COUNSELING SUPERVISION CONTRACT

Denise Peterson, M. Ed., LPC

Center for Research and Counselor Education

Doctoral Student

Sam Houston State University (SHSU)

(936) 294-1121

This contract serves as verification and a description of counseling supervision provided by doctoral student Denise Peterson, M. Ed., LPC (“Supervisor”), to

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_(“Supervisee”), Counselor Trainee enrolled in Supervised Practicum in the Counseling supervised by Dr. Mary Nichter at Sam Houston State University Woodlands Center for the 2012 Fall semester.

II. *Purpose, Goals, and Objectives*

1. Monitor and ensure welfare of clients seen by Supervisee
2. Promote development of Supervisee’s professional counselor identity and competence
3. Fulfill academic requirements for Supervisee’s Practicum
4. Fulfill requirements in preparation for Supervisee’s pursuit of counselor licensure (when

applicable.)

II. *Content if Services:*

1. One (1) clock hour of individual supervision weekly
2. Supervision will revolve around counseling conducted with clients at SHSU Community Counseling Clinic-The Woodlands.
3. Thirteen digitally recorder individual supervision sessions will be conducted in the Jack Stagg’s Counseling Center, Sam Houston State University on Tuesdays, from 9:15 to 10:00 p.m. beginning September 11, 2012 and ending by December 6, 2012.
4. The conceptual model of supervision, progress notes and tape review will be used in supervision.

III. *Method of Evaluation*

1. Feedback will be provided by the Supervisor during each session, and a formal evaluation, using the Program’s standard evaluation of student clinical skills, will be conducted at mid-term and at the conclusion of the semester as an addendum to the objective evaluations completed.

Specific feedback provided by Supervisor will focus on Supervisee’s demonstrated counseling skills and clinical documentation.

1. Supervisee will evaluate Supervisor at mid-semester and at the close of the Spring 2012 semester, using the Program’s standards for evaluating supervisors. A narrative evaluation will also accompany the objective evaluations.
2. Supervision notes will be shared with Supervisee at Supervisor’s discretion and at the request of the Supervisee.

IV. *Duties and Responsibilities of Supervisor and Supervisee:*

1. Supervisor:
   1. Examine client presenting complaints and treatment plans or weekly supervision
   2. View videotapes of Supervisee’s counseling sessions outside of regularly scheduled supervision sessions
   3. Sign off on all client documentation
   4. Challenge Supervisee to justify approach and techniques used
   5. Monitor Supervisee’s basic attending skills
   6. Support Supervisee’s development as a counselor
   7. Present and model appropriate directives.
   8. Intervene when client welfare is at risk.
   9. Ensure ethical guidelines are upheld.
   10. Maintain weekly supervision case notes
2. Supervisee:
   1. Uphold ethical guidelines
   2. View counseling session videotapes in preparation for weekly supervision
   3. Be prepared to discuss all client cases-have client files, current and completed client case notes, and all counseling session videotapes ready to review in weekly supervision sessions
   4. Justify case conceptualizations made and approach and technique used
   5. Complete case notes and place in appropriate client files
   6. Consult with field placement staff and Supervisor in cases of emergency
   7. Implement supervisory directives in subsequent sessions

V. *Procedural Considerations*

1. Supervisee’s written case notes and treatment plan and videotapes will be reviewed and evaluated in each session.
2. Issues related to Supervisee’s professional development will be discussed.
3. Sessions will be used to discuss issues of conflict and failure of either of party to abide by the directives outlined her in contract. If concerns of either party are not resolved in supervision, Dr. Mary Nichter will be consulted.
4. In the event of an emergency Supervisee is to contact Supervisor at 512-922-1188 or [denisepeterson@live.com](mailto:denisepeterson@live.com). Supervisee will provide Supervisor with contact information.

VI. *Supervisor’s Scope of Competence:*

Denise Peterson received her M. Ed. In Guidance and Counseling from Texas State University-San Marcos, and is currently a doctoral student in the Counselor Education program at Sam Houston State University. She is a licensed professional counselor in the State of Texas.

VII. *Terms of the Contract*

This contract is subject to revision at any time, upon the request of the Supervisor or Supervisee. A formal review of the contract will be made at the mid-term of Fall Semester 2012, and revisions will be made only with the consent of the Supervisee and approval of the Supervisor.

VII. *Ethical Standards*

We agree, to the best of our ability, to uphold the directives specified in this supervision contract and to conduct our professional behavior according to the ethical standards of the American Counseling Association.

Supervisor: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Supervisee: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Center for Research and Counselor Education

Sam Houston State University

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Huntsville, TX 77340

This contract is effective from September 11, 2012 to December 6, 2012.