

Touro OMM Blueprint

Fall OMS1

- Competently perform an osteopathic structural exam and identify somatic dysfunction
- Effectively utilize techniques learned this semester to correct somatic dysfunction in the appropriate region
- Begin to develop ever-deepening perceptual and palpatory skills as part of your personal path through Medicine in the Osteopathic tradition.

Spring OMS1

- Confidently perform an osteopathic structural exam and identify key somatic dysfunctions
- Be able to prioritize which dysfunctions are most severe
- Incorporate screening methods like Zink, fluid wave, and fascial pull
- Effectively utilize techniques learned this semester to correct somatic dysfunction in the appropriate region
- Refine previously learned techniques, deepening palpatory sense

Fall OMS2

- Begin to integrate osteopathic structural examination with allopathic examination according to chief complaint
- Effectively utilize techniques learned this semester to correct somatic dysfunction in the appropriate region
- Refine previously learned techniques, deepening palpatory sense, and develop wisdom regarding when to use which and why

Spring OMS2

- Effectively utilize techniques learned this semester to correct somatic dysfunction in the appropriate region
- Continue to integrate osteopathic structural examination into allopathic examination
- Confidently screen a patient and identify key areas of somatic dysfunction

- Engage wisdom of techniques to choose which to use according to clinical context and palpation

OMS 3

- Refine the incorporation of your osteopathic structural exam and OMT into clinical practice during clinical rotations
- Adapt OMT to the clinical setting and novel scenarios utilizing the ABCs of osteopathic medicine

OMS 4

- Integrate clinical acumen to effectively and efficiently evaluate and treat patients with OMM and selecting appropriate OMT approaches.

Enjoy The Journey