Encryption at Rest

JJ Quinlivan Akron Linux Users Group October 4th, 2018

JJ Quinlivan

- Computer Consultant for 25 Years
- Disabled for last 10 years
- Linux Enthusiast
 - Lots of time to research and play with Linux and open source software!
- Not an Expert!

Agenda

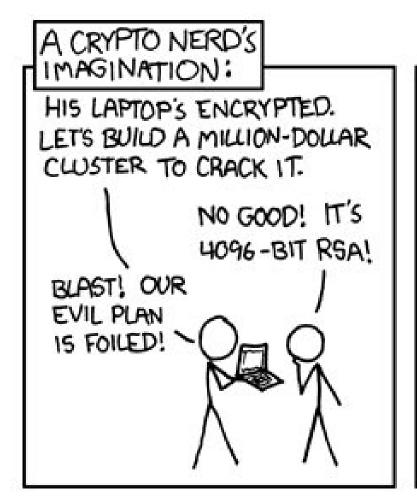
- Encryption Overview
- Encryption at Rest
 - Full Disk Encryption: SED, LUKS, VeraCrypt
 - File Encryption: Encryptfs, Cryptomator, GPG
 - Encryption in the Cloud: Zero Knowledge

Encryption: What is it for?

- Encryption is not security
- Encryption is about privacy



Encryption Myths





What to worry about

- Strength of Algorithm used
- Prefer Open Source Software
 - Code can be audited and reviewed by public
- Hide file structure/location of files
 - More difficult to locate and decrypt sensitive files
- Plausible Deniability?

How Encryption Works

 Uses a encryption algorithm and key to convert data to cyphertext

PLAINTEXT:

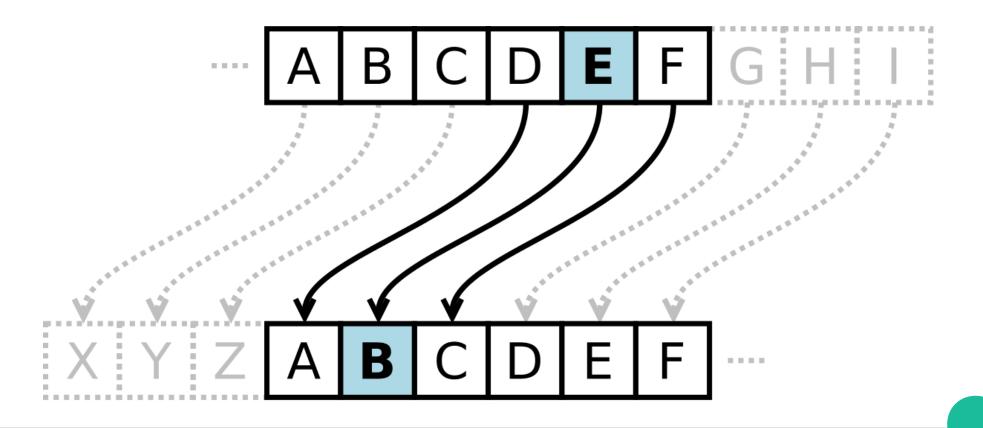
secret

CYPHERTEXT:

AB1qQNCRoB2dG8PdDko5SFE sstWZZrw9axC7JZ2DoMbjJjOhf9 JddG8PdDko5SFExJBoxRdmGCR LZY/KHqk8u4udm3tRLKCi1

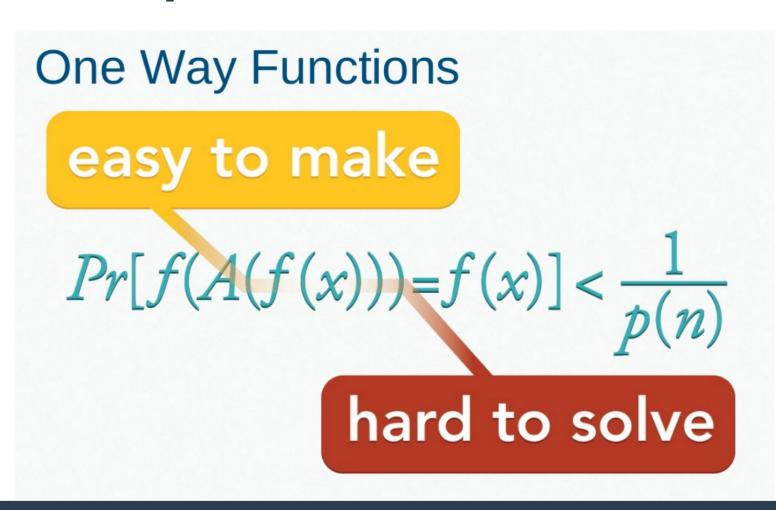
Caesars Cypher

- One of the first recorded encryption standards
- Moved each letter a fixed number of spaces



