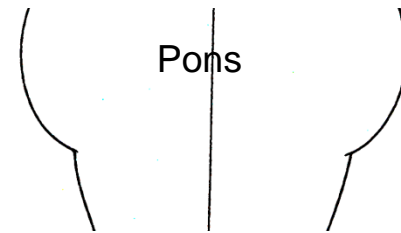
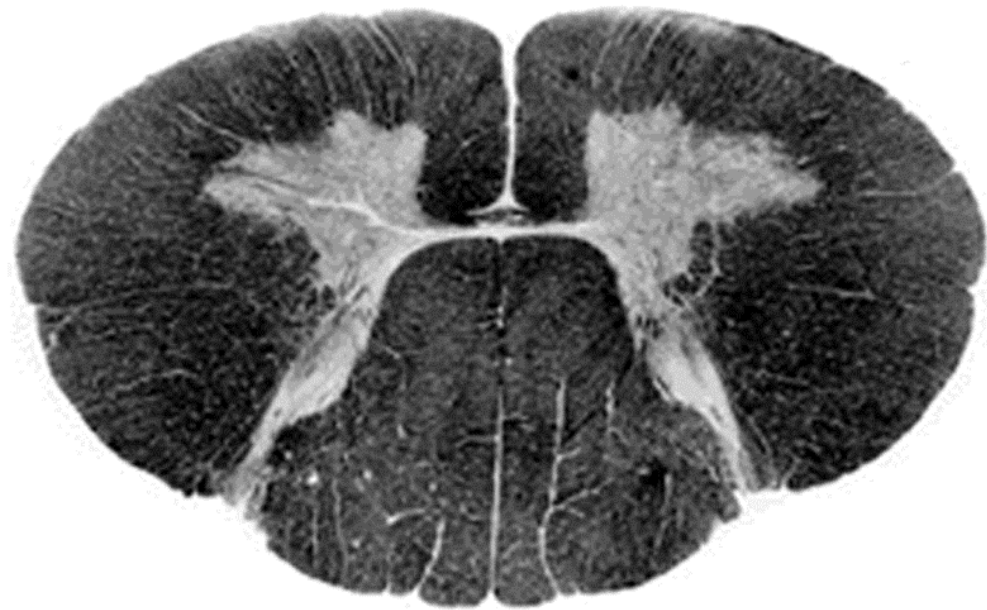
Lower extremity

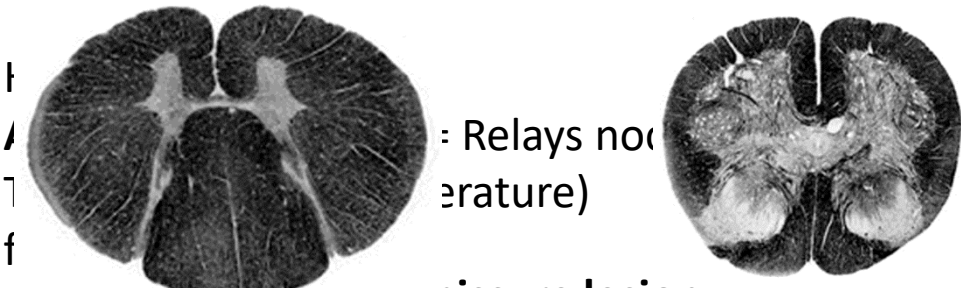
Haines diagram  
 Ipsilateral loss of pain and temperature to this **cervical level only**  
**Anterolateral system** = Relays nociception (pain) and thermoception (temperature) from the body



Ipsilateral loss of pain and temperature from to this **sacral level only**  
 that specific spinal cord level only.

Ipsilateral loss of pain and temperature to this **thoracic level only**





**Spinal cord lesion =**  
 Bilateral loss of pain and temperature to this **cervical** spinal cord segment **only**.  
 Bilateral loss of pain and temperature to this **sacral** spinal cord segment **only**.

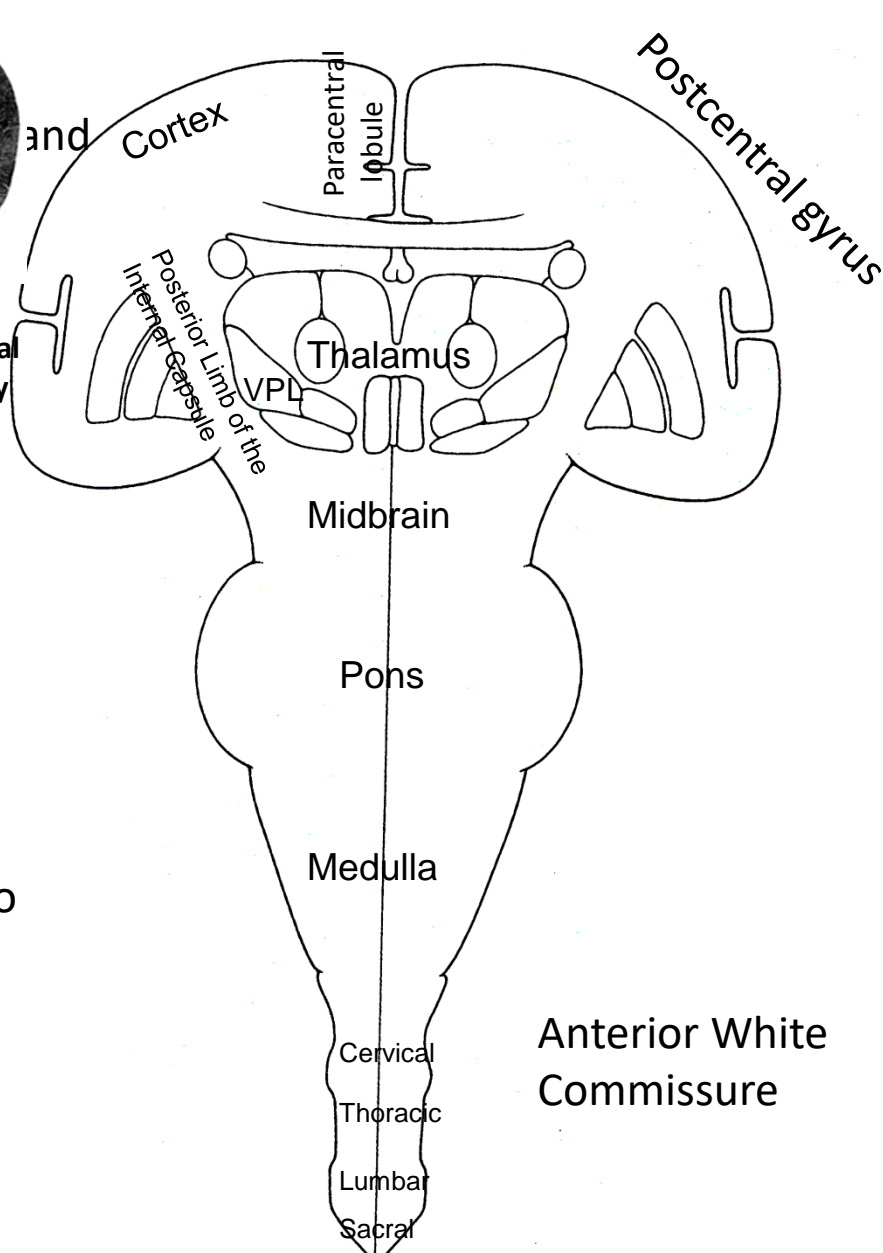


Bilateral loss of pain and temperature to this **cervical** spinal cord segment **only**.

Upper extremity

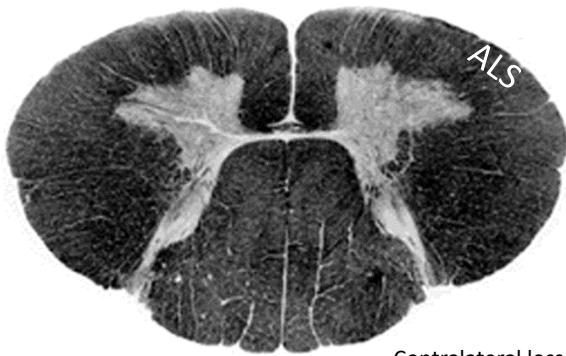
Trunk

Lower extremity

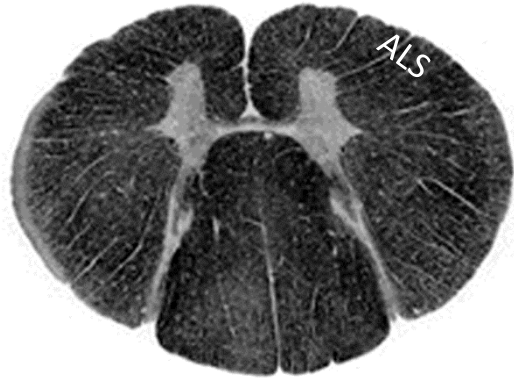




Haines diagram  
**Anterolateral**  
 Thermocept  
 from the bo



Contralateral loss of  
 pain and temperature  
 from this **cervical level**  
**and below**  
 (neck and below)



**Anterolateral system lesion**  
 Contralateral loss of pain and temperature  
 to this thoracic segment and below  
 (trunk and below)

