

# Supplemental material for the paper: Life expectancy and lifespan disparity in Eastern Europe and the contribution of alcohol related mortality

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## Abstract

Central and Eastern Europe have experienced considerable instability in mortality since the 1960s. Long periods of stagnating life expectancy were followed by rapid increases in life expectancy and in some cases even more rapid declines before more recent periods of improvement. These trends have been well documented but to date, no study has comprehensively explored trends in lifespan variation. We improve such analyses by incorporating lifespan variability as a health indicator alongside life expectancy. We analyzed how lifespan variation has changed since the 1960s for 12 countries from the region and determined the ages which have contributed the most to the observed variability in age at death. Furthermore, we quantified the effect of mortality related to alcohol consumption on lifespan variation since 1994. Our results showed that lifespan variation was high and strongly fluctuating over the time period. Life expectancy and life disparity moved independently from one another, particularly during periods of life expectancy stagnation. Fluctuations in mortality were, to a large extent, directly or partially attributable to changes in alcohol consumption. These findings run counter to the common patterns observed in most developed countries and contribute to the life expectancy-disparity discussion by showing that expansion (compression) levels do not necessarily mean lower (higher) life expectancy or mortality deterioration (improvements).

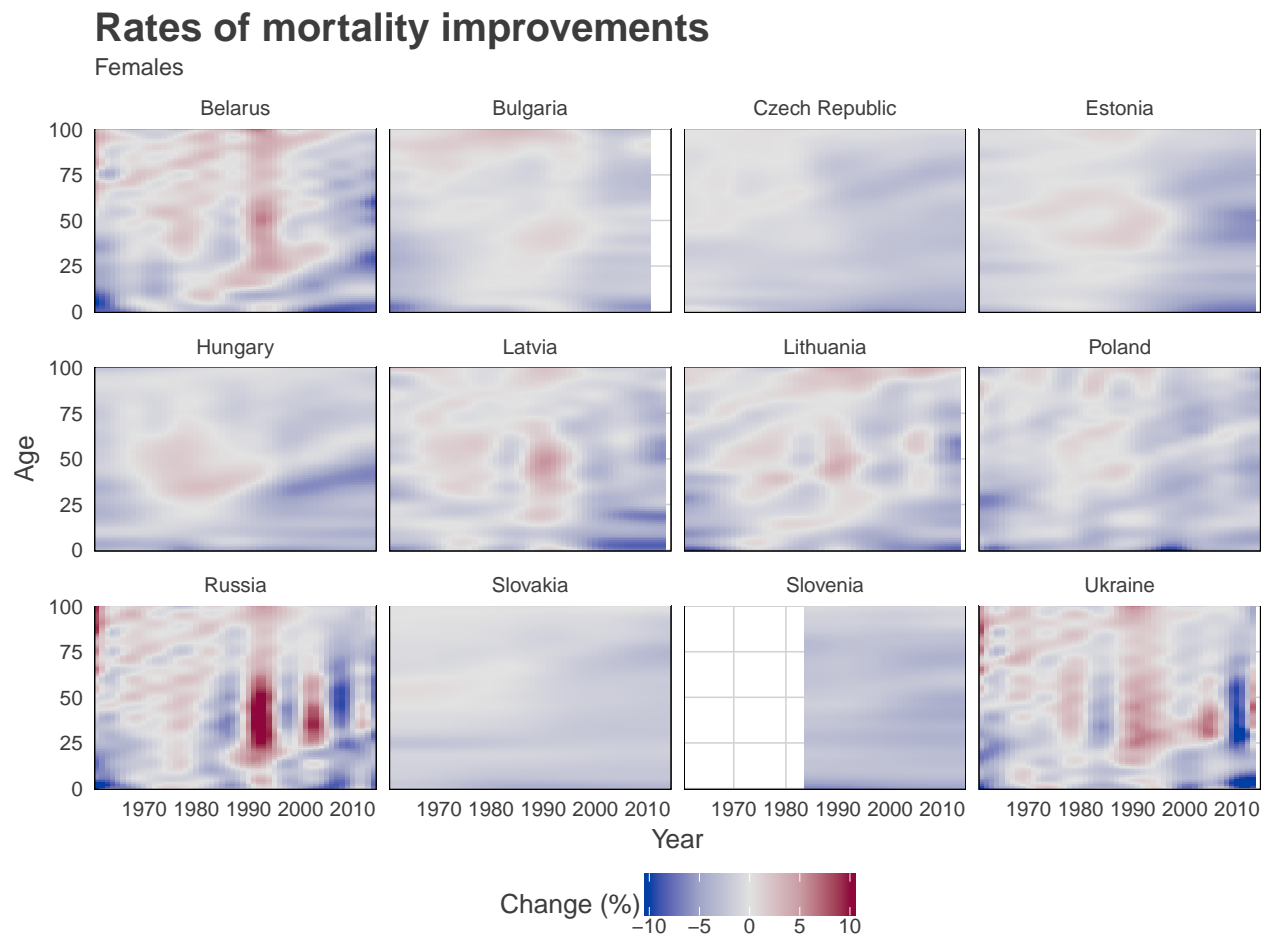
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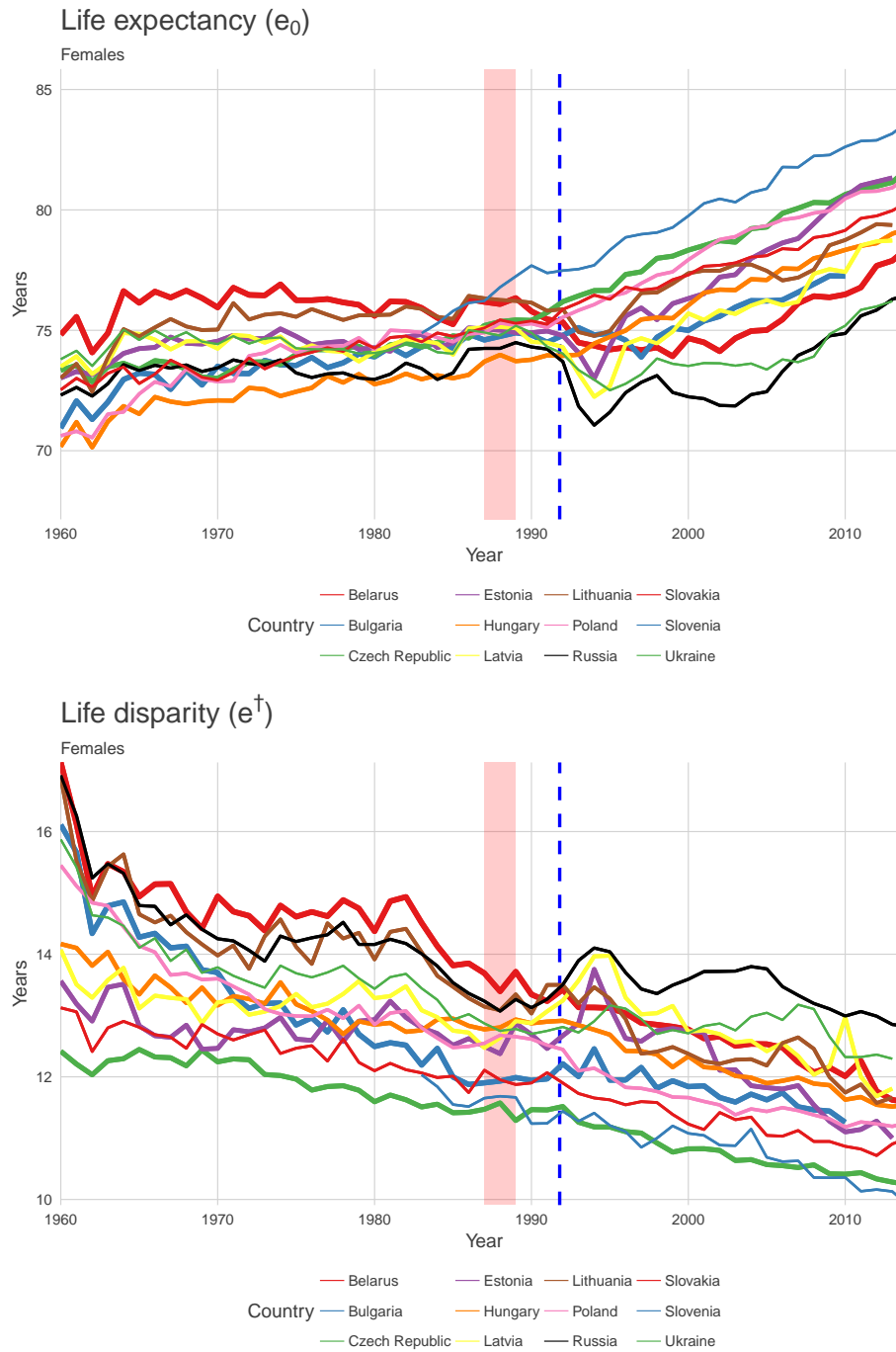
Results shown in the paper reproduced for females

