

PREOPERATIVE DIAGNOSIS: , Wrist  
ganglion.,POSTOPERATIVE DIAGNOSIS: , Wrist  
ganglion.,TITLE OF PROCEDURE: , Excision of dorsal wrist  
ganglion.,PROCEDURE: , After administering appropriate  
antibiotics and general anesthesia, the upper extremity was  
prepped and draped in the usual standard fashion. The arm  
was exsanguinated with an Esmarch and tourniquet inflated to  
250 mmHg. I made a transverse incision directly over the  
ganglion. Dissection was carried down through the extensor  
retinaculum, identifying the 3rd and the 4th compartments and  
retracting them. I then excised the ganglion and its stalk. In  
addition, approximately a square centimeter of the dorsal  
capsule was removed at the origin of stalk, leaving enough of  
a defect to prevent formation of a one-way valve. We then  
identified the scapholunate ligament, which was uninjured. I  
irrigated and closed in layers and injected Marcaine with  
epinephrine. I dressed and splinted the wound. The patient  
was sent to the recovery room in good condition, having  
tolerated the procedure well.