

# Back to Einstein: how to include trapping processes in fluvial diffusion models?

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## Key Points:

- We generalize the bedload diffusion model of Hans Albert Einstein to include the duration of sediment motion and the possibility of trapping.
- This derives three stages of bedload diffusion and unambiguously attributes physical mechanisms to each stage.

## Abstract

One approach to predict geomorphic change in rivers is to upscale from the motions of individual sediment grains. A difficulty with this approach is the wide range of individual motion characteristics that imply sediment diffusion, or the spreading out of grains through time. A more acute difficulty is that these motion characteristics apparently vary across temporal and spatial scales, implying multiple stages of sediment diffusion. We relate this multi-stage diffusion to within-channel trapping processes that impede the motions of individual grains. Grains can become stranded on high bars during floods, or they can become buried within the sedimentary bed, but these processes take a relatively long time to occur. Drawing on ideas from condensed matter physics and cellular biology, we describe the finite-velocity motions of individual grains within channels as random walkers subject to trapping. This derives three stages of bedload diffusion and clarifies the underlying mechanism, providing a tool to link between scales.

## 1 Introduction

Models to predict the movement patterns of individual bedload sediment grains through rivers have been studied since at least H. A. Einstein (1937). Einstein originally used a random walk concept to describe these patterns statistically, and he applied his model to experimental data from a series of flume experiments. Individual movements are ultimately responsible for changes in the spatial organization of river channels (Hassan & Bradley, 2017), so predictive models of these patterns could benefit a vast set of environmental considerations, ranging from aquatic habitat restoration (Hauer et al., 2016) to the management of contaminated streams (Macklin et al., 2006) and artificial reservoirs (Schleiss, Franca, Juez, & De Cesare, 2016). Unfortunately, Einstein’s approach does not provide a definitive solution to this problem, although its essential concepts lie at the base of the majority of contemporary approaches. The essential issue is that Einstein’s original measurements on bedload transport characteristics are now known to be relevant only on a certain observation timescale (Nikora, Heald, Goring, & McEwan, 2001). Since H. A. Einstein (1937), details of bedload transport have come to light which are not accessible by his measurement techniques. There is a need for new models to account for these new details and predict the movements of individual grains.

When bedload grains transport downstream, each grain is imparted a unique sequence of forces by turbulent and steady components of the flow () and collisions with other moving and stationary grains (Gordon, Carmichael, & Isackson, 1972). As a result, grains spread apart from one another as they transport downstream: a phenomenon called diffusion. Diffusion is characterized by the variance of particle position  $\sigma_x^2(t)$  (Furbish, Fathel, Schmeeckle, Jerolmack, & Schumer, 2017). An extreme diversity of transport phenomena show diffusion: it is not limited to the movement of grains within river channels, and it has been deeply studied in geology (Berkowitz, Cortis, Dentz, & Scher, 2006), chemistry (Shugard & Reiss, 1976), biology (Sokolov, 2012), hydrology (Yang & Wang, 2019), and many other contexts. The classic examples are pollen grains diffusing in response to molecular collisions while suspended in water, as first described mathematically by Hans Albert Einstein’s father (A. Einstein, 1905) and sand within a pipe flow (Taylor, 1920). In these cases, individual particles (pollen, sand, gravel) spread apart at a rate proportional to the time:  $\sigma_x^2 \propto t$ . Such diffusion is said to be normal. This name connotes the idea that this diffusion is somehow particularly characteristic of natural phenomena.

In contrast to this nomenclature, researchers of transport phenomena across the physical sciences have realized that normal diffusion is far from ubiquitous (Shlesinger, Zaslavsky, & Klafter, 1993). When diffusion is not normal, it is called anomalous, a

term defined by a variance scaling  $\sigma_x^2 \propto t^\gamma$ , where  $\gamma \neq 1$ . Some examples of anomalous diffusion include transport of nutrients through lipid bilayers (e.g. Jeon, Monne, Javanainen, & Metzler, 2012; Molina-Garcia et al., 2018), contaminants through ground-water aquifers (e.g. Aarão Reis & Di Caprio, 2014; Yang & Wang, 2019), charge carriers through solids (e.g. Scher & Lax, 1973), and, indeed, sediment grains through rivers (Bradley, 2017; Hassan & Bradley, 2017; Martin, Jerolmack, & Schumer, 2012; Phillips, Martin, & Jerolmack, 2013). In this work, we revisit the approach of Einstein to bear on the problem of multiple-stage diffusion. We draw upon methods developed in biology and condensed matter physics to form a description of anomalous and multi-stage diffusion which is directly linked to the original formulation of Einstein. There is a need to review Hassan and Bradley (2017); Martin et al. (2012); Phillips et al. (2013); Wu et al. (2019); Zhang, Meerschaert, and Packman (2012) and write something meaningful involving them, then rewrite this introduction because it isn't good. Anyway, here's the model.

