



UGANDA ATHLETICS FEDERATION

Competition Calendar 2020

DATE	EVENT	VENUE
JANUARY 2020		
11 th		
18 th	MAYANK Cross Country Championship	Koboko
	Eastern Region Cross Country Championship	Soroti
	Western Region Cross Country Championships	Mbarara
25 th	Annual General Assembly	Kampala
FEBRUARY 2020		
8 th	National Cross Country Championships	Tororo
3 rd – 26 th	Launch of preparation for Tokyo 2020 Games	Kapchorwa
23 rd	Source of Nile Half Marathon	Jinja
MARCH 2020		
1 st	6th Africa Cross Country Championships	Lome, TOGO
7 th	1 st National Trials/Paralympic Trials	
13 – 15 th	IAAF World Indoor Championships	Nanjing, CHINA
21 st	2 nd National Trials	Kampala
28 th	Athletes' Conference	Kampala
29 th	IAAF World Half Marathon Championships	Guyina, POLAND
APRIL 2020		
DTD	5 th Public Tertiary Institution Games	VTD,
4 th	3 rd National Trials	Kampala
18 th	4 th National Trials/ National U18 Championships	Kampala
DTD	EAAR U20 Championships	VTD
MAY 2020		
2 nd	5 th National Trials	Kampala
2 nd	World Athletics Continental Tour - Gold	Nairobi, KENYA
6 – 16 th	National Primary Schools Athletics Championships	VTD
16 th	World Athletics Day	Bombo
	TBAC Meeting	Kampala
23 rd	Eastern Region Championships / Kids Athletics	Tororo
	Northern Region Champs/Arop Memorial	Gulu
	Western Region Championships/Kids Athletics	Rukungiri
	MAYANK Championships/ Kids Athletics	Maracha
30 th	Kyabazinga Championships/Kids Athletics	Iganga
	North Eastern Region Championship/Etolu	Soroti
	Memorial Meeting	





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DATE	EVENT	VENUE
JUNE 2020		
6 st	21 st Akii-Bua Memorial Championships/Central Region Championships	Kampala
11 th – 13 th	National Track and Field Championships	Kampala
21 st	Refugee Road Run	Arua
22 nd	Empango Half Marathon	Hoima
24 – 28 th	22nd Africa Senior Championships	Algiers, Algeria
29 th	Deadline for 2020 Tokyo Olympic Games Qualification	
JULY 2020		
1 st – 24 th	Residential Training for Tokyo 2020	Tateshina, Bukwo, Kapchorwa & Kla
7 th – 12 th	IAAF World U20 Championships	Nairobi, Kenya
5 th – 12 th	Uganda Secondary Schools Athletics Championship	Lira
18 th – 25 th	4 th World Deaf Athletics Championship	Radom, Poland
24 th July – 9 th Aug	Olympic Games	TOKYO, JAPAN
AUGUST 2020		
16 th	Koboko Annual Voluntary Health Run	Koboko
30 th	3 rd Girl Child Education Run	Arua
SEPTEMBER 2020		
19 th	Run Against Female Genital Mutilation Race	Bukwo
OCTOBER 2020		
3 rd	11 th National Mountain Running Championships	Buhweju
10 th	Soroti Safe Motherhood Run	Soroti
19 th	5 th Mulago Catholic Parish Run	Mulago Parish
27 th	2 nd Fort Portal Half Marathon	Fort Portal
NOVEMBER 2020		
1 st	MTN Eastern Region Road Run	VTD
8 th	MTN Northern Region Road Run	VTD
14 th	IAAF World Mountain Running Championships	Lanzarote, SPAIN
15 th	MTN Western Region Road Run	VTD
22 nd	16 th MTN Kampala Marathon	Kampala
21	3 rd Edition of Adjumani Unity Run	Adjumani
DECEMBER 2020		
1 st	World AIDS Day Run	Kanungu
16 th – 21 st	East Africa University Games	Ndejje, UGANDA





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JANUARY 2021		
16th	Western Region Cross Country Championships	VTD
23rd	MAYANK Cross Country Championship	VTD
	Eastern Region Cross Country Championship	
30th	Annual General Assembly	Kampala
FEBRUARY 2021		
6th	National Cross Country Championships	VTD
10th	Residential Training for World Cross Country Champs	Bukwo/Kapchorwa
21st	Source of Nile Half Marathon	Jinja
MARCH 2021		
6th	1 st National Trials	Kampala
20th	2 nd National Trials	Kampala
20th	World Athletics Cross Country Championships	Bathurst, AUSTRALIA
APRIL 2021		
3rd	4 th National Trials	Kampala
DTD	CAA U18 & U20 Championships	VTD
17th	National U20 Championships	Kampala
MAY 2021		
1st – 2nd	IAAF World Relays	Chorzow, Poland
8th	5 th National Trials	Kampala
DTD	National Primary Schools Athletics Championships	VTD
15th	World Athletics Day /Kids Athletics	VTD
DTD	EAAR Junior Championships	VTD
29th	6 th National Trial	Kampala
JUNE 2021		
5th	22 nd Akii-Bua Invitational Memorial Meeting	Kampala
12th	N. Eastern Region Championships / Etolu Memorial Champs	VTD
19th	MAYANK Championships	Arua
	Western Regional Championships/ Kids Athletics	VTD
	Eastern Region Championships	Kapchorwa
20th	Refugee Road Race	Arua
26th	Central Region Championships	Kampala
3rd	Northern Region Champs/Arop Memorial	VTD
	Kyabazinga Championships/Kids Athletics	Iganga





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DATE	EVENT	VENUE
JULY 2021		
8 th – 10 th	National Track & Field Championships	Kampala
12 th Jul – 2 nd Aug	Residential Training for WA Championships	Kapchorwa/Kampala
17 th	TBAC Invitational Meeting	Kampala
DTD	23rd Africa Senior Championships	VTD
DTD	Uganda Secondary Schools Athletics Championships	VTD
23 rd	Buhweju Mountain Race Challenge	Buhweju
AUGUST 2021		
7 th	12 th National Mountain Running Championships	Kapchorwa
6 th – 15 th 8 th – 19 th	IAAF World Championships World University Games (XXXI Summer Universiade)	Oregon, USA Chengdu, China
14 th	Koboko Annual Voluntary Health Run	Koboko
21 st	5 th Girl Child Education Run	Arua
SEPTEMBER 2021		
DTD	World Athletics Combined Trail and Mountain Running Championships	VTD
18 th	Run Against Female Genital Mutilation Half Marathon	Kween
OCTOBER 2021		
9 th	Soroti Road Run	Soroti
16 th	5 th Mulago Catholic Parish Run	Mulago Parish
31 st	MTN Eastern Region Road Race	VTD
NOVEMBER 2021		
7 th	MTN Northern Region Half Marathon	VTD
14 th	MTN Western Region Half Marathon	VTD
21 st	17 th MTN Kampala Marathon	Kampala
27 th	4 th Edition of Adjumani Unity Run	Adjumani
DECEMBER 2021		
1 st	World AIDS Day Run	Kanungu
VTD	Association of Uganda University Sports Games	VTD

