

Forecast accuracy hardly improves with method complexity when completing cohort fertility

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Forecasts of completed fertility predict how many children will be born on average by women over their entire reproductive lifetime. These forecasts are important in informing public policy and influencing additional research in the social sciences. However, nothing is known about how to choose a forecasting method from a large basket of variants. We identified 20 major methods, with 162 variants altogether. The approaches range from naive freezing of current age-specific fertility rates to methods that use statistically sophisticated techniques or are grounded in demographic theory. We assess each method by evaluating the overall accuracy and if provided, uncertainty estimates using fertility data of all available birth cohorts and countries of the Human Fertility Database, which covers 1,096 birth cohorts from 29 countries. Across multiple measures of forecast accuracy, we find only four methods that consistently outperform the naive freeze rates method, and only two methods produce uncertainty estimates that are not severely downward biased. Among the top four, there are two simple extrapolation methods and two Bayesian methods. The latter are demanding in terms of input data, statistical techniques, and computational power but do not consistently complete cohort fertility more accurately at all truncation ages than simple extrapolation. This broad picture is unchanged if we base the validation on 201 United Nations countries and six world regions, including Africa, Asia, Europe, Latin America and the Caribbean, northern America, and Oceania.

fertility forecast methods | validation | forecast errors

Forecasts of completed fertility (CF) predict how many children will be born on average by women over their entire reproductive lifetime. They are a key element in research on population dynamics and forecasting (1), and they are used by decision makers throughout the society: from social security planning to marketing. Cohort fertility complements the reproduction picture given by period fertility: the former is informative about the experience of real cohorts of women and immune to timing effects of fertility, and the latter can vary substantially as a result of fertility timing but is useful for summarizing fertility within a period. This paper provides a systematic evaluation of the accuracy of existing methods for completing cohort fertility.

Over the last century, demographers have introduced dozens of methods to forecast cohort fertility—with continuously rising requirements for input data, advanced statistical techniques, and computing power—to pursue two primary objectives: (i) to increase forecast accuracy and recently, (ii) to provide reliable uncertainty estimates. However, new methodological innovations are often introduced without careful comparison of how the new approach performs with respect to existing alternatives. In fact, nothing is known about how to choose a forecasting method from a large basket of variants.

In the presence of this enormous methodological variety, a key question that forecasters face today is as follows: which method should they use to produce accurate cohort fertility forecasts with reliable uncertainty information? Furthermore, if forecast performance increased over time, what were the main

methodological breakthroughs? Finally, what are the unresolved issues that can show us in what directions we should put our efforts to further improve the forecast methodology?

In this paper, we provide an assessment of all cohort fertility forecast methods. Our comprehensive survey identified 20 major methods, with 162 variants arising from different parameterizations. Each of these methods aims at completing lifetime fertility of women who have not yet reached their last reproductive age at the time that a forecast is made.

The existing approaches for cohort fertility forecasting range from naive freezing of current age-specific fertility rates to methods that use statistically sophisticated techniques or are grounded in demographic theory. We distinguish the baseline method freeze rates (also referred to as constant rates method), which holds fertility rates constant at their latest observed level, and four broader types of method, which are (i) parametric curve fitting methods (PARs) (*SI Appendix, Table S46* provides a list of abbreviations), (ii) extrapolation methods (EMs), (iii) Bayesian approaches (BAs), and (iv) fertility context-specific methods (CONs). Some methods combine elements across many of these typologies (hybrid models), and therefore, the classification is unavoidably subjective.

The objective of PARs is to detect a universal pattern of fertility by age—which often resembles a bell shape, with fertility

Significance

Information on cohort fertility is critical for the understanding of population dynamics, but only in historical settings can it be calculated without forecasting. Several forecasting methods exist, but their strengths and weaknesses have not been evaluated. Relying on the Human Fertility Database, the largest high-quality fertility dataset to date, and the globally representative United Nations World Population Prospects, we present an assessment of all major methods that complete cohort fertility. This analysis is crucial to advance the understanding of benefits and drawbacks of state-of-the-art methods. We analyze forecast accuracy and uncertainty quantification, identify methodological breakthroughs, and uncover unresolved issues. This study constitutes an evaluation benchmark for cohort fertility forecasting and may inspire establishment of similar evaluation benchmarks in related fields.