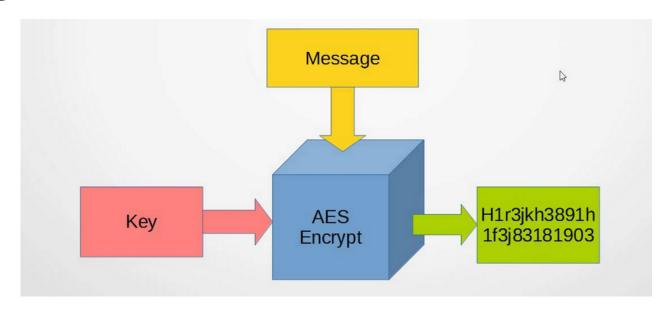
Today's Encryption Algorithms

Uses complex math called:



Advanced Encryption Standard (AES)

- Adopted in 2001 by NIST
- Considered best symmetric algorithm available today
- Key sizes of 128, 192, 256 or 512



Symmetric vs Asymmetric Encryption

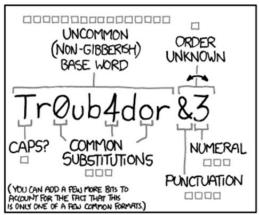
- Symmetric means the same key used to encrypt the message will also decrypt it
 - Very efficient = can easily and quickly encrypt and decrypt
 - Key distribution is a problem
- Asymmetric means uses a key pair one to encrypt, one to decrypt
 - One of the keys is designated as private, the other public
 - Arbitrary which is which
 - Requires more resources/slower than symmetric

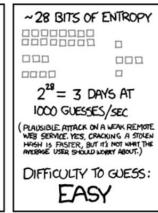
Importance of strong Passphrase

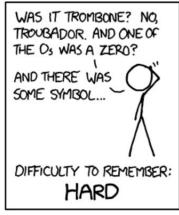
- Encryption is only as good as the passphrase used to secure it
- Use passphrases not passwords
- Use Password Manager:
 - Open Source Password Managers
 - Bitwarden similar to LastPass
 - KeePassXC Passwords stored locally
 - Master Password No stored passwords

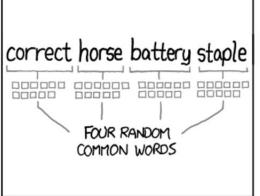
Good Passphrases

- Group of random words
- Use Diceware

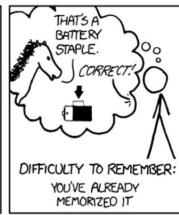












THROUGH 20 YEARS OF EFFORT, WE'VE SUCCESSFULLY TRAINED EVERYONE TO USE PASSWORDS THAT ARE HARD FOR HUMANS TO REMEMBER, BUT EASY FOR COMPUTERS TO GUESS.

Types of Encryption

Full Disk Encryption

 Protection from Physical Theft, Law Enforcement Seizure

File Encryption

- Protection of sensitive files while computer is running
- Protection of files stored in the cloud

Encryption in Transit

Not covered today

Full Disk Encryption

- Self-Encrypting Drives (SED)
- DM-Crypt/LUKS
 - (Linux Unified Key Setup)
- VeraCrypt

Use Full Disk Encryption Everywhere

- Don't Encrypt just your sensitive files
- Anyone who picks up your device even if locked can attach the storage to another machine and access your files
- Your data can be stored in:
- /tmp
- Swapfile
- /var subdirectories

Self-Encrypting Drives (SED)

What is it:

- Hardware encryption built-in to SSD and spinning disks
- Opal 2.0 Standard
- Drives are always encrypted unlocked until passphrase added

How to use it:

- Boot drives are split into small hidden boot partition and rest of drive.
- While locked only small partition is available
- Download SEDUTIL to lock drives and set passphrase

Self-Encrypting Drives (SED)

Pros

- Encryption on by default
- Does not use CPU to decrypt/encrypt
- Very Fast
- All drives set with same password
- Does not require BIOS support (SEDUTIL)

Cons

- Drive unlocked until PC loses power
- Drive easily accessible if PC is powered or suspended
- Does not support External drives
- Some BIOS confused about boot partitions when locked

Self-Encrypting Drives (SED)

When to use:

- Desktop Computers
- Most SSDs support Opal 2.0 standard today

Do not use on Notebooks unless you always poweroff (no suspend)

