

Week 1 Discussion Case Study

For this case you will need to review the recommended immunization schedule and pediatric growth and development. You are responsible for addressing this case in a substantive and supported manner (**cite references in APA**).

Ms. Gonzales is a single mother who has two children:

28-month-old son, Gabriel

Four-month-old daughter, Johanna

She is here with all of her children for well child exams.

Ms. Gonzales states she has no concerns for all children. She feels the children are “on target” for all milestones.

Please answer the following questions:

1. Before the visit, what information would you like to know about each child?
2. According to the ACIP recommendations, what immunizations should each child receive?
3. How would you determine if there are any contraindications to any of the scheduled immunizations to be received today?
4. What specific developmental milestones do you want to assess for at this visit?
5. How would you determine if there is a delay in a particular developmental milestone?
6. How would you proceed if you discovered a delay in growth and development (G&D)?

For Johanna: Ms. Gonzales is breastfeeding Johanna exclusively without difficulty.

7. How will you assess whether Johanna is receiving adequate nutrition?
8. Does she need any nutritional supplementation besides the breastfeeding intake at present?
What does she need?
9. Are there any immunizations that should be given to household members in contact with Johanna to promote herd immunity?

For Gabriel: Gabriel’s exam shows ability to run, ability to walk up and down stairs one foot at a time, and ability to stack five blocks. You note Gabriel has limited eye contact with you and does not smile or demonstrate verbalization while in the exam room. He does not demonstrate stranger anxiety.

10. Which of these findings are normal for a 24-month-old boy, and which may not be consistent with normal G&D?
11. How would you proceed from here?
12. What are some differential diagnoses for developmental delays?