

the



to Zadar 2009

bible



this bummit bible belongs to

.....

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# chapter 1

# important stuff



This section contains a lot of important safety information and other useful details, please take some time to read it carefully. Most importantly, phone numbers for the UK support team, which you must call daily. Also what to do in an emergency, embassy details for every country on the route, online tracker/blog instructions and also some handy hitching tips.

*safety*

## Safety First

So we're finally on the road and there's no doubt that you (or your mums and dads) will have worried about safety. Bummit has a fantastic safety record and this is only possible by everyone recognising the risks and setting up a solid procedure for checking-in and tracking each participant.

## UK Support and Emergency Procedures

The UK support team are monitoring the safety of both trips from Sheffield. While they do love to chat, they are not there to answer questions about train times, accommodation, ferries or flights.

**ONE PERSON IN EACH TEAM MUST PHONE IN EVERYDAY OF THE TRIP TO LET SHEFFIELD KNOW YOUR LOCATION AND HOW YOU'RE GETTING ON.**

**CALL 0114 222 8674 EVERYDAY BETWEEN 2:00PM - 4:00PM (UK TIME)**

**ON TUESDAY 14<sup>TH</sup>, SATURDAY 18<sup>TH</sup> & SUNDAY 19<sup>TH</sup> CALL 07530457170  
INSTEAD AS THE UNION IS CLOSED**

You must call between 2:00pm - 4:00pm so if your mobile is broken you must use a pay phone.

Failure to call in will result in the relevant Embassy being notified and your next of kin will be contacted by the embassy. So please don't put us, your family and yourselves through all that worry.

If you arrive in Nuremberg or Zadar early keep calling.

TRIP 1 must call in Tuesday 14<sup>th</sup> April - Tuesday 21<sup>st</sup> April (Inclusive)  
TRIP 2 must call in Thursday 16<sup>th</sup> April - Thursday 23<sup>rd</sup> April (Inclusive)



## *safety*

### **Emergency Procedures**

**FOR ALL EMERGENCIES CALL 112 for English speaking emergency help.**

There is also 1 emergency contact for each trip. Only call these numbers if it is a real emergency.

TRIP 1: text or call 07530457207

TRIP 2: text or call 07737409878

If your trip's contact is unavailable then try the other one

### **Major Problems/Emergencies**

- Go to hospital/police station as required, call the relevant embassy.
- Let your trip's emergency contact and UK support team know
- If a team-mate is hospitalised you must stay with them until you are told you can leave by a Bummit committee member
- Contact the insurance company if necessary.

### **If you want to go home**

- You must notify the support team when you ring in
- Travel home by public transport
- If there are at least 2 people (with 1 boy) willing to continue then you may do so. If there is no boy then the remaining team members must use public transport to travel on to Nuremberg or Zadar.

### **If you lose your team-mates**

- Try and contact them
- Inform the UK support team and emergency contact
- Use public transport to travel to Nuremberg or Zadar.

### **If you wish to swap teams**

- This can only be done with the committee's agreement and only when in Nuremberg



## *embassies*

### **Embassy Details**

If its all gone tits up then these are the embassies for you contact in an emergency.

(International dialling codes in brackets, if calling these numbers from outside the country dial 00 and then the international code)

**France:** BP111-08, 75383 PARIS CEDEX 08 Paris  
(33) 1 44 51 31 00

**Belgium:** Rue d'Arlon 85 Aarlenstraat, 1040, Brussels  
(32) 2 287 6211

**Netherlands:** Koningslaan 44, 1075 AE, Amsterdam  
(31) 20 676 43 43

**Germany:** Wilhelmstrasse 70, 10117, Berlin  
(49) 030 20457-0

**Consulate in Nuremberg:** M Schmitt & Sohn GmbH, Hadermuhle 9-15, D 90402 Nuremberg (49) 911 2404-303

**Luxembourg:** 5 Boulevard Joseph II, L-1840, Luxembourg  
(352) 22 98 64

**Austria:** Jauresgasse 12, 1030, Vienna  
(43) 1 716130

**Czech Rep:** Thunovska 14, 118 00, Prague 1  
(420) 257 402 111

**Slovenia:** 4th floor Trg Republike 3,1000, Ljubljana  
(386) 1 200 3910

**Croatia:** Ivana Lučića 4, 10000, Zagreb  
(385) 1 6009 100



*text blog/tracker*

## Using the Bummit Tracker

Via the power of the internet, your friends and family will be able to see your progress as you Bummit across Europe with our shiny new Bummit tracker website (<http://tracker.bummit.co.uk>).

The tracker plots the progress of each team on their own map page. Location updates can be sent in via text message using this simple two step process:

### Step 1: Register your mobile number

Before you can send any updates to the tracker, we need to know what number you'll be texting in from, register your number by texting:

"BUMMIT REGISTER, BUMMIT NUMBER, SURNAME" to +447786200690, filling in your own Bummit Number and Surname.  
e.g. BUMMIT REGISTER, 123, SMITH

### Step 2: Update away!

Updates should also be sent to +447786200690, and all texts must start with the word BUMMIT. Anything you write after that will be posted on your team's tracker blog next to your name.

To say where you are, write your current location after the word BUMMIT in brackets. To make sure the tracker doesn't get confused, try to include the country along with the city/town.

"BUMMIT (<LOCATION>) <MESSAGE>" to +447786200690  
e.g. BUMMIT (Trier, Germany) We just got a lift with a very nice German lady, who says she'll take us all the way to Nuremberg!



## *hitching tips*

### Hitching Tips!

**Stand out from the crowd** - Smile, wave, jump around like a lunatic - do anything to catch drivers attentions. No matter how cold or fed up you may be, keep smiling, look cheery and it will help.

**Position yourself well** - Make sure you're in a good spot where cars can easily stop. You could be waiting hours standing by a fast road where cars can't easily slow down. Make it easy for drivers - how could they possibly refuse?

**Hitching at services** - It's a very good idea to get dropped at service stations. Don't be afraid to go up to people and simply ask for a lift.

**Hoodies!** - You paid good money for these fashionable garments. Make sure you make the most of them and make them visible. Drivers often say that it is the hoodies that caught their attention.

### In the car....

**Stay awake** - At least one person must always be awake for safety reasons, it's also just good manners.

**Talk to the driver** - This can lead to some memorable conversation and if you don't they'll dump you the first chance they get.

**Don't smoke or eat** - Unless they don't mind, remember it's their car and they're doing you a favour.

### International Dialling

If you want to call numbers in these countries dial 00 followed by these 2 digit codes:

Austria 43

Belgium 32

Bosnia and Herzegovina 387

Croatia 385

Czech Republic 420

France 33

Germany 49

Hungary 36

Italy 39

Luxembourg 352

Netherlands 31

Serbia and Montenegro 381

Slovenia 386

United Kingdom 44



# chapter 2

## official letter



Here's an official letter from Sheffield University Union of Students explaining what you are doing. You can show this to people to assure them that what you are doing is really for charity, in case there are any sceptics out there. It is also translated into several languages to (hopefully) help you get lifts when language barrier is a problem. If all this fails however just resort to hand gestures and

*official letter*

*the university of sheffield union of students*  


Dear Sir/Madam,

Re: Sponsored carbon-neutral race to Zadar, Croatia.

This is to certify that the bearer of this letter is a member of the Sheffield University Union of Students and is taking part in 'Bummit to Zadar' during April 2009. This is a charity hitchhike, which involves getting to Zadar, Croatia by the 21<sup>st</sup>/23<sup>rd</sup> April, having left Sheffield University on the 14<sup>th</sup>/16th April, with a travel budget of just £15. We would greatly appreciate any help you may be able to offer in helping our participants to achieve this goal.

By taking part in this event they are raising a substantial amount of money for charity, building on over £180,000 raised on past Bummit trips. Each participant is raising money which will be distributed by Sheffield University Students Union (Registered Charity Number: X1089) to various local, national and international charities.

For more information about the hitchhike or the charities we are supporting please contact [bummit2009@gmail.com](mailto:bummit2009@gmail.com) or visit our website at [www.bummit.co.uk](http://www.bummit.co.uk).

We thank you very much for your help!



Dave Hurst  
Union President



The University of Sheffield **Union of Students** Western Bank Sheffield S10 2TG  
**Telephone** 0114 222 8500 **Fax** 0114 275 2506 **Email** [union@sheffield.ac.uk](mailto:union@sheffield.ac.uk)

## *french letter*

To help you elicit help from all the lovely foreigner folks you'll encounter here are letters explaining what we're all up to in 7 different languages. If you find yourself in a bind then just wave the appropriate translation under the nose of any bus conductor/train guard/police officer/petrol station worker you find and hopefully they see the lighter side and give you any help you need.

It's a good idea to smile and try to speak as much of the language as possible and remember that rules and laws still apply of Bummit so don't assume you can just walk on to trains or buses without paying!

### FRANÇAIS (FRENCH)

Le porteur de cette lettre prend part à un périple en autostop à but caritatif, appellé "Bummit to Zadar (Croatie)". Avec un budget transports de 15£ (22 euros), les participants doivent se rendre de Sheffield (Royaume-Uni) à Zadar(Croatie). Partis de Sheffield entre le 14 et le 16 avril, ils essayent d'atteindre Nürnberg (Allemagne), leur étape de mi-parcours, entre le 17 et le 19 avril. De là, ils essaieront de parvenir jusqu'à Zadar, situé à quelques 2500km de leur point de départ.

Ils réuniront des fonds pour les organisations caritatives suivantes :

**The Anthony Nolan Trust** - Un organisation qui améliore l'accès aux greffes de moelles pour ce qui souffrent des leucémies et des maladies de système immunitaire.

**Cavendish Cancer Care** - Une société qui soutient les gens affectés par cancer.

**The Parkinson's Disease society** - Un organisation qui trouve des fonds pour plus de recherche et pour aider ce qui souffrent de la maladie de Parkinson.

**Kids Company** - Une société pour donner aide aux enfants abusés pour qu'ils puissent s'améliorer.

Nous vous serions reconnaissants si vous pouviez prendre ces participants en autostop, ou les aider de n'importe quelle manière qu'il soit, afin qu'ils puissent terminer cet incroyable voyage. Si vous voulez en savoir plus sur cette action, visitez : [www.bummit.co.uk](http://www.bummit.co.uk)  
MERCI BEAUCOUP DE VOTRE AIDE !

## **dutch/german letter**

### **DUTCH**

Geachte heer/mevrouw,

Deze brief certificeert dat de eigenaar van deze brief lid is van de Sheffield Studenten Unie en deelneemt aan 'Bummit to Zadar' tijdens April 2009.

Dit is een liefdadigheidsproject waarbij de deelnemers liftend naar Zadar (Kroatië) proberen te komen. Er zijn twee groepen die deelnemen aan dit evenement. De eerste groep verlaat op 14 april 2009 de Universiteit van Sheffield en de tweede groep vertrekt op 16 april 2009. Beiden groepen zijn in totaal 8 dagen op reis met alleen £15 reisgeld op zak.

Wij zouden u heel erg dankbaar zijn als u onze deelnemers zo veel mogelijk kunt sponsoren en ons zo helpt om dit doel te bereiken.

Ons doel is een zo groot mogelijk bedrag proberen te verzamelen voor het goede doel. Door deel te nemen aan dit evenement verzamelen we geld voor het goede doel. Dit bedrag komt bovenop de £180,000 dat de deelnemers hadden verzameld tijdens de vorige evenementen. Elke deelnemer is geld aan het verzamelen dat door de Sheffield Universiteit Studenten Unie (Geregistreerd onder de Liefdadigheidsgroep Nummer: X1089) wordt onderverdeeld naar diverse lokale, nationale, en internationale liefdadigheidsdoelen.

Voor meer informatie over de 'hitchhike' (liftend naar Kroatië) of de goede doelen die wij steunen, kunt u bummit2009@gmail.com emaileen, of onze website bezoeken op [www.bummit.co.uk](http://www.bummit.co.uk)

Heel erg bedankt voor uw hulp!