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Data deposition: The R code used for this study has been deposited in GitHub, <https://github.com/fertility-forecasting/validate-forecast-methods>.

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levels being high at middle reproductive ages and low at very young and old reproductive ages—and to express it with a mathematical function. The number and the interpretation of parameters are the distinctive features of models within this group. Simple PARs model one hump (2–4) and complex PARs model a second hump for young mothers (4, 5) in the age distribution of fertility. Relational PARs (6–8) forecast fertility using deviations between current and standard fertility age schedules; 10 of our 20 methods are classified as PARs.

EMs are based on the assumption that past trends are helpful in predicting the future. EMs fit a model to observed fertility trends and extrapolate the trajectory based on the model. Complex EMs (9, 10) consider fertility dynamics in all three dimensions (age, calendar year, and birth cohort), whereas simple EMs (11–16) reduce complexity and reflect fertility trends in less detail. EMs often use time series models (17) to extrapolate trajectories (9–16) and to provide uncertainty estimates (10–15). We classify 6 of 20 methods as EMs.

The characteristic feature of hierarchical BAs (18–20) is to augment information about fertility in a country of interest with information about typical levels and trends of fertility in other countries. Borrowing strength from a large data pool can be advantageous for countries that have data of poor quality, exhibit unsteady fertility developments, or have incomplete fertility age schedules. The forecast performance of hierarchical BAs depends on the spatiotemporal composition of the data pool; 2 of 20 methods are hierarchical BAs.

CONs (21, 22) are designed to model particular fertility developments, such as a decline in CF and a delay of childbearing to higher maternal ages (23–25), which reduces their overall applicability. We identified only 1 CON method in 20 methods.

We further identify three hybrid models (8, 26, 27) that combine elements of PARs and EMs or BAs. They extrapolate key parameters of the fertility age schedule (26, 27) or make use of information from other countries (8). To keep the classification of methods manageable, we have assigned each of them to one of four method types: PARs, EMs, BAs, or CONs.

We describe the major methods and their variants in more detail in *SI Appendix, section 1*. We excluded four additional methods (11, 18, 21, 28) and their 14 variants from the main analysis, because their data requirements are so demanding that they can be implemented in only a handful of countries. *SI Appendix, Table S31* provides information about which methods eventually entered the main analysis.

Our main comparison of the 20 methods is based on testing their forecasting performance in the largest high-quality dataset of fertility: the Human Fertility Database (HFD) (29). The version of the data that we use covers 29 countries, years 1891–2013, and 1,096 birth cohorts altogether. This massive database includes a large variety of levels, shapes, and trends of fertility in mostly developed countries (see *SI Appendix, section 2* for more details on the HFD).

We complement the HFD-based validation with a comparison based on fertility data from the United Nations (UN) (30), which include six world regions: Africa, Asia, Europe, Latin America and the Caribbean, northern America, and Oceania. The UN dataset covers 201 countries, years 1950–2015, and 8,241 (i.e., 201×41) birth cohorts altogether. Combining the high-quality HFD data with the broad geographic and contextual variation available in the UN data increases the external validity and robustness of our findings. Results of the UN-based analysis are in *SI Appendix, section 4*. We put special emphasis on Africa in *SI Appendix, section 5*, which exhibits, on average, the highest fertility levels worldwide (31).

In our validation, we forecast CF for each birth cohort using data only up to a certain truncation age, which ranges from 20 to 39 yr old, forecast fertility up to age 40 yr old, and calculate the error that is the difference between the forecasted and true

CF at age 40 yr old. With this procedure, we obtain 8,652 errors in the HFD-based comparison for 29 countries and 62,310 errors in the UN-based comparison for 201 countries. The errors are indexed by truncation age, country, and birth cohort for each of the 20 major methods. Details of how we obtain forecast errors are given in *SI Appendix, section 2*.

We include in the final comparison only the best-performing variant of each method; *SI Appendix, section 2*, provides details on this selection procedure. For methods that include uncertainty bounds, we test the coverage of these bounds using a similar protocol.

Results

Accuracy of CF Forecasts.