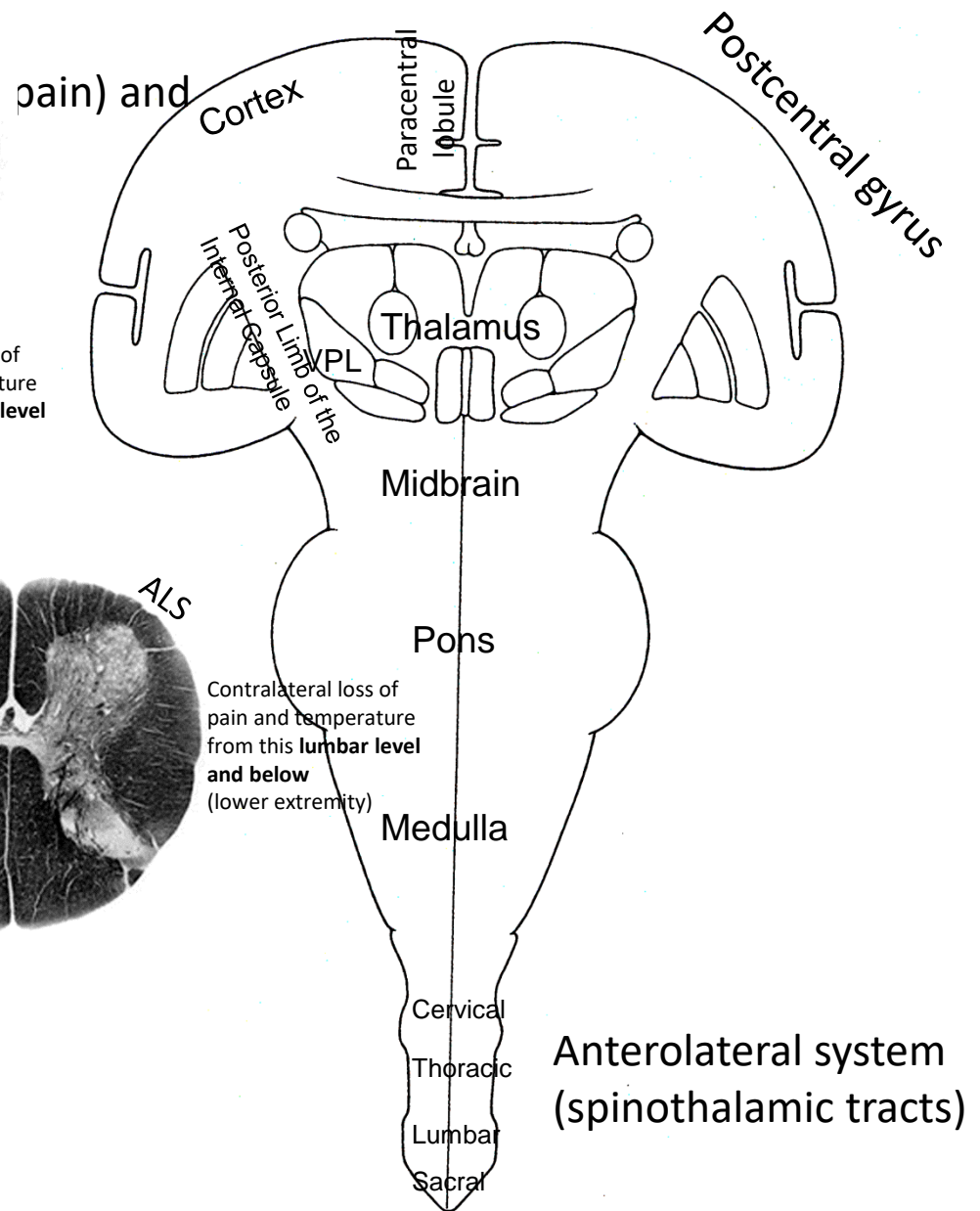
Upper extremity

Trunk

Lower extremity



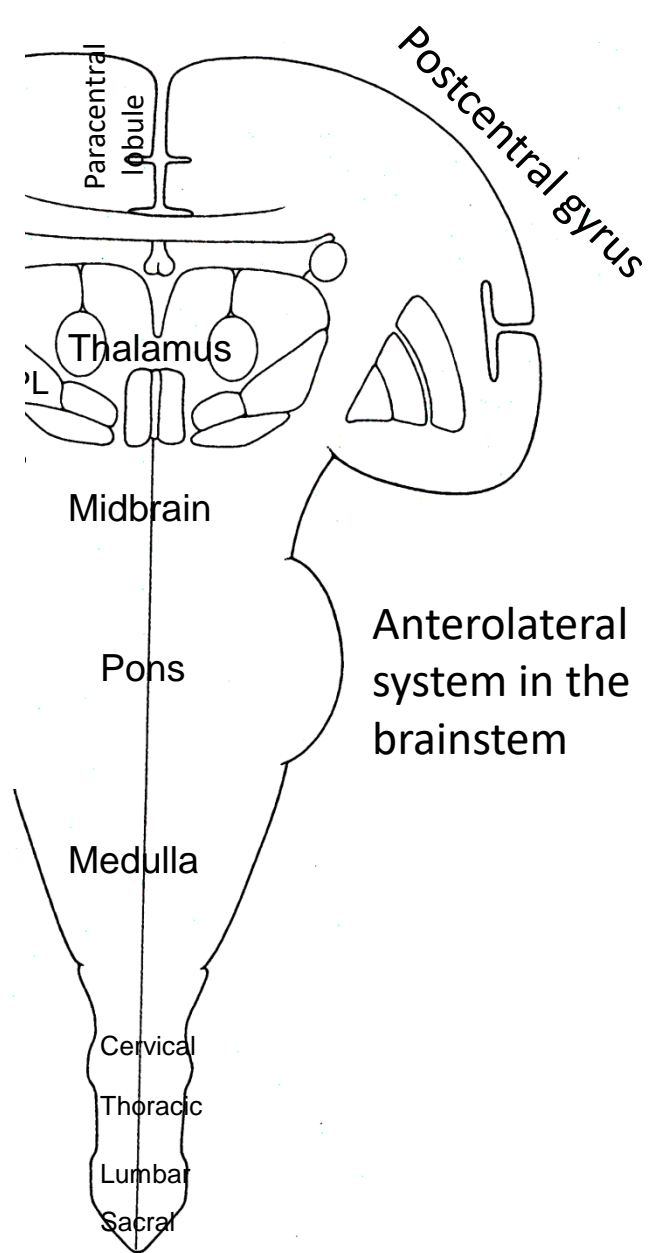
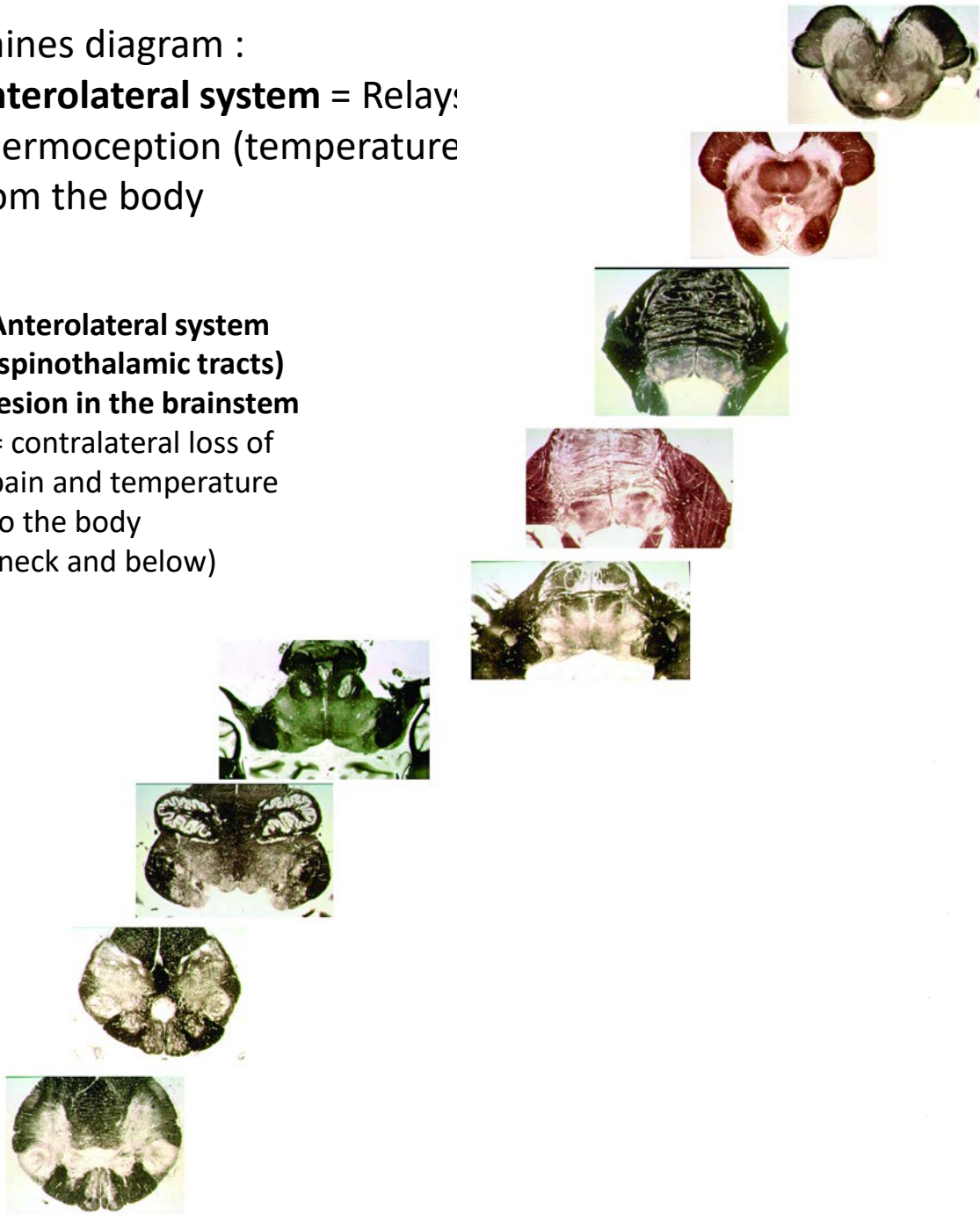
Contralateral loss of  
 pain and temperature  
 from this **lumbar level**  
**and below**  
 (lower extremity)



Anterolateral system  
 (spinothalamic tracts)

Haines diagram :  
**Anterolateral system** = Relay:  
Thermoception (temperature  
from the body

**Anterolateral system  
(spinothalamic tracts)  
lesion in the brainstem**  
= contralateral loss of  
pain and temperature  
to the body  
(neck and below)



Haines diagram:

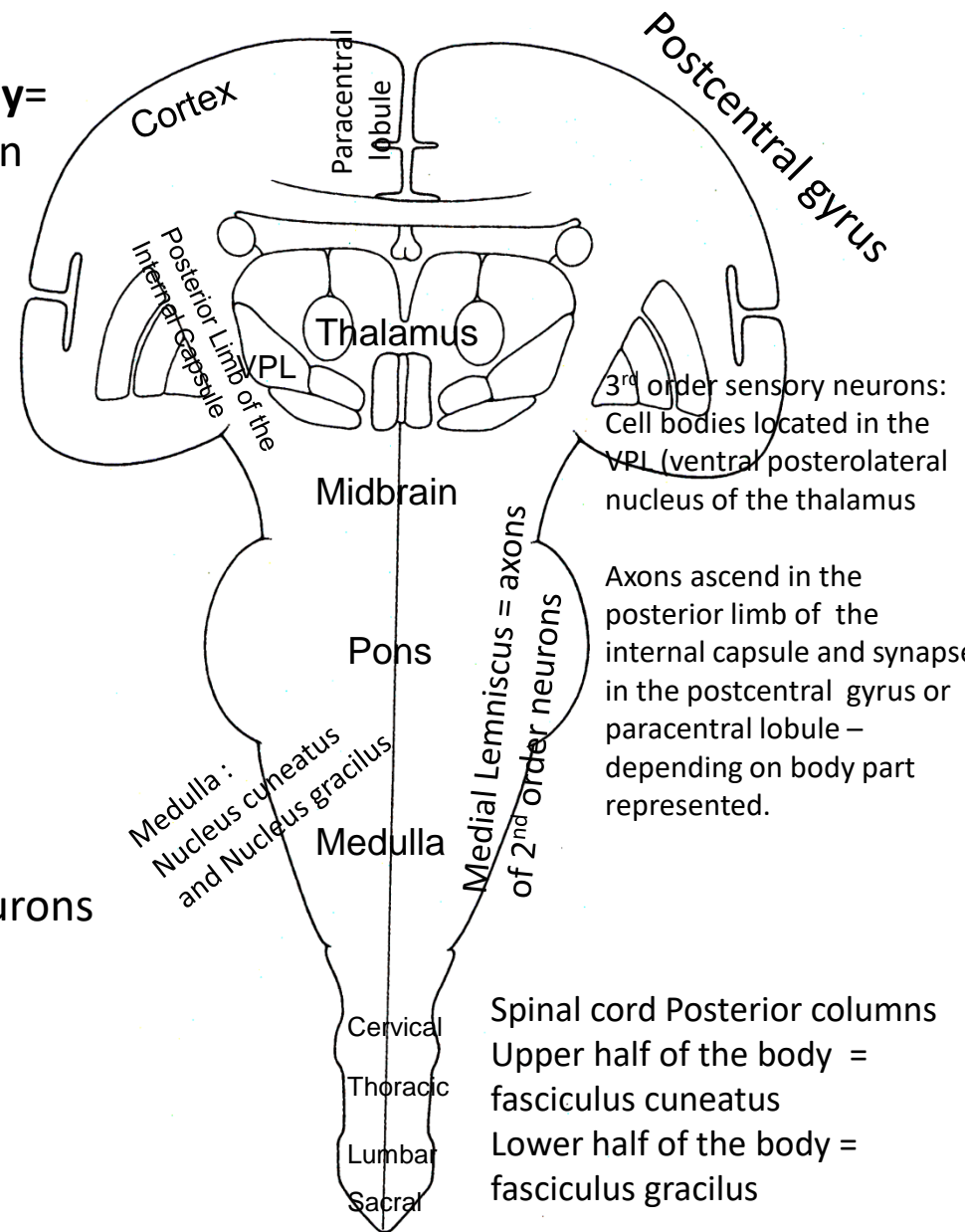
**Posterior columns/Medial lemniscus pathway=**

Relays discriminative touch, vibration, position sense from the body

Pseudounipolar  
1<sup>st</sup> order sensory neurons

Upper half of the body  
C1 – T6 nerves

Lower half of the body  
T7 – Co1 nerves

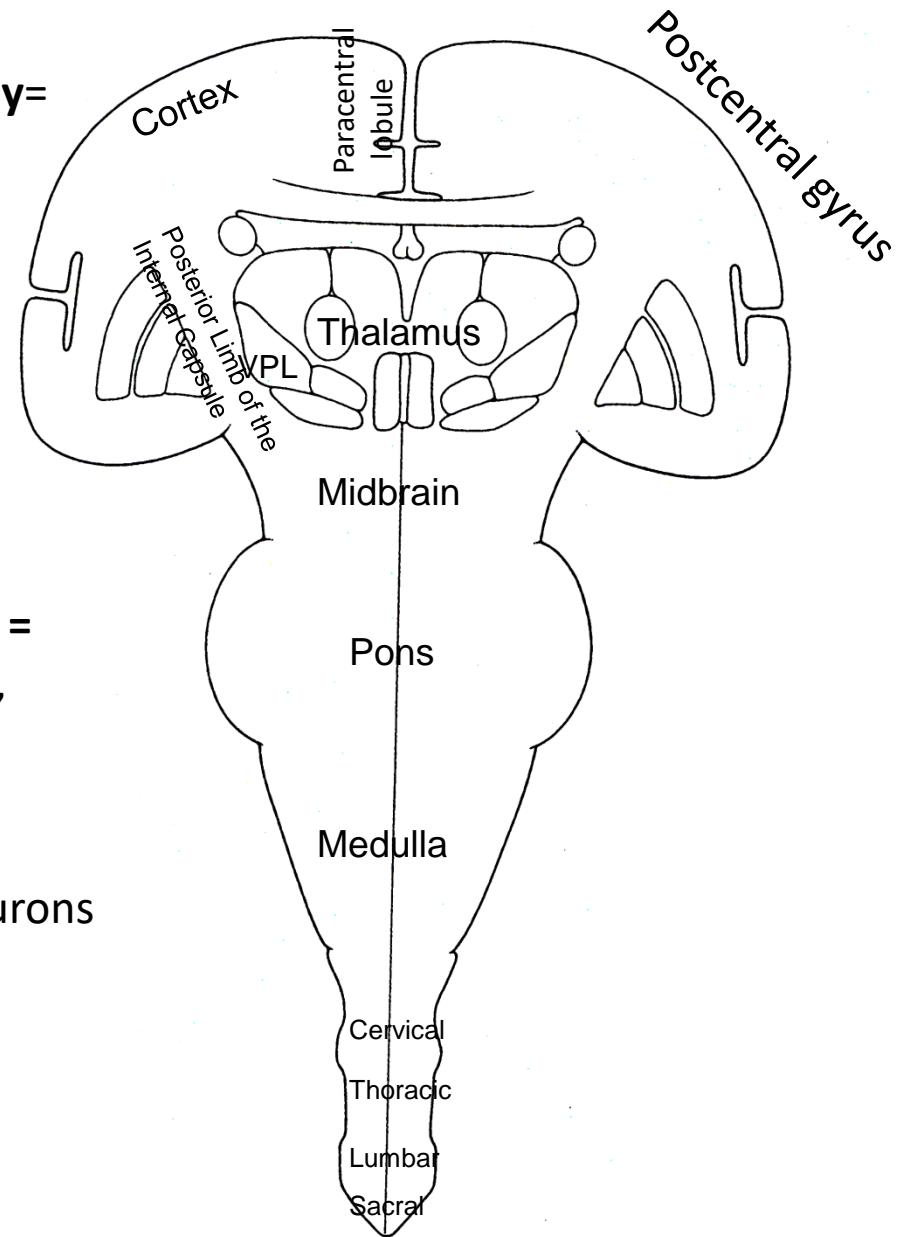




Haines diagram:

**Posterior columns/Medial lemniscus pathway=**

Relays discriminative touch, vibration,  
position sense from the body



**Lesion to the pseudounipolar neuron =**

Ipsilateral loss of discriminative touch,  
vibration, position sense from that  
specific dermatome level

Pseudounipolar

1<sup>st</sup> order sensory neurons

Upper half of the body

C1 – T6 nerves

Lower half of the body

T7 – Co1 nerves

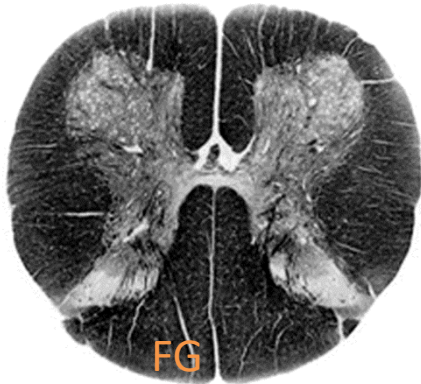
Haines diagram:

**Posterior columns/Medial lemniscus pathway=**

Relays discriminative touch, vibration,  
position sense from the body

Fasciculus cuneatus =

Ipsilateral loss of discriminative touch, vibration,  
position sense from the upper half of the body



Fasciculus gracilis =

Ipsilateral loss of discriminative touch, vibration,  
position sense from the lower half of the body

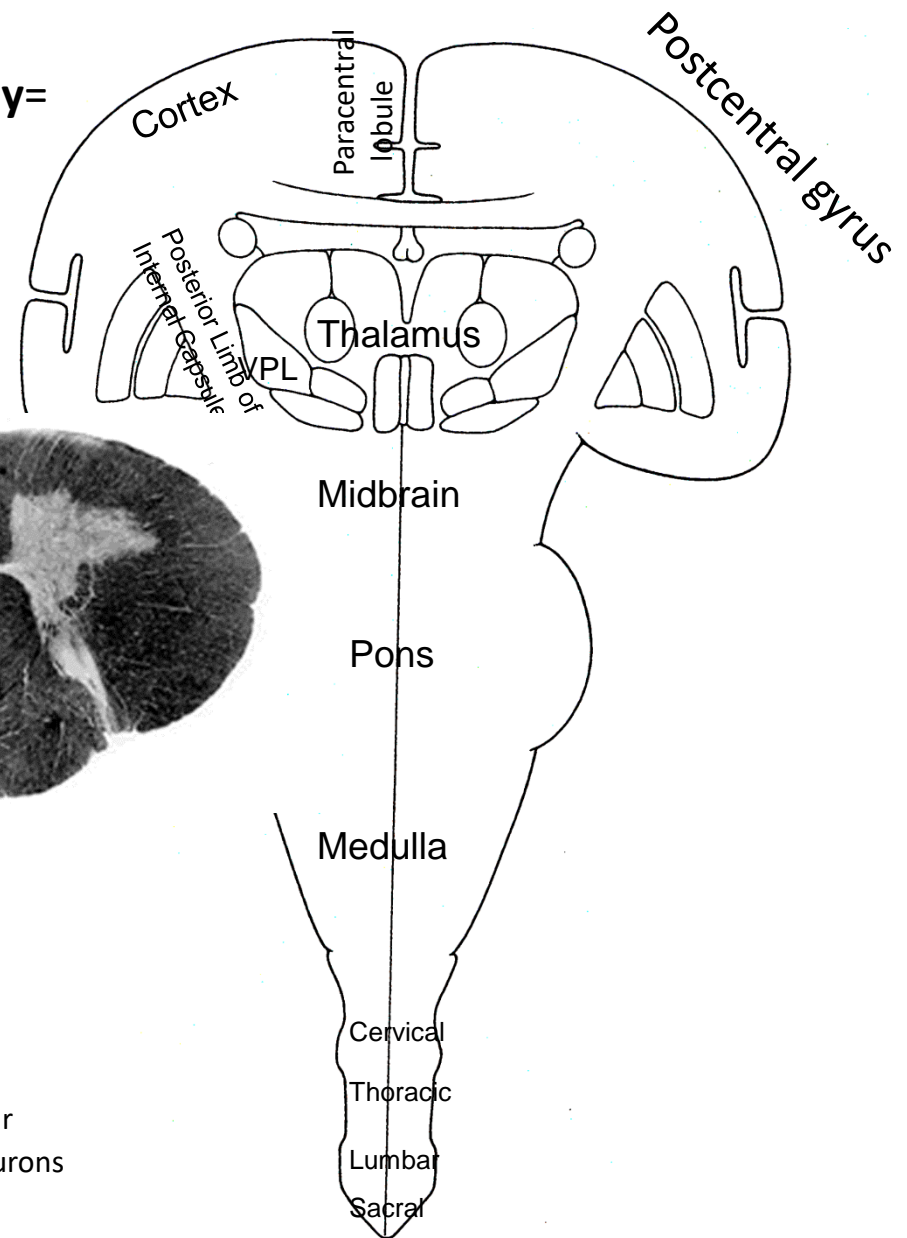
Upper half of the body

C1 – T6 nerves

Lower half of the body

T7 – Co1 nerves

Pseudounipolar  
1<sup>st</sup> order sensory neurons



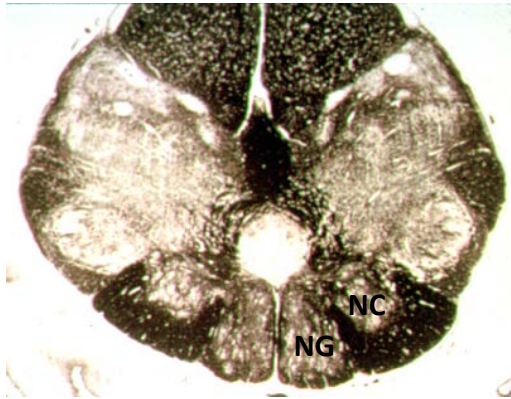
Haines diagram:

**Posterior columns/Medial lemniscus pathway=**

Relays discriminative touch, vibration,  
position sense from the body

Nucleus cuneatus =

Ipsilateral loss of discriminative touch, vibration,  
position sense from the upper half of the body



Nucleus gracilis =

Ipsilateral loss of discriminative touch, vibration,  
position sense from the lower half of the body

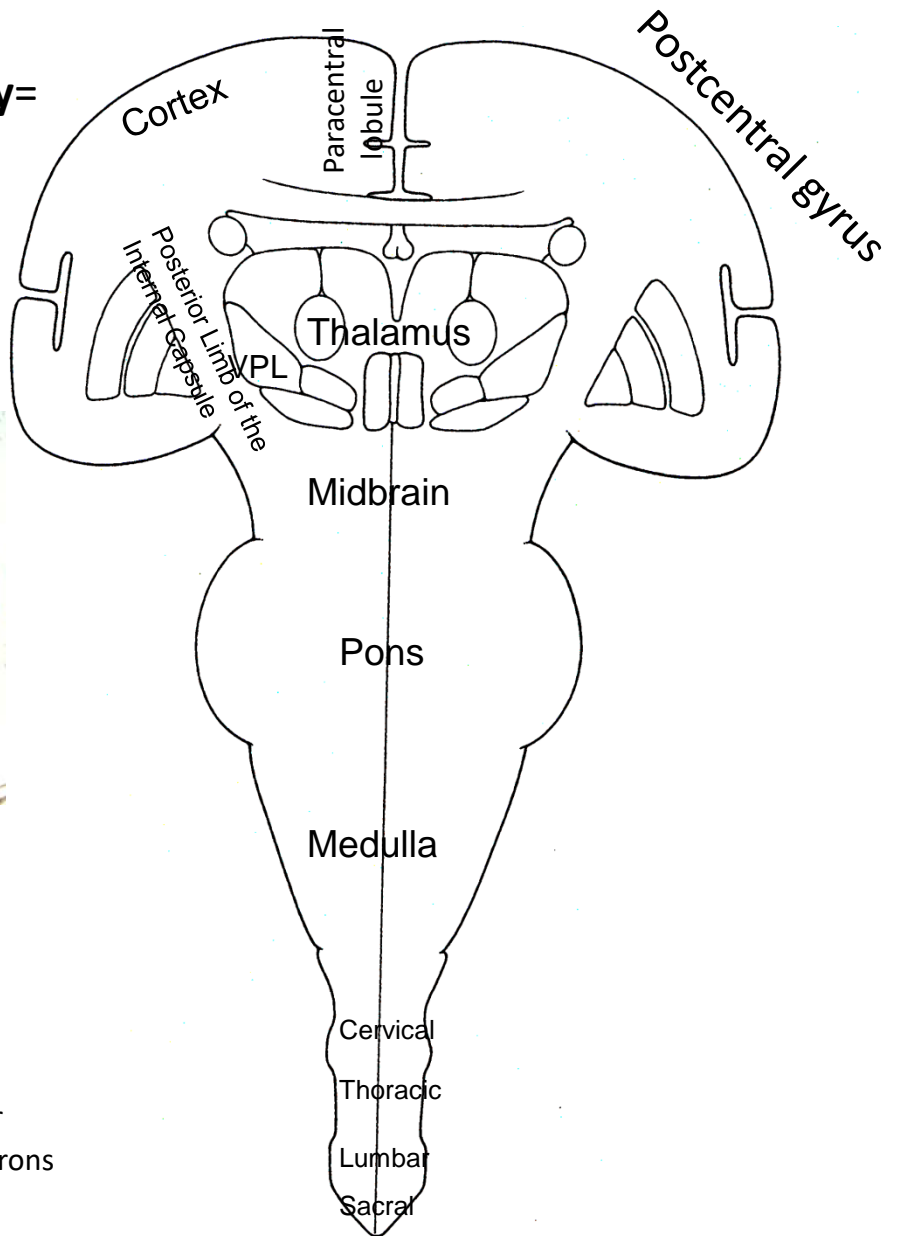
Upper half of the body

C1 – T6 nerves

Pseudounipolar  
1<sup>st</sup> order sensory neurons

Lower half of the body

T7 – Co1 nerves

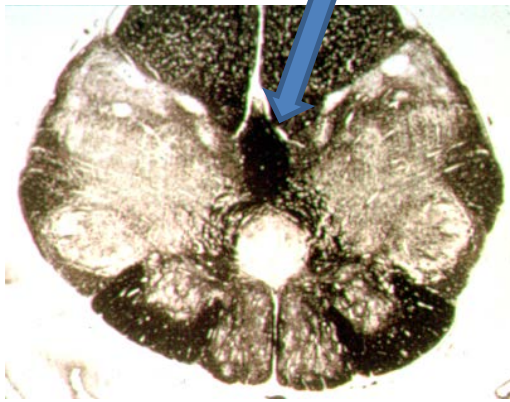


Haines diagram:

**Posterior columns/Medial lemniscus pathway=**

Relays discriminative touch, vibration,  
position sense from the body

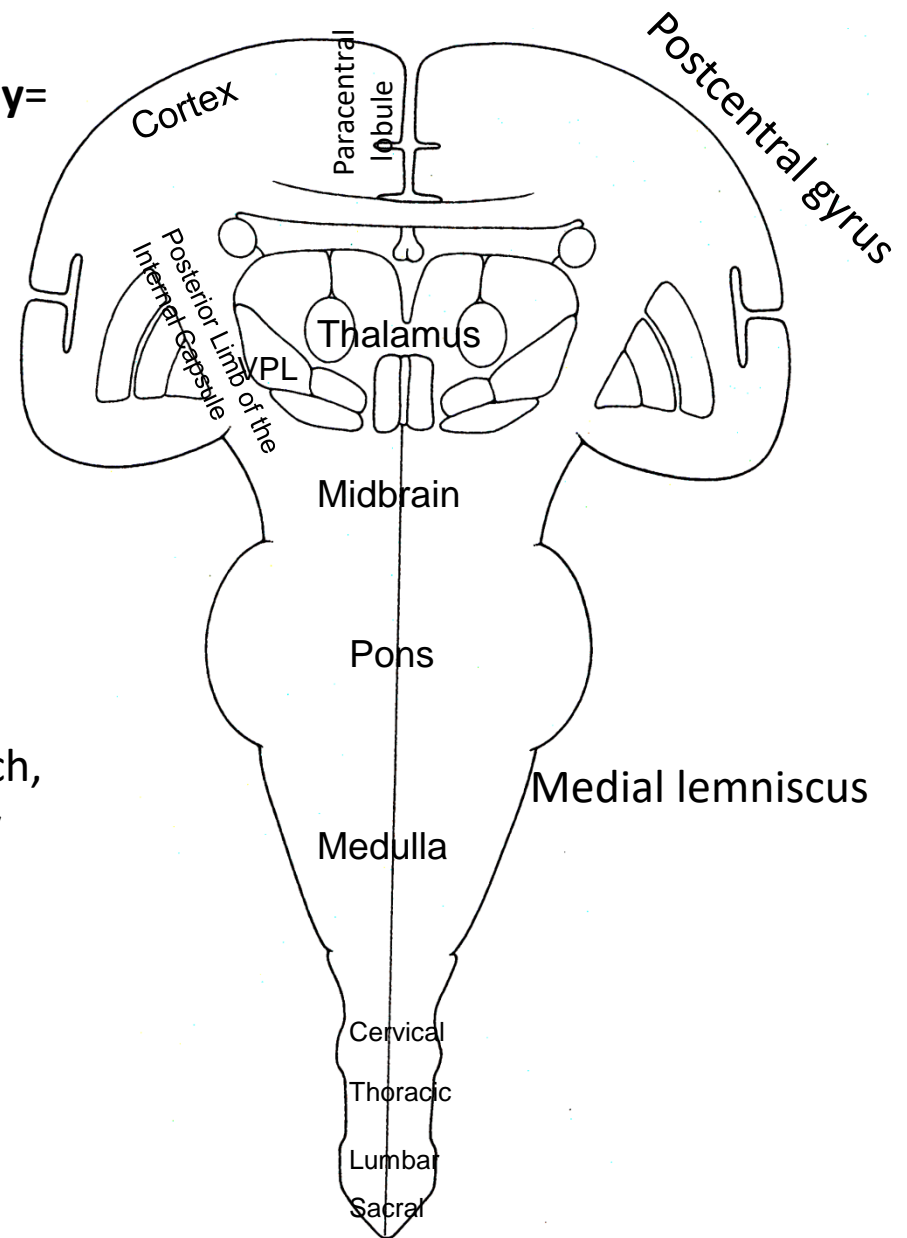
Medial lemniscus



Contralateral loss of discriminative touch,  
vibration, position sense from the body  
(neck and below)

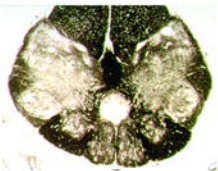
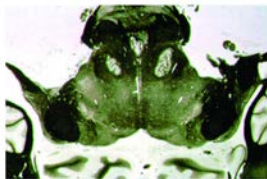
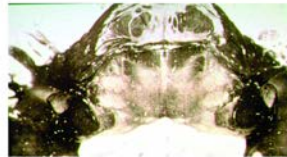
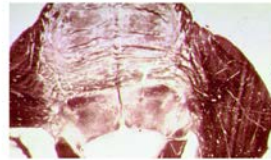
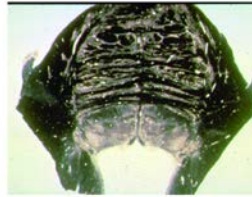
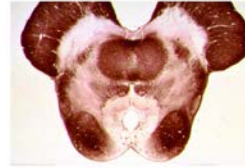
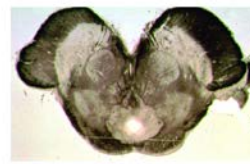
Upper half of the body  
C1 – T6 nerves