### **GERMAN (DEUTSCH)**

Sehr geehrte Dame / geehrter Herr,

Der Inhaber dieses Briefes fährt per Anhalter nach Zadar und zwar im Rahmen einer englischen Wohltätigkeitsveranstaltung namens 'Bummit to Zadar (Kroatien)'. Die Teilnehmer müssen es schaffen mit einem Reisebudget von Euros 22 von Sheffield, GB, nach Zadar (Kroatien) zu reisen. Sie haben Sheffield am 14./16. April verlassen und versuchen ihren Kontrollpunkt auf halber Strecke in Nürnberg bis zum 17./19. April zu erreichen. Von da aus werden sie in Richtung Zadar reisen, über 2500km von ihrem Ausgangspunkt entfernt. Sie werden Geld für die folgenden Hilfsorganisationen sammeln:

**The Anthony Nolan Trust** - Eine Organisation welche Knochenmarkspender für Leukämie und immunsupprimierte Patienten anwirbt.

**Cavendish Cancer Care** - Eine Organisation die krebskrank Patienten unterstützt.

**The Parkinson's Disease Society** - Eine Verbindung die Geld für Forschung und Unterstützung von Parkinson Patienten auftreibt.

**Kid's Company** - Eine Organisation die misshandelt Kinder unterstützt.

Wir wären Ihnen sehr verbunden, wenn Sie diese Leute ein Stück mitnehmen würden oder ihnen sonst auf irgendeine Art helfen könnten, damit sie ihre Reise erfolgreich beenden können. Wenn Sie sich über diese Aktion informieren wollen, besuchen Sie [www.bummit.co.uk](http://www.bummit.co.uk)

HABEN SIE VIELEN DANK FÜR IHRE HILFE!



*czech/slovenian letter*

Vážení,

Re: Sponzorovaný závod do Zadaru v Chorvatsku

Tento dopis certifikuje, že jeho nositel je studentem na Sheffieldské Univerzitě v Anglii, a že je účastníkem závodu Bummit do Zadaru v dubnu 2009. Tento závod je charitativní autostop, kde se účastníci, kteří odjeli z Sheffieldu 14./16. dubna, musí dostat do Zadaru v Chorvatsku do 21./23. dubna. Nemají utratit po celou dobu více než 15 britských liber. Byli bychom vám velice vděční za jakoukoliv pomoc, kterou jim po cestě budete moci poskytnout.

Tím, že se zúčastňují tohoto závodu, přispívají přes sponzory významnou částku na charitu. Během posledních let se přispělo celkem více než 180 000 liber. Každý účastník si opatřuje peníze od sponzorů, které jsou potom distribuovány na regionální, národní a mezinárodní charity Sheffieldskou Univerzitou (registrované číslo charity X1089).

Pro více informací kontaktujte [bummit2009@gmail.com](mailto:bummit2009@gmail.com) nebo navštivte webovou stránku [www.bummit.co.uk](http://www.bummit.co.uk)

DĚKUJEME VÁM MOC ZA POMOC!



*italian/croatian letter*

Viaggio Sponsorizzato in autostop fino a Zadar, Croazia

Gentile Signore/a

Questa lettera certifica che il possessore della stessa e' un membro dell' Universita' di Sheffield (Union of Student) e che sta prendendo parte a "Bummit to Zadar" (autostop per Zadar) durante l'aprile 2009. E' un viaggio in favore di alcune organizzazioni benefiche, che prevede di arrivare a Zadar, Croazia, entro il 21/23 di aprile, partendo, dall' Universita' di Sheffield il 14/16 di aprile, con un budget di soli 20 Euro (£15).

Ti saremo molto grati se potrai aiutarci ad ottenere questo traguardo.

Facendo questo tipo di iniziative si possono raccogliere molti soldi per le associazioni benefiche. Con i viaggi fatti in passato, si sono raccolte circa £180.000. Ogni persona che partecipa, sta raccogliendo denaro che verrà poi distribuito dall' Universita' di Sheffield (Registered Charity Number: X1089), presso enti e organizzazioni benefiche locali, nazionali e internazionali.

Per avere piu' informazioni riguardanti questo viaggio in autostop, o le organizzazioni beneficiarie ti preghiamo di contattare [bummit2009@gmail.com](mailto:bummit2009@gmail.com) o visitare il sito [www.bummit.co.uk](http://www.bummit.co.uk).

Ti ringraziamo moltissimo per il tuo aiuto.



# chapter 3

# charities



If you, or anyone giving you a lift, would like to know where your hard-earned sponsorship is going, this section contains details of all the charities that Bummit will be helping this year. This is the whole reason we're doing the event, and will be raising over £70,000 for these causes (which is a good fact to bring up when trying to blag lifts!).

## *kids company*

Kids Company (registered charity no. 1068298)



On Christmas day 2008, 1273 young people with nowhere else to go were welcomed to the Kids Company centre for a Christmas party. The centre housed an art corner, a massage corner, ice-cream vans, face-painting, football and cake-making. It brought the most neglected of Kids Company children together, along with numerous different gangs - but there was no trouble. Lunch was served: turkey, potatoes, mince pies and fruit. Every child received a sack full of gifts. Some of them won't have ever received even a card.

Founded by Camila Batmanghelidjh in 1996, Kids Company provides practical, emotional and educational support to vulnerable inner-city children and young people. Most of children who seek help suffer from emotional and behavioral difficulties resulting from significant experiences of trauma and neglect. Many are 'lone children' living in chronic deprivation, with limited or no support from the adults in their family.

Kids Company aims to provide an environment where relationships of empathy and attachment can be fostered between children and trusted adults. The support they offer is tailored to the needs of each individual child. No matter how disturbed a child is, they are never turned away.

Kids Company does amazing work with the most vulnerable of inner-city children and the money raised by Bummit will help this incredible work to reach more and more kids.



## *cavendish cancer care*

Cavendish Cancer Care (registered charity no. 1104261)



*"The Cavendish improves the lives of people who are living with cancer. I believe everyone in Yorkshire and Derbyshire should have access to their kind of support"*

Cavendish Cancer Care is a charity established over 15 years ago giving free emotional support to people affected by cancer in Yorkshire and Derbyshire.

Cavendish Cancer Care believes that people affected by cancer have individual needs that cannot always be fully addressed by their health care providers and social support networks. They offer a place for people to go to talk, and someone to help them deal with the way cancer has affected them and their life.

The charity aims to help local people adjust to, cope with and ease the impact of living with cancer. They aim to improve the quality of local people's lives and enrich the emotional wellbeing of people touched by cancer in the region.

For funds, the charity relies on a team of fundraisers, volunteers, and Charitable Trusts to help raise the money they need to deliver their unique care and support packages. Although the charity works closely with the NHS, the money they provide them with would only keep the charity running for 12 days per year. The services provided by the charity are free and include consultations, counseling and a range of complementary therapies. There are also group sessions available, including relaxation, a carers group and one for those who are bereaved.

Anyone affected by the impact of cancer, can access their free packages of support by simply calling 0114 278 4600. They are open to anyone, whether you are diagnosed with cancer, a family member, friend or carer.



*parkinsons disease society*

Parkinson's Disease Society (registered charity no. 948776)



## Parkinson's Disease Society

The Parkinson's Disease Society was founded in 1969 by Mali Jenkins, a carer whose sister had Parkinson's. The Society is the world's biggest membership organisation for people living with Parkinson's. We are here to help everyone with the condition and their families, friends and carers through providing information, support and advice.

Parkinson's disease is a progressive neurological condition affecting movement, such as walking, talking, and writing. There are 120,000 people with Parkinson's in the UK with around 10,000 people in the UK diagnosed each year. There is currently no known cure for the disease.

Since 1969, the Parkinson's Disease Society has been working with and for people with Parkinson's and those close to them. We have over 30,000 members, and more than 330 branches and support groups across the UK

2009 marks the 40<sup>th</sup> Anniversary of the Parkinson's Disease Society and our main focus for the year will be research. We have so far funded over £40 million worth of research which has made a significant impact on the treatment and care available for people living with Parkinson's. We believe that the time is now to find a cure for Parkinson's Disease, and with your help and that of our growing number of supporters we are confident that we can take a huge step forward.



## *anthony nolan trust*

The Anthony Nolan Trust (registered charity no. 803716)



The Anthony Nolan Trust was set up by Shirley Nolan in memory of her son Anthony. Anthony was born in 1971 with a rare and severe immunodeficiency disease. Then, as is the case now, the only long-term cure for the condition is a bone marrow transplant. Shirley worked tirelessly to find a match for Anthony but there was no such thing as a bone marrow registry at that time. Finding a matched, unrelated donor was like looking for a needle in an extremely large haystack. The potential life-saving tissue match for Anthony could be living next door but neither her nor the medical profession had any way of knowing. Unfortunately no match was found and in 1979 Anthony sadly passed away.

Out of this heart-breaking experience, Shirley founded the *Anthony Nolan Trust* in order to form a register of tissue types so that people all over the world suffering from leukaemias, severe anaemias and immunodeficiency syndromes would have a chance at finding a donor. This was the first ever database and today the World Donors Association, which the ANT contributes to, has access to over 11 million donors worldwide.

The ANT still actively recruits potential donors to its register and is continuing to save the lives of many people who have no other option but a bone marrow transplant. Bone marrow transplants can now be performed in a procedure similar to giving blood so if you would like to consider joining the register please go to the ANT website below or email Sheffield Marrow to join up at their next clinic.

[www.anthonynolan.org.uk](http://www.anthonynolan.org.uk)

[sheffieldmarrow@shef.ac.uk](mailto:sheffieldmarrow@shef.ac.uk)



## ***sheffield volunteering***

### **Sheffield Volunteering**



Sheffield Volunteering supports over 100 local children and families, these are some of the projects it supports.

#### **A Nice Time on Saturdays (ANTS)**

ANTS support children who have experienced the loss of a parent or sibling. ANTS' members get together on a monthly basis to share fun times and meet others in similar circumstances.

#### **Something Interesting for Brothers & Sisters (SIBS)**

Siblings of children with special needs often feel they have special responsibilities in the family and can miss out on the experiences that other children take for granted. SIBS provide an opportunity to make friends with other youngsters who understand.

#### **Children's Project**

Children from across the city participate in this activity programme which supports youngsters experiencing difficult circumstances or disadvantage throughout the year and culminates in a six day residential break.

#### **Computer Club**

Our specialist club for children with autism meets weekly on campus. Student volunteers and club members work in pairs to use the internet and play educational games whilst parents meet upstairs over coffee.

#### **Saturday Playgroup**

Our playgroup for 3 to 8 year old youngsters with disabilities provides respite to local families. The project is special because all the children benefit from one to one support and learn in an integrated environment together with siblings.

### **Supporting the local elderly**

#### **Tapton Edge**

Weekly visits to this elderly residential home in Broomhill are the perfect opportunity for two different generations to meet and spend time together. Led by the students, a programme of activities provides stimulation for residents and a chance to learn together.



**stop (trafficking uk)**



**STOP (Trafficking UK)** (Registered Charity No. 1116332)

Elena was 28 when the factory where she worked closed down. Unemployed and desperate for money, she answered an advertisement in a local newspaper for au pair work in London.

She met with her recruiter, who helped her fill in some forms and told her that a visa would be arranged for her. She was also asked to pay a \$700 'deposit' up front before travelling, which she did with support from her family.

Elena, who believed she was travelling legally, handed her passport over to her Moldovan trafficker at the start of the journey. Together they travelled overland by car, coach and plane to London, via Prague, Spain, Germany, France and Dublin. Elena realised she was travelling illegally when the traffickers gave her an Italian passport to use between France and Spain.

When she arrived in London, Elena was told she owed her traffickers £20,000 in travel costs and that she would have to work as a prostitute to pay them back. She was taken to Soho where she spent four months working seven days a week, having sex with up to 20 men a day, in three different flats. She was allowed £15 per day for food, cigarettes and condoms. She was told she would pay off her debt much more quickly if she gave special services - including having sex without a condom. She was locked in and only allowed out for work, and was permitted no contact with other women.

Elena was too afraid to say anything about her situation to the men who had sex with her, or even to the police who visited the flat once, as her traffickers had threatened to harm her family if she did. Eventually she managed to escape by jumping out of a second floor window after being locked in the flat alone one day.

Elena now suffers constant back pain from the injuries she sustained during her escape, and is afraid to go out alone.

STOP (Trafficking UK) helps women and men like Elena by providing a victim focused response to trafficking. The money that Bummit gives them has already helped them branch out from their London office and provide care nationally.



*teach first*



## Teach First

Teach First is an independent charity launched in 2002 to bring excellent teachers into challenged secondary schools across the UK.