Stochastic dominance. Fig. 1 ranks the methods based on absolute percentage errors (APEs) and Kolmogorov–Smirnov (KS) test of stochastic dominance. For a total of 380 pairwise method comparisons (excluding the comparison with self), the test determines if the cumulative density of the APEs of method A (row) is greater than that of method B (column) ($P = 0.05$). The methods are ordered top down with a decreasing number of significant results of stochastic dominance.

In our full set of errors based on the HFD, the simple EM of Myrskylä et al. (16) performs best and has, on average, strictly smaller APEs than 17 other methods. This method is closely followed by the BA of Schmertmann et al. (20) and the simple EM of de Beer (12), which both produce CF forecasts that are, on average, strictly more accurate than those of 16 other methods. We cannot infer which of these two methods performs best in this setting because of a cross-over of the cumulative densities of their APEs. The BA of Ševčíková et al. (19) is on rank 4. Freeze rates is the fifth most accurate method, stochastically dominating 11 of the other 19 methods in this setting.

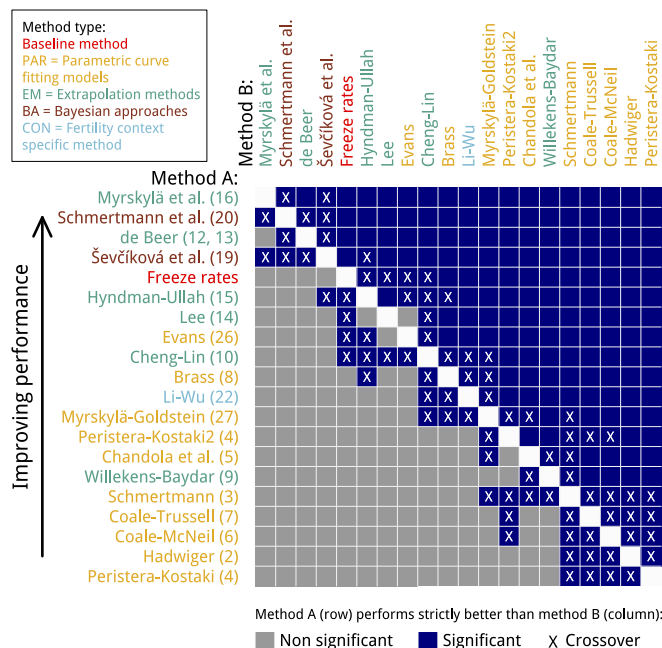


Fig. 1. Two-sample, one-sided KS test statistic for stochastic dominance: KS (method A, method B). Blue indicates that the cumulative density of the APEs of method A (row) is significantly greater than that of method B (column), and gray indicates nonsignificant results for the same test. Crosses indicate inconclusive test results caused by cross-overs of cumulative densities. Testing data are from the HFD (details are in *SI Appendix, section 2*).