Figure 1: Female mortality surface showing rates of mortality improvements



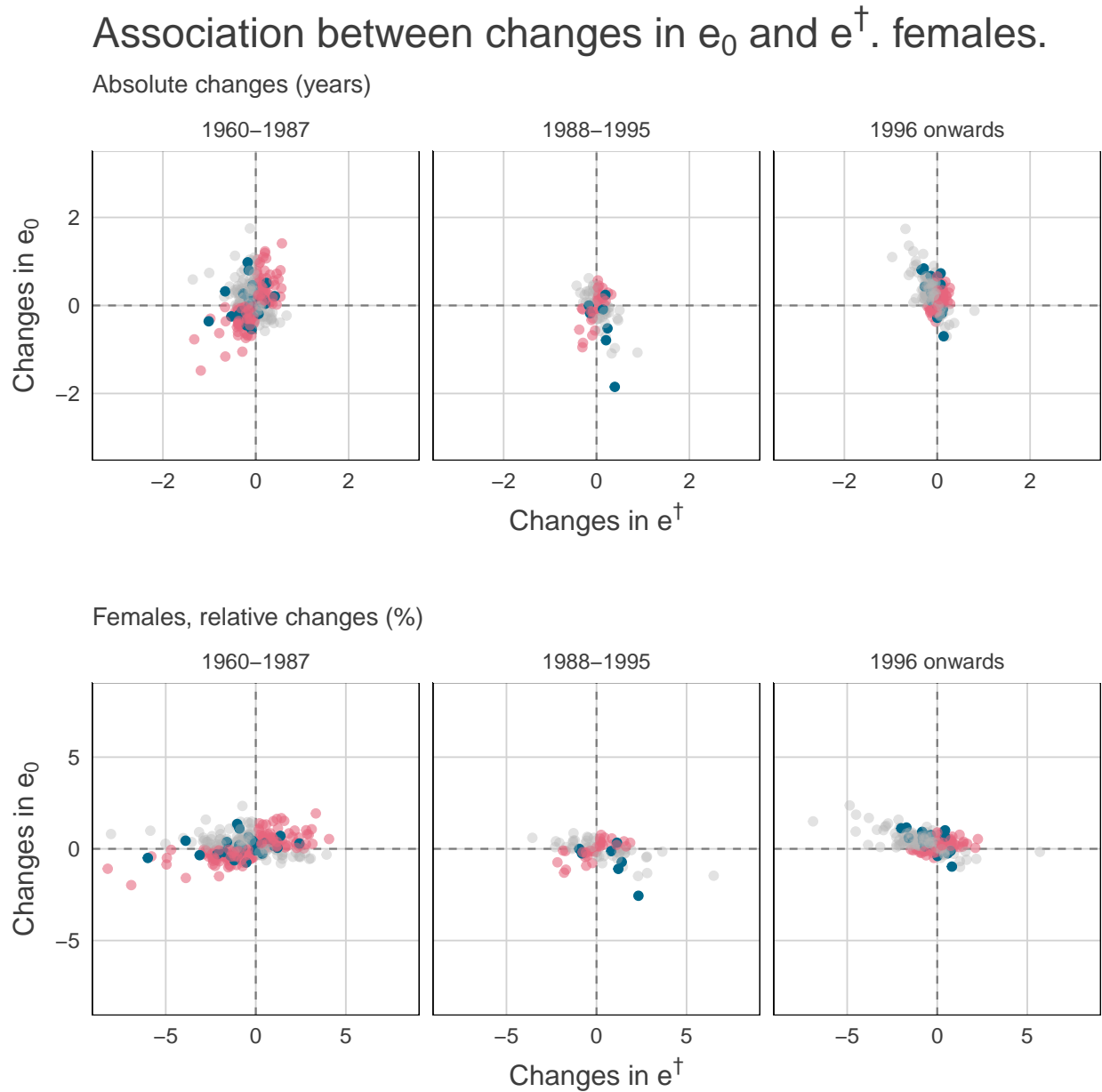
Source: own calculations based on [Human Mortality Database \(2016\)](#) data. Note: White areas indicate no data available