Our mission is to address educational disadvantage by transforming exceptional graduates into effective, inspirational teachers and leaders in all fields.

Statistics show:

- In 2008, one in five 11-year-olds did not reach the expected level in their English tests.
- Pupils who are eligible for Free School Meals (the key indicator of poverty in schools) have roughly half the chance of getting 5 A\*-C GCSE than those not eligible for Free School Meals.
- In 2007, all 19-year-old pupils with professional parents were twice as likely to be in further education, higher education or training, than their peers' parents who were unemployed or working in routine occupations. (DCSF, 2008)

One thing can change these statistics: having excellent teachers. Teach First aims to close this achievement gap by helping top graduates become excellent teachers in challenged schools, committed to overcoming the obstacles of deprivation and providing a better education for the thousands of young people that lack the opportunities that many others take for granted.

We believe that by giving exceptional graduates the opportunity to teach and make a difference in the most challenged schools, we are equipping tomorrow's leaders in all fields with the motivation, skills and understanding to address educational disadvantage on all levels.

*Special thanks from the Bummit committee go to teach first, as they are not receiving any donation from Bummit, but have given us some sponsorship which has been put towards this bible and the Bummit t-shirts.*



## ***bummit history***

**From small hitchhikes mighty  
Bummits grow**

By taking part in Bummit 2009 you have followed in the footsteps of past Bummiteers to Bognor Regis, Budapest, Bucharest, Riga, Belgrade, Tallinn and now Zadar. These hitchhikes have meant Sheffield can rightly claim to have the longest running, furthest traveling and most successful student-run hitch in the UK.



Each person who has taken part in Bummit over the last 6 years has been part of making a huge difference to many charities up and down the country and also in the places we've visited. The £70,000 we hope to raise with Bummit to Zadar will see us smash the £250,000 mark in total money raised!!

With such huge success we've started to branch out from just 1 big hitch to include a baby Bummit to Brighton.

This year the 66 Baby Bummiteers who braved the November drizzle and hitched to Brighton saw their efforts raise a fantastic £5,600! This money was dished out at a Christmas party organised by Bummit where each charity was given their cheque and some lovely photos were taken.

We really can't tell you how much this money means to the charities so thank you so much for your fundraising efforts.

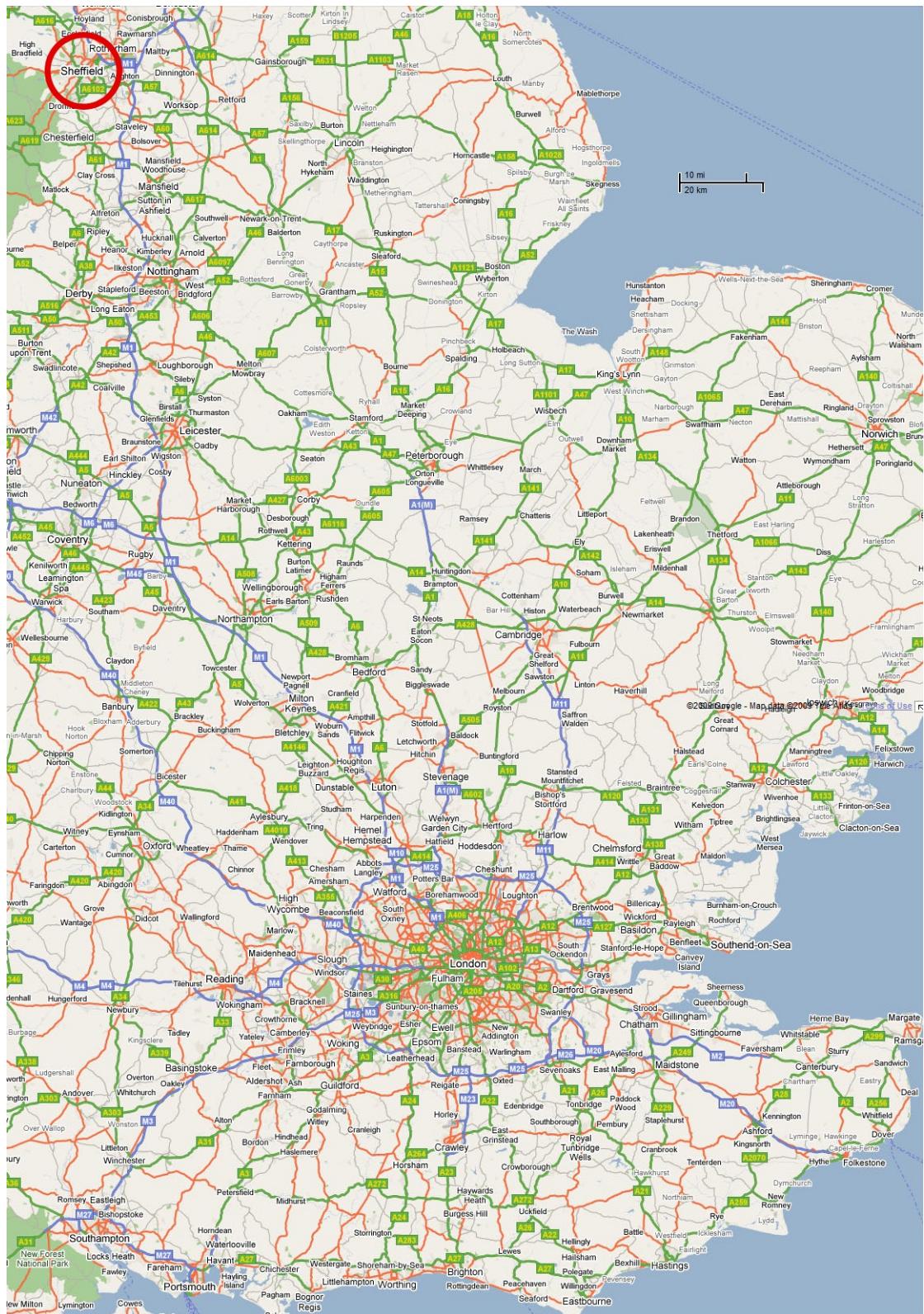


# chapter 4

## a very rough guide to europe



In this section we've tried to pack in as much information as we could on the places you'll find yourself going through on the way. It has maps, stuff to do, places to eat, sleep and drink and more. Some of it will hopefully help you during the trip, and some may give you some ideas on what to do afterwards, for those of you who don't want to return to Sheffield quite so soon...



## Getting out of Sheffield

Ah your journey begins here Bummiters, for many of you this will be your first experience of hitchhiking. In England hitching is all about location, location, location and a bit of luck. Its best to choose a spot where you can be easily seen and the drivers have enough time and space to pullover without causing unnecessary traffic obstruction.

The best way to hitch out of Sheffield is to pick up a lift heading south on the M1. The frequent service station intervals are great for hitching points as well as nutritious snacks. Its advisable to hitch close to one of the motorway junctions, but remember hitching on the actual motorway is illegal and could earn you a trip back into Sheffield with PC Plod.

Once South of Sheffield the only thing between you and that ferry is London town. For even the best blaggers getting through London can be difficult so it's well known to be quicker hitching round the M25. The M20 motorway that leads off will take you towards Dover, hopefully where the majority of the traffic will be heading.

Once you're in Dover it's fairly small and easy to find your way around, all roads seem to lead to the sea and the main ferry port is in the East of the city. If you go to the desks at the ferry port then you're quite likely to get a good deal, in the past both P&O and Seafrance have given bummiteers very good walk-on fares. If you want to save your budget for Europe then try hitching a lift on to the ferry, cars pay by the car load not the number of people so it won't cost anymore if someone gives you a lift.

The crossing takes around 90 minutes, so take some time out to relax. But remember a ferry is a good place to bag your next lift, so start asking around - even if you don't manage very far, it much easier to hitch once you get out of Calais.

We've only given you directions to Dover because crossings from other ports such as Newcastle, Harwich or Hull are much more expensive as cabins are usually required, and for this reason you are much less likely to get discounts.

Good luck...





## france

### France

#### Basic Info:

Emergency Number: 112  
Currency: Euro

Love it or hate it France cannot be avoided on Bummit. Hitchhiking in France gets mixed reviews but generally cities are tricky to get out of while the road network is full of service stations and such like which will help you get a lift. The train system also gets mixed reviews as while it runs perfectly it is very hard to blag your way on to French trains.

#### Calais

Many of Bummit's lowest moments happen in Calais so it's a good idea to try and get a lift when still on the ferry. If you can't convince someone to give you a lift you're in for an interesting night to say the least but we've all been there and the best stories start with 'so we were stuck in Calais.....'

Accommodation: The bog standard in name and décor: Auberge de Jeunesse Calais, Avenue du Maréchal De Lattre de Tassigny, +33 (0) 321 34 70 20

Traveling out: When you arrive into Calais it can be quite disorientating but you're faced with two options, find a hostel in the town or head to the motorway and crack on.

The ferry terminal is on the E15 (it starts properly at the edge of the car park) and if you can get a lift on this road it will lead you to Paris, although the better option is to exit the E15 on to the E40 leading to Dunkerque and eventually Brussels. This is the best option for getting out quickly however there are few safe hitchhiking places on here and it is very dangerous to walk along the grass bank next to the motorway hoping to reach the petrol stations.

If you have no luck hitching then you get the train from Calais Ville and Calais Frethun Stations (not Calais Fontinettes) which will take you up to Lille where you can get trains into the rest of Europe. The ferry terminal has a free bus service into town which stops at Calais Ville station.



## *france*

### **Lille**

This is a common destination for those who have had to get the train out of Calais and if you find yourself here it's worth trying to get on a train out as soon as possible. Lille Europe station will take you to Brussels via the Eurostar or TGV and it is not unheard of for bummiters to manage to blag a lift on board.

The main roads out of Lille are the E17 North and the E42 East. The E17 is near to the Caulier Metro station and the E42 runs near the Porte d'Arras and Porte de Douai Metro stations. Getting trains to these stations is not a guaranteed way on to the road network but if you're stuck it's worth a shot.

### **Paris**

Much of France's negative image for hitchhiking comes from Paris, it's nearly impossible to leave once you get into the centre. So if the Eiffel Tower is calling you ignore it! If you are stuck in Paris try and blag a train from Paris-Est to Frankfurt where you'll be in train heaven and can reach most of Germany with ease.

If you do get a lift out (please tell us how you did it) but you should try and get on the E50 or E54.

### **Useful French Phrases**

Can you drop me at a motorway service area along the road?

*Pourriez-vous me desposer à une station-service ou à un Restoroute?*

Can I have a lift to.....?

*Est-ce que je peux aller avec vous jusqu'à .....?*

North, South, East, West

*Nord, Sud, Est, Ouest*

Train Station

*La Gare*

Bus/coach Stop

*Gare Routiere*

Youth Hostel

*Auberge de Jeunesse*

Hello/Hi/Goodbye/Thank you

*Bonjour/Salut/Au Revoir/Merci*

Yes/No/Sorry

*Oui/Non/Désolé*



## *belgium*

### **Belgium**

#### **Basic info:**

Emergency number: 112

Currency: Euro

The rail network in Belgium is very good and provides a number of services both national and international. Regular trains from Brussels to cities in the north and south of Belgium operate. Brussels is also a hub of international travel and trains operate to all bordering countries- particularly France, Luxembourg and Germany.

For international connections the Gare du Midi in Brussels is where the Eurostar and Thalys trains stop. There is a fast train to Cologne in Germany from this station.

For local and national trains within Belgium, Brussels has three train stations. These are the Gare Centrale (Central Station), Gare du Midi (South station- international connections) and Gare du Nord (North Station). All of these are located on the same line and each has a metro stop.

For bus routes, the main bus terminal (including where Eurolines stop) is next to the Gare du Nord.

### **Brussels**

Brussels is well worth a stop if you have time on your way to Nuremberg. The underground metro system makes it easy to get around. Places of interest include European Parliament, the Grand Place or the Chocolate Museum! (metro stop- Bourse). Or if your stay is brief, you can always sample a taste of Belgian cuisine with a waffle and a beer!

#### Accommodation:

2 go 4 hostel- 99 blvd Emile Jacqmain-lann, phone +32 (0)2 219 30 19

#### Hitching out

To hitch out of Brussels take the 1A (towards Hermaan-Debroux) or 1B metro (towards Stockel) and get off at Montgomery. The road opposite the metro station (where cars come out of the tunnel) leads onto the E40- a motorway into Germany. There is a side street for cars to pull over.