Lower half of the body  
T7 – Co1 nerves



## Posterior columns/Medial lemniscus pathway=

Relays discriminative touch, vibration,  
position sense from the body



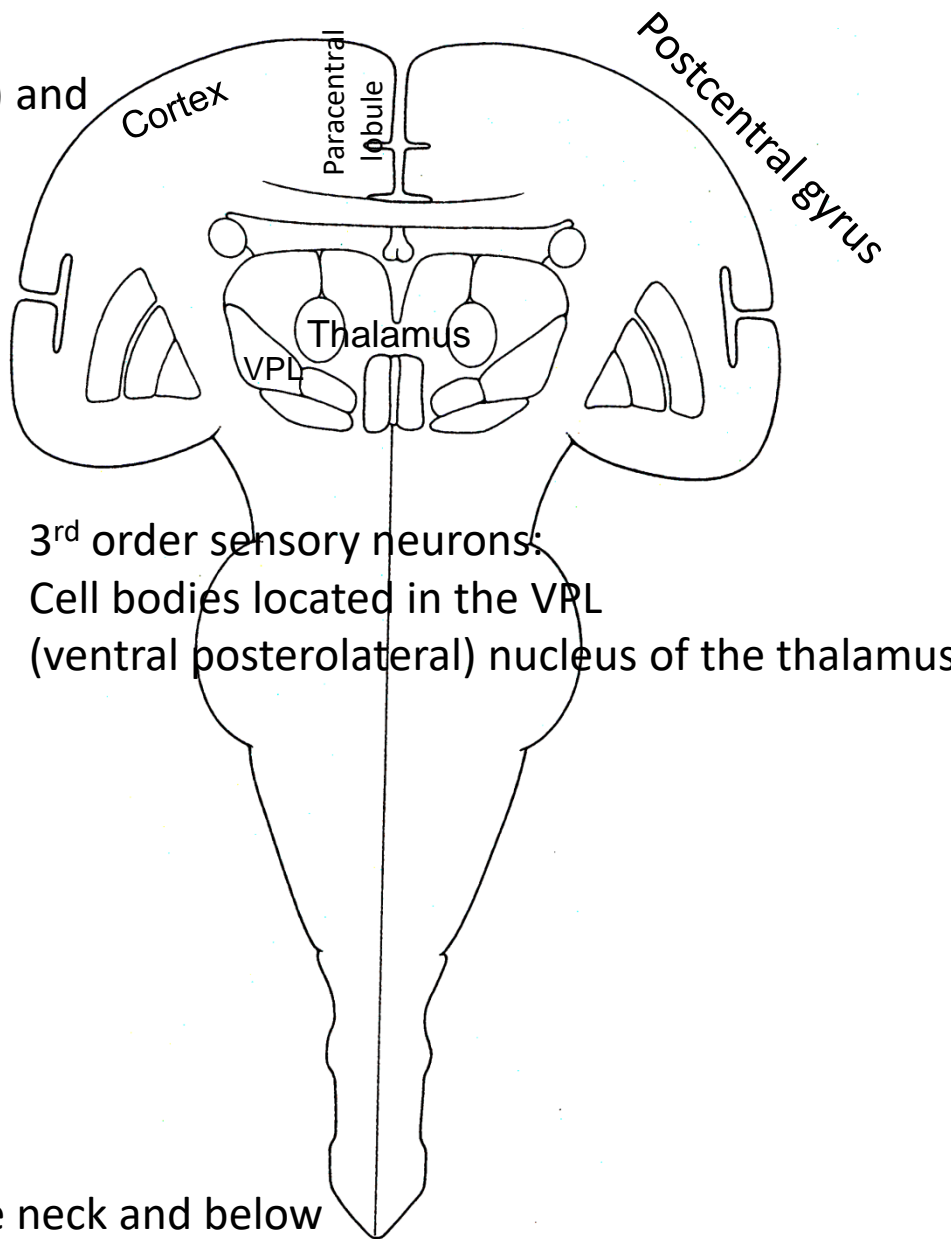
**Lesion to 1 side of the medial lemniscus =**  
Contralateral loss of discriminative touch,  
vibration, position sense from the body  
(neck and below)



Haines diagram :

**Anterolateral system** = Relays nociception (pain) and Thermoception (temperature) from the body

**Posterior columns/Medial lemniscus pathway**= Relays discriminative touch, vibration, position sense from the body

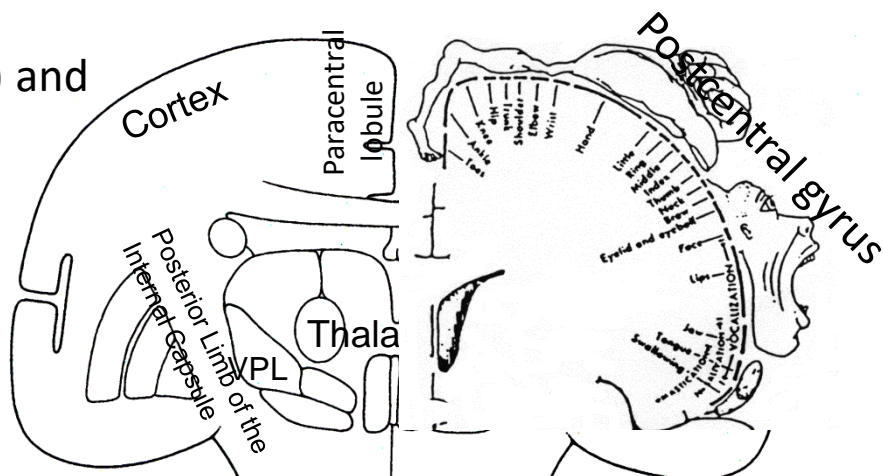


**Lesion to the VPL of the thalamus =**  
Contralateral loss of somatosensation from the neck and below  
(loss of pain/temperature: {ALS pathway}; and loss of discriminative touch, vibration, position sense: { PC/ML pathway} )

Haines diagram :

**Anterolateral system** = Relays nociception (pain) and Thermoception (temperature) from the body

**Posterior columns/Medial lemniscus pathway** = Relays discriminative touch, vibration, position sense from the body

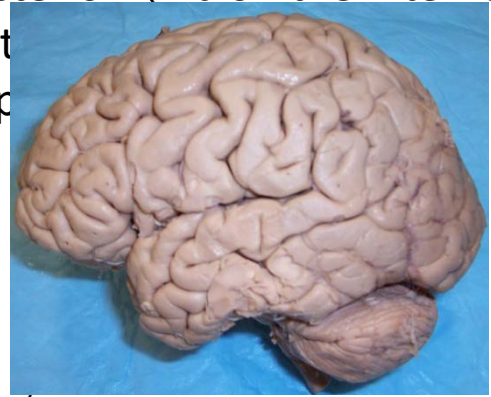


3<sup>rd</sup> order sensory neurons:  
Axons ascend in the posterior limb of the internal capsule and synapse in the paracentral lobule – depicted.

**Lesion to the postcentral gyrus =**

Contralateral loss of somatosensation from the neck to hip (loss of pain/temperature: {ALS pathway}; and loss of discriminative touch, vibration, position sense: { PC/ML pathway} )

\*\*\* contra somatosensation to the head/face will also be lost but this is carried in the trigeminal sensory pathways – not ALS and PC/ML



**Lesion to the posterior aspect of the paracentral lobule=**

Contralateral loss of somatosensation from the knee to foot (loss of pain/temperature: {ALS pathway}; and loss of discriminative touch, vibration, position sense: { PC/ML pathway} )



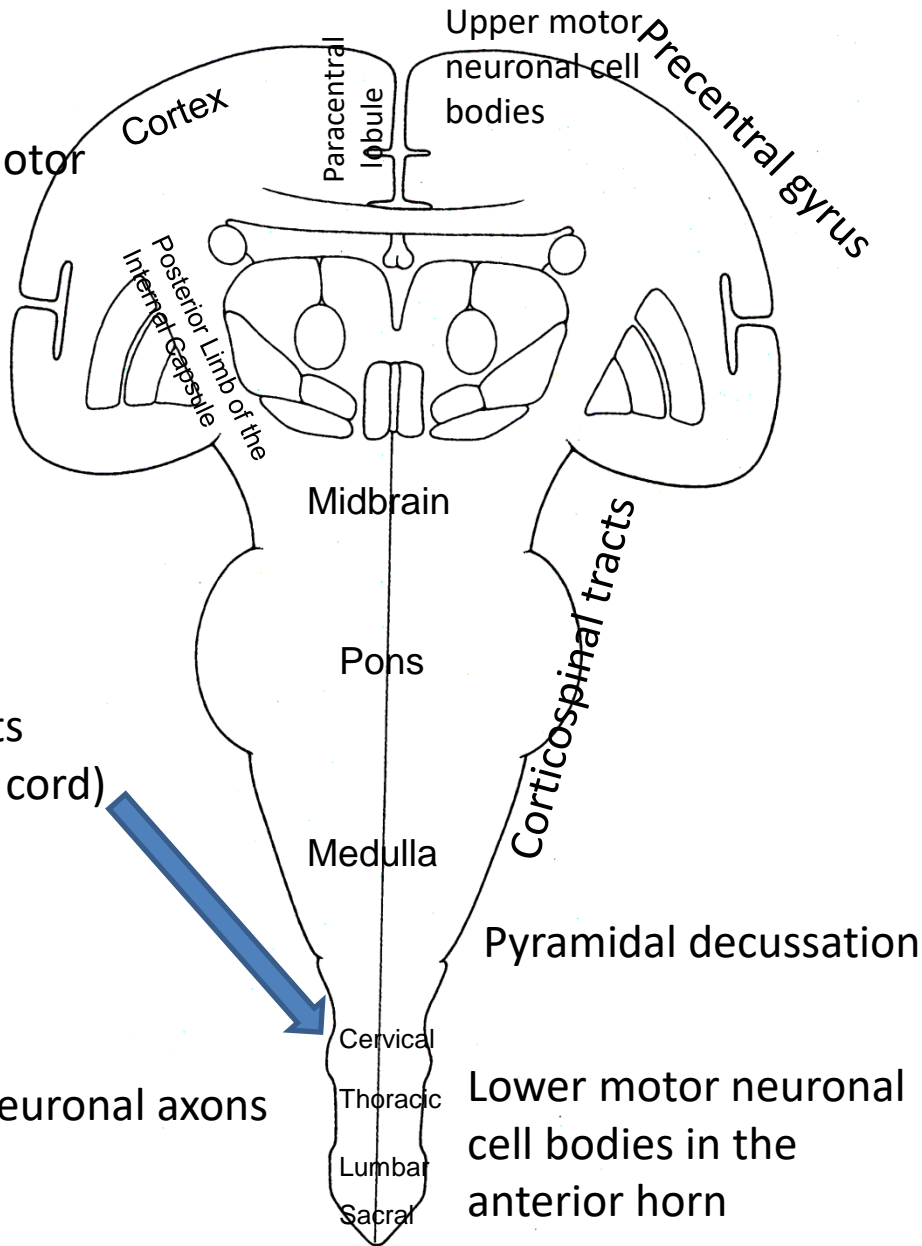
Haines diagram :