## 2 Bedload diffusion with trapping

### 2.1 multi-state random walk

We use the formalism of multi-state random walks to include motion, rest, and burial processes into a model of bedload diffusion. Multi-state random walks were first formalized by Weiss (1976) and are carefully reviewed in Weiss (1994). The transport of any individual bedload grain through a river channel is modeled as the result of three distinct states: motion, rest, and burial. We label these as  $i = 2$  (motion),  $i = 1$  (rest), and  $i = 0$  (burial). We use a three-state random walk to study bedload diffusion. In this model, transitions between states are random, and the transport properties of particles within each state are characterized statistically.

When a particle enters a state  $i$  at some time  $t_0$  and position  $x_0$ , then leaves a state at some other time  $t_1$  and position  $x_1$ , we say that the particle has completed a sojourn  $i$ . The joint probability density for a complete sojourn through the state  $i$  of time  $\tau = t_1 - t_0$  and displacement  $\xi = x_1 - x_0$  is denoted  $g_i(\xi, \tau)$ . Similarly, we can consider incomplete sojourns. If a particle begins a sojourn in the state  $i$  at  $(t_0, x_0)$  and the sojourn is still on-going, the joint probability density to find the particle at  $(x_1, t_1)$  is  $G_i(\xi, \tau)$ . The  $g_i$  and  $G_i$  can be further decomposed when time and space components of the motion are independent (Weiss, 1994). We refer to  $g_i$  and  $G_i$  as propagators, since they move probability through space-time.

Our target is the probability distribution  $p(x, t)$  to find a particle at  $x, t$  if we know it started at  $(x, t) = (0, 0)$ , i.e.,  $p(x, 0) = \delta(x)$ . Hitting this target has three main steps. First, we introduce and solve for a set of quantities associated with transitions from one state to another. Second, we use these quantities to solve for the probabilities that a particle is in state  $i$  having position  $x$  at time  $t$ . The third step is trivial: we sum the former objects over all states to derive the probability that a particle is in any state at  $(x, t)$ .

Now we begin the first stage of the derivation. Tracers at rest may be trapped by burial. We consider burial to be permanent (e.g. Wu et al., 2019), and we assume resting grains may be buried with constant probability per unit time  $\kappa$ . From this assumption, the probability that a grain is not trapped after a time  $t$  at rest is given by a survival probability  $\Phi(t) = e^{-\kappa t}$ . Likewise, the probability that it is trapped after resting for a time  $t$  is the complement  $1 - \Phi(t)$ . We introduce  $\omega_{1T}(x, t)$ ,  $\omega_{1F}(x, t)$ , and  $\omega_2(x, t)$  as the joint probabilities to find a grain at  $(x, t)$  having just completed a sojourn. The subscript  $1T$  ("trapped") denotes the completion of a rest sojourn due to trapping, while  $1F$  ("free") denotes the completion of a rest sojourn due to movement. Similarly, the subscript 2 denotes the completion of a movement sojourn

due to the onset of resting. Using an argument similar to Weiss (1994), we can write integral equations to link these  $\omega$ 's.

$$\omega_{1T}(x, t) = \theta_1 [1 - \Phi(t)] g_1(x, t) + \int_0^x dx' \int_0^t dt' \omega_2(x', t') [1 - \Phi(t - t')] g_1(x - x', t - t') \quad (1)$$

$$\omega_{1F}(x, t) = \theta_1 \Phi(t) g_1(x, t) + \int_0^x dx' \int_0^t dt' \omega_2(x', t') \Phi(t - t') g_1(x - x', t - t') \quad (2)$$

$$\omega_2(x, t) = \theta_2 g_2(x, t) + \int_0^x dx' \int_0^t dt' \omega_{1F}(x', t') g_2(x - x', t - t') \quad (3)$$

$$(4)$$

$\theta_1$  and  $\theta_2$  are the initial ( $t = 0$ ) probabilities for particles to have started at rest and motion. These equations all have the same structure: consider the first to understand their foundational reasoning.  $\omega_{1T}(x, t)$  describes the probability that a sojourn in the state 1 ends due to trapping at  $(x, t)$ . The first term states that the particle started at  $(x, t) = (0, 0)$  (with probability  $\theta_1$ ) in the  $i = 1$  state, propagated a distance  $x$  and a time  $t$  (with probability  $g_1(x, t)$ ), was trapped (with probability  $1 - \Phi(t)$ ), and is now at  $x, t$ . The second term describes a second possibility. In this case, the particle was in a motion sojourn which ended at  $x', t'$ , at which point it came to rest, it propagated from  $x', t'$  to  $x, t$  at rest (with probability  $g_1(x - x', t - t')$ ), and was trapped during this sojourn (with probability  $\Phi(t - t')$ ). The other equations can be reasoned similarly, in a manner analogous to Weiss (1994). Once the propagators are specified, we can solve these equations for the  $\omega$ 's. This completes the first stage of the derivation.

