**PSYCHOLOGY AND COUNSELLING COURSE OUTLINE**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **PSYC YR I** | | **Semester I** | **T** | **P** | **TC** |
| PSYC | 100 | Introduction to Psychology | 3 | 0 | 3 |
| PSYC | 102 | Introduction to Counselling | 3 | 0 | 3 |
| GEC | 100 | Communication Skills: English for Academic Purposes | 3 | 0 | 2 |
| GEC | 101 | Introduction to Computing Literacy | 1 | 1 | 1.67 |
| GEC | 103 | Introduction to the Bible: Christian Development | 3 | 0 | 2 |
| GEC | 104 | HIV/AIDS Prevention, Management and Counselling | 3 | 0 | 3 |
| BSN | 100 | Anatomy and Physiology | 3 | 0 | 3 |
| **Total** |  |  |  |  | **17.67** |
|  |  | **Recess Term** |  |  |  |
|  |  | **Semester II** |  |  |  |
| PSYC | 108 | Introduction to Psychology (Cont.) | 3 | 0 | 3 |
| PSYC | 109 | Introduction to counselling(Cont.) | 3 | 0 | 3 |
| BSN | 105 | Anatomy and Physiology | 3 | 0 | 3 |
| PSYC | 111 | Introduction to Social Psychology and Culture | 3 | 0 | 3 |
| BSN | 112 | Sociology | 3 | 0 | 3 |
| GEC | 106 | Christian Ethics | 2 | 0 | 2 |
| PSYC | 114 | Community Psychology | 3 | 0 | 3 |
| **Total** |  |  |  |  | **20** |
|  |  | **Recess Term** |  |  |  |
| **PSYC. YR II** | | **Semester III** |  |  |  |
| PSYC | 201 | Conceptual and Historical Issues in Psychology | 3 | 0 | 3 |
| PSYC | 202 | Introduction to Psychopathology I | 3 | 0 | 3 |
| PSYC | 203 | Learning and Cognitive Psychology | 3 | 0 | 3 |
| PSYC | 204 | Introduction to Group Dynamics | 3 | 0 | 3 |
| PSYC | 205 | The Science in Qualitative and Quantitative Methods in Psychology I | 3 | 0 | 3 |
| PSYC | 206 | Probability and Statistics | 3 | 0 | 3 |
| **Total** |  |  |  |  | **18** |
|  |  | **Semester IV** |  |  |  |
| PSYC | 207 | Introduction to Social Psychology and Culture | 3 | 0 | 3 |
| PSYC | 208 | Introduction to Organizational and Management Psychology | 3 | 0 | 3 |
| PSYC | 209 | Introduction to Humanistic and Behavioural Theories | 3 | 0 | 3 |
| PSYC | 210 | Introduction to Rehabilitation Counselling Theories I | 3 | 0 | 3 |
| PSYC | 211 | Developmental Psychology I | 3 | 0 | 3 |
| PSYC | 212 | The Science in Qualitative and Quantitative Methods in Psychology II | 3 | 0 | 3 |
| **Total** |  |  |  |  | **18** |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
| **PSYC.** | **YRIII** | **Semester V** |  |  |  |
| PSYC | 301 | Foundations in Biological Basis of Human Behaviour I | 3 | 0 | 3 |
| PSYC | 302 | Motivation Theories and Clinical Reinforcement | 3 | 0 | 3 |
| PSYC | 303 | Psycho Eclecticism | 3 | 0 | 3 |
| PSYC | 304 | Psychoanalytic Theory | 3 | 0 | 3 |
| PSYC | 305 | Introduction to Child and Adolescent Abnormal Psychology | 3 | 0 | 3 |
| PSYC | 306 | Theories and Systems in Psychology | 3 | 0 | 3 |
| **Total** |  |  |  |  | **18** |
|  |  | **Recess Term** |  |  |  |
|  |  | **Semester VI** |  |  |  |
| PSYC | 307 | Foundations in Biological Basis of Human Behaviour II | 3 | 0 | 3 |
| PSYC | 308 | Developmental Psychology II | 3 | 0 | 3 |
| PSYC | 309 | Human Sexuality | 3 | 0 | 3 |
| PSYC | 310 | Introduction to Experimental Psychology | 3 | 0 | 3 |
| PSYC | 311 | Phenomenological Psychology | 3 | 0 | 3 |
| PSYC | 312 | The Swazi Culture and Psychological Being of Individuals | 3 | 0 | 3 |
| **Total** |  |  |  |  | **18** |
|  |  | **Recess Term** |  |  |  |
| PSYC | 313 | Professional Practice I | 0 | 180 | **6** |
| **PSYC I** | **YRIV** | **Semester VII** |  |  |  |
| PSYC | 401 | Rehabilitation Counselling | 3 | 0 | 3 |
| PSYC | 402 | Computerized Psychological Data Analysis | 3 | 0 | 3 |
| PSYC | 403 | Psychotherapy I | 3 | 0 | 3 |
| PSYC | 404 | Counselling 1 | 3 | 0 | 3 |
| PSYC | 405 | Person Centred Psychotherapy | 3 | 0 | 3 |
| PSYC | 406 | Research Project Development I | 3 | 0 | 3 |
| **Total** |  |  |  |  | **18** |
|  |  | **Recess Term** |  |  |  |
|  |  | **Semester VIII** |  |  |  |
| PSYC | 407 | Psycho Therapy II | 3 | 0 | 3 |
| PSYC | 408 | Counselling II | 3 | 0 | 3 |
| PSYC | 409 | Research Project Development II | 3 | 0 | 3 |
| PSYC | 410 | Introduction to Psychopathology | 3 | 0 | 3 |
| PSYC | 411 | The Psychology of Leadership | 3 | 0 | 3 |
| PSYC | 412 | Introduction to Epidemiology & Biostatistics | 3 | 0 | 3 |
| **Total** |  |  |  |  | **18** |
| PSYC | 413 | Professional Practice II | 0 | 180 | **6** |
| **GRAND TOTAL** | | | | | **157.67** |