**Voluntary Motor Pathway =**

Consists of a 2 neuron chain: upper and lower motor neurons that innervate skeletal muscle

**Key points to remember:**

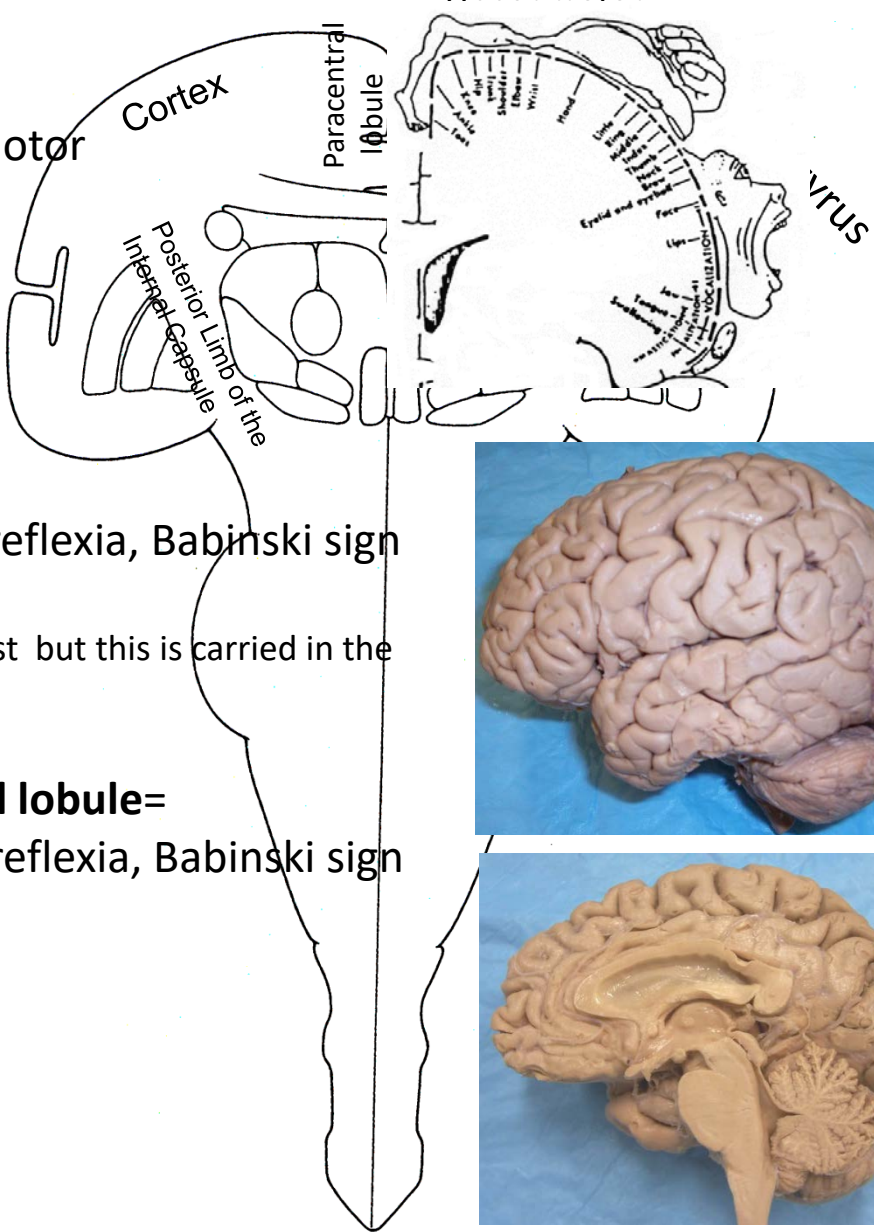
- Upper motor neuron lesion** = spastic paresis, hypertonia hyperreflexia, Babinski sign
- Lower motor neuron lesion** = flaccid paralysis, hypotonia, hyporeflexia, atrophy



Haines diagram :

**Voluntary Motor Pathway =**

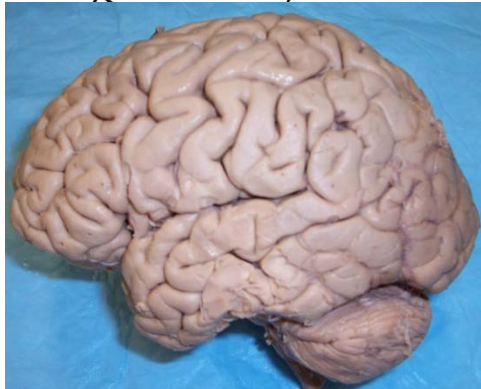
Consists of a 2 neuron chain: upper and lower motor neurons that innervate skeletal muscle



**Lesion to the postcentral gyrus =**

Contralateral spastic paresis, hypertonia, hyperreflexia, Babinski sign from the neck to hip

\*\*\* contra upper motor signs to the head/face will also be lost but this is carried in the trigeminal motor (corticobulbar) pathways



**Lesion to the anterior aspect of the paracentral lobule=**

Contralateral spastic paresis, hypertonia, hyperreflexia, Babinski sign from the knee to foot

Upper extremity

Trunk

Knee, leg, foot

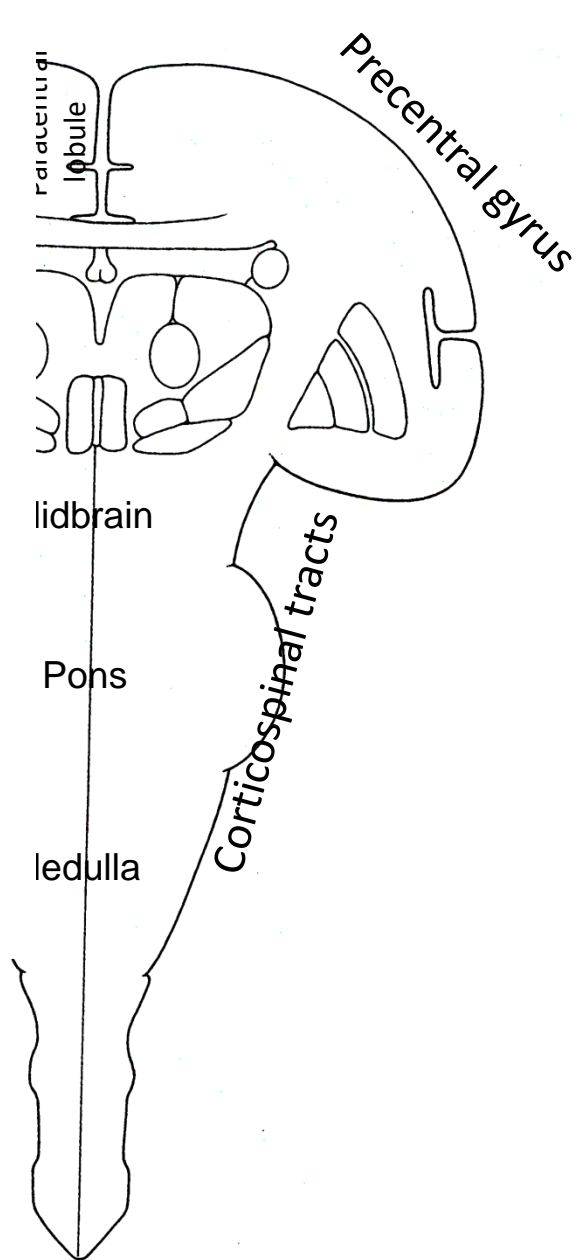
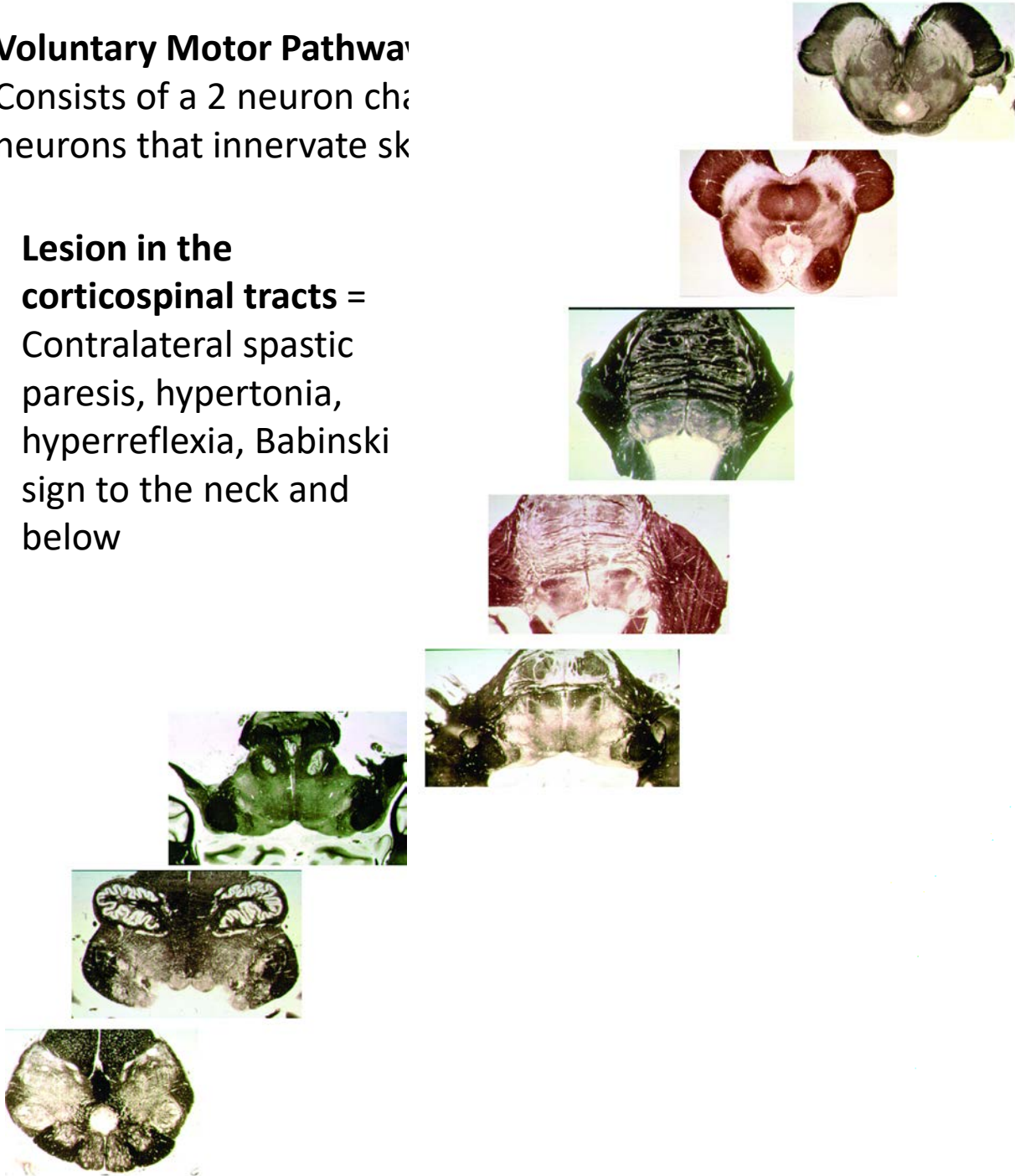