The second stage of our derivation involves the joint probabilities of being in state regardless of whether a sojourn has just completed. These are denoted by  $p_0(x, t)$  (trapped),  $p_1(x, t)$  (rest), and  $p_2(x, t)$  (motion), and they involve the  $\omega$ 's for their definition:

$$p_0(x, t) = \int_0^t dt' \omega_{1T}(x, t - t') \quad (5)$$

$$p_1(x, t) = \theta_1 G_1(x, t) + \int_0^x dx' \int_0^t dt' \omega_2(x', t') G_1(x - x', t - t') \quad (6)$$

$$p_2(x, t) = \theta_2 G_2(x, t) + \int_0^x dx' \int_0^t dt' \omega_{1F}(x', t') G_2(x - x', t - t'). \quad (7)$$

The reasoning here is totally analogous, except we use the propagators for incomplete sojourns. These can be solved once the propagators are specified and the  $\omega$ 's are known. The third stage of the derivation is to form the total probability for a particle to be found at  $(x, t)$ . This is simply

$$p(x, t) = p_0(x, t) + p_1(x, t) + p_2(x, t) \quad (8)$$

Now we turn to the definition of the propagators and solution of the resulting model defined by (1-7).

## 2.2 Specification of Propagators and solution of model

We consider sojourns in the rest state to occur for an exponentially distributed time interval, given by the distribution  $\psi_1(t) = k_1 e^{-k_1 t}$ . The probability that a sojourn in this state lasts for at least the time  $t$  is then given by  $\Psi_1(t) = \int_t^\infty \psi_1(t) dt = e^{-k_1 t}$ . Since resting particles do not move, the probability of finding the particle at its starting position is 1, while the probability of finding it anywhere else is zero. Hence the resting propagator for a complete sojourn is  $g_1(x, t) = \delta(x) \psi_1(t)$ , or

$$g_1(x, t) = \delta(x) k_1 e^{-k_1 t}. \quad (9)$$

Likewise, the resting propagator for an incomplete sojourn is  $G_1(x, t) = \delta(x)e^{-k_1 t} = g_1(x, t)/k_1$ . We consider motions to occur with a constant velocity  $v$  and to last for an exponentially distributed duration given by  $\psi_2(t) = k_2 e^{-k_2 t}$ . Since motions are deterministic, the probability to find a particle at position  $x$  in a sojourn is  $\delta(x - vt)$ , and the complete propagator is

$$g_2(x, t) = \delta(x - vt)k_2 e^{-k_2 t}, \quad (10)$$

while the incomplete propagator is  $G_2(x, t) = g_2(x, t)/k_2$  as before.

Having defined the propagators, we can set out to solve (1-7) and understand the diffusion of bedload with a finite motion interval and when subject to trapping by burial. The convolution structure of (1-7) presents a formidable problem. Luckily, we have the device of Laplace transforms. These project integro-differential equations into an alternate space in which convolutions are unraveled (e.g. Arfken, 1985). The double Laplace transform of a joint probability distribution  $p(x, t)$  is defined by

$$\tilde{p}(\eta, s) = \int_0^\infty dx e^{-\eta x} \int_0^\infty dt e^{-st} p(x, t) \quad (11)$$

The Laplace-transformed moments of  $x$  are linked to derivatives of the double-transformed distribution (e.g. Weeks & Swinney, 1998). From (11) it's clear that

$$\langle \tilde{x}(s)^k \rangle = (-)^k \partial_\eta^k \tilde{p}(\eta, s) \Big|_{\eta=0}. \quad (12)$$

The operator  $\langle \circ \rangle$  denotes the ensemble average (e.g. Kittel, 1958). This means we can compute the variance of position as  $\sigma_x^2(t) = \langle x^2 \rangle - \langle x \rangle^2 = \mathcal{L}^{-1} \left\{ \langle \tilde{x}^2 \rangle; t \right\} - \mathcal{L}^{-1} \left\{ \langle \tilde{x} \rangle; t \right\}^2$ , where  $\mathcal{L}^{-1}$  denotes the inverse Laplace transform (e.g. Arfken, 1985).

