

HOW TO CREATE YOUR OWN COMPASS, PT. 2

Figure out what you're really, really good at — and how to use those skills to create the life you want.

Think back to the last time you helped someone. What did you help them do?

Why do you think they came to you for help? Be as specific as possible.

EXAMPLE: *My friend needed help installing a new washer and dryer. I think he called me because he knows I can do a good job, and because I've always liked to work with my hands. Plus, he trusts me to do it right the first time.*

Think about your current job. Is there anything your company/boss/colleagues count on you for? Something you do better than most?

What are the things you're considered the go-to person for at work? What projects show up on your desk first because you're the best at them?

EXAMPLE: *I'm always the first one to get projects that go out to customers. Out of everyone on my team, I seem to be the best at putting myself in the shoes of the people buying our products, so I can see things from their perspective and make them more helpful.*

Think about the career or business you think you want to get into. What skills do you think are required to be successful in that business?

How can you start building them? (And if you don't know what skills are important, how can you find out?)

EXAMPLE: *I want to work in a position where I get to help people connect with things that will make their lives easier. So I'll need to be really good at thinking like a customer, explaining complicated stuff to people who don't know anything about it, and non-douchey sales psychology.*