Figure 2: Trends in female life expectancy ( $e_0$ ) and lifespan disparity ( $e^\dagger$ ) for 12 Eastern European countries, 1960-2014



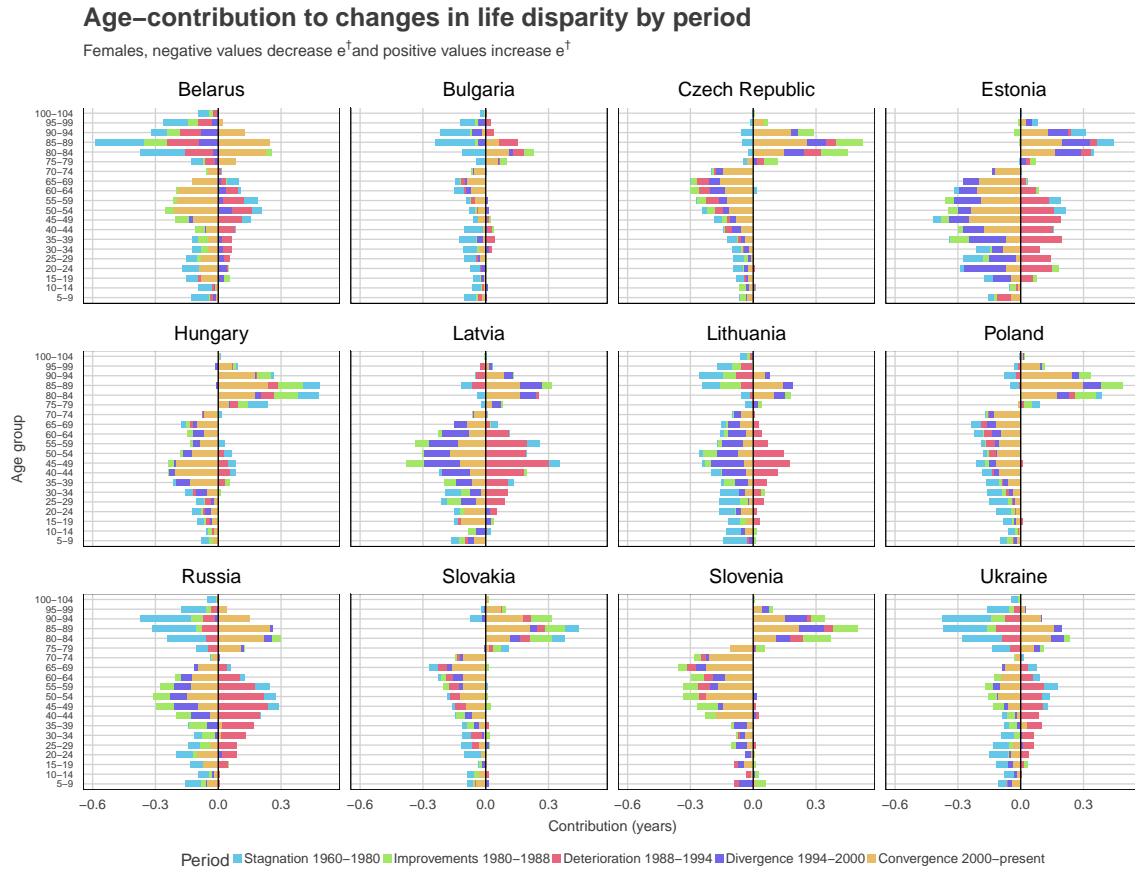
Source: own calculations based on [Human Mortality Database \(2016\)](#) data.