Table 1. Rank methods based on different measures of forecast accuracy

| Overall ranking | KS | Threshold APE, % | | | | Mean | RMSE |
|---------------------------------|--------|------------------|-----------|-----------|-----------|-----------|-----------|
| | | 50 | 80 | 90 | 95 | | |
| 1. Myrskylä et al. (16) | 17 (1) | 0.8 (1) | 4.5 (3) | 8.3 (4) | 12.5 (5) | 2.9 (4) | 5.9 (5) |
| 2. Schmertmann et al. (20) | 16 (2) | 0.9 (2) | 3.9 (1) | 7.1 (2) | 11.5 (3) | 2.7 (2) | 5.4 (3) |
| 3. de Beer (12, 13) | 16 (2) | 1.0 (3) | 5.0 (4) | 8.3 (3) | 11.4 (2) | 2.9 (3) | 5.3 (2) |
| 4. Ševčíková et al. (19) | 15 (4) | 1.1 (5) | 4.0 (2) | 6.6 (1) | 9.5 (1) | 2.4 (1) | 4.2 (1) |
| 5. Freeze rates | 11 (5) | 1.6 (9) | 5.8 (7) | 8.7 (5) | 11.5 (4) | 3.3 (5) | 5.5 (4) |
| 6. Lee (14) | 11 (5) | 1.2 (7) | 6.1 (8) | 10.8 (7) | 15.1 (7) | 3.6 (6) | 6.9 (6) |
| 7. Evans (26) | 11 (5) | 1.2 (6) | 5.6 (5) | 10.7 (6) | 16.0 (8) | 3.8 (7) | 7.7 (8) |
| 8. Hyndman and Ullah (15) | 11 (5) | 1.1 (4) | 6.3 (9) | 11.8 (9) | 17.5 (9) | 3.9 (8) | 7.8 (9) |
| 9. Brass (8) | 8 (9) | 2.4 (11) | 7.8 (10) | 11.7 (8) | 14.7 (6) | 4.5 (9) | 7.1 (7) |
| 10. Cheng and Lin (10) | 8 (9) | 1.3 (8) | 5.8 (6) | 14.0 (10) | 23.5 (12) | 4.9 (10) | 11.2 (12) |
| 11. Li and Wu (22) | 8 (9) | 2.5 (12) | 8.9 (11) | 14.1 (11) | 21.8 (11) | 5.7 (11) | 10.7 (11) |
| 12. Myrskylä and Goldstein (27) | 5 (12) | 2.0 (10) | 14.4 (15) | 28.2 (15) | 38.8 (13) | 8.5 (13) | 16.2 (13) |
| 13. Willekens and Baydar (9) | 4 (13) | 2.7 (14) | 14.9 (16) | 28.2 (16) | 41.9 (15) | 9.5 (14) | 19.6 (15) |
| 14. Chandola et al. (5) | 4 (13) | 2.7 (15) | 13.0 (14) | 26.5 (14) | 41.6 (14) | 9.6 (15) | 24.4 (18) |
| 15. Peristera and Kostaki (4) | 4 (13) | 2.5 (13) | 11.9 (12) | 24.0 (13) | 42.3 (16) | 10.3 (16) | 29.8 (19) |
| 16. Schmertmann (3) | 0 (16) | 6.8 (19) | 12.3 (13) | 16.2 (12) | 21.6 (10) | 8.2 (12) | 10.6 (10) |
| 17. Coale and McNeil (6) | 0 (16) | 4.9 (17) | 16.4 (17) | 30.9 (17) | 43.7 (17) | 10.8 (17) | 18.4 (14) |
| 18. Hadwiger (2) | 0 (16) | 3.9 (16) | 18.0 (18) | 39.6 (19) | 57.6 (20) | 12.0 (18) | 21.9 (16) |
| 19. Peristera and Kostaki (4) | 0 (16) | 6.2 (18) | 19.9 (19) | 34.1 (18) | 55.8 (19) | 15.0 (19) | 33.0 (20) |
| 20. Coale and Trussell (7) | 0 (16) | 7.2 (20) | 29.7 (20) | 42.8 (20) | 52.9 (18) | 15.1 (20) | 23.1 (17) |
| No. of inversions | 0 | 17 | 17 | 17 | 21 | 9 | 24 |

The overall ranking of methods in column 1 is based on the KS test statistic of stochastic dominance (column 2) and the overall mean (column 7). Testing data are from the HFD (details are in [SI Appendix, section 2](#)).

We examine how consistent these findings are for (i) older truncation ages 30–39 yr old and all years, (ii) truncation ages 20–39 yr old and years 1990 and later, and (iii) older truncation ages 30–39 yr old and years 1990 and later in [SI Appendix, section 3](#). We find that four of the top five methods that did well in the full error set are also at the top in the three error subsets, indicating robust performance. Freeze rates moves slightly down to rank eight, and the simple EM of Hyndman and Ullah (15) moves to the top five.

Our analysis relied on the high-quality HFD that covers mostly developed countries with comparatively low-fertility settings and delay of childbearing since 1990. Such stable trends may explain the high performance of freeze rates when completing cohort fertility, which is immune to fertility timing. To analyze whether our key findings are strongly context specific, perhaps varying by region or fertility level, we replicated our validation exercise using data from the UN (30). The data quality may be less consistent than in the HFD, but the reconstructed UN data cover effectively the whole globe. We analyzed the performance of the 20 methods in 201 UN countries and six world regions: Africa, Asia, Europe, Latin America and the Caribbean, Oceania, and northern America; data availability allows us to forecast only from year 1990.