# Voluntary Motor Pathway

Consists of a 2 neuron chain  
neurons that innervate skeletal muscles

## Lesion in the corticospinal tracts =

Contralateral spastic paresis, hypertonia, hyperreflexia, Babinski sign to the neck and below





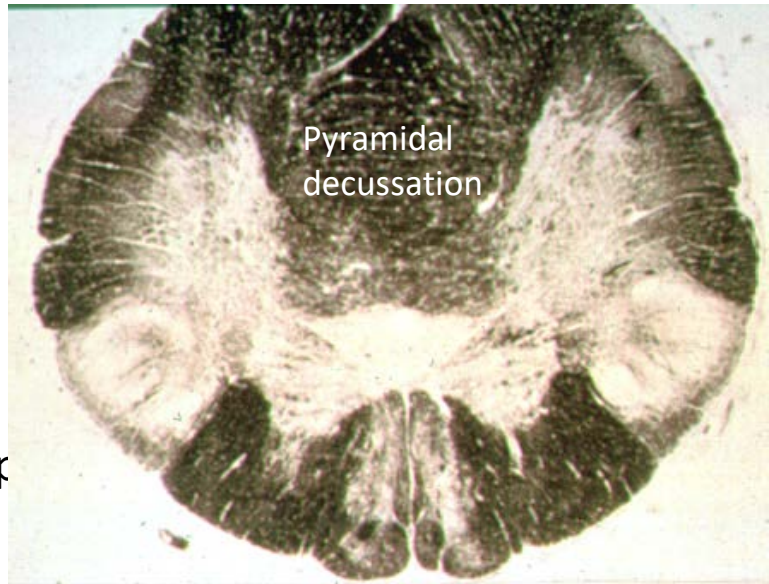
Haines diagram :

**Voluntary Motor Pathway =**

Consists of a 2 neuron chain: upper and lower motor neurons that innervate skeletal muscle

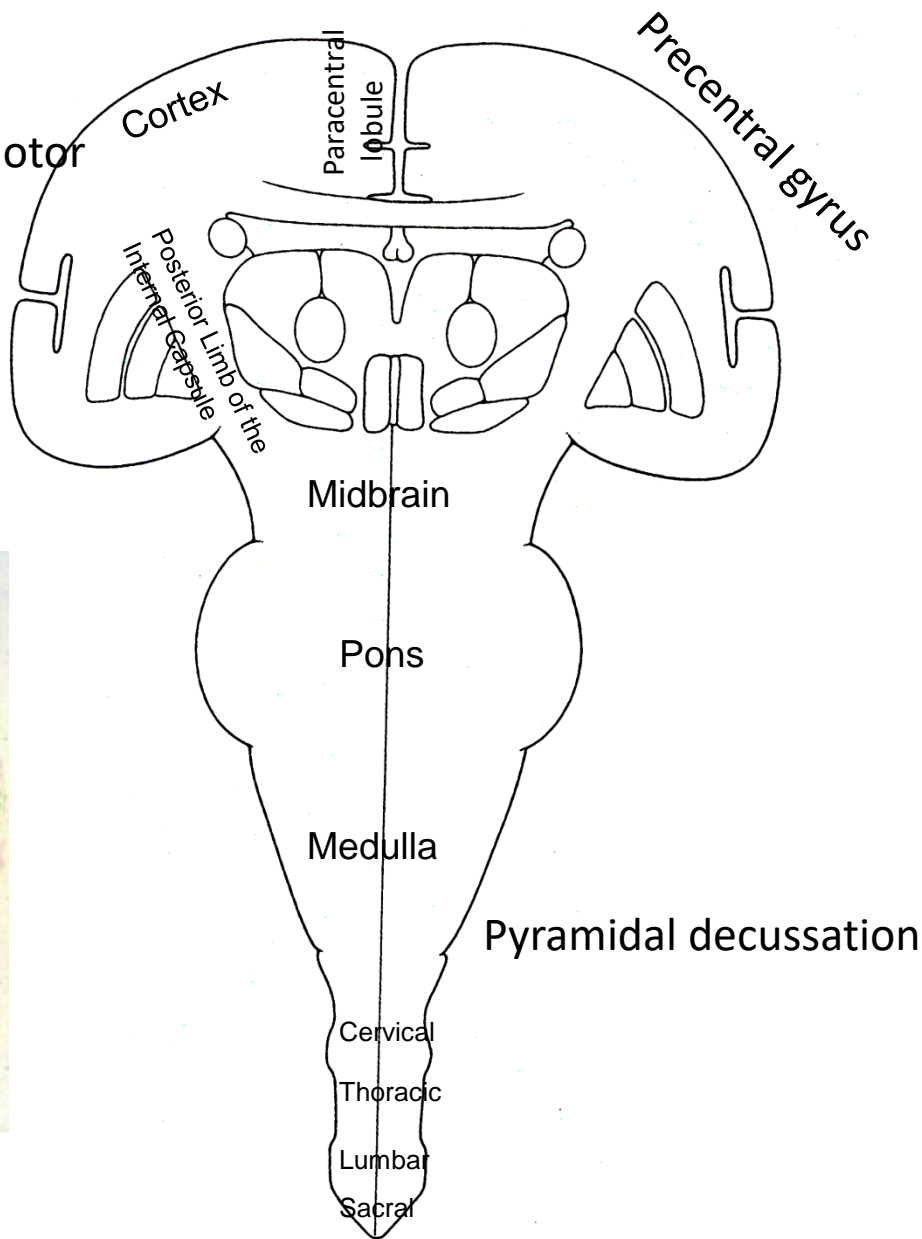
**Lesion in the pyramidal decussation =**

Bilateral spastic paresis, hypertonia, hyperreflexia, Babinski sign to the neck and below (body)



Trunk

Knee, leg, foot



Haines diagram :

**Voluntary Motor Pathway =**

Consists of a 2 neuron chain: upper and lower motor neurons that innervate skeletal muscle

**Lesion in the lateral corticospinal tracts =**

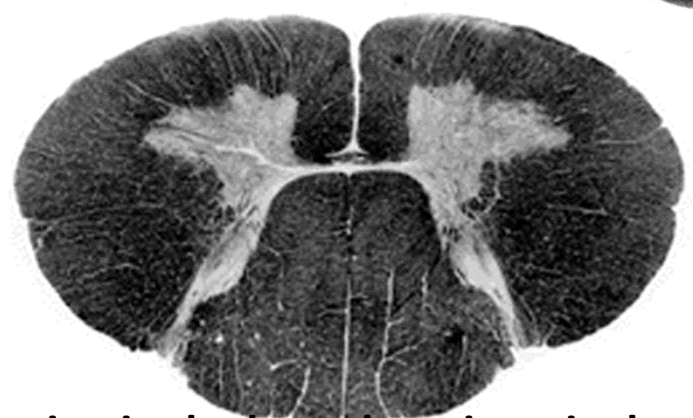
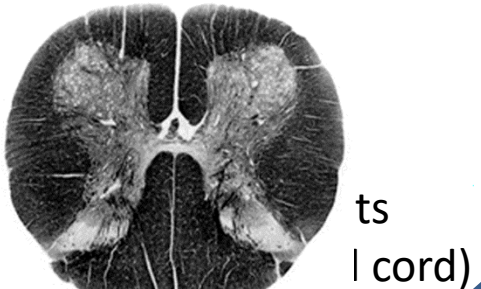
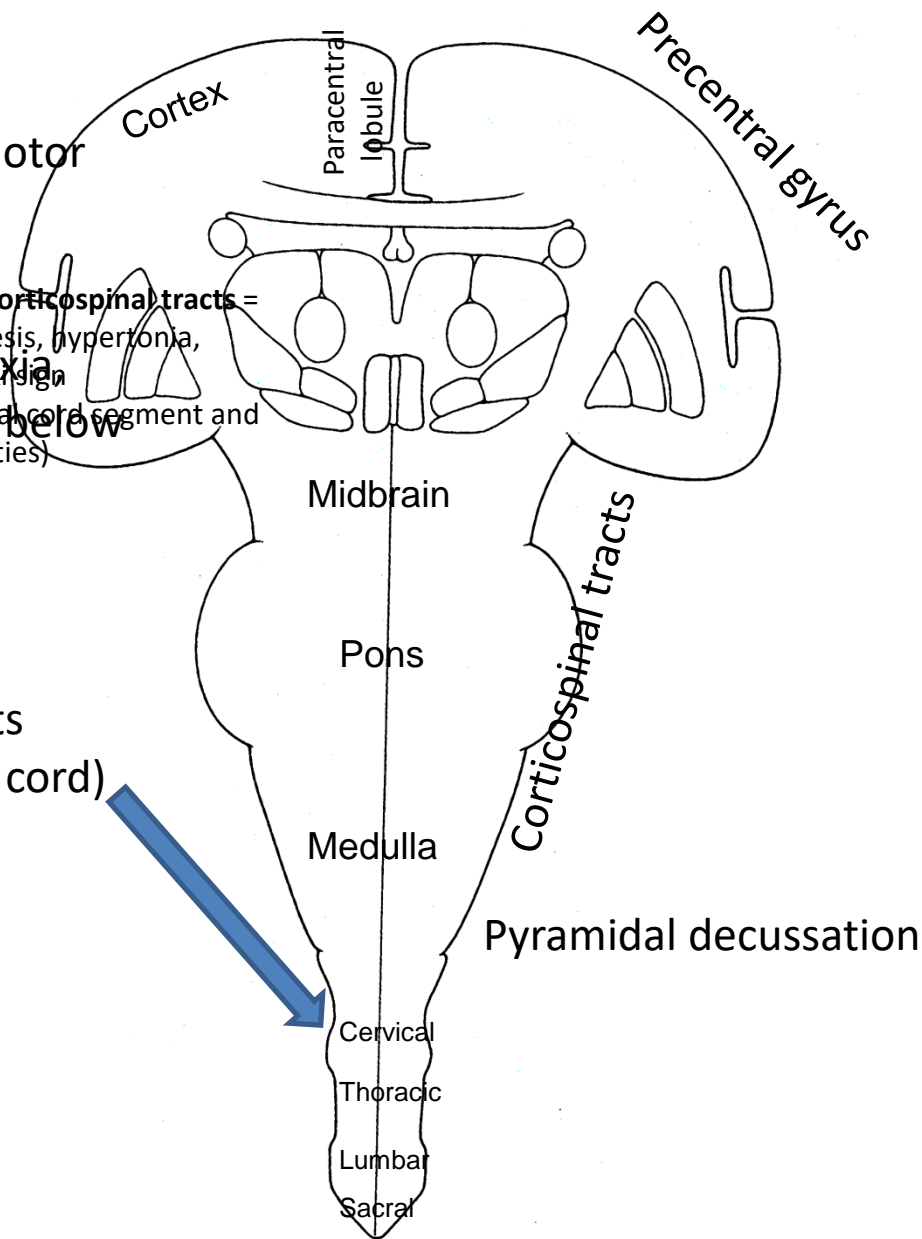
Ipsilateral spastic paresis, hypertonia, hyperreflexia, Babinski sign from this **thoracic** spinal cord segment and below (trunk and below)

