



OMM Clinical Encounter

Name _____

DOB _____

S History CC: _____ Date: _____

HPI: Onset, Location, Duration, Radiation, Character, Aggravating/Relieving factors, Radiation, Timing, Severity (Pain 0 to 10)
[Include response to previous treatment, Client ed. instructions, etc.]

Past Medical, Surgical, Trauma History, Allergies and Medications:

Reviewed and unchanged ☐ Update:

Social History: Tobacco, Caffeine, ETOH, Rec. drugs, Occup./Hobbies/Exercise

Pertinent Review of Systems: (Constitutional, HEENT, CV, Resp, MSK, Neuro, GI, GU, Skin, Psych, Endo, Heme/Lymph, Allerg/Immunol)
Note: 3 relevant systems with 3 symptoms each are required for a SOAP note

Note: Remember ABC's of OMM: Autonomic (para/sympathetic), Biomechanical, Circulatory (blood/lymphatic), Screen
Note: This is to help you think about what region to evaluate based on the chief complaint.

Region to investigate structurally for:			
<u>Autonomics</u>	<u>Biomechanical</u>	<u>Circulatory</u>	<u>Screen</u>

O Physical Examination: (based on CC, LBP = LE neuro/MSK, HA = UE neuro/MSK, sinus = HEENT, SOB = CardioResp)

General: In Distress? ☐ No ☐ Mild ☐ Moderate ☐ Severe

Psych: Mental Status: Alert & Oriented x ____ Mood/Affect: ☐ appropriate ☐ depressed ☐ flat ☐ anxious ☐ agitated

HEENT:

CardioRespiratory:

Neurologic:

Musculoskeletal:

Other:

Osteopathic Structural Findings

Severity Scale: 0=No SD, 1= Minor TART 2=obvious TART 3=Areas of Greatest Restriction

Region Evaluated	Severity 0 1 2 3	Somatic Dysfunction TART Findings – Segmental Definition: T5 FR _R S _R , L on R Sacral torsion, etc.	Treatment Method (Circle or write in)
Head (including OA)			Articulatory BLT Counterstrain FPR Lymphatic ME MFR OCMM Soft Tissue Visceral
Cervical			Articulatory BLT Counterstrain FPR Lymphatic ME MFR OCMM Soft Tissue Visceral
Thoracic T 1-4			Articulatory BLT Counterstrain FPR Lymphatic ME MFR OCMM Soft Tissue Visceral
T 5-9			Articulatory BLT Counterstrain FPR Lymphatic ME MFR OCMM Soft Tissue Visceral
T 10-12			Articulatory BLT Counterstrain FPR Lymphatic ME MFR OCMM Soft Tissue Visceral
Lumbar			Articulatory BLT Counterstrain FPR Lymphatic ME MFR OCMM Soft Tissue Visceral
Sacrum/Pelvis			Articulatory BLT Counterstrain FPR Lymphatic ME MFR OCMM Soft Tissue Visceral
Pelvis/Innom.			Articulatory BLT Counterstrain FPR Lymphatic ME MFR OCMM Soft Tissue Visceral
Extremities Lower			Articulatory BLT Counterstrain FPR Lymphatic ME MFR OCMM Soft Tissue Visceral
Extremities Upper			Articulatory BLT Counterstrain FPR Lymphatic ME MFR OCMM Soft Tissue Visceral
Ribs/ Diaphragm			Articulatory BLT Counterstrain FPR Lymphatic ME MFR OCMM Soft Tissue Visceral
Abdom./Other/ Zink			Articulatory BLT Counterstrain FPR Lymphatic ME MFR OCMM Soft Tissue Visceral

A Diagnoses MUST list Medical Diagnoses (Bronchitis, Headache, Low Back pain, etc) in addition to Somatic Dysfunction Dx

1)			Somatic Dysfunction of Lumbar
			Somatic Dysfunction of Sacrum
			Somatic Dysfunction of Pelvis/Innominate
			Somatic Dysfunction of Lower Extremities
	Somatic Dysfunction of Head		Somatic Dysfunction of Upper Extremities
	Somatic Dysfunction of Cervical		Somatic Dysfunction of Ribs
	Somatic Dysfunction of Thoracic		Somatic Dysfunction of Abdom./Other

*List in order of priority with allopathic diagnoses first

P Plan

(#of regions treated) ☐ 1-2 regions ☐ 3-4 regions ☐ 5-6 regions ☐ 7-8 regions ☐ 9-10 regions

Response to treatment: ☐ Resolved ☐ Improved ☐ Unchanged ☐ Worse _____

Follow up:

Student Doctor (s) Name: _____ OMS2 Student Doctor (s) Signature: _____