

Objectives: Fall 2025

The Anxiety Disorders

At the end of this 4 hour lecture the student will better understand:

1. What is anxiety and when it can be helpful
2. Freud and theories related to anxiety
3. The adaptive function of anxiety
4. The physical signs of anxiety
5. The Anxiety Disorders found in DSM-5-TR
6. The prevalence of the Anxiety Disorders
7. What is a Panic Attack
8. What are the symptoms of a Panic Attack
9. What is a Panic Disorder
10. What is agoraphobia
11. Phobias
 - a. The most common types of Phobias
 - b. Specific Phobias
 - c. Treatment of Phobias
12. What is Social Phobia (Social Anxiety Disorder)
 - a. Treatment of Social Phobia
13. Generalized Anxiety Disorder, and its treatment
14. What is a Substance /Medication Induced Anxiety Disorder
15. What is an Anxiety Disorder due to another Medical Condition
16. What is Other Specified Anxiety Disorder
17. What is an Unspecified Anxiety Disorder

Obsessive Compulsive and Related Disorders

1. Obsessive Compulsive Disorder
2. Body Dysmorphic Disorder
3. Hoarding Disorder
 - a. Animal Hoarding
4. Trichotillomania (Hair Pulling Disorder)
5. Excoriation (Skin Picking) Disorder
6. Other Obsessive-Compulsive Related Disorders
 - a. Substance/ Medication-Induced Obsessive Compulsive and Related Disorder
 - b. Obsessive Compulsive and Related Disorder Due to Another Medical Condition
7. Body Dysmorphic Disorder
8. Hoarding Disorder
9. Hair-Pulling Disorder (Trichotillomania)
10. Excoriation (Skin Picking) Disorder

The Trauma and Stressor Related Disorders

1. Posttraumatic Stress Disorder
2. Acute Stress Disorder
3. Adjustment Disorders
4. Prolonged grief Reaction
5. Other Specified Trauma-& Stressor-Related Disorder
6. Unspecified Trauma-and Stressor-Related Disorder

The Dissociative Disorders:

At the end of this 4 hour lecture the student will better understand:

1. Dissociative Identity Disorder (Formerly Multiple Personality Disorder)
 - A. Criteria noted in DSM-5-TR
 1. Symptoms typically displayed
 2. Postulated causes
 3. Treatment approaches
2. Dissociative Amnesia
 - A. Criteria noted in DSM-5-TR
 - B. Important epidemiological data
 - C. The specifier of fugue and its meaning
3. Depersonalization/Derealization Disorder
 - A. Criteria noted in DSM-5-TR
4. Important clinical points Regarding the Dissociative disorders