Using the propagators (9-10) and this transform calculus, the distribution  $p(x, t)$  and the cumulants  $\langle x \rangle$  and  $\sigma_x^2(t)$  are derived in the appendix A. In terms of the dimensionless variables  $\xi = k_2 x/v$  and  $\tau = k_1(t - x/v)$ , assuming all particles start from motion ( $\theta_1 = 1$ ), the distribution function is

$$p(x, t) = e^{-(\kappa+k_1)(t-x/v)-k_2 x/v} \mathcal{H}(t - x/v) \quad (13)$$

$$\times \left[ \frac{1}{v} \delta(t - x/v) + \frac{1}{v} \sqrt{\frac{k_1 k_2 x}{v(t - x/v)}} \mathcal{I}_1 \left( 2 \sqrt{\frac{k_1 k_2 x}{v} \left( t - \frac{x}{v} \right)} \right) + \frac{k_2}{v} \mathcal{I}_0 \left( 2 \sqrt{\frac{k_1 k_2 x}{v} \left( t - \frac{x}{v} \right)} \right) \right] \quad (14)$$

$$+ \kappa \frac{k_2}{v(\kappa + k_1)} \mathcal{H}(t - x/v) e^{-k_2 x/v} \mathcal{P}_1 \left( \frac{k_1 k_2 x}{v(\kappa + k_1)}, [\kappa + k_1][t - x/v] \right) \quad (15)$$

The  $I_\nu$  are modified Bessel functions of the first kind and  $\mathcal{P}_1$  is a Marcum-Q function (Marcum, 1960; Temme, 1996).  $\mathcal{H}(x)$  is the Heaviside step function and we use the convention  $\mathcal{H}(0) = 1$ . This distribution is depicted in figure 1.

For the same initial conditions  $\theta_1 = 1$  the first two moments are

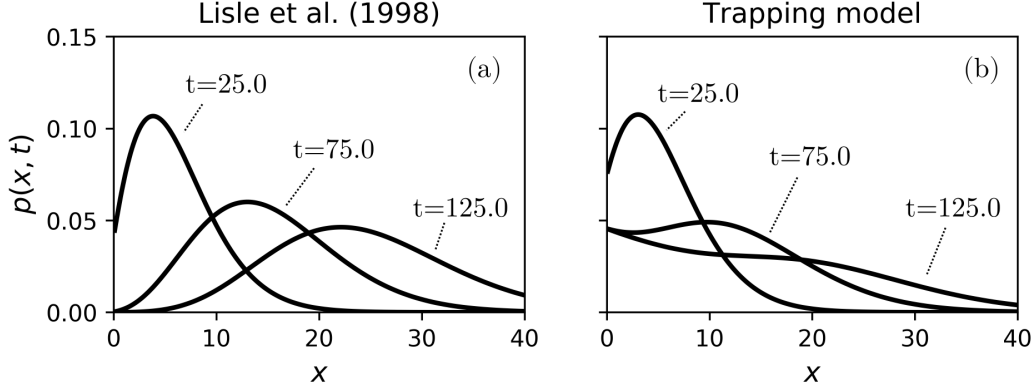
$$\langle x(t) \rangle = A_1 e^{(b-a)t} + B_1 e^{-(a+b)t} + C_1 \quad (16)$$

$$\langle x^2(t) \rangle = A_2(t) e^{(b-a)t} + B_2(t) e^{-(a+b)t} + C_2. \quad (17)$$

The  $A_i$  and  $B_i$  are polynomials tabulated in (1). In terms of these moments, the variance is

$$\sigma_x^2(t) = A(t) e^{(b-a)t} + B(t) e^{-(a+b)t} + C(t) \quad (18)$$

We have made no approximation to derive this expression. It represents diffusion of bedload tracers subjected to burial and when the finite period of motion is accounted for. Lisle et al. (1998)



**Figure 1.** Joint distributions of a tracer being found at  $x$  at  $t$  are impeded by the trapping process. Panel (a) shows the Lisle et al. (1998) model, and panel (b) shows the distribution 15 which results from a trapping process occurring at rate  $\kappa$ . Cross-comparison of both panels shows that trapping redistributes probability to smaller values of  $x$ , and this redistribution becomes more important for larger  $t$ .

**Table 1.** Polynomials and transcendental functions used in the expressions of the mean (16), second moment (17) and variance (18) of bedload tracers.

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$$\begin{aligned}
 A_1 &= \frac{v}{2b} \left[ 1 + \frac{\kappa + k_1}{b-a} \right] \\
 B_1 &= -\frac{v}{2b} \left[ 1 - \frac{\kappa + k_1}{a+b} \right] \\
 C_1 &= -\frac{v}{2b} \left[ \frac{\kappa + k_1}{b-a} + \frac{\kappa + k_1}{a+b} \right] \\
 A_2(t) &= \frac{v^2}{2b^3} \left[ b + (b-a)[bt-1] + 2(\kappa + k_1)[bt-1] + \frac{(\kappa + k_1)^2}{(a-b)^2} [-abt + a + b(bt-2)] \right] \\
 B_2(t) &= \frac{v^2}{2b^3} \left[ b - (a+b)[bt+1] + 2(\kappa + k_1)[bt+1] - \frac{(\kappa + k_1)^2}{(a+b)^2} [bt(a+b) + a + 2b] \right] \\
 C_2(t) &= \frac{v^2}{2b^3} (\kappa + k_1)^2 \left[ \frac{a+2b}{(a+b)^2} + \frac{-a+2b}{(a-b)^2} \right] \\
 A(t) &= A_2(t) - 2A_1C_1 + A_1^2 \exp[(b-a)t] \\
 B(t) &= B_2(t) - 2B_1C_1 + B_1^2 \exp[-(a+b)t] \\
 C(t) &= C_2 - C_1^2 + 2A_1B_1 \exp[-2at]
 \end{aligned}$$