Figure 3: Absolute and relative yearly changes in life expectancy and lifespan disparity for females, 1960-2010



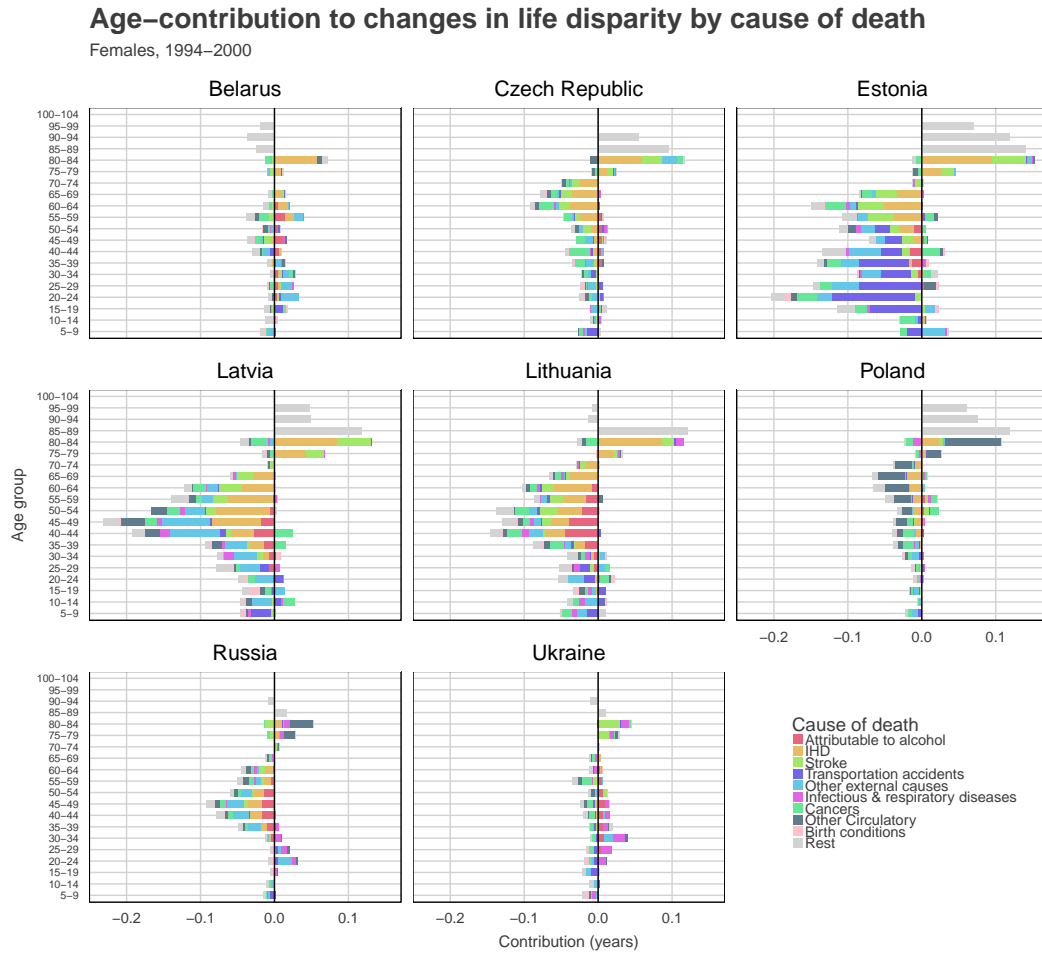
Source: own calculations based on [Human Mortality Database \(2016\)](#) data. Note: data for Slovenia begins in 1983. The dark dots are related to changes experienced in Russia.

Figure 4: Age-specific contributions to the change in lifespan disparity  $e^\dagger$  by periods, females.



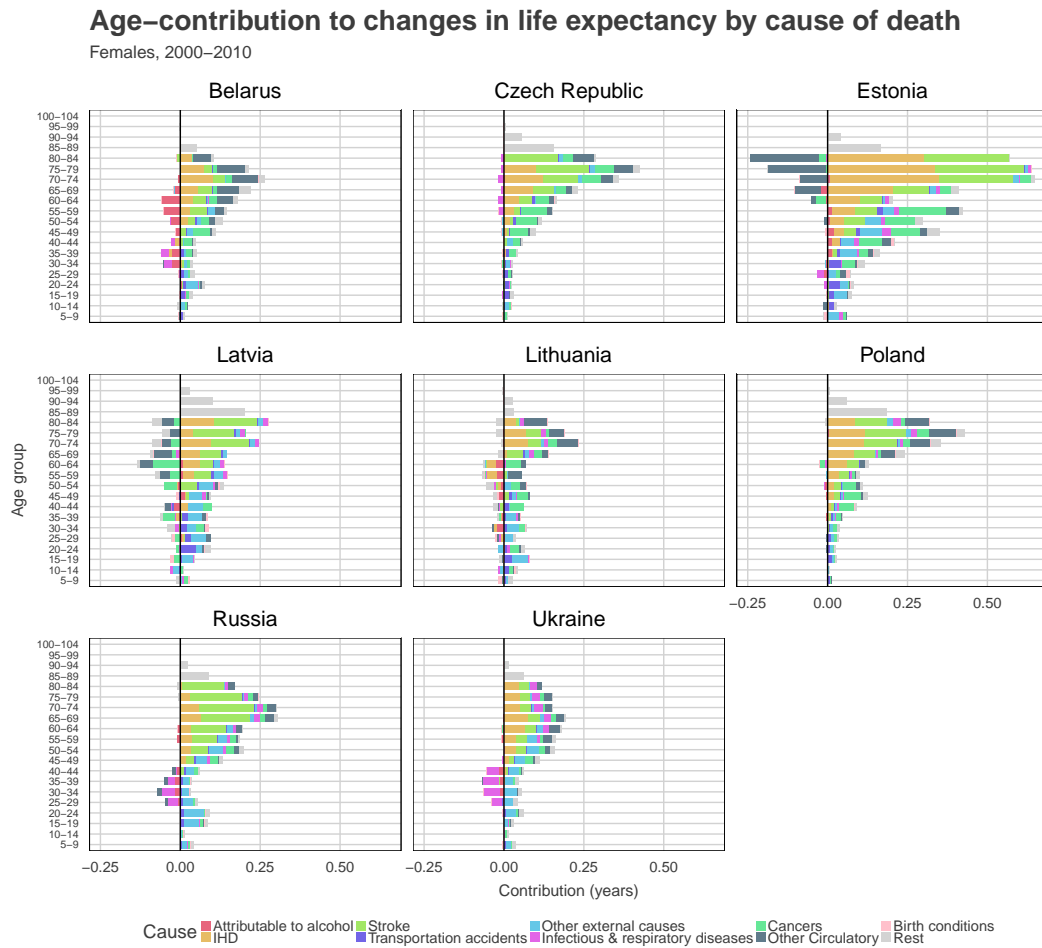
Source: own calculations based on [Human Mortality Database \(2016\)](#) data. Note: data for Slovenia begins in 1983.

