

6

dull

[단어] 따분한

The party was dull, so I left early.

그 파티가 따분해서, 나는 일찍 떠났다.

7

challenging

[형] 도전적인

The company is giving her a lot of challenging work.

그 회사는 그녀에게 많은 도전적인 일을 주고 있다.

8

meaningful

[형] 의미 있는

Teacher's Day is a meaningful day for both teachers and students.

스승의 날은 선생님들과 학생들 모두에게 의미 있는 날이다.

9

come up with

~을 생각해내다

Can you come up with a solution to my problem?

내 문제에 대한 해결책을 생각해낼 수 있니?

10

brilliant

[형] 훌륭한

My teacher praised me for my brilliant work.

나의 선생님은 내 훌륭한 솜씨에 대해 나를 칭찬하셨다.



Before Reading

A. Check for Words

▶ 다음 단어와 같은 뜻을 가진 우리말을 찾아 연결하시오.

- | | | |
|------------------|---|-------------|
| 1. immediately | ● | ● 도전적인 |
| 2. challenging | ● | ● 즐길 거리 |
| 3. dull | ● | ● 따분한 |
| 4. donate | ● | ● 바치다, 기부하다 |
| 5. entertainment | ● | ● 즉시 |

B. Check for Phrases

▶ 주어진 우리말과 같은 뜻이 되도록 가장 적절한 보기를 골라 빈칸을 완성하시오. (단, 필요시 형태를 바꾸어 쓸 것)

보기

pull out

get rid of

be willing to

1. 어떻게 내가 나의 나쁜 습관들을 없앨 수 있을까?

→ How can I get rid of my bad habits?

2. 그가 나의 질문에 기꺼이 대답할 생각이 있을까?

→ Will he be willing to answer my question?

3. 그녀는 그 카펫 아래에서 봉투 하나를 꺼냈다.

→ She pulled out an envelope from under the carpet.

심심함을 즐기세요

136 words



What do you do when you feel bored? Nowadays, most people pull out their smartphones. They want to get rid of the feeling of boredom immediately.

(A) _____, according to research, feeling bored is actually not a bad thing.

The condition of being bored might make you more creative. When you're in a dull situation, your mind looks for the ways to make it more fun and exciting. While looking for more challenging and meaningful activities, you may come up with some brilliant ideas. Another interesting finding was that bored people are more willing to donate their time to helping others.

So when you have **nothing to do**, don't go straight to your smartphone for entertainment. (B) _____, allow yourself to enjoy the condition of being bored. It may lead you to creative thinking or helping other people.

boredom 지루함, 따분함 finding 연구 결과



Check for Words

- ☐ pull out ~을 꺼내다
- ☐ get rid of ~을 없애다
- ☐ immediately [문] 즉시
- ☐ dull [형] 따분한
- ☐ challenging [형] 도전적인
- ☐ meaningful [형] 의미 있는
- ☐ entertainment [명] 즐길 거리





Dictation



1. M: Ellen, you woke up so early.

W: I couldn't sleep last night.

M: Is there anything wrong?

W: I can't come up with a good idea for my assignment. So it's stressing me out.

M: What do you have to do?

W: I have to draw something creative for the school campaign posters.

M: That sounds very challenging.

W: It is. I don't know what to do.



2. M: Katie, how are your classes this semester?

W: Not bad. But there is one problem with my math class.

M: What is it?

W: The class is too dull. I get bored all the time.

M: Maybe it is too easy for you.

W: Do you think so?

M: Yes. I think you should take a more difficult class.

W: Okay, I'll consider that. Thanks for the advice.



1. 대화를 듣고, 여자가 아침에 일찍 일어난 이유를 고르시오. ⑤

- ① 학교 시험이 걱정되어서
- ② 밀린 숙제를 하기 위해서
- ③ 학교 캠페인에 참석하기 위해서
- ④ 동아리 모임 발표물을 준비하기 위해서
- ⑤ 과제에 대한 아이디어가 떠오르지 않아서



2. 대화를 듣고, 남자의 충고로 가장 적절한 것을 고르시오. ④

- ① 쉬운 수업 듣기
- ② 숙제 잘 해가기
- ③ 공부 시간 늘리기
- ④ 더 어려운 수업 듣기
- ⑤ 수업 시간에 집중하기