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### 3 Discussion: new findings and foundational links

#### 3.1 bedload diffusion

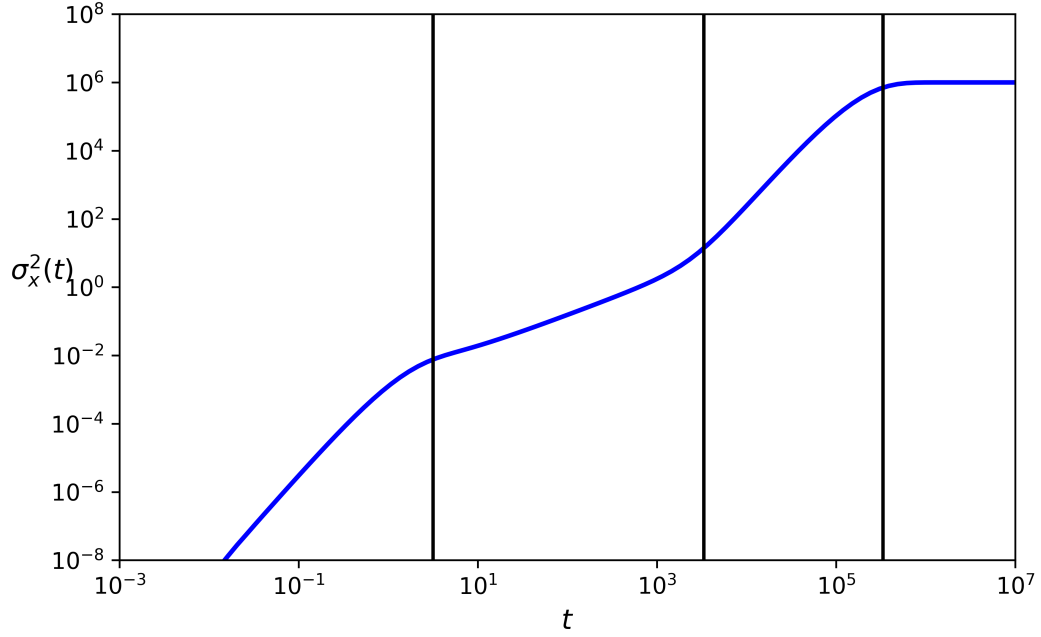
A plot of  $\sigma_x^2(t)$  is shown in figure 2.

#### 3.2 links to earlier works

#### 3.3 Geomorphic scaling / scope of conclusions

### 4 Conclusion

We have generalized H. A. Einstein (1937) to derive the diffusion properties of bedload tracers transporting downstream while undergoing burial. This reveals four stages of tracer diffusion: an initial superdiffusion  $\sigma_x^2 \propto t^2$  or  $t^3$  depending on initial conditions, an intermediate normal diffusion  $\sigma_x^2 \propto t$ , and a late or global range of diffusion  $\sigma_x^2 \propto t^\gamma$  with  $1 \leq \gamma \leq 3$ . These conclusions are a mathematical description of the concepts suggested by Nikora (2002); Nikora, Goring, McEwan, Griffiths, and



**Figure 2.** The variance of tracer position exhibits four distinct scaling regions as time increases: local, intermediate, global, and finally a non-diffusive range characterized by the eventual trapping of all grains. Local and global ranges show super-diffusion  $\sigma_x^2 \propto t^3$  while the intermediate range shows normal diffusion. These conclusions hold only for  $\kappa \ll k_1 \ll k_2$ , meaning motion intervals are generally much shorter than resting intervals, which are in turn are generally much smaller than the time required for resting particles to become buried.

Nikora (2001). We believe the physical reasoning we've developed here can be used to build new scale-independent descriptions of sediment transport in rivers.