Figure 5: Cause specific contributions to the change in female lifespan disparity  $e^\dagger$ , 1994-2000



Source: own calculations based on [Human Mortality Database \(2016\)](#) data.

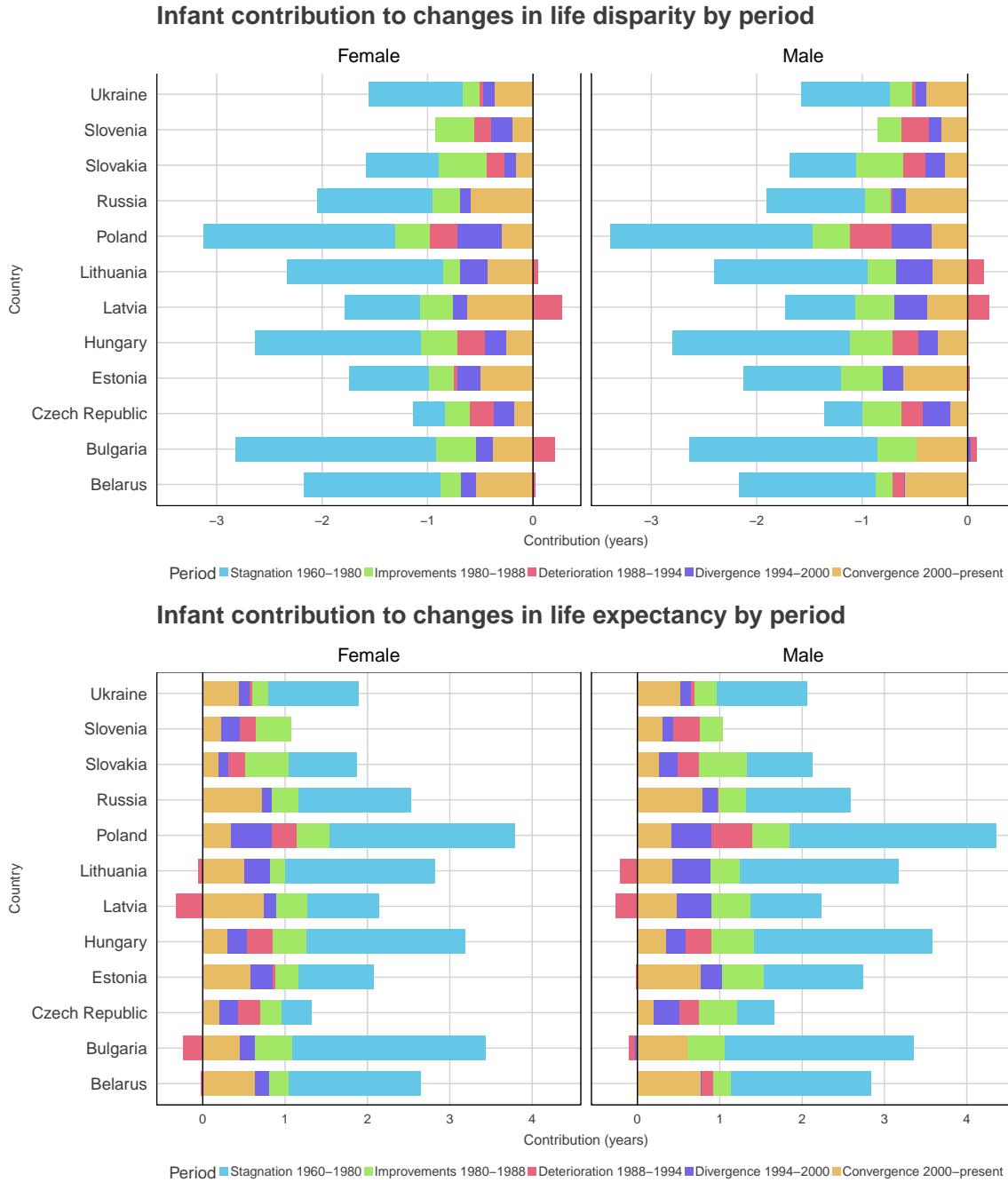
Figure 6: Cause specific contributions to the change in female lifespan disparity  $e^\dagger$ , 2000-2010



Source: own calculations based on [Human Mortality Database \(2016\)](#) data. Note: data for Poland ends in 2009.

