Puder's Tips and Tricks to Answering Lesion Questions

As requested, I am providing my little tips and tricks to answering lesion questions regarding the 3 body pathways.

I. Where and When to these pathways cross?

- For sensory pathways it is always the 2nd order neuron axon that crosses over (decussates).
 This is true for all sensory pathways except the taste (gustatory) pathway.
- 2. For the motor pathway it is the upper motor neuron whose axons crosses.

II. Ipsilateral vs. Contralateral

1. **Ipsilateral lesions** are structures located **below the crossing** for that respective pathway and **Contralateral lesions** are structures located **above the pathway crossing**.

For example: Substantia gelatinosa is below the anterior white commissure so it will be an ipsilateral loss of pain/temperature.

Anterolateral system (spinothalamic tracts) are **above the anterior white commissure** so it will be a **contralateral loss of pain and temperature**.

III. Gray vs. White matter

Structures lesioned in **gray matter** will show signs/symptoms **at that level only** whereas **white matter lesions** are **from the level of the lesion and below**.

Exception to this is the **anterior white commissure** which is white matter but you can think of it as gray matter because an **anterior white commissure lesion affects that level only.**

Also be careful of **Fasciculus gracilus** and **Fasciculus cuneatus** – they are white matter tracts but **fasciculus gracilus contains neurons from T6 – Co 1 and**

fasciculus cuneatus contains neurons from C1 - T6,

so it is best to describe a fasciculus cuneatus lesion as affecting the upper half of the body and fasciculus gracilus lesion affecting the lower half of the body.

I hope that was helpful @

Enjoy!