

PREOPERATIVE DIAGNOSIS: , Wrist
ganglion.,POSTOPERATIVE DIAGNOSIS: , Wrist
ganglion.,TITLE OF PROCEDURE: , Excision of dorsal wrist
ganglion.,PROCEDURE: , After administering appropriate
antibiotics and general anesthesia, the upper extremity was
prepped and draped in the usual standard fashion. The arm
was exsanguinated with an Esmarch and tourniquet inflated to
250 mmHg. I made a transverse incision directly over the
ganglion. Dissection was carried down through the extensor
retinaculum, identifying the 3rd and the 4th compartments and
retracting them. I then excised the ganglion and its stalk. In
addition, approximately a square centimeter of the dorsal
capsule was removed at the origin of stalk, leaving enough of
a defect to prevent formation of a one-way valve. We then
identified the scapholunate ligament, which was uninjured. I
irrigated and closed in layers and injected Marcaine with
epinephrine. I dressed and splinted the wound. The patient
was sent to the recovery room in good condition, having
tolerated the procedure well.