Fig. 5 shows that the broad picture of the HFD-based validation holds across the globe—method complexity does not necessarily increase forecast accuracy. The group of the top-performing methods (red in Fig. 5) stays rather stable across regions as does the group of the lower-ranked methods (blue in Fig. 5). Although the UN-based rankings differ slightly across regions, we find that the simple EMs of de Beer (12) and Myrskylä et al. (16) and the BAs of Schmermann et al. (20) and Ševčíková et al. (19) are at the top complemented by the simple EMs of Hyndman and Ullah (15) and Lee (14). There is no evidence in any region that the complex parametric, complex extrapolation, or Bayesian methods would consistently perform better than simple extrapolation. A detailed analysis of the 201 UN countries and Africa is in *SI Appendix, sections 4 and 5*.

We also show in *SI Appendix, sections 3–5*, that bias in CF is overall small for top methods and that it varies by truncation age and region. Absolute bias peaks at young truncation ages and does not exceed 0.10 in the HFD data. In UN and Africa, the bias is, unlike in HFD countries, consistently positive at all truncation ages and also larger, ranging from 0.1 to 0.3 at age 20 yr old across top methods. This positive and higher bias may be due to overall levels of fertility being higher in Africa and the

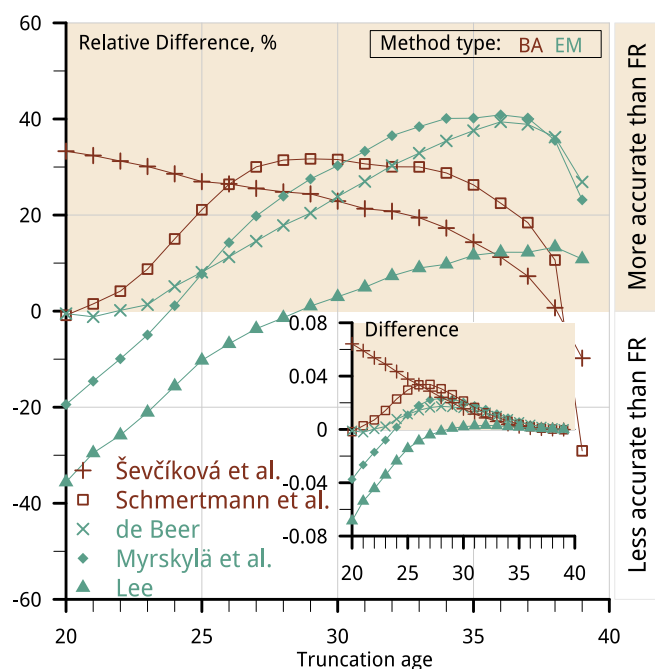


Fig. 3. Mean AE of the top five methods compared with freeze rates (FRs) by truncation age. Relative difference in percentage. (Inset) Difference on an absolute scale. Testing data are from the HFD (*SI Appendix, section 2*).

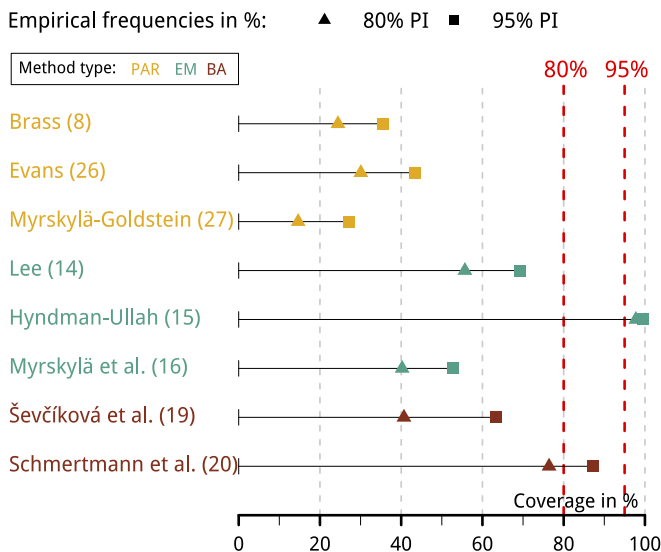


Fig. 4. Empirical coverage of nominal 80 and 95% prediction intervals (PIs) of probabilistic methods. Testing data are from the HFD (details are in *SI Appendix, section 2*).

inability of some methods, particularly freeze rates, to capture strong declines in fertility.