**Lesion in the lateral corticospinal tracts =**

Ipsilateral spastic paresis, hypertonia, hyperreflexia, Babinski sign from this **lumbar** spinal cord segment and below (lower extremities)

**Lesion in the lateral corticospinal tracts =**

Ipsilateral spastic paresis, hypertonia, hyperreflexia, Babinski sign from this **cervical** spinal cord segment and below (neck and below)



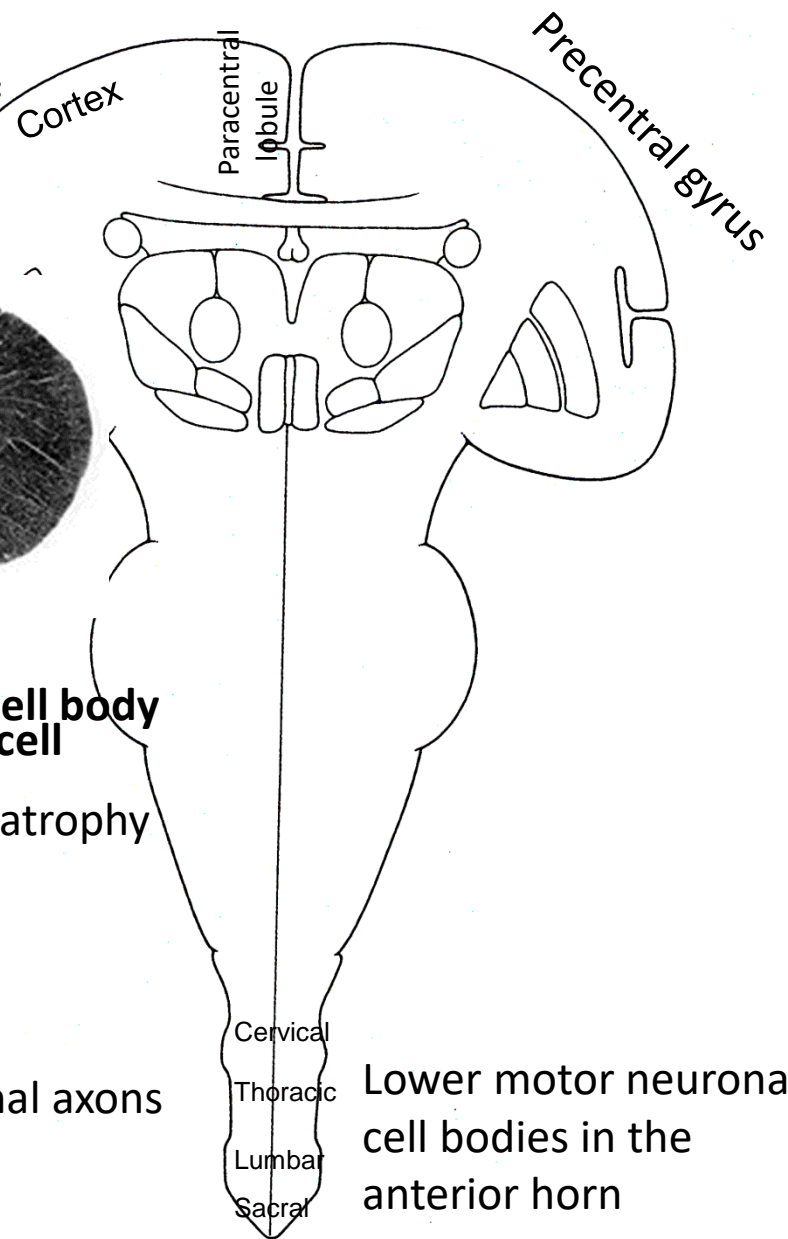
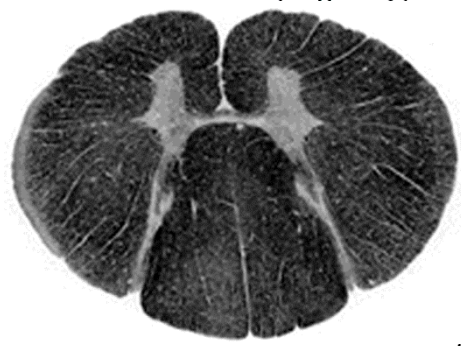
**Lesion in the lateral corticospinal tracts =**

Ipsilateral spastic paresis, hypertonia, hyperreflexia, Babinski sign from this **cervical** spinal cord segment and below (neck and below)

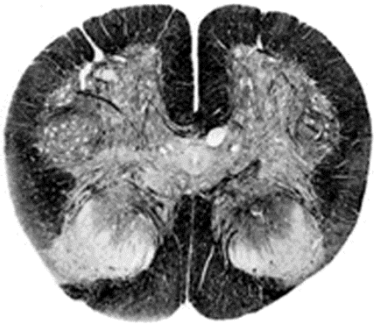
**Haines diagram**  
**Voluntary Motor Pathway**  
 Consists of a 2 neuron chain: upper and lower motor neurons that innervate skeletal muscle

**Lesion to the anterior horn lower motor neuronal cell body or its peripheral axon:**  
 Ipsilateral flaccid paralysis, hypotonia, hyporeflexia, atrophy from this cervical spinal cord segment **ONLY**

**Lesion to the anterior horn lower motor neuronal cell body or its peripheral axon:**  
 Ipsilateral flaccid paralysis, hypotonia, hyporeflexia, atrophy from this thoracic spinal cord segment **ONLY**



**Lesion to the anterior horn lower motor neuronal cell body or its peripheral axon:**  
 Ipsilateral flaccid paralysis, hypotonia, hyporeflexia, atrophy from this sacral spinal cord segment **ONLY**



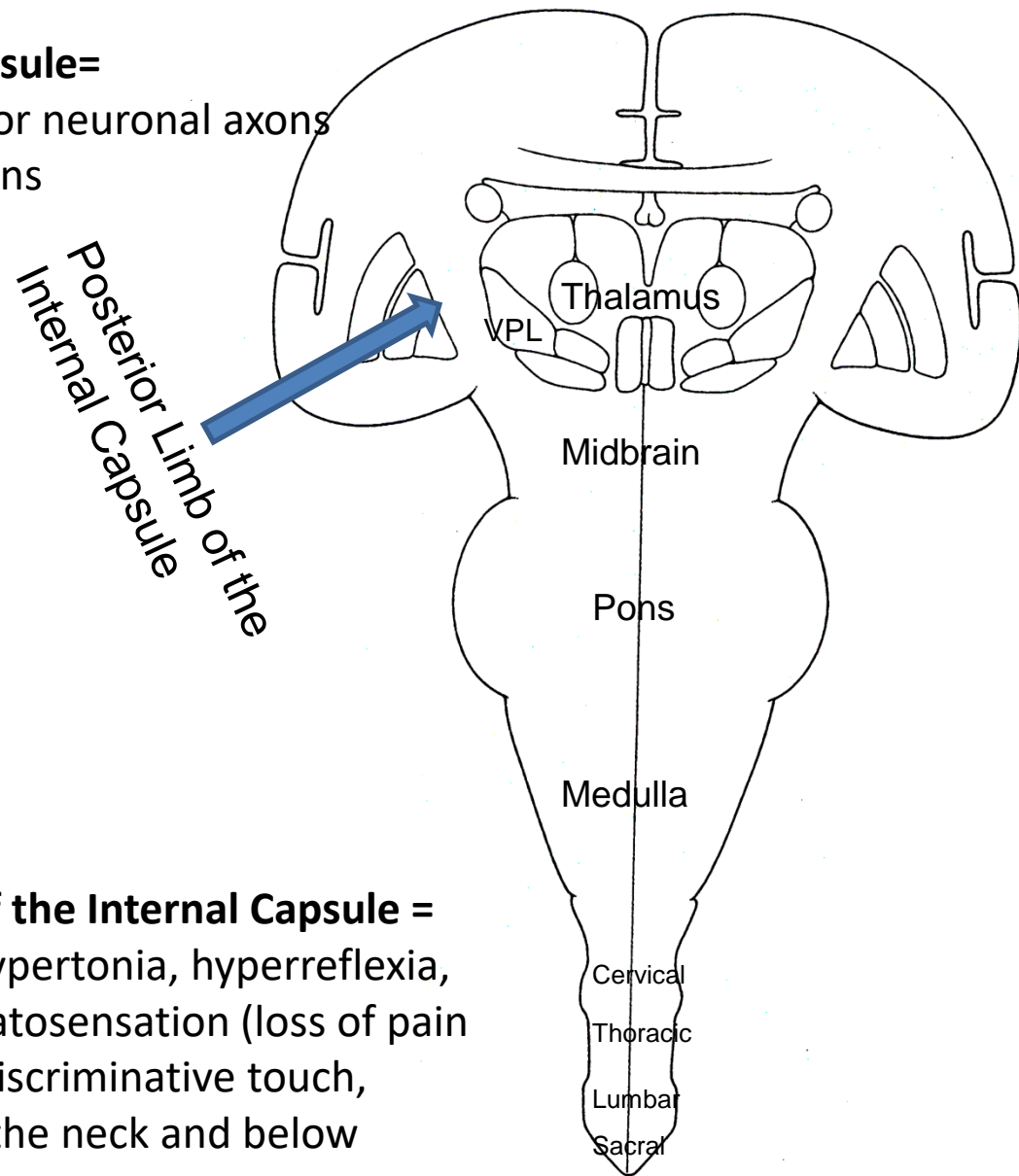
ty  
 Peripheral lower motor neuronal axons

Lower motor neuronal cell bodies in the anterior horn

Haines diagram :

**Posterior Limb of the Internal Capsule=**

Consists of descending upper motor neuronal axons  
And ascending somatosensory axons



**Lesion to the Posterior Limb of the Internal Capsule =**

Contralateral spastic paresis, hypertonia, hyperreflexia,  
Babinski sign **AND** loss of somatosensation (loss of pain  
and temperature **AND** loss of discriminative touch,  
vibration, position sense from the neck and below  
(body)