SEDUTIL

Download SEDUTIL USB Image

```
#linuxpba
DTA LINUX Pre Boot Authorization
Please enter pass-phrase to unlock OPAL drives:
Scanning....
Drive /dev/nvme0 Samsung SSD 960 EV0 250GB
                                                               is OPAL NOT LOCKED
Drive /dev/sda Crucial CT250MX200SSD1
                                                               is OPAL NOT LOCKED
Drive /dev/sdb
                  Samsung SSD 850 EVO 500GB
                                                               is OPAL NOT LOCKED
Drive /dev/sdc
                  ST500LT025-1DH142
                                                               is OPAL NOT LOCKED
Drive /dev/sdd
                  Samsung SSD 850 EVO 250GB
                                                               is OPAL NOT LOCKED
sedutil-cli --initialsetup debug /dev/sdc
sedutil-cli --enablelockingrange 0 debug /dev/sdc
sedutil-cli --setlockingrange 0 lk debug /dev/sdc
sedutil-cli --setmbrdone off debug /dev/sdc
gunzip /usr/sedutil/UEFI64-n.nn.img.gz <-- Replace n.nn with the release number.
sedutil-cli --loadpbaimage debug /usr/sedutil/UEFI64-n.nn.img /dev/sdc <-- Replace n.nn with the
release number.
```

DM-Crypt/LUKS

What is it:

- LUKS Linux Unified Key Setup
- Widely used Encryption standard used in Linux
- Encrypts Entire drive or partition
- Can be used to Encrypt Files
- Many distributions support LUKS encryption for root by default in installer
- LUKS Header can hold 8 separate passphrases
- One master key unlocked with passphrase

DM-Crypt/LUKS

Pros

- Long lasting encryption standard
- Independently audited
- Easy to setup

Cons

- Drive must be wiped to setup
- *nix only (No Windows/MAC Support)
- Although rare LUKS header can be corrupted
 - Header can be backed up or even removed

DM-Crypt/LUKS

When to use:

- All bootable drives be encrypted with either SED or LUKS
- Any USB flash drives that hold sensitive data
- All drives used for backup

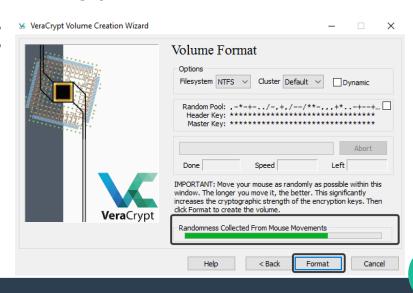
Cryptsetup

Demo

VeraCrypt

What is it:

- Cross Platform Encryption Software
- Based on TrueCrypt
 - TrueCrypt no longer updated
 - Fixed security bugs in TrueCrypt
- Can be used to encrypt drives or files



VeraCrypt

Pros

- Cross Platform
- Easy Graphical Interface
- Can create hidden encrypted partition

Cons

- More difficult than LUKS to setup as Linux boot/root drive
- One large container created for file encryption

When to use

Need to access partitions between different operating systems

File Encryption

- Encryptfs
- Cryptomator
- GPG

Encryptfs

What is it

- GPG as a file system
- Uses master key to encrypt each file in directory automatically

Pros

 Many distributions make it easy to encrypt home directory with Encryptfs

Cons

- Linux Only
- Does not hide filenames

When to use

- Don't

Cryptomator

What is it

- Cross Platform
- Encrypts files automatically stored in directory
- Splits files into small encrypted parts

Pros

- Easy to use
- Can be used to sync encrypted files between PC and cloud storage (i.e. Dropbox)

When to use

 Encrypt sensitive files while computer is running or synced to cloud storage

Cryptomator Setup

Demo

GnuPG (GPG)

What is it

- Open source version of Pretty Good Privacy
- Both Symmetric and Asymmetric Encryption
- Primarily used to transfer files/emails to others

Pros

- Can easily encrypt single file
- Public/Private Key Encryption and signing

Cons

- Can be confusing to learn
- Command line interface

When to use

- Encrypting an individual file
- Create for encrypting compressed files (tar files)
- Sending a file to another person

Encrypt/Decrypt Files with GPG

Encrypt Command:

gpg --symmetric --cipher-algo AES256 ~/Documents/PrivateFiles/MyPrivateFile.txt

- Will be asked for a passprase twice
- Creates file with .gpg extension
- Decrypt Command

gpg -o ~/Documents/PrivateFiles/DecryptedFile.txt -d ~/Documents/PrivateFiles/MyPrivateFile.txt.gpg

Other options:

- Gnome Encfs Manager
 - Encfs Insecure
- KDE Vault
 - Supports Encfs and CryFS
- KGpg
- OpenSSL

Encryption in the Cloud

Zero Knowledge

- End-to-End Encryption
- Cloud storage service has know nothing about your data stored on their servers
- Data is encrypted and decrypted on the client
- Service has no access to the encryption key

• Why?

- Service cannot access your data
- Government cannot demand your data from the cloud service

Encryption in the Cloud

Options

- Manually with Cryptomator, GPG, etc.
- Services that provide Zero Knowledge Cloud Storage (for Linux)
 - tresorit \$10.42/200GB
 - pCloud \$3.99/500GB + \$4.99 for Crypto addon
 - SpiderOak \$4.92/150GB
 - iDrive \$4.34/2TB (Backup service)