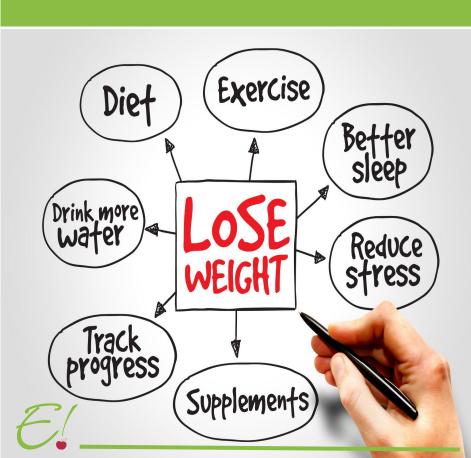


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Mv Nutrition Summarv



## **My Meal Mastery Profile**

My Info											
	Age			Activity	Level						
	Gender			Goal							
	Height			My Diet Type							
	Weight			My Supplement Type							
My Numbers											
	ВМІ		E	BMR			Calorie Range				
My Portions											
	Proteins			Fats		Carbs		Water (80z glasses)			
								½ body weight in ounces Max 100 oz			