

```

--
-- File generated with SQLiteStudio v3.4.4 on Wed May 8 11:55:54 2024
--
-- Text encoding used: System
--

PRAGMA foreign_keys = off;
BEGIN TRANSACTION;

-- Table: ExerciseByBodypart
DROP TABLE IF EXISTS ExerciseByBodypart;

CREATE TABLE IF NOT EXISTS ExerciseByBodypart (
    Category INTEGER NOT NULL,
    ExerciseID INTEGER PRIMARY KEY AUTOINCREMENT
        UNIQUE
        NOT NULL,
    Name TEXT UNIQUE
        NOT NULL
)
STRICT;

-- Table: WorkoutLog
DROP TABLE IF EXISTS WorkoutLog;

CREATE TABLE IF NOT EXISTS WorkoutLog (
    DateTime INTEGER PRIMARY KEY
        NOT NULL
        UNIQUE,
    TemplateID INTEGER NOT NULL
        REFERENCES WorkoutTemplate (TemplateID),
    Comment TEXT
)
STRICT;

-- Table: WorkoutTemplate
DROP TABLE IF EXISTS WorkoutTemplate;

CREATE TABLE IF NOT EXISTS WorkoutTemplate (
    TemplateID INTEGER PRIMARY KEY AUTOINCREMENT
        UNIQUE
        NOT NULL,
    Name TEXT UNIQUE
        NOT NULL,
    LegExID INTEGER REFERENCES ExerciseByBodypart (ExerciseID),
    BackExID INTEGER REFERENCES ExerciseByBodypart (ExerciseID),
    ChestExID INTEGER REFERENCES ExerciseByBodypart (ExerciseID),
    ShoulderExID INTEGER REFERENCES ExerciseByBodypart (ExerciseID),
    BiceptExID INTEGER REFERENCES ExerciseByBodypart (ExerciseID),

```

```
        TriceptExID INTEGER REFERENCES ExerciseByBodypart (ExerciseID)
    )
    STRICT;
```

```
-- Table: WorkoutWeightSetReps
DROP TABLE IF EXISTS WorkoutWeightSetReps;
```

```
CREATE TABLE IF NOT EXISTS WorkoutWeightSetReps (
    TemplateID INTEGER REFERENCES WorkoutTemplate (TemplateID),
    Weight    INTEGER,
    Sets      INTEGER,
    Reps      INTEGER
)
STRICT;
```

```
COMMIT TRANSACTION;
PRAGMA foreign_keys = on;
```

SQLiteStudio (3.4.4) - [WorkoutLog (FitnessApp)]

DatabaseStructureViewToolsHelp

Databases

Filter by name

FitnessApp (SQLite 3)

Tables (4)

ExerciseByBodypart

WorkoutLog

WorkoutTemplate

WorkoutWeightSet...

Views

StructureDataConstraintsIndexesTriggersDDL

FitnessApp

Table name: WorkoutLog

☐ WITHOUT ROWID

☒ STRICT

	Name	Data type	Primary Key	Foreign Key	Unique	Check	Not NULL	Collate	Generated	Default value
1	DateTime	INTEGER								NULL
2	TempolatteID	INTEGER								NULL
3	Comment	TEXT								NULL

TypeName

Details

Status

[17:11:46] Committed changes for table 'WorkoutTemplate' successfully.

[17:17:07] Committed changes for table 'WorkoutWeightSetReps' successfully.

[17:22:56] Committed changes for table 'ExerciseByBodypart' successfully.

[17:40:29] Export to the clipboard was successful.

[17:41:46] Export to the clipboard was successful.

[17:53:46] Export to the clipboard was successful.

WorkoutLog (FitnessApp)

WorkoutTemplate (FitnessApp)

WorkoutWeightSetReps (FitnessApp)

ExerciseByBodypart (FitnessApp)

SQL editor 1

SQLiteStudio (3.4.4) - [WorkoutTemplate (FitnessApp)]

DatabaseStructureViewToolsHelp

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Filter by name

FitnessApp (SQLite 3)

Tables (4)

ExerciseByBodypart

WorkoutLog

WorkoutTemplate

WorkoutWeightSet...

Views

StructureDataConstraintsIndexesTriggersDDL

FitnessApp

Table name: WorkoutTemplate

☐ WITHOUT ROWID

☒ STRICT

	Name	Data type	Primary Key	Foreign Key	Unique	Check	Not NULL	Collate	Generated	Default value
1	TemplateID	INTEGER								NULL
2	Name	TEXT								NULL
3	LegExID	INTEGER								NULL
4	BackExID	INTEGER								NULL
5	ChestExID	INTEGER								NULL
6	ShoulderExID	INTEGER								NULL
7	BicepExID	INTEGER								NULL
8	TricepExID	INTEGER								NULL

TypeName

Details

Status

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WorkoutLog (FitnessApp)

WorkoutTemplate (FitnessApp)

WorkoutWeightSetReps (FitnessApp)

ExerciseByBodypart (FitnessApp)

SQL editor 1

SQLiteStudio (3.4.4) - [WorkoutWeightSetReps (FitnessApp)]

Database Structure View Tools Help

Databases

Filter by name

FitnessApp (SQLite 3)

Tables (4)

ExerciseByBodypart

WorkoutLog

WorkoutTemplate

WorkoutWeightSetReps

Views

Structure

Data

Constraints

Indexes

Triggers

DDL

Table name: WorkoutWeightSetReps

☐ WITHOUT ROWID

☒ STRICT

Name	Data type	Primary Key	Foreign Key	Unique	Check	Not NULL	Collate	Generated	Default value
1 TemplateID	INTEGER								NULL
2 Weight	INTEGER								NULL
3 Sets	INTEGER								NULL
4 Reps	INTEGER								NULL

Type

Name

Details

Status

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SQL editor 1

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Tables (4)

ExerciseByBodypart

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WorkoutTemplate

WorkoutWeightSetReps

Views

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Triggers

DDL

Table name: ExerciseByBodypart

☐ WITHOUT ROWID

☒ STRICT

Name	Data type	Primary Key	Foreign Key	Unique	Check	Not NULL	Collate	Generated	Default value
1 Category	INTEGER								NULL
2 ExerdseID	INTEGER								NULL
3 Name	TEXT								NULL

Type

Name

Details

Status

[17:11:46] Committed changes for table 'WorkoutTemplate' successfully.

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SQL editor 1