## Infant contributions to changes in $e^\dagger$ and $e_0$

Figure 7: Infant contributions, below age 5, to changes in  $e^\dagger$  and  $e_0$  by period and sex

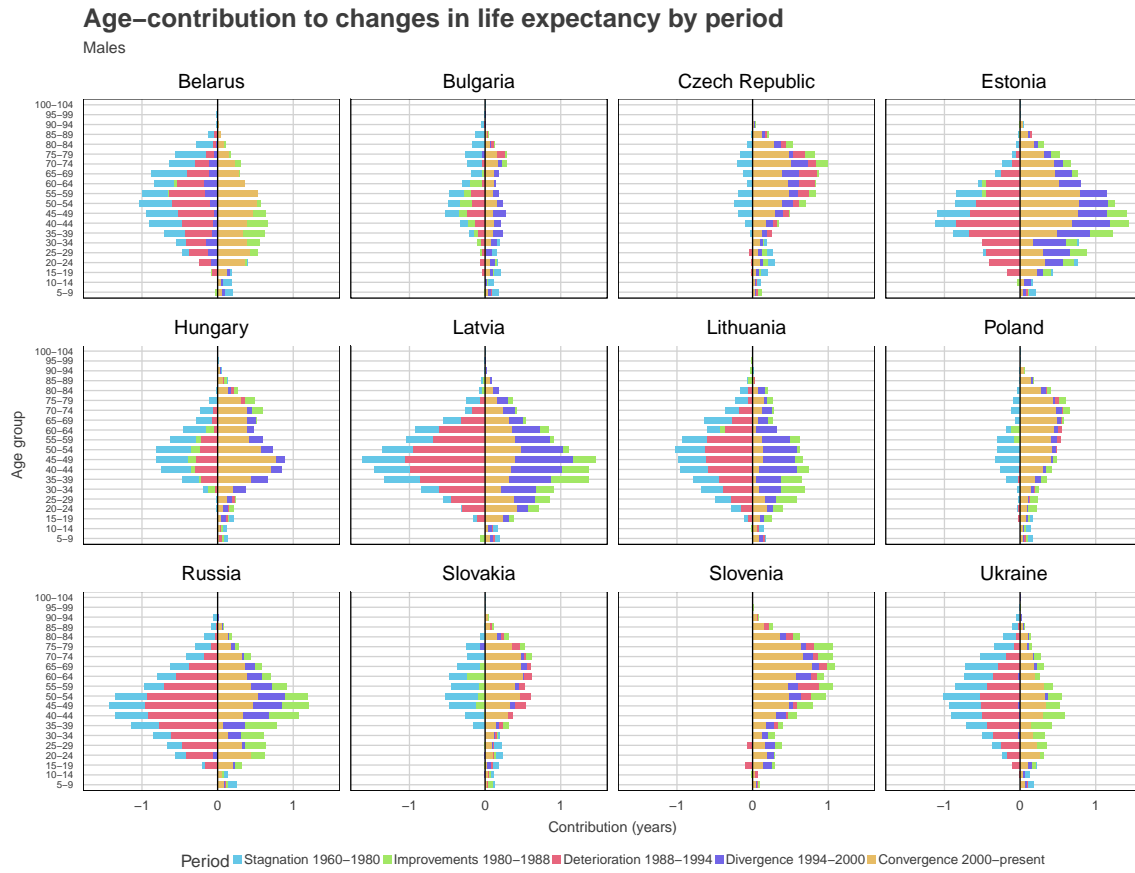


Source: own calculations based on [Human Mortality Database \(2016\)](#) data.



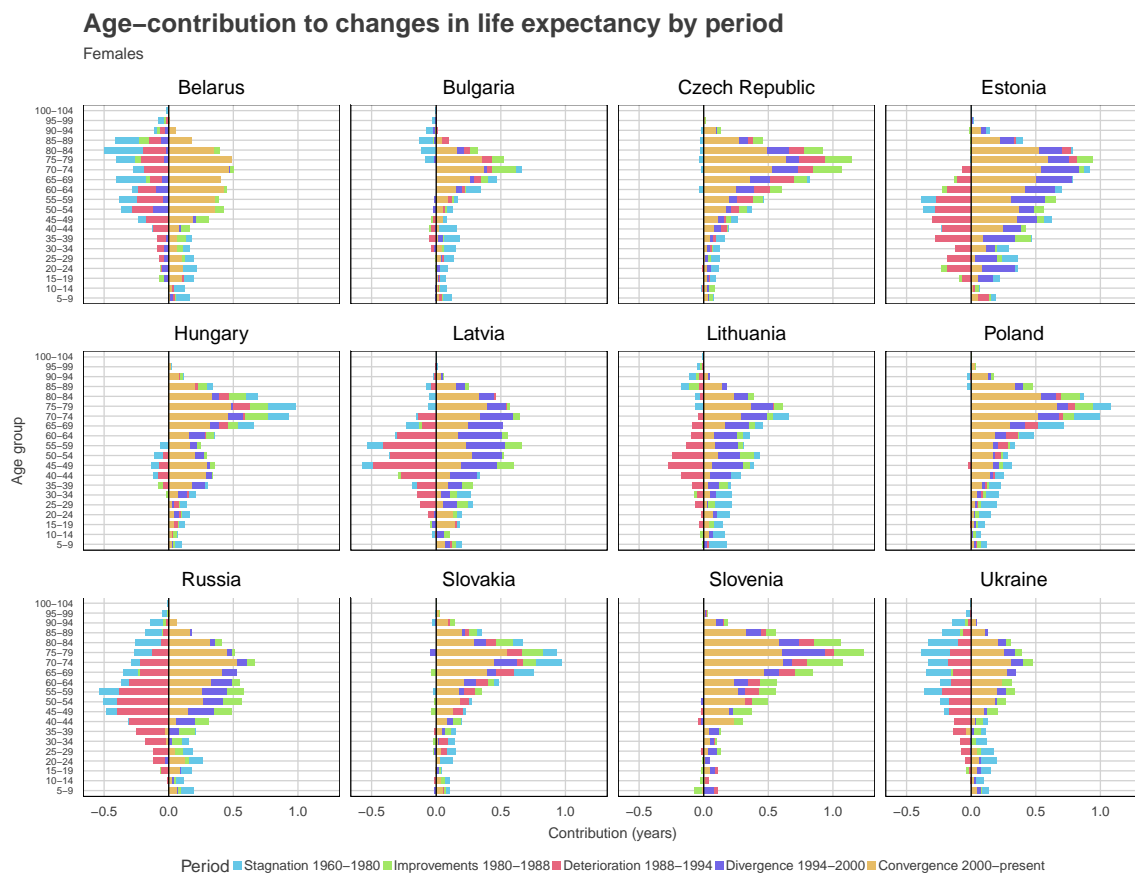
# Age and age-cause specific decomposition results for life expectancy

