

CHIEF COMPLAINT: , Headache.,HISTORY OF PRESENT ILLNESS:, This is a 16-year-old white female who presents here to the emergency department in a private auto with her mother for evaluation of headache. She indicates intense constant right frontal headache, persistent since onset early on Monday, now more than 48 hours ago. Indicates pressure type of discomfort with throbbing component. It is as high as a 9 on a 0 to 10 scale of intensity. She denies having had similar discomfort in the past. Denies any trauma.,Review of systems: No fever or chills. No sinus congestion or nasal drainage. No cough or cold symptoms. No head trauma. Mild nausea. No vomiting or diarrhea. Other systems reviewed and are negative.,PMH: , Acne. Psychiatric history is unremarkable.,PSH: , Right knee surgery.,SH: , The patient is single. Living at home. No smoking or alcohol.,FH: , Noncontributory.,ALLERGIES: ,No drug allergies.,MEDICATIONS: , Accutane and Ovcon.,PHYSICAL EXAMINATION:,VITALS: Temperature of 97.8 degrees F., pulse of 80, respiratory rate of 16, and blood pressure is 131/96.,GENERAL: This is a 16-year-old white female. She is awake, alert, and oriented x3. She does appear bit uncomfortable.,HEAD: Normocephalic and atraumatic.,EYES: The pupils were equal and reactive to light. Extraocular movements are intact.,ENT: TMs are clear. Nose and throat are unremarkable.,NECK: There is no evidence of nuchal rigidity. She does, however, have notable tenderness and spasm of the right trapezius and rhomboid muscles when she extends up to the right paracervical muscles. Palpation clearly

causes having exacerbation of her discomfort.,CHEST:  
Thorax is unremarkable.,GI: Abdomen is  
nontender.,MUSCLES: Extremities are  
unremarkable.,NEURO: Cranial nerves II through XII are  
grossly intact. Motor and sensory are grossly intact. ,SKIN:  
Skin is warm and dry.,ED COURSE:, The patient was given IV  
Norflex 60 mg, Zofran 4 mg, and morphine sulfate 4 mg and  
with that has significant improvement in her  
discomfort.,DIAGNOSES:,1. Muscle tension cephalgia.,2.  
Right trapezius and rhomboid muscle spasm.,PLAN: , Scripts  
were given for Darvocet-N 100 one every 4 to 6 hours #15,  
Soma one 4 times a day #20. She was instructed to apply  
warm compresses and perform gentle massage. Follow up  
with regular provider as needed. Return if any problems.