## *luxembourg*

### Luxembourg

#### **Basic Info:**

Emergency Numbers: 112.  
Currency: Euro

Luxembourg may be small but can be a magnet for bummiters as many French travel into the Grand Duchy for work or the cheap petrol. It is well connected to Germany by train. After the short journey to Trier, just over the border in Germany, connections can be made to Munich, Frankfurt, Berlin and many other cities. The main roads through Luxembourg include the E44 which goes to Koblenz in northern Germany while the E29 will lead you down towards Saarbrucken in the south.

#### Luxembourg City

Accommodation: Luxembourg has a main hostel in the heart of the city. It is a perfect example of what you can expect from a YHA hostel in Western Europe; clean, modern and full of European kids high on Kinder Eggs and Milka.

*Laurent Kreinitz. 2 Rue du Fort Olisy. Tel: (352) 22688920*

*Price: 19.70 Euro (includes breakfast)*

Travelling out: So you're stuck in Luxembourg? Never mind it's quite easy to get out. The city centre and outlying areas can be so quiet that hitching is nearly impossible. The trick is to get the train from Cents-Hamm station in the east of the city (unlike the main station there are no ticket barriers here). From there go to Wasserbillig (about 8 stops), leave Wasserbillig station and you should find yourself on a main road. From here cars are going to all around Germany so you should get a lift soon.



## *netherlands*

### The Netherlands

#### **Basic Info:**

Emergency number: 112

Currency: Euro

The Dutch love hitching so there are actually official hitch-hiking spots ready-made for you! **Liftershantes** (or **liftplaats**) which are marked by an official sign (blue with a big thumb on) where a hitchhiker can easily be picked up by cars. Official hitch-hiking spots are found in most university cities.

#### **Amsterdam**

Official hitch-hiking spot close to Amstel station in S112 area. Also, good places along S110 to lead onto the A2 road.

Watch out for trams, bikes, cars AND buses. Be careful not to walk along bike lane (usually coloured red)

Hostels: Maggy's Guesthouse (opposite the main station) and Stayokay Amsterdam Vondelpark (North East side of Vondelpark)

Things to do: Sex Museum, visit the Red Light District, Canal tours, Van Gogh Museum (and sit on the massive 'I amsterdam' sign), hang out in Dam Square and for any Amsterdam virgin - check out some Coffeeshops. For the crazy kids - special dumpster diving place on Ten Katmarkt! (North of Vondelpark)

#### **Eindhoven:**

Good hitching spots at intercept of A2/E25 and A67/E34 South of the city centre.

Hostels: Not many for cheap! La Cultura Lunchroom (close to the station, Wilhelminaplein 4)

Things to do: Kempenland Art Museum (history of Eindhoven), Jazz In Lighttown (blues and jazz café)



## ***bummit recommends***

### **Rotterdam**

Good hitching spots along the A20/E25 intersections with A13/E19 and N471

Hostels: Stakokay Rotterdam (Rochussenstraat 107-109, opposite Erasmus MC) and Smurk Adventures (Scheepmakershaven)

Things to do: Museum Het Schielandshuis (History Museum), Diergaarde Blijdorp (Rotterdam Zoo) and stroll along Erasmus Bridge - known to the locals as "the swan"

### **BUMMIT RECOMMENDS**

If you're looking for something to do this summer, here are a few things from our collective experiences to tempt you...

#### **Sleeping on Swedish sands**

If you love barbeques and beer on the beach then Sweden in the summer is for you. The Swedish constitution ensures the right to roam so young (and old) Swedes head to the beach ready to party hard as soon as the days get longer. Tylösand attracts many of Sweden's cool kids and as a result it can get very busy but with thousands of other beaches to chill out on it's worth a look.

#### **The Tent - Munich**

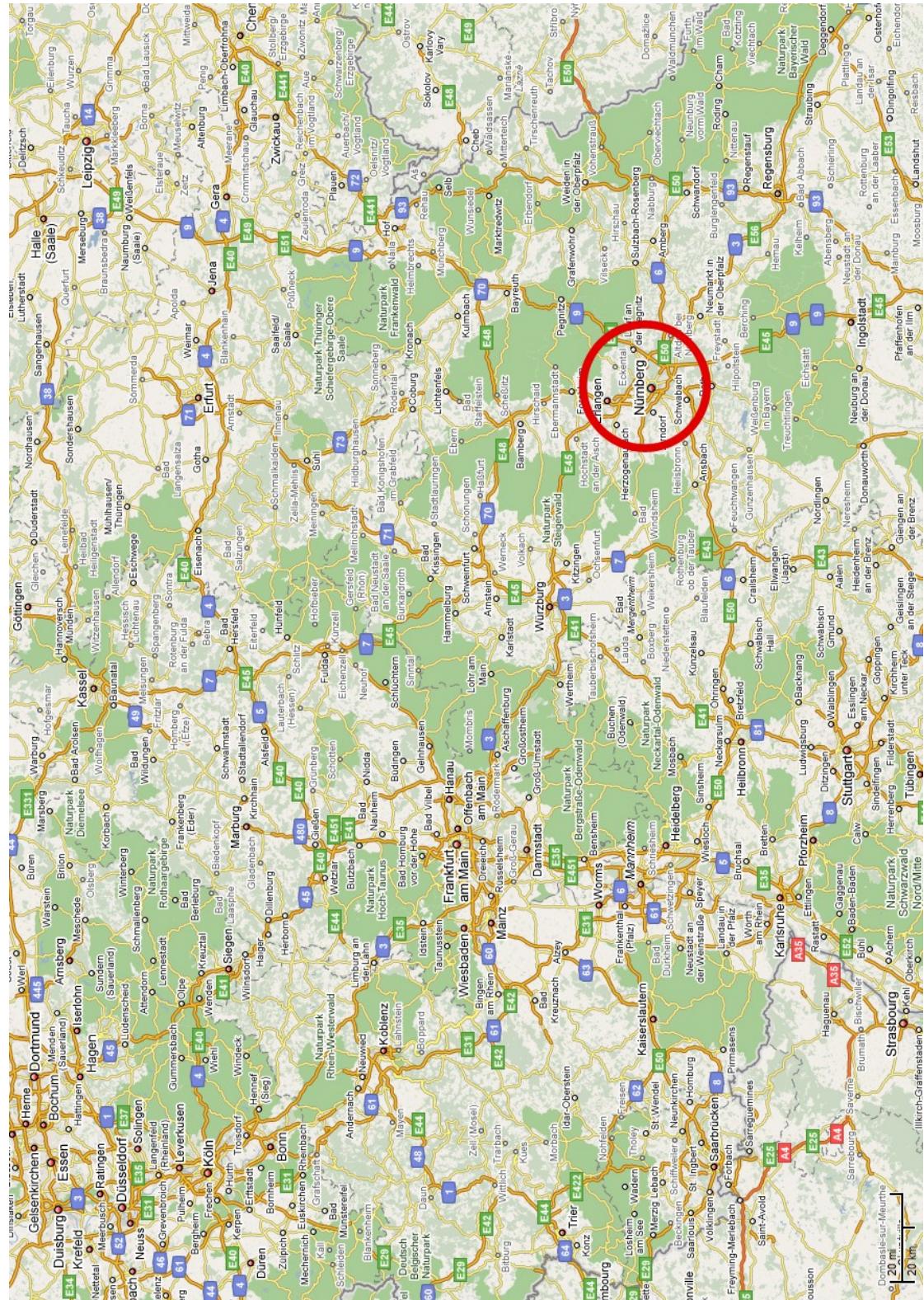
Sadly this campsite/bar/hostel/tent wasn't open yet so we couldn't include it under our main recommendations but we felt it was well worth a mention. Between 10<sup>th</sup> June - 6<sup>th</sup> October The Tent (it is just a giant tent!) opens its 'doors' to anyone looking for a bed in Munich. It offers low rates just €7.50, cheap bike rental, a big beer garden, internet access and all the other hostel basics making it the perfect place for off-duty bummers to visit.

Visit the [www.the-tent.com](http://www.the-tent.com) for more info.

#### **Kunsthaus Tacheles - Berlin (Oranienburger Straße)**

Former department store in East Berlin that, despite being semi-demolished, has become a commune for artists displaying some of the best urban artwork you'll ever see, notably some phenomenal paintings by Belarus artist Alex Rodin. Also contains a couple of cool bars, and head back New Year's eve for an absolutely banging 48 hour, 5 floor techno, psy-trance and (oddly) 60's rock 'n' roll party. That's after you've been to





## *germany*

### **Germany**

#### **The Basics**

Emergency number: Police 110, Ambulance/Fire 112

Currency: Euros

#### **Travel**

So you've skimmed past France and darted through Belgium and now found yourself in Germany? Hoorah! Fortunately for you, Germany is known to be one of the best places in Europe for hitching.

The Autobahns, Germany's high speed motorways, are spread all across the country, making it a smorgasbord of routes and roads for you to hitch yourselves crazy! As in the gain hitching on the Autobahns is not allowed but the autobahns themselves are lined with Service areas usually with good facilities.

Alternatively Germany's train system is fantastic, making it a quick and easy way to get through the country. Lots of teams in previous years have found the trains particularly blaggable with the friendly German conductors.

#### **Frankfurt**

Travel: Frankfurt is a handy place for trains since the Hauptbahnhof handles more departures and arrivals than any other station in Germany. The Tourist Office is also located in the main train station.

Hitching: Perhaps the best spot for getting rides out of Frankfurt in every direction is on the B8, on the start of the Theodor-Heuss-Allee near the centre of the city. To head South towards Nuremberg head south of the river to Sachsenhausen. Look for the direction of A3/E42 as this heads straight to Nuremberg.

Hostel: Haus der Jugend. Tel. 610 0150, Deutschherrnuer 12. From the train station take S- Bahn lines S3,S4,S5 or S6 to Lokalbahnhof, from there walk north for ten minutes.



## **germany**

### **Cologne (koln)**

Travel: Trains from the main station run frequently to Frankfurt-am-Main (three hourly)

Hitching: To get out of Cologne to the South the best possibility is to go to the *Verteilerkreis Süd*, a big roundabout where all vehicles that are heading for the motorway to the South or West are passing by. There is also a petrol station beside it and a traffic light where one can ask people for a lift.

Information: If arriving at Cologne by train be sure to check out Germanys largest Cathedral. It's hard to miss the cathedral (Dom) on the doorstep of the station

Hostel: *Station Hostel for Backpackers*, Tel. 912 5301, Marzellenstrasse.

This conveniently located hostel does 'exactly what it says on the tin'. look for Marzellenstrasse to the West of the station.

### **Berlin**

Travel: Berlin is well connected for trains. However in previous years it has not been known to be easily blaggable. It is laced with inspectors checking for tickets and they will give anyone an on the spot fine if found without one

Hitching : Head South towards Dresden to do this Take a train to the S-Bahn station *Schöneweide*, get out there and walk out of the station, turn right and after 300 meter you'll find two big service stations. Another possibility is to go to Tempelhof S or U Bahnhof which is easy to reach. Then simply follow the sign towards Dresden (A100). There are two red lights, for people coming from north and south, so they have time to see you. You should ask for A113 or A13.

Hostel: You will be spoilt for choice for Hostels in Berlin.

*Circus Hostel* . Tel. 2362 4031 Rosa-Luxemburg Strasse 39. This has a central location with an upbeat atmosphere. The nearest U Bahn station is Rosenstrasse Platz.

*Heart of Gold*. Tel. 2900 3300, Johannisstrasse 11. This hostel offers a subtle Hitchhikers Guide to the Galaxy theme. Take the U-bahn to Oranienburger Johannisstrasse is just off the main road Friedrichstrasse.



*germany*



***germany***

**German Translations**

Hello/Goodbye

Hallo/Auf Wiedersehen

Please/Thankyou

Danke/Bitte

Can I have a lift to...?

Ich mochte bitte mitfahren bis...?

Can you drop me at a motorway  
service area along the road

Konnten Sie mich an einer Raststätte  
Oder Tankstelle aussteigen lassen

North,South,East,West

Nord/Sud/Ost/West

Can you drop me there?  
Stelle?