Figure 8: Age-specific contributions to the change in  $e_0$  by periods for males.



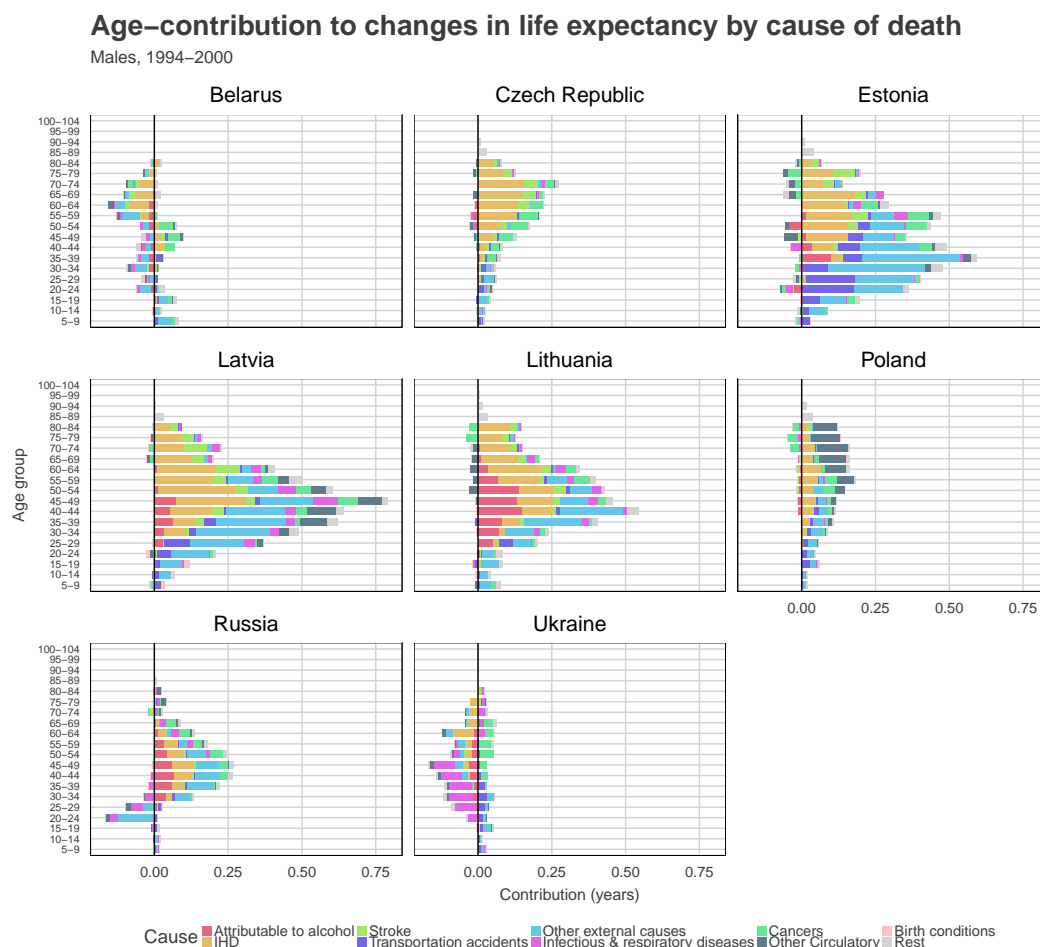
Source: own calculations based on [Human Mortality Database \(2016\)](#) data. Note: data for Slovenia begins in 1983.

Figure 9: Age-specific contributions to the change in  $e_0$  by periods for females.