## A Calculation of the distribution function with trapping

Taking double transforms gives

$$\tilde{\omega}_{1T}(\eta, s) = \theta_1 \tilde{g}_1(\eta, s) + \tilde{\omega}_2(\eta, s) \tilde{g}_1(\eta, s) - \tilde{\omega}_{1F}(\eta, s) \quad (\text{A.1})$$

$$\tilde{\omega}_{1F}(\eta, s) = \theta_1 \tilde{g}_1(\eta, s + \kappa) + \tilde{\omega}_2(\eta, s) \tilde{g}_1(\eta, s + \kappa) \quad (\text{A.2})$$

$$\tilde{\omega}_2(\eta, s) = \theta_2 \tilde{g}_2(\eta, s) + \tilde{\omega}_{1F}(\eta, s) \tilde{g}_2(\eta, s) \quad (\text{A.3})$$

This system solves for

$$\tilde{\omega}_{1T}(\eta, s) = \frac{\theta_1 + \theta_2 \tilde{g}_2(\eta, s)}{1 - \tilde{g}_1(\eta, s + \kappa) \tilde{g}_2(\eta, s)} \{ \tilde{g}_1(\eta, s) - \tilde{g}_1(\eta, s + \kappa) \} \quad (\text{A.4})$$

$$\tilde{\omega}_{1F}(\eta, s) = \frac{\theta_1 + \theta_2 \tilde{g}_2(\eta, s)}{1 - \tilde{g}_1(\eta, s + \kappa) \tilde{g}_2(\eta, s)} \tilde{g}_1(\eta, s + \kappa) \quad (\text{A.5})$$

$$\tilde{\omega}_2(\eta, s) = \frac{\theta_2 + \theta_1 \tilde{g}_1(\eta, s + \kappa)}{1 - \tilde{g}_1(\eta, s + \kappa) \tilde{g}_2(\eta, s)} \tilde{g}_2(\eta, s) \quad (\text{A.6})$$

$$(\text{A.7})$$

The probabilities of being in state 0 (trapped), 1 (rest), and 2 (motion) are

$$p_0(x, t) = \int_0^t dt' \omega_{1T}(x, t - t') \quad (\text{A.8})$$

$$p_1(x, t) = \theta_1 G_1(x, t) + \int_0^x dx' \int_0^t dt' \omega_2(x', t') G_1(x - x', t - t') \quad (\text{A.9})$$

$$p_2(x, t) = \theta_2 G_2(x, t) + \int_0^x dx' \int_0^t dt' \omega_{1F}(x', t') G_2(x - x', t - t'), \quad (\text{A.10})$$

Double transforming gives

$$\tilde{p}_0(\eta, s) = \frac{1}{s} \tilde{\omega}_{1T}(\eta, s) \quad (\text{A.11})$$

$$\tilde{p}_1(\eta, s) = \theta_1 \tilde{G}_1(\eta, s) + \tilde{\omega}_2(\eta, s) \tilde{G}_1(\eta, s) \quad (\text{A.12})$$

$$\tilde{p}_2(\eta, s) = \theta_2 \tilde{G}_2(\eta, s) + \tilde{\omega}_{1F}(\eta, s) \tilde{G}_2(\eta, s) \quad (\text{A.13})$$

$$(\text{A.14})$$

The total probability is  $p(x, t) = p_0(x, t) + p_1(x, t) + p_2(x, t)$  or

$$\begin{aligned} \tilde{p}(\eta, s) = & \frac{1}{s} \frac{\theta_1 + \theta_2 \tilde{g}_2(\eta, s)}{1 - \tilde{g}_1(\eta, s + \kappa) \tilde{g}_2(\eta, s)} \{ \tilde{g}_1(\eta, s) - \tilde{g}_1(\eta, s + \kappa) \} \\ & + \frac{\theta_1 [\tilde{G}_1(\eta, s) + \tilde{g}_1(\eta, s + \kappa) \tilde{G}_2(\eta, s)] + \theta_2 [\tilde{G}_2(\eta, s) + \tilde{g}_2(\eta, s) \tilde{G}_1(\eta, s)]}{1 - \tilde{g}_1(\eta, s + \kappa) \tilde{g}_2(\eta, s)} \end{aligned} \quad (\text{A.15})$$

Using the identities  $\tilde{g}_i(0, s) = \tilde{\psi}_i(s)$  and  $\tilde{G}_i(0, s) = (1 - \tilde{\psi}_i(s))/s$ , it follows that the joint distribution is normalized in space:  $\tilde{p}(0, s) = \mathcal{L}\{\int_0^\infty dx p(x, t); s\} = 1/s$ .

After a lot of work which is in your notebook, this becomes

$$p(x, t) = e^{-(\kappa + k_1)(t - x/v) - k_2 x/v} \left[ \frac{1}{v} \mathcal{L}_{s \rightarrow t - x/v}^{-1} \left\{ \exp \left[ \frac{k_1 k_2}{vs} x \right] \right\} \right. \quad (\text{A.16})$$

$$\left. + \frac{k_2}{v} \mathcal{L}_{s \rightarrow t - x/v}^{-1} \left\{ \frac{1}{s} \exp \left[ \frac{k_1 k_2}{vs} x \right] \right\} \right. \quad (\text{A.17})$$

$$\left. + \frac{\kappa k_2}{v} \mathcal{L}_{s \rightarrow t - x/v}^{-1} \left\{ \frac{1}{(s - \kappa - k_1)s} \exp \left[ \frac{k_1 k_2}{vs} x \right] \right\} \right] \quad (\text{A.18})$$