Although freeze rates performs less accurately in some UN world regions than in HFD countries compared with top methods, it is remarkable that it consistently outperforms most of the sophisticated and less sophisticated forecast methods, and was in top 5 of all 20 methods in the core evaluation using the high-quality HFD data. Moreover, throughout our analysis and across the globe, we found no evidence that the simple EMs would be consistently outperformed by more complex approaches in terms of forecast accuracy. This finding not only raises the question of how much the extra effort of more complex methods is worth, but it also suggests that it should be established as a standard procedure to assess whether proposed new methods outperform at least the naive method freeze rates and the simple EMs of de Beer (12) and Myrskylä et al. (16). To facilitate such benchmarking, we provide an implementation of the forecasting methods evaluated in this study at <https://github.com/fertility-forecasting/validate-forecast-methods>.

Since increasingly available resources in terms of high-quality data, statistical methods, and computing power did not necessarily lead to a continuous improvement of forecast performance over time (Fig. 2), we ask the following question: what are the key methodological breakthroughs of the top methods compared with the lower ranked methods? Superior performance seems to be linked to feeding forecasts with temporal fertility trends in a country of interest and experiences of many other countries. Pure parametric curve fitting models (2–7) are less accurate than extrapolation (9, 10, 12, 14–16) and BAs (19, 20), because they do not rely on temporal fertility trends and borrow strength from other countries. However, the hybrid parametric methods of Evans (26) and Brass (8) adopt features of simple extrapolation or BAs, respectively, and consequently, they have relatively high forecast accuracy. Moreover, complex extrapolation (9, 10) underperforms against simple extrapolation (12, 14–16), perhaps because it may overfit observed trends by age, period, or birth cohort.

Complementing the analysis of methodological breakthroughs with forecast errors by country (*SI Appendix, section 6*) uncovers what forecast situations are challenging, even for the top methods. Not surprisingly, major challenges across regions are fertility declines that deviate from continuous trends or the expe-

rience of other countries. The top methods produce relatively large forecast errors for eastern Germany when fertility fell to unprecedentedly low levels after German reunification (35) and for Algeria when fertility sharply declined from over eight to only two children per woman between the 1970s and the 2000s (36). No method has found an effective remedy against such unstable fertility developments so far.

Our analyses have consistently shown that more complex methods do not necessarily outperform simpler methods when completing cohort fertility. The scope of our findings does not extend to long-term forecasts of cohort or period fertility due to lack of sufficiently long data time series and restricted applicability of methods. However, they do show that a thorough evaluation of forecast performance is crucial to identify the best methods, to retroactively grade methodological breakthroughs, and to proactively uncover unresolved issues. Establishing extensive validation as a standard evaluation benchmark for new fertility forecast approaches would help to better focus efforts aimed at methodological development.

Materials and Methods

Readers have access to R code on GitHub: <https://github.com/fertility-forecasting/validate-forecast-methods>. *SI Appendix* describes forecast methods in section 1; validation procedure to select the best variant per method in section 2; results of HFD-based error subsets in section 3; results of UN- and Africa-based validation in sections 4 and 5, respectively; and errors by country in section 6.

Forecast CF. CF is the sum of fertility rates over ages 15–40 yr old for women of the same birth cohort; it gives the average number of children for women born in the same calendar year. CF forecasts complete lifetime fertility for women who have not yet reached the last reproductive age. For example, to complete fertility for women whose truncation age is 30 yr old, we forecast their remaining fertility for ages 31–40 yr old; their CF contains fertility that is observed until age 30 yr old and forecasted above age 30 yr old.

Forecast Error. The AE measures accuracy as the absolute difference between forecasted and observed CF, and the APE relates this AE to observed CF. If observed CF is 2, an APE of 10% indicates that the absolute deviation between forecasted and observed CF (i.e., AE) was 0.2 and that the forecasted CF was either 1.8 or 2.2.