Bitte halten Sie an dieser

## *nuremberg*

### Nuremberg! The half way point

Guten Tag! Was ist los? Congratulations if you spy a sign stating *Nürnberg!* If so you have made it to the half-way point of Bummit 2009!!! Welcome to the city of Nuremberg nestled in the heart of Bavaria. This pleasant little city boasts glorious architecture in a quaint picturesque landscape; a great vantage point happens to be the hostel grounds. Infamously remembered for a rush of popularity in the 1940's, this city conceals a wealth of modern historical interest. Although it should be noted that the significant sites are located on the outskirts of the city and will probably take a day to do.

Even so...there is a still lot to do within the city walls if you arrive early....

**Hostel Address:**  
**Jugendherberge Nurnberg**  
**Burg 2**  
**90403**  
**Nurnberg**  
**09 11 23 09 36-0**



If like us you find this address confusing, just look for the castle ("schloss") on the hill, that is the hostel! Reception is open from 7am until 1am and as you may be feeling tired after all that travelling, so look forward to a comfortable bed, hot showers and breakfast which is available from 7.30-9.00am.



## *nuremberg*

### **Sights:**

Unfortunately unless you arrive to this charming little city early, you may not have too much time to experience all that Nuremberg offers. Here's a quick list of the things you might want to try and catch before hitting the road again with the next weirdo with three spare seats in his car!

- Shopping - Nuremberg is full of traditional outlets. Stroll down Kaiserstrasse and reach the daily farmer's market full of local cheese, breads and German meat. Alternatively lose yourself in the back streets just below the castle and explore the boutiques showcasing the handiwork of local traditional pewterers, glass etchers and doll makers.
- Food - Nuremberg really is rather proud of its gastronomy. The locals love their "drei im weggler", or three sausages on a roll to us. Everywhere seems to sell these so just wonder around and see who is offering the best quality Bavarian meat! Another highlight is the lebkuchen, spicy gingerbread sold in the city centre which is eaten all year round.
- Tiergarten Nürnberg (Nuremberg Zoo) - Not so conveniently located but accessible by public transport. Get on either the tram (Strassenbahn line 5) or the bus (Bus number 65) and hop off at the Tiergarten stop. Miming a tiger to the bus driver may explain this (for the non-German speaker).
- Nightlife - The nights in Nuremberg are crazy and the Germans love to "make party". Start at the Nachtcafe in Josephsplatz where you can relax, indulge in the finest local beer and smoke some hookah. Later on head to some of the surrounding bars and maybe end up at Bubbles (Adlerstrasse) or Coyote bar (Weintraubengasse) to get your boogie on with the locals in shell-suits.  
Rally Grounds - It probably won't have escaped your notice that most of the NSDAP rallies were held in Nuremberg during the 1930's. Designed by Albert Speer the grounds are quite spectacular and now have a modern documentation centre attached. To get there hop on the bus (lines 36, 55, 65) or tram (line 9) and on both get off at Doku-Zentrum



## *nuremberg*

### Nightlife:

Nuremberg may not be known for its nightlife in the same way that Berlin and Munich are however there are still a lot of places to check out.

Chilling...Smokers can rejoice in the fact that over the Channel you are once again allowed to smoke indoors. Due to this there are a great few Shisha bars dotted around the city, one noticeably at the foot of the hostel grounds.

Bars...The Old Town (main street is Weißgerberg) has a great array of bars on the sides of it's cobbled streets. Watch out for that rowdy karaoke bar brimming with traditional German tracks that is very popular with the locals and of course your standard Irish bar. If your looking for something a little more discreet then we'd recommend the Saigon Bar.

Clubs...There are a few decent clubs in Nuremberg but they are spread out. The compact Pik16 club is also in the old town and is relatively cheap.

Club Stereo is more expensive and in the middle of town on Klaragasse. Tucked away in a dark cellar complete with a large lightshow wall panel, long bar and cigarette machine, this is allegedly the city's number one hotspot for soul, funk and reggae. Popular with students, dancing is permitted, even if you're cool. Get here before 00:30 and you'd think the place had gone out of business. Much later than that and you probably won't get in. Open 10pm-5am.

Coyote is near the old town. A big brick cellar, loud and hot, shaking to the latest boom-boom teenage dance music and featuring an interesting collection of matching, dancing barmaids. Frequented by a mixed age group of high-earning working class hedonists, the emphasis is definitely on fun rather than conversation. Its name is and it's dancers are close to the film. Coyote Ugly. Found on Weintraubengasse 2, open 9pm -6am.

**Warning: if you arrive early then if possible check the clubs online.  
Many only open for half of the week.**



## *nuremberg*

### The Party:

The party will be held at Nachtcafe in Josephsplatz. On the evening of the half-way party if your team want to go down with members of the Committee then meet down by the hostel reception at 9pm. The nachtcafe is open from 8pm-5am so get yourselves down there for some serious German Partying...drinks offers have been arranged and there will be a private party sign outside.

**Trip One:- Party is on the 17<sup>th</sup> of April.**

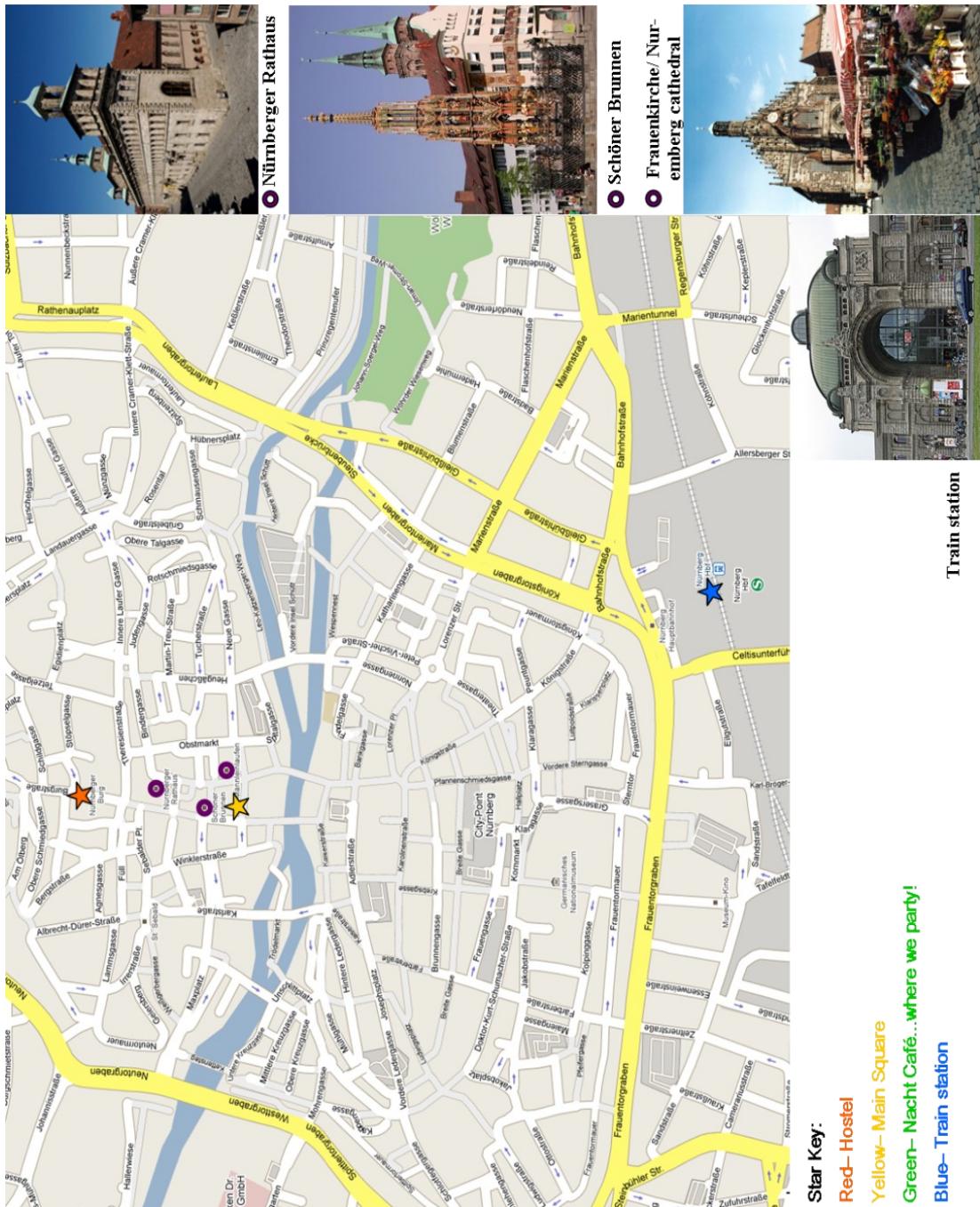
**Trip Two:- Party is on the 19<sup>th</sup> of April.**

### Culture:

Wikipedia states that ‘Nuremberg was an early center of humanism, science, printing, and mechanical invention’, so an obvious choice for the Bummit 2009 midway point! Or maybe it’s the fact that the surrounding area has the largest concentration of breweries world wide. Who knows? There’s plenty you can do to experience the life of a Nuremberger. Like all Bavarian cities, Nuremberg is big on beer and you can sample a pint from the city’s very own brewery Tucher at most of the bars in the city centre. If you’re feeling a bit peckish, Nuremberg is notorious for gingerbread men (strange but true!) and of course the bratwurst which is a lot smaller than the frankfurter, weisswurst (veal sausage- not for the faint hearted) and rostbratwurst (barbecued sausage). It would be a crime to come to Bavaria and not experience one of the many beer gardens the city has to offer and luckily there is one right at the bottom of the hill our hostel is situated in- perfect for making that uphill journey home a little easier!

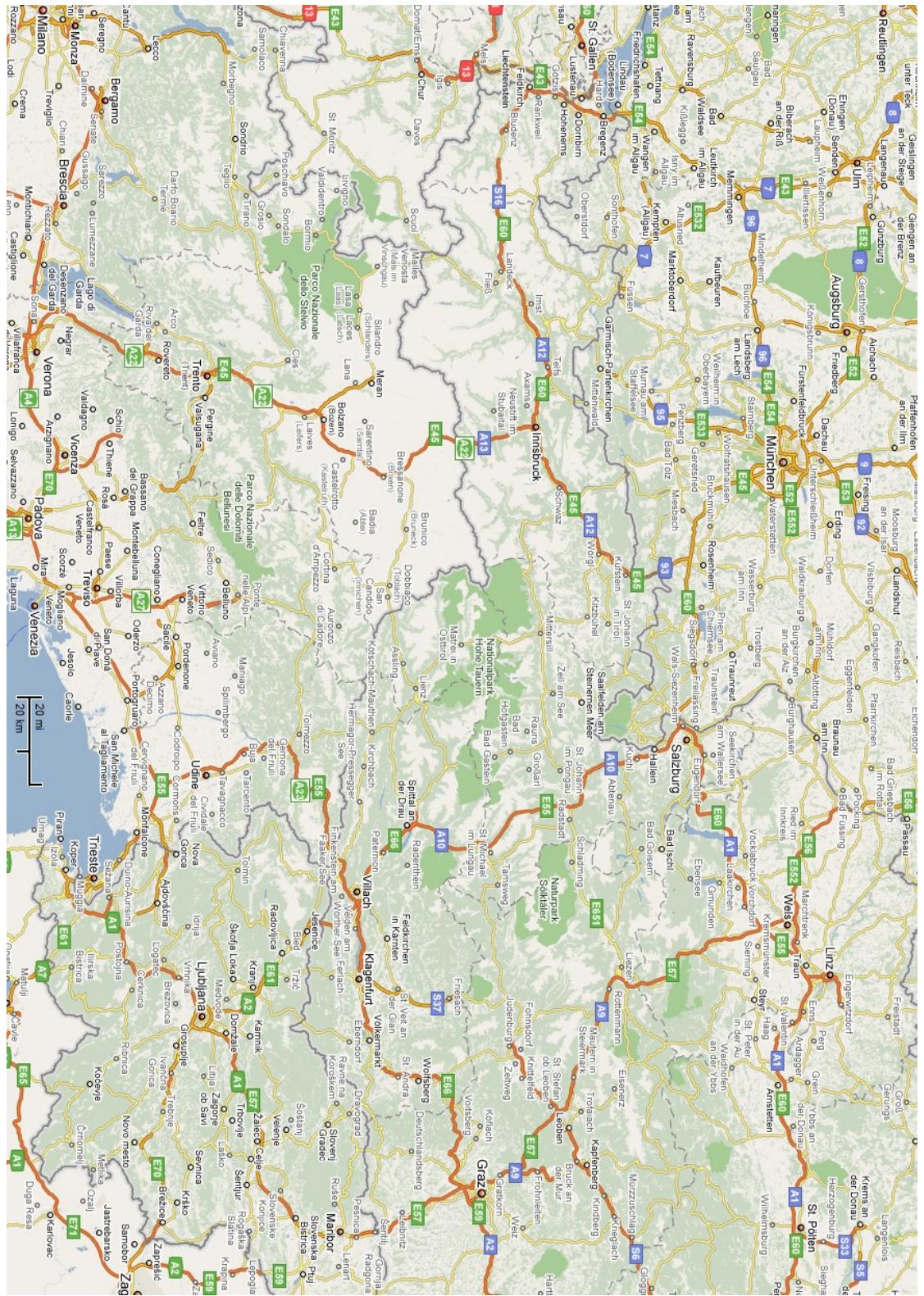


## nuremberg map



*czech republic*





## Austria

### **Basic Info:**

Currency: Euro  
Emergency Number: 112

Austria is a land-locked alpine country in Central Europe which is highly likely to feature in your bummit adventure hopefully not long after your hung-over departure from Nuremburg. General hitching sense applies and getting a lift shouldn't be too difficult on Austria's excellent road network. However it is well worth bearing in mind that it is of course illegal to hitch on motorways, and perhaps more importantly, fare dodging on Austrian trains is a serious offence and carries a huge fine. Talking your way out of this may not be as easy as in Germany, for example. Be careful!