$$p(x, t) = e^{-(\kappa+k_1)(t-x/v)-k_2x/v} \left[ \frac{1}{v} \delta(t-x/v) + \frac{1}{v} \sqrt{\frac{k_1 k_2 x}{v(t-x/v)}} \theta(t-x/v) \mathcal{I}_1 \left( 2\sqrt{\frac{k_1 k_2 x}{v} \left( t - \frac{x}{v} \right)} \right) \right. \quad (\text{A.19})$$

$$\left. + \frac{k_2}{v} \theta(t-x/v) \mathcal{I}_0 \left( 2\sqrt{\frac{k_1 k_2 x}{v} \left( t - \frac{x}{v} \right)} \right) \right. \quad (\text{A.20})$$

$$\left. + \kappa \frac{k_2}{v(\kappa+k_1)} e^{(\kappa+k_1)(t-x/v)} \theta(t-x/v) \mathcal{F}(x, t) \right] \quad (\text{A.21})$$

where the function  $\mathcal{F}$  is

$$\mathcal{F}(x, t) = \sum_{j=0}^{\infty} \frac{\left[ \frac{k_1 k_2 x}{v(\kappa+k_1)} \right]^j}{j! j!} \gamma(j+1, [\kappa+k_1][t-x/v]), \quad (\text{A.22})$$

where the  $\mathcal{I}_\nu(z)$  are modified Bessel functions of the first kind, and  $\gamma(\alpha, z)$  is the lower incomplete gamma function. This function  $\mathcal{F}(x, t)$  is the Marcum Q-function (Temme, 1996), given by

$$\mathcal{Q}_1(x, y) = 1 - e^{-x} \sum_{n=0}^{\infty} \frac{x^n}{n!} \frac{\gamma(1+n, y)}{\Gamma(n+1)} \quad (\text{A.23})$$

This function was originally introduced in relation to radar detection problems (e.g. Marcum, 1960). It has a representation as an infinite superposition of modified Bessel functions:

$$\mathcal{Q}_1(x, y) = 1 - \int_0^y dz e^{-z-x} \mathcal{I}_0(2\sqrt{xz}) \quad (\text{A.24})$$

So we are not far from where we started with Lisle et al. (1998): Modified Bessel functions are the norm in this type of 1D diffusion problem (e.g. Lisle et al., 1998). Hence in summary

$$\mathcal{F}(x, t) = 1 - \mathcal{Q}_1 \left( \frac{k_1 k_2 x}{v(\kappa+k_1)}, [\kappa+k_1][t-x/v] \right) \quad (\text{A.25})$$

## B Calculation of the moments

Often, Tauberian-type theorems are used to study the long or short time asymptotic scaling of first or second moments of random walks having any generality. This is because the mathematics get difficult, and Tauberian theorems provide a very powerful tool which leverages the stability of the Laplace transform. Unfortunately, this approach is insufficient for our purposes. We are unaware of an intermediate-regime Tauberian-type theorem, so we must pursue full solutions of the moments in order to discriminate the diffusive ranges and the full diffusion behavior.

$$\partial_\eta \tilde{p}(\eta, s) = -v \frac{1}{s} \frac{[(s+\kappa+k')s + \kappa k_2][s + \kappa + k_1]}{[\eta v(s+\kappa+k_1) + (s+\kappa+k')s + \kappa k_2]^2} \quad (\text{B.1})$$

$$\partial_\eta^2 \tilde{p}(\eta, s) = 2v^2 \frac{1}{s} \frac{[(s+\kappa+k')s + \kappa k_2][s + \kappa + k_1]^2}{[\eta v(s+\kappa+k_1) + (s+\kappa+k')s + \kappa k_2]^3} \quad (\text{B.2})$$

$$\frac{\langle \tilde{x} \rangle}{v} = \frac{1}{s} \frac{s + \kappa + k_1}{(s + \kappa + k')s + \kappa k_2} \quad (\text{B.3})$$

$$\frac{\langle \tilde{x}^2 \rangle}{2v^2} = \frac{1}{s} \frac{[s + \kappa + k_1]^2}{[(s + \kappa + k')s + \kappa k_2]^2} \quad (\text{B.4})$$

