

## **PREPARATION FOR WORK.**

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# **1 Introduction**

I most of the times wakeup at 6:00 am every day and kick start my daily routine as follows:

## **2 Preparation for a shower.**

When I get out of bed, I then get hold of my towel, tooth brush, soap and tooth paste and the slowly I walk to the shower room.

### **2.1 Bathing.**

On my getting I to the bathroom, I remove my clothes ad open the shower after putting soap In my sponge, scrubbing my body well until there feels no soap at all on my body. I then wipe my body well and dress up again.

### **2.2 Brushing**

After showering, I then put tooth paste on my brush and move to the sink, I the open the tap ad brush my teeth thoroughly, my tongue and the rise the mouth so well. I then clean my brush and the move back to my room.

### **2.3 Preparing what to put on**

Out of my wardrobe, I pick my shoes and the clothes to put on that day.

### **2.4 Polishing my shoes**

I then pick out the shoe brush and the shoe polish I polish my shoes and wipe them clean to make them shine.

### **2.5 Ironing my clothes**

I then pull out the flat iron ad I the iron my clothes.

### **2.6 Dressing up**

Then finally after all that, I dress up my attires and get hold of my bag.

### **2.7 Praying**

I then place the day into Gods hands and off I go to work.