

**JASON TAYLOR**

**Doctor: Caitlin Acosta**

DOB: Jun 22 1973

**Clinical setting:** family practice office

**Reason for visit:** establish care/meet the practice and SC/SDOH

**Height:** 5 feet 10 inches

**BMI:** 27

**BP:** 122/74

**Temp:** 98.8

**HR:** 90

**RR:** 14 SaO2: 96% on room air

- Chief Complaint: pain in elbow and back
  - Had it for years
  - Pain scale 3-4
  - Comes and go pain
    - Intermittent Only in elbow and back
  - Lasts: day or two pain
  - “bruce something pain”
  - OTC supplements (maybe ibuprofen)
  - Pain is on dominant elbow
  - - Switched insurance from work
    - Meet the doctor (social determinants of health)
    -
- Any other medication ==> no
- Supplements
  - Multivitamin (deeya don’t know how much)
- Allergies
  - Allergic to penicillin ==> rash
  - No latex, food,
  -
- Trauma
  - No falls, accidents, no other surgeries aside from gall bladder

- Surgery
  - Gall bladder a year ago
  - Healing fine
- PMH
  - COPD ==> inhaler (meta\_\_\_\_) (formatabyl\_\_\_\_ 2 puffs a day) (might skip 1 and try to make it last longer)
    - Had it for a few years
  - GERD in past but resolved (4 years ago)
  - PIN ( ibuprofen as need 1pill at a time)

### **Drugs and Alcohol**

- 2 drinks after work, more on the weekends ( 10-12 a week)
- 1 ppd 30+ years (used to do 2ppd)
  - Last year was when he cut down
  - Not really interested “man get used to his pleasures”
- 4-5 caffeinated drinks per day

### **Housed!**

- had three daughters and live w wife
- No pets
- Sexually active with wife

### **Diet**

- fast food for lunch
- Hamburger helper, tuna helper ==> whatever is there
- Fruits include from canned fruit

### **Occupation**

- walking a lot as his car broke down
- Construction
  - FMH
    - Dad has high blood pressure and heart attack
    - Older brother w/ high cholesterol
    - Moms alive

## PREPARE Screening

- Are you Hispanic/latino? ==> no
- Race ==> white
- Migrant/Farmwork ==> none
- Army? ==> army right after high school, 6 years honorable discharge
  - Assistant to engineers
    - Enjoy working w hands
- Primary language: English
- Lives w wife and housed
- Housing?
  - Close to getting mortgage paid off
  - Bills getting paid
  - Neighborhood is chill
    - 1210 park view
- High school education
- Full time at work
- Had to get a pay cut due to no car
  - Couple weeks ago
- Anthem insurance
- Income:
  - Total combined income: 75,000 when both working, but likely cut in half
    - Wife lost her job at Safeway while ago
    - Looking for another job
- Resources
  - Eat every day => canned fruit, hamburger helper
    - \*\*\*might wanna introduce to CalFresh
  - 
  - Clothing: thrift
  - Utilities
    - PGE bills paid
  - Insurance
    - Dental, mental
  - Phone service
  - No other resources
- Inhaler
  - Trying to stretch the inhaler
  - \$20 copay
- Loss of transportation
  - Difficulty getting to pharmacy
- Social and emotional
  - Talk to wife everyday
    - “She’s the best” ==> emotionally and physically safe
  - Talk to kids 1/week
  - Stress: “medium”
- Jail/Prison

- Not in jail or prison
- Feel physical and emotionally safe

## POST DISCUSSION

1. Personalize discussion
  - a. Jaclyn had a lot of suggestions about the VA as it would give him services that he would be much more receptive to
2. Should I relate?
  - a. Up to you! As you long as you keep focus on patients
3. Copay?  $\Rightarrow$  pay for it
4. How much should I know about insurance?
5. Final Caitlin Remarks:
  - a. Transportation  $\Rightarrow$  Car Repair
  - b. Get in contact with veteran affairs
    - i.
  - c. Smoking  $\Rightarrow$  later conversation
6. **Caitlin:**
  - a. *"We want to make sure you have access to everything you need:"*
    - i. *Resources here we have w/ social worker*
      1. *Car breaking down  $\Rightarrow$  programs for veterans such as car repair*
        - a. *Operation Family Fund  $\Rightarrow$  great program that we can work with them before*
      2. *Skipping doses for COPD  $\Rightarrow$  veteran programs*
        - a. *Veterans INC  $\Rightarrow$  gives discounts on medication*
        - b. *Mail order pharmacies  $\Rightarrow$  champ VA*
        - c. *Mail the medication*
      3. *Eating everyday  $\Rightarrow$  CalFresh, SNAP*
        - a. *"Free up some finances"*
        - b. *Temporary assistance*
          - i. *Patient seemed a little hesitant*

## STANDARDIZED PATIENT FEEDBACK

1. Non Judgemental about drinking, smoking, or poor diet
  - a. Didn't press about smoking or finances
2. Didn't take the questions super seriously