A similar approach provides

$$\frac{\langle x^2 \rangle}{2v^2} = \left( \frac{d}{dt} \circ + \circ \Big|_{t=0} + 2(\kappa + k_1) \circ + (\kappa + k_1)^2 \int_0^t dt \circ \right) \mathcal{L}^{-1} \left\{ \frac{1}{[(s+a)^2 - b^2]^2}; t \right\} \quad (\text{B.5})$$

$$= \left( \frac{d}{dt} \circ + \circ \Big|_{t=0} + 2(\kappa + k_1) \circ + (\kappa + k_1)^2 \int_0^t dt \circ \right) \mathcal{L}^{-1} \left\{ \frac{1}{[s^2 - b^2]^2}; t \right\} e^{-at} \quad (\text{B.6})$$

$$= \left( \frac{d}{dt} \circ + \circ \Big|_{t=0} + 2(\kappa + k_1) \circ + (\kappa + k_1)^2 \int_0^t dt \circ \right) e^{-at} \frac{1}{2b^3} [bt \cosh(bt) - \sinh(bt)] \quad (\text{B.7})$$

using Prudnikov 2.1.5.6. This becomes

$$\frac{\langle x^2 \rangle}{2v^2} = \frac{t}{b} \sinh(bt) + \frac{(\kappa + k_1)}{b^3} [bt \cosh(bt) - \sinh(bt)] \quad (\text{B.8})$$

$$+ e^{-at} \frac{b(b^2(at - 2)) - a^3t \cosh(bt) + (a^3 - a^2b^2t - 3ab^2 + b^4t) \sinh(bt)}{(a - b)^2(a + b)^2} \quad (\text{B.9})$$

$$\frac{\langle x \rangle}{v} = \mathcal{L}^{-1} \left\{ \frac{1}{s} \frac{s + \kappa + k_1}{(s + \kappa + k')s + \kappa k_2}; t \right\} \quad (\text{B.10})$$

$$= \mathcal{L}^{-1} \left\{ \frac{1}{[s + \frac{\kappa + k'}{2}]^2 + \kappa k_2 - [\frac{\kappa + k'}{2}]^2}; t \right\} + \int_0^t du \mathcal{L}^{-1} \left\{ \frac{\kappa + k_1}{[s + \frac{\kappa + k'}{2}]^2 + \kappa k_2 - [\frac{\kappa + k'}{2}]^2}; u \right\} \quad (\text{B.11})$$

$$= e^{-(\kappa + k')t/2} \mathcal{L}^{-1} \left\{ \frac{1}{s^2 - b^2}; t \right\} + (\kappa + k_1) \int_0^t du e^{-(\kappa + k')u/2} \mathcal{L}^{-1} \left\{ \frac{1}{s^2 - b^2}; u \right\} \quad (\text{B.12})$$

here  $b^2 = -\kappa k_2 + [\frac{\kappa + k'}{2}]^2$ . Then with Prudnikov 2.1.5.4:

$$\frac{\langle x \rangle}{v} = \frac{1}{b} e^{-(\kappa + k')t/2} \sinh(bt) + \frac{(\kappa + k_1)}{b} \int_0^t du e^{-(\kappa + k')u/2} \sinh(bu) \quad (\text{B.13})$$

$$= \frac{1}{b} e^{-at} \sinh(bt) + \frac{\kappa + k_1}{2b} \left[ \frac{1}{b - a} (e^{(b-a)t} - 1) + \frac{1}{a + b} (e^{-(a+b)t} - 1) \right] \quad (\text{B.14})$$

where  $a = (\kappa + k')/2$  and  $b = \sqrt{a^2 - \kappa k_2}$ . We are interested in the domain that  $a \geq \sqrt{\kappa k_2}$  so that  $b \geq 0$ . The limit of  $\kappa \rightarrow 0$  provides

$$\frac{k'^2}{v} \langle x \rangle = k_2(1 - e^{-k't}) + k_1 k' t \quad (\text{B.15})$$

which aligns perfectly with earlier results.

## C Links to H. A. Einstein (1937) and Lisle et al. (1998)

Turning off the trapping process by sending  $\kappa \rightarrow 0$  reproduces the earlier model of Lisle et al. (1998). Noting that  $b \sim k'/2 + (k_1 - k_2)\kappa/(2k')$  and  $a + b \sim k' + k_1\kappa/k'$  as  $\kappa \rightarrow 0$  transforms (16) to

$$\langle x \rangle \sim \frac{vk_1}{k'} t + \frac{vk_2}{k'^2} (1 - e^{-k't}) \quad (\text{C.1})$$

in the limit, consistent with the transient solution of the Lisle et al. (1998) model. Taking a further and slightly more intricate limit provides the theory of H. A. Einstein (1937). This involves taking the mean motion duration  $1/k_2 \rightarrow 0$  while holding the mean step distance  $l = v/k_2$  constant. Denoting the mean resting time by  $\tau = 1/k_1$ , this limits to

$$\langle x \rangle \sim l + lt/\tau, \quad (\text{C.2})$$

consistent with the derivation of H. A. Einstein (1937). Grains move with an effective velocity  $l/\tau$  formed by the mean step distance divided by the mean resting time. The additional factor of  $l$  is associated with the initial condition: All grains started in a step, so each has already traveled (instantaneously) a distance  $l$  at  $t = 0$ .

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