## Vienna

The Capital Vienna possesses a lively and vast array of cultural attractions. Wander along narrow, medieval alleyways or across imperial squares, view Schönbrunn Palace or the Imperial Palace (Hofburg), and marvel at the majestic architecture along the Ring boulevard. All of this whilst taking advantage of the comforts and infrastructure of a modern city!

### Accommodation:

Do Step Inn in Vienna, Felberstrasse 20, 1150 Wien, Austria. (Centrally located and 3mins from the main point of public transport in Vienna).

### Getting Out of Vienna:

There is a free shuttle bus from vienna downtown (oper) to the SCS (shopping city süd), aka the IKEA-Bus. it leaves from the station "oper" and takes you to this ugly shopping-complex in Vösendorf, south of vienna. so you are right on the autobahn A2 which is heading south.



## *hungary*

### Hungary

#### **Basic Info:**

Currency: Forint (HUF) 1GBP=321.4HUF  
Emergency Number: 112

Hungary is a landlocked country in the Carpathian Basin of Central Europe, it is one of the top 15 most popular tourist destinations in the world, with a capital city regarded as one of the most beautiful landscapes on earth. It is unlikely though, that, unless you decide you need a real challenge, and a huge detour that you will see any of Budapest. More likely are you to pass through the fringe of the country and perhaps sample some of Europe's best service station coffee. The hitch is good in Hungary, but only in the day. Although hitching on motorways is, as always, illegal, hitching on the ramps is ok and of course service stations are fine. You shouldn't have any problems.

#### **Budapest**

Buda, Pest and Óbuda (Old Buda) were united in 1873 and further settlements (Újpest, Kispest, Nagytétény) were joined in 1950 making today's "Great Budapest". Regarded as one of the most beautiful cities in Europe, Budapest is rich in UNESCO World Heritage sites. The view of the Danube embankments, the Buda Castle District, Andrassy Avenue with Heroes' Square and the Millennium Underground Railway are now internationally protected areas of the Hungarian capital. All this on top of the green filled parks full of charming pleasures, museums that will inspire, and a pulsating nightlife on par to its European counterparts mean if you make it here you're in for a treat.

#### Accommodation:

Home Made Hostel: Teréz krt. 22., Budapest, Hungary, 1066

#### Getting Out of Budapest:

From Móricz Zsigmond Körter (square) with bus 40/153 till Sasadi út, walk further little bit, and soon you will see a petrol station with MC on your left. Be careful as many drivers here will be heading back north towards Vienna, the road splits south further along.



## *slovenia*

### Slovenia

#### **Basic info:**

Currency: Euro  
Emergency Number: 112

Slovenia was part of the former Yugoslavia and became independent in 1990, and unlike most other Balkan countries it gained its independence without the stigma usually attached to the region. It is a patchwork of different scenery and has everything from alpine passes and castles perched above stunning lakes to snow covered mountains and wide open plains stretching down to a small but perfectly formed coastline comparable to those across the sea in Italy. Its also a microcosm of societies and cultures, showing evidence of not only the Austrians and Ottomans who fought across the Balkans for many hundreds of years, but of the Italian influences and communist architecture of the last hundred. All of this makes it a fantastic place to spend some of your Bummit trip. The traditional drink of Slovenia is a blackcurrant liqueur usually served with some of the blackcurrants in the bottom of the glass, its defiantly worth a try.

The following is some information you'll find useful while bumming trough Slovenia. Most cash machines in Slovenia will work for you as long as you have a card that is Visa, Visa electron, Mastercard, Maestro, Cirrus or in anyway affiliated to these. While most machines will have English language options, the keypad buttons will be in Slovene so here is a handy translation;  
Popravek - Correction/Clear, Prekinitev - Cancel, Potrditev - Enter/Confirm.

Also, you must remember that in Slovenia Jaywalking (crossing the road without using a pedestrian crossing or without obeying the signals) is illegal and the police are able to hand out heavy fines on the spot. While your official bummit letter and a good deal of begging might get you off the hook, its best not to try.



## *slovenia*

### Cities

Ljubljana: This is the capital city of Slovenia and is actually quite small by comparison to other European cities with a population of just under 300,000, making it smaller than our beloved Sheffield. The river banks are packed with nice restaurants and bars, and you can have a great time here both day and night. The castle overlooking the city is defiantly worth a visit if you have time.

Place to Stay: Zeppelin Hostel, located at 47 Slovenska Cesta (Slovenska Street), a five minute walk from the train station . Reception is open 8am-10pm

Transport: Trains go from “Ljubljana zelezniska postaja”, while it is easy to get buses and cross county coaches from right outside.

Hitching: Your best bet for hitching is to head to the outer limits of the city, as it has a motorway ring road. It should be fairly easy to get a city bus out to these parts.

Koper: This is Slovenia's main port and due to this and its proximity to Trieste just over the border in Italy there is a lot of traffic moving through, which hopefully means plenty of lifts for Bummiters. Its also very close to the Croatian border. While the newer parts of town is more industrial, the older part of the town along the coast is a nice place to spend some time. Bear in mind that this coastal part of Slovenia is likely to be more expensive than the rest of the country.

Place to stay: Hotel Vodisek, at 2 Kolodvorska cesta (street). Prices range from around 28 Euros for a 3 person room, so probably worth a try. It is within about 800 metres of the Trains Station.

Travel: While it has a train station and easy access to motorways, these head inland towards Ljubljana, meaning your unlikely to be able to make it over the Croatian border which is tantalisingly close.



## *slovenia*

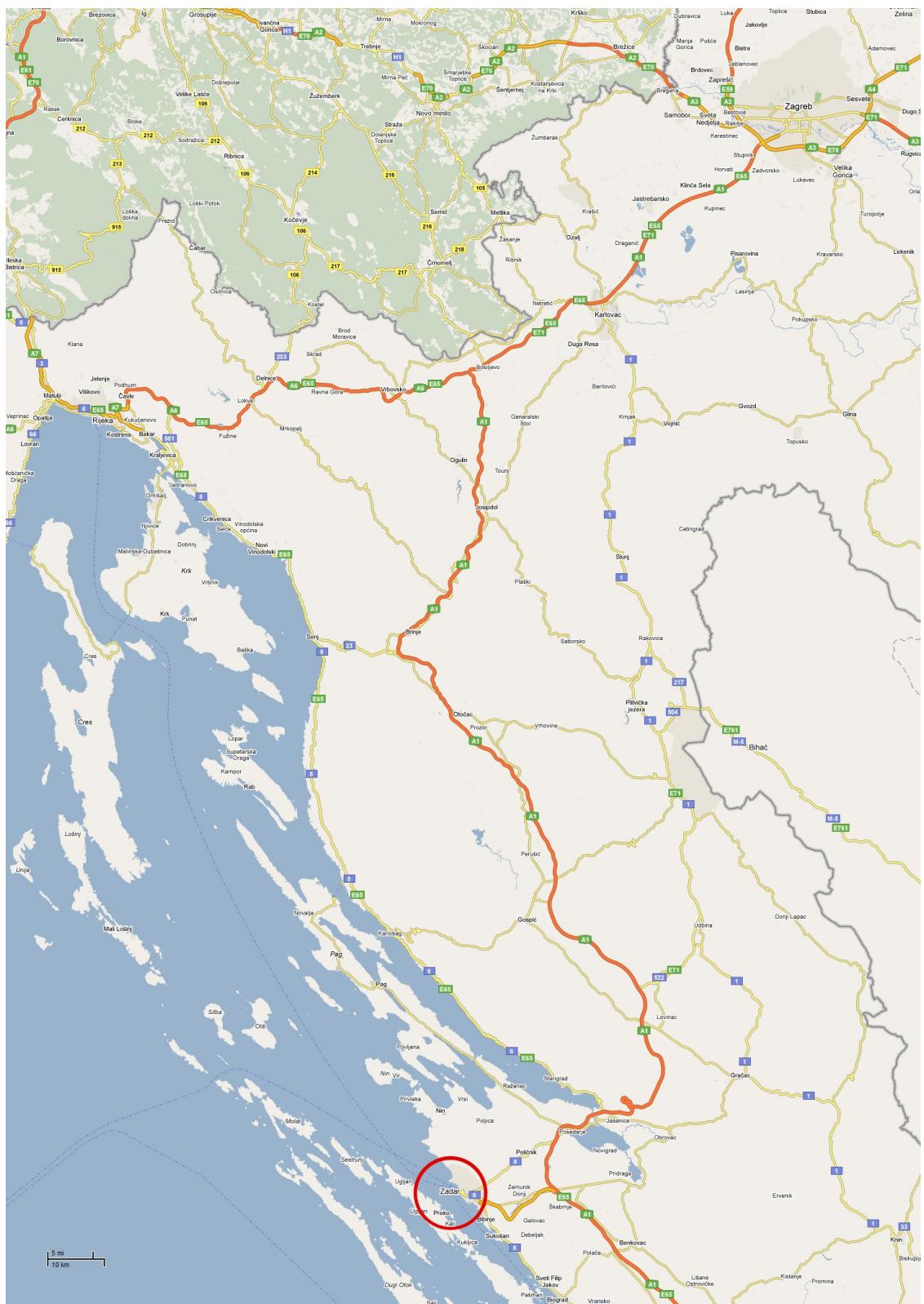
**Maribor:** This is the second city of Slovenia and is a relic of the Austro-Hungarian Empire. Some have referred to it as a little slice of German culture in Slovenia. It is a big destination for winter sports, as well as having a large University and there is likely to be plenty to do for the Bummiteer with a few hours to spare.

**Place to Stay:** Alibi C2 Hostel situated at Cafova Ulica 2, within about 200 metres of the Train and Bus Stations. Other than this there are numerous other Hostels around the city, such as Youth Hostel Uni Hotel located in the old town near to Hotel Orel and the Lollipop Hostel at 17 Maistrova Ulica.

**Travel:** The city has bus and train stations in the centre, and these will likely provide you with connections to Croatia's Capital, Zargreb. If hitching by road, you need to be heading south and the E59 motorway heads through the city heading south.

<u>Slovene:</u>	<u>English:</u>	<u>Say it like:</u>
Da	Kje je Stranisce, prosim?	I need help
Ne		Where is the toilet please?
Dobrodosli	Yes	
Zdravo	No	<u>Say it like:</u>
Na Svidenje	Welcome	Da
Hvala	Hello	Neh
Prosim	Goodbye	Dob-ro-doshli
Govorite Anglesko?	Thanks	Zdravo
Zal ne Govorim Sloven-sko	Please	Na Svid-en-yeh
Potrebujem pomoc	Do you speak English? Sorry, I don't speak Slo-vene	H-vala Prosim Govo-reet Angleshko? Zal neh govorim





## Croatia

### The Basics:

1 GBP = 12.45 KN (approximately)  
Country Telephone Code: 385  
Climate: Hot summers and cold winters, so it could be somewhere in the middle.

