

Shantivan presents the 2009
Dhyan Meditation Tour Inspired by Sri Sri Sri Shivabalayogi Maharaj
and presented by Swami Ken

A Quiet Walk Inside Yourself

Date: Friday, August 7th, 7 pm to 9 pm or until everyone has their questions answered.

Location: [Spirit Room](#), 111 Broadway, Fargo, ND.

Program: Meditation instruction and Satsang with a direct disciple of Sri Shivabalayogi Maharaj of Bangalore, India. The program is free and open to all faiths. Donations will be accepted to help with travel expenses and there will be books, blessed jewelry, yantras, and t-shirts for sale.

Question and Answer: Swami Ken will listen to your questions about the meditation process and how it affects one's daily life. Anyone interested in finding out more about the meditation process will benefit from this free program.

More Info: Born in 1945, Swami Ken is a Minnesota native who traveled to India to seek spiritual instruction. He studied with Sri Shivabalayogi Maharaj who has initiated millions of people into meditation, but only gave tapas to five of his direct disciplines; Swami Ken being one of them.

When Swami Ken returned to America, he was given a directive by his master to make this simple meditation technique available to all who are sincerely interested in learning how to meditate. Swami Ken established the Shantivan Dhyana Center outside of Fairbault, MN where an atmosphere of serenity was created for people to come to meditate. Shivabalayogi said that you should not change paths, but that this initiation into meditation will only strengthen and deepen your own path of choice.

If you would like more information about Swami Ken, please visit [Shantivan.org](#).
Photographs of Swami Ken and Yantras are available on the internet.