KS Test Statistic of Stochastic Dominance. The KS test statistic is widely applied to test for equality and stochastic dominance of two distributions (37–39); it is a nonparametric and distribution-free test statistic that requires large but not equal sample sizes (40–42). We use the two-sample, one-sided KS test statistic (42) to determine for each pair of methods, A and B, if

| Method type: | Baseline | PAR | EM | BA | CON | Truncation ages 20 to 39 and JOYs 1990+ | | | | | | | |
|-------------------------|----------|------|------|------|------|---|-------|--------|------|--------|-----|---------|----|
| | | | | | | HFD29 | UN201 | Africa | Asia | Europe | LAC | Oceania | NA |
| Completed fertility: | 1.87 | 3.67 | 5.32 | 3.67 | 1.91 | 3.17 | 3.82 | 1.91 | | | | | |
| Myrskylä et al. (16) | 1 | 2 | 2 | 1 | 2 | 3 | 1 | 1 | | | | | |
| de Beer (12, 13) | 2 | 1 | 1 | 2 | 1 | 2 | 3 | 4 | | | | | |
| Ševčíková et al. (19) | 3 | 6 | 5 | 5 | 6 | 5 | 8 | 6 | | | | | |
| Hyndman-Ullah (15) | 4 | 4 | 4 | 6 | 3 | 4 | 4 | 5 | | | | | |
| Schmertmann et al. (20) | 5 | 5 | 6 | 4 | 5 | 6 | 7 | 2 | | | | | |
| Evans (26) | 6 | 12 | 11 | 10 | 8 | 7 | 6 | 9 | | | | | |
| Lee (14) | 7 | 3 | 3 | 3 | 4 | 1 | 2 | 3 | | | | | |
| Freeze rates | 8 | 7 | 8 | 7 | 7 | 8 | 5 | 8 | | | | | |
| Li-Wu (22) | 9 | 11 | 12 | 11 | 9 | 10 | 9 | 11 | | | | | |
| Cheng-Lin (10) | 10 | 10 | 10 | 12 | 10 | 11 | 12 | 7 | | | | | |
| Brass (8) | 11 | 8 | 7 | 8 | 11 | 12 | 10 | 10 | | | | | |
| Myrskylä-Goldstein (27) | 12 | 19 | 20 | 19 | 12 | 18 | 17 | 14 | | | | | |
| Peristera-Kostaki (4) | 13 | 16 | 17 | 16 | 16 | 13 | 14 | 12 | | | | | |
| Willekens-Baydar (9) | 14 | 9 | 9 | 9 | 14 | 9 | 11 | 15 | | | | | |
| Chandola et al. (5) | 15 | 14 | 18 | 13 | 13 | 19 | 16 | 16 | | | | | |
| Hadwiger (2) | 16 | 20 | 19 | 17 | 17 | 20 | 19 | 17 | | | | | |
| Peristera-Kostaki (4) | 17 | 18 | 16 | 20 | 19 | 16 | 15 | 13 | | | | | |
| Schmertmann (3) | 18 | 15 | 15 | 18 | 18 | 15 | 18 | 19 | | | | | |
| Coale-McNeil (6) | 19 | 13 | 14 | 14 | 15 | 14 | 13 | 18 | | | | | |
| Coale-Trussell (7) | 20 | 17 | 13 | 15 | 20 | 17 | 20 | 20 | | | | | |

Fig. 5. Ranking of the methods based on 29 HFD countries, 201 UN countries, and world regions: Africa, Asia, Europe, Latin America and the Caribbean (LAC), Oceania, and northern America (NA). Truncation ages are 20–39 yr old, and years are 1990+. Testing data are from the HFD and UN data (details are in *SI Appendix, sections 2, 4 and 5*).

method A stochastically dominates method B: $KS(A, B)$ with a significance level of 0.05. To identify a possible cross-over, we conduct the statistical test from both sides: $KS(A, B)$ and $KS(B, A)$.

Number of Inversions. To quantify the dissimilarity between rankings, we compare their number of inversions. Each pair of ranks $i < j$ that is out of sort $r_i > r_j$ is an inversion (43). The overall method ranking is in ascending order r_1, r_2, \dots, r_{20} and has zero inversions. The greater the number of inversions is for any other ranking, the greater is its dissimilarity with the overall ranking.

Relative Performance Based on AEs. We quantify how much more accurate forecasts of a method are compared with freeze rates with the simple

difference of AEs between freeze rates and another method on the absolute scale and with the relative difference of AEs, which relates the simple difference of AEs to the AEs of freeze rates. Positive values indicate that a method is more accurate than freeze rates and vice versa.

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