Languages: Croatian - apparently not a lot of people speak a lot of English, but if you target the young people you may have more luck!

Emergency: Call 112, or for an emergency at sea, 9155

Phrases: bog (hello), dovidenja (goodbye), hvala (thanks), pardon (sorry)

Time: GMT + 1



Hellooooo Croatia! Congratulations for making it this far, now you're here, why don't you celebrate in style! Croatia has clearly become the latest 'gotta go' destination, and it's not surprising, with 6000km of coastline winding round its innumerable bays and almost 1100 islands offshore, there's a dream spot for every taste.

### Travel:

Hitching in Croatia should not be too difficult as it is pretty common. However the language barrier may be a problem, as a lot of the drivers possible won't speak English. The roads and highways should be good to hitch from as there are many service stations along the way.

## Zagreb

**Where to stay** - *Youth Hostel Zagreb*, Petrinjska 77, 10 000 Zagreb, *Hostel Carpe Diem*, Milana Šufflaya 3, 10 000 Zagreb

**Where to Eat** - *Mali Medo*, A traditional Croatian restaurant with a lively atmosphere, youthful clientele, and prices are very affordable (around 20-40 kuna). Excellent food, and not to mention superb beer.

**Where to Drink** - *Spunk* - Outside the National University Library, it's a friendly, studenty hangout where people come to hear good music (mostly rock) and live bands.



## *croatia*

**Clubs - Boogaloo** - A large space hosting an equally large assortment of entertainment options, from rock bands to dance DJs, Boogalo is a recently -renovated space that holds great promise out in Trnje.

### **Dubrovnik**

**Where to Stay** -*Youth hostel Dubrovnik*, Vinka Sagrestana 3, tel: 00385 (0) 20 423 24

*Petra Guesthouse* - Getaldiceva 5, Dubrovnik,

**Where to Eat** - *Kamenice* have huge portions and its terrace is on one of Dubrovnik's more scenic squares.

*Atlantic* has homemade pasta and vegetarian lasagne and the food is outstanding.

**Where to Drink** - This bar is usually empty before the witching hour, after which it transforms into a scene of drinking, dancing and shenanigans which go on 'til the wee small hours. Commercial dance, occasional live bands and hormone-fuelled youth dressed to kill.

**Clubs - Orlando**- A multi-talented organisation organising excellent live bands, DJ appearances, film screenings, workshops, exhibitions and much much more, leaning towards the alternative stream of culture

### **Split**

**Where to Stay** -*Split Hostel* -8 Narodni Trg, Split Hostel is located just off the main square Narodni Trg which is within Diokletian Palace; situated are at the bottom of the square near Lacoste and behind the newspaper stand. *Hostel Split* (creative name...), Vukasoviceva 21, 21 000 Split, tel: 098 987 13 12 - check in between 2pm and 8pm.

**Where to Eat** - *Buffet Fife* - Trumbiceva obala 11, Split - Generous portions, cheap food, cheap beer!

**Where to Drink** - *Red Room* - Carrarina Poljana 4, where foxy young things intertwine to DJ sounds.

*Bifora* - (Poljana Stare Gimnazije, corner Bernadov prilaz) is equally cool...apparently.

**Clubs - The Academia Ghetto Club** - attracts arty stop-outs, as does the *Po Bota*.

*The Tropic Club Ecuador* - commands the finest views and most chic crowd.



## ***zadar***

### **Zadar**

Woohoo! You finally made it to Zadar, time to party!

Zadar is one of Croatia's more underrated destinations. The marble, traffic-free streets follow the old Roman street plan and still contain several medieval churches. The Old Town has been rebuilt many times (comprehensively destroyed in the last war by the Allies - it was bombed no fewer than 72 times) leaving it with an interesting combination of traditional houses and modern constructions. By day, there are a number of museums to explore, and the tree-lined promenade along Obala Kralja Petra Krešimira IV is perfect for a relaxing walk. There are a few small beaches east of the Old Town and more to the west at Borik. By night, Zadar's large student population pours into the town's bars, clubs and cafés.

#### **Things to do**

The main places of interest are near the circular Church of St Donat (Crkva svetog Donata; summer only: daily 9am-10pm; 6Kn, plus 3Kn for a small leaflet guide), one of the most outstanding monuments in Dalmatia.

Cathedral of St Anastasia (near Church of St Donat). You can climb up the cathedral's 56-metre campanile (Daily 9.30am-1pm & 5-8pm; 10Kn).

You can buy a ticket to the National Museum and also get entry to the local Art Gallery, which has a changing series of exhibitions highlighting local artists.

Varoš quarter has many atmospheric narrow alleys packed with little boutiques and cafés.

#### **Transport**

Bus - Croatia Express (250 502; [croatiae@zd.t-com.hr](mailto:croatiae@zd.t-com.hr); Široka 14) sells tickets to Zagreb, Split and Trieste (Italy), plus many German cities. From the bus station (211 035) there are buses to Zagreb (65KN to 165KN, 3½ to five hours, 20 daily), Rijeka (145KN, five hours, six daily), Split (75KN to 89KN, three hours, eight daily) and Dubrovnik (170KN to 210KN, eight hours, seven daily).

Train - There are two fast trains to Zagreb (184KN, seven hours) and three slower trains (134KN, 9¾ hours) that change at Knin, but the bus to Zagreb



## ***zadar***

### **Places to stay**

**Old Town Guesthouse** - Mihovila klaica 5. Center of old town, M. Klaića on the main city square, Narodni Trg.

**Borik campsite** - next to the hotel complex of the same name in the seaside suburb of Borik (also known as Puntamika), 4km northwest of town (bus #5 or #8 from the train and bus stations; 023/332-074)

### **Places to eat**

There's a **supermarket**, Konzum (daily 6.30am-9pm), on the corner of Široka and Dalmatinskog sabora, and a larger branch just across the footbridge over the Jazine on Josipa Jurja Strossmayera.

The **Sandwich Bar Smart**, M. Klaića, is the place to get a sandwich filled with local pršut or Slavonian kulen sausage.

**Donat** (Trg sv Stošje). The best of Zadar's ice cream parlours, with outdoor seating right by the cathedral.

### **Places to drink**

**Kult** (Stomorica). An eternally popular hangout in the Varoš quarter, with lots of outdoor seating in an attractive residential courtyard.

**Garden** (Bedemi zadarskih pobuna). Open-air garden bar occupying a stretch of the city walls, founded by UB40's drummer and tour manager in 2004 and already something of a Zadar institution.

**Galerija Đina** (Varoška). Chic and comfy café in one of the tightest-packed alleyways of the Varoš quarter.

**Arsenal** (Poljana Natka Nodila). A great place for drinks and cocktails on any night.

**Maya Pub**. Mellow and vaguely Eastern, this is a relaxing place by day or by night when the music starts up.

### **Extras**

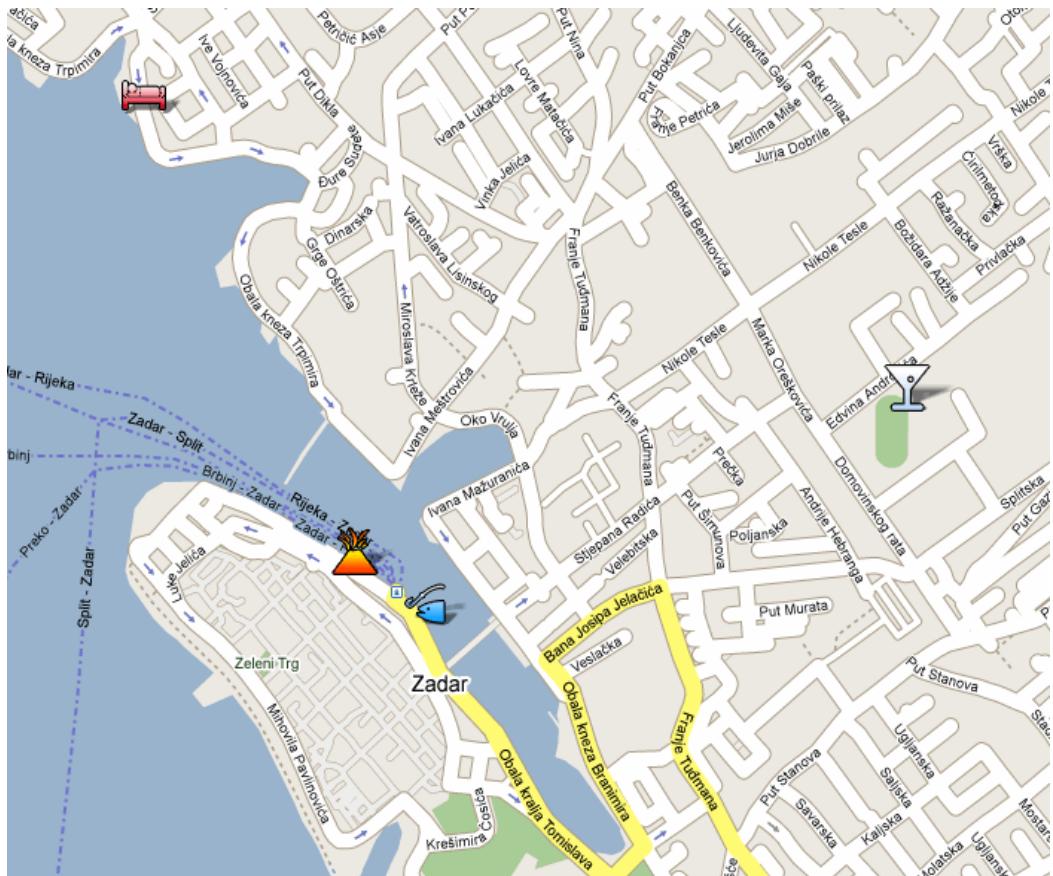
**Internet access** HG spot, Stomorica 8 (daily 7am- midnight).

**Left luggage** At the bus station (Mon- Sat 9am-10pm, Sun 5-10pm) and opposite Jadrolinija office (daily 6.30am-10pm)

**Bank** Nova Banka, Trg sv Stošije 3 (Mon- Fri 8am-8pm, Sat 8am- noon).



## **zadar**



Youth Hostel



Arsenal Bar



Maya Pub



The Garden Bar

### Accommodation

Trip 1: Night of Tuesday 21<sup>st</sup> April 2009

Trip 2: Night of Thursday 23<sup>rd</sup> April 2009

The address of the hostel is:

Obala Kneza Trpimira 76

23000 Zadar

Zadar

Tel. 00385-23-331145



*zadar*



*croatian phrases*



## **serbia**

This information is for after Bummit, **you are not insured for Serbia or Bosnia, or anywhere after the final day of the trip.** If you are planning on visiting we strongly suggest you take out your own travel insurance.

### **Serbia**

#### Basic Info:

Language: Serbian

Emergency: 112 Embassy: Resavska 46, 11000, Belgrade Tel: (381) (11) 2645 055,

(381) (11) 3615 660, (381) (11) 3060 900 Currency: Dinar (£1 = 98.7 although this is a very low rate can get up to 120)

If you visit Serbia make sure you get your passport stamped at the border, you may not be let out if you don't. Also register with the police within 24hours of entering the country, most hostels will do this for you.

There has been some violence towards western embassies (mainly the US) by Serbian nationalists so try and stick to the city centre and just be sensible when in less touristy areas.

### **Belgrade**

The train station and bus station are next door to each other and you will find the tourist information here too. If you need a cash machine head up towards Kralja Milana (if you ask people for directions to Hotel Moscow they should point you in the right direction).

Accommodation: There are tons of hostels in Belgrade and most hostel owners will point towards another if theirs is full.

*Hostel Belgrade.* Billed as the 'easiest hostel to find in Belgrade' the hostel is nice enough with a mental shower. 17 Kralja Milana (look for the 'Hostel Belgrade' sign and go down the passage until you see the hostel on your left)

Price: 12 Euros

*Club Plastic.* This club went down in Bummit legend for the amazing time everyone had here during Bummit 2007. Come here for some dirty drum & bass or go to the upstairs club, called Mint, for a change.

Takovska 34, corner with Dalmatinska (look for the big old doors)



## *bosnia and herzegovina*

### **Bosnia and Herzegovina**

So you're up for some post-Bummit travel? Make the most of having made it all the way to Croatia and experience some delights of Eastern Europe in Bosnia.

#### **Sarajevo**

Sarajevo is an essential for any eastern European traveller. The place is steeped in history, you won't be short of things to do and magnificent buildings to see.

Hostel: *Kod Keme*, Circuluk Mala 15, [www.hostel.co.ba](http://www.hostel.co.ba). Fantastically located right in the heart of Bascarsisa, this is a small guest house ideal for those wanting to roam Sarajevo's night life

Travel: Sarajevo has two bus stations. There are lots of coaches running from Croatia, from Split, Dubrovnik and Zagreb. Sarajevo is easily accessible by train or bus.

#### **Mostar**

The famous, elegant Stari Most arching over the Neretua River provides the icon for this idyllic town. Mostar- meaning Keeper of the Bridge is a must see in Bosnia. The Beautiful, cobbled old town surrounds both sides of the bridge where small souvenir shops line the narrow streets.

Hostel: Omer Lakise; Mladena Balorde 21a. Look for the brown metal gate for this small guest house ran by Omer, a retired professor with a smattering of English.

Travel: The train station is upstairs from the bus station. Two trains run from Mostar to Sarejevo. The morning train goes onto Croatia and the evening train is a night train headed for Budapest.



*loco2*



### Low Carbon Travel Adventures

Hopefully Bummit will be showing you the fun that can be had when you limit your environmental impact and travel overland. To show you what else is possible we've partnered up with the lovely folks at Loco<sub>2</sub> who share our belief that low carbon travel is the best option for modern travelers while it also means meeting weird and wonderful people and seeing places that would usually pass you by.

Since we can only really do one big Bummit each year this part of the guide is here to help you go on your own low carbon adventure all tailored around some of the best European festivals out there. While the options are limitless here are a few recommendations based on Loco<sub>2</sub>'s advice and our own experiences.

#### EXIT Festival

9<sup>th</sup>-12<sup>th</sup> July 2009

Train price: £200

Festival Ticket: £72 (4 day pass)

Duration: 8-10 days travel / 4 day festival

Destination: Novi Sad Serbia



This festival comes with the full Bummit seal of approval on account of the incredible time had by many Bummiteers in the summer of 2007 after Bummit to Belgrade. EXIT really has it all to offer, amazing venue, fantastic line-ups, phenomenal weather and post-festival nights out in Belgrade really don't disappoint.

Getting there by train is fairly simple considering the distance covered, it can be done with only 4 changes. The best way to do it is to get an Inter-rail global pass for 5 days in 10 for around £125 if you're under 26. Once you have that get your Eurostar tickets, remembering to mention your Inter-rail pass to get a discount, and contact Rail Europe for any reservations which you may need for night trains. If you fancy a cheaper (but much more hardcore) route then you can do a large chunk of the trip by coach with Eurolines. If you're quick it can cost only £90 for the return coach to Budapest and then £40 return train ticket down into Novi Sad.



### Melt Festival

17<sup>th</sup>-19<sup>th</sup> July

Train Price: £145

Festival Ticket: €77-99 (2/3 day pass)

Duration: 6 days travel / 3 day festival

Destination: Ferropolis, Germany



There ain't no party like a well organized

German party and Melt continues to prove this by landing the biggest acts and bringing them to this fantastic festival in the heart of Deutschland.

They've already confirmed Oasis, Bloc Party, Gossip, Klaxons, Aphex Twin and Simian Mobile Disco.

This festival can be done in just 3 trains, London-Paris, Paris-Berlin and then Berlin-Dessau and if you don't mind sleeping on the train then it can cost just £144 (£59 return on the Eurostar, £42 return on the Paris-Berlin, and £42 return from Berlin-Dessau).

### Electric Picnic

4<sup>th</sup>-6<sup>th</sup> September

Travel Price: £48

Festival Ticket: €199

Duration: 4 days travel / 2 days festival

Destination: Portlaoise, Ireland



It's the best festival in Ireland to be sure, to be sure. Easily rivaling the slightly larger Oxegen, it is imaginatively structured and has a strong personality.

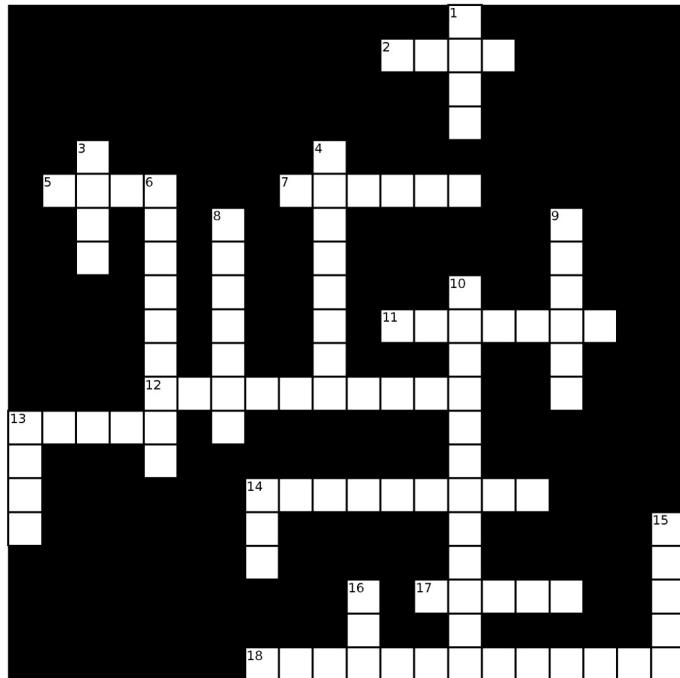
The great thing about travelling to Electric Picnic is that it's based in Ireland, where hitchhiking is a safer and more reliable way of travelling than over here so you can easily reduce the cost by hitching a lift. If you don't fancy that then the rail and sail combo to Dun Laoghaire is available for less than £30 (£27 from London) each way. Once you're in Dun Laoghaire it's a two and half hour train journey to the festival.

**For more info on any of these go to the fabulous Loco<sub>2</sub> website at [www.loco2travel.com](http://www.loco2travel.com) where you'll find all the details mentioned here as well as ideas for overland trips as far away as Australia, China and the**



*activities*

## Rude Crossword



Across  
2 Handle  
5 Richard  
7 Julia Roberts' job  
11 A hard hitting career  
12 Endorsed by Johnny Vegas  
13 Receiver  
14 Bryan Adams' favourite summer  
17 Alternative for the Andrew Lloyd Weber classic  
18 (Anagram) Rabbi Tramp Ant

Down  
1 Weakest and most numerous piece in the game of chess  
3 Slang ejaculate  
4 A rooster calls  
6 An ancient Indian text  
8 The French definite article is gay  
9 He longs  
10 Damp custard cream  
13 A term which came into widespread use after the film Pulp Fiction  
14 \_\_\_\_\_ bomb, See Harry for this on Bummit  
15 A womans favourite place  
16 Two girls one \_\_\_\_\_



*activities*



## ***diary***

Complete a task everyday and write down your best and worst experiences so that you can relive the Bummit magic when back in rainy Sheffield.

### **Day 1**

Start your journey from the Arts Tower

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### **Day 2**

Have a breakfast of red bull and milka

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### **Day 3**

Realise you left your hitching board in your last lifts car

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### **Day 4**

Party in Nuremberg!

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### **Day 5**

Try to ask when the next train is through the use of hand gestures

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*diary*

Day 6

Convince the locals that you're famous back in the UK

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Day 7

Lose a small fortune betting on what cars will stop for you

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Day 8

Relax, you've made it to Zadar!

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Best moment:

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Worst moment:

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Sum up the trip in five words:



*committee*

**Bummit 2009 Committee**

Give your thanks to these lovely people for making it all happen...



Nick



Yasmin



Emma



Tori



Nick



Lee



Alex



Steve



Jamie



Rachel



Kate



Bethan



Harry

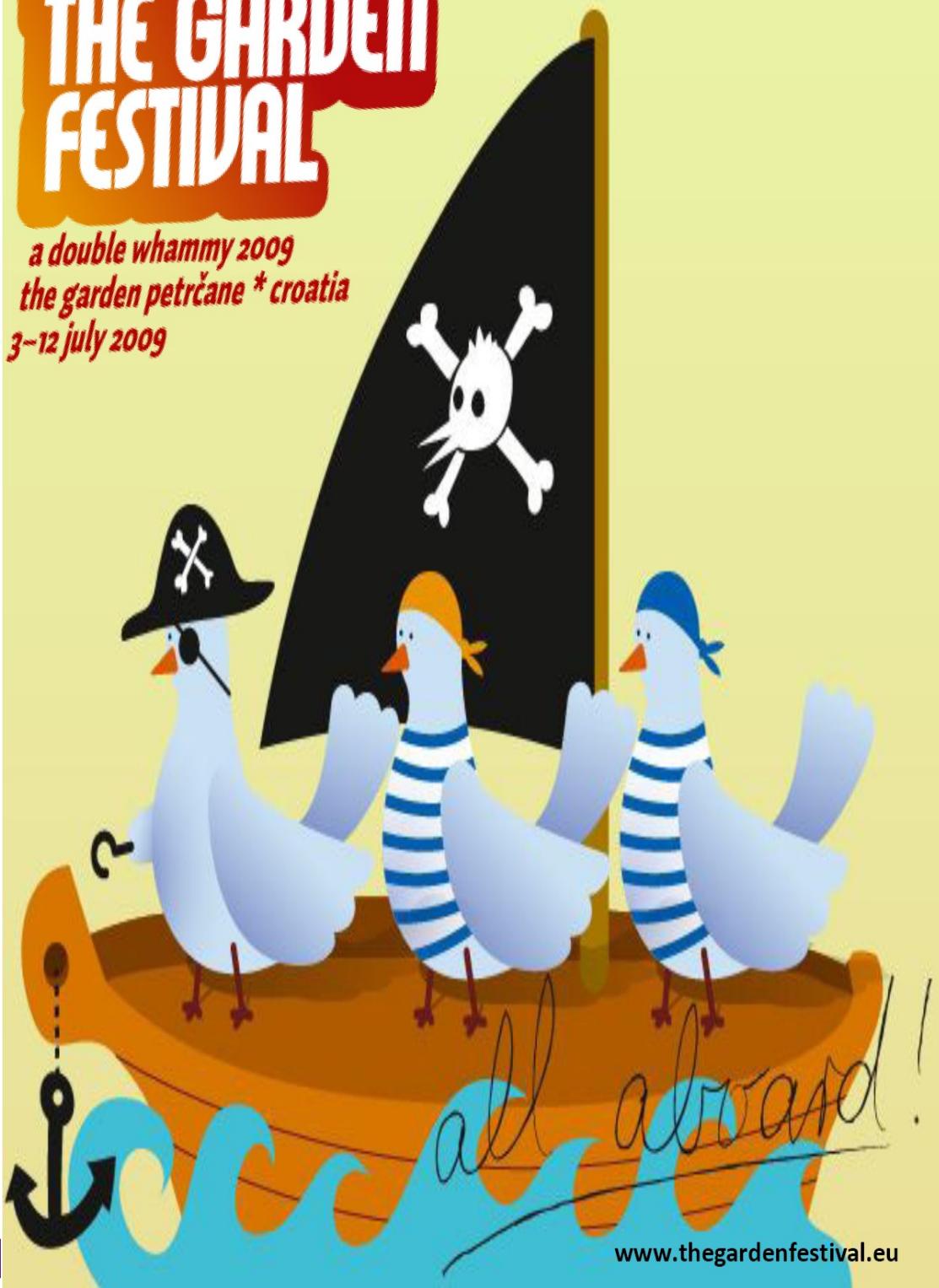
**Bummit Committee 2010**

Would you like help organize Bummit 2010?  
Come along to our AGM, a few weeks after  
Bummit, when elections for committee positions  
will take place. Look out for details after the  
trip...



# THE GARDEN FESTIVAL

*a double whammy 2009*  
*the garden petrčane \* croatia*  
*3-12 july 2009*



[www.thegardenfestival.eu](http://www.thegardenfestival.eu)

*teach first*

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