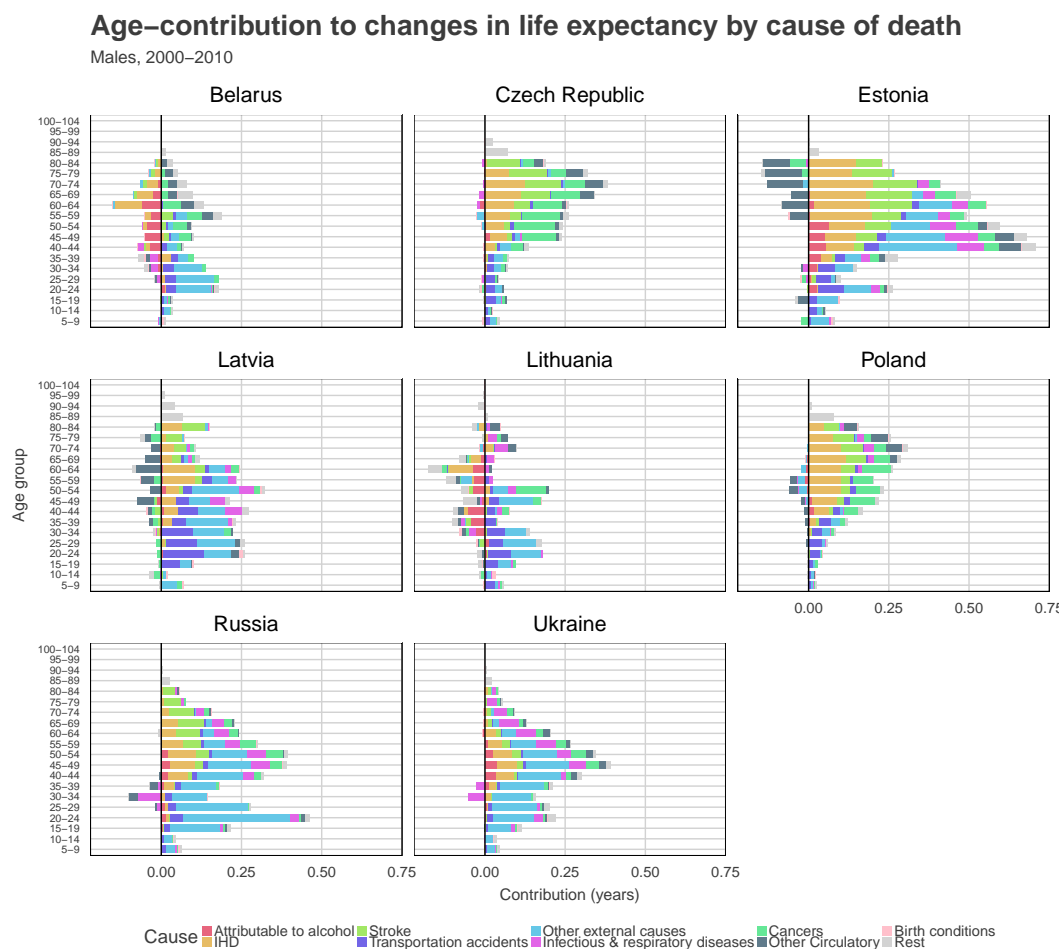
Source: own calculations based on [Human Mortality Database \(2016\)](#) data. Note: data for Slovenia begins in 1983.

Figure 10: Age-cause-specific contributions to the change in  $e_0$  by periods for males 1994-2000.



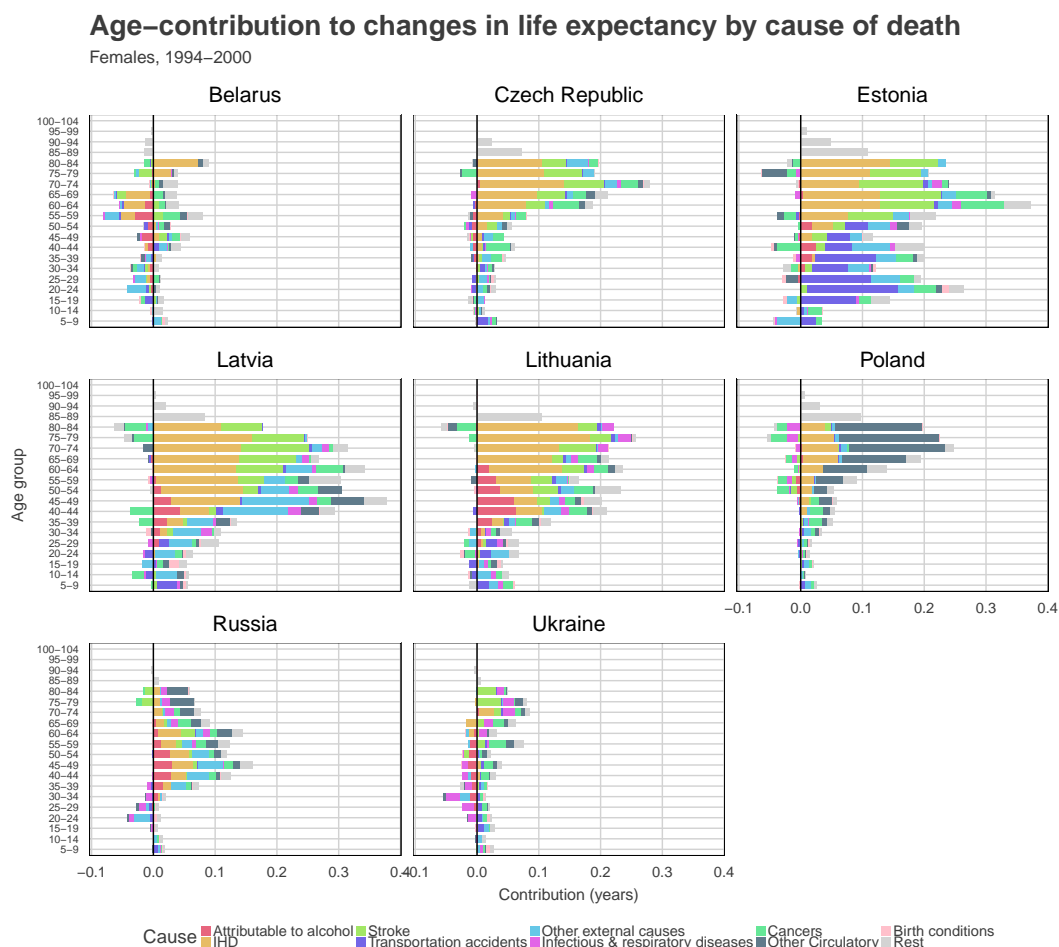
Source: own calculations based on [Human Mortality Database \(2016\)](#) data. Note: data for Slovenia begins in 1983.

Figure 11: Age-cause-specific contributions to the change in  $e_0$  by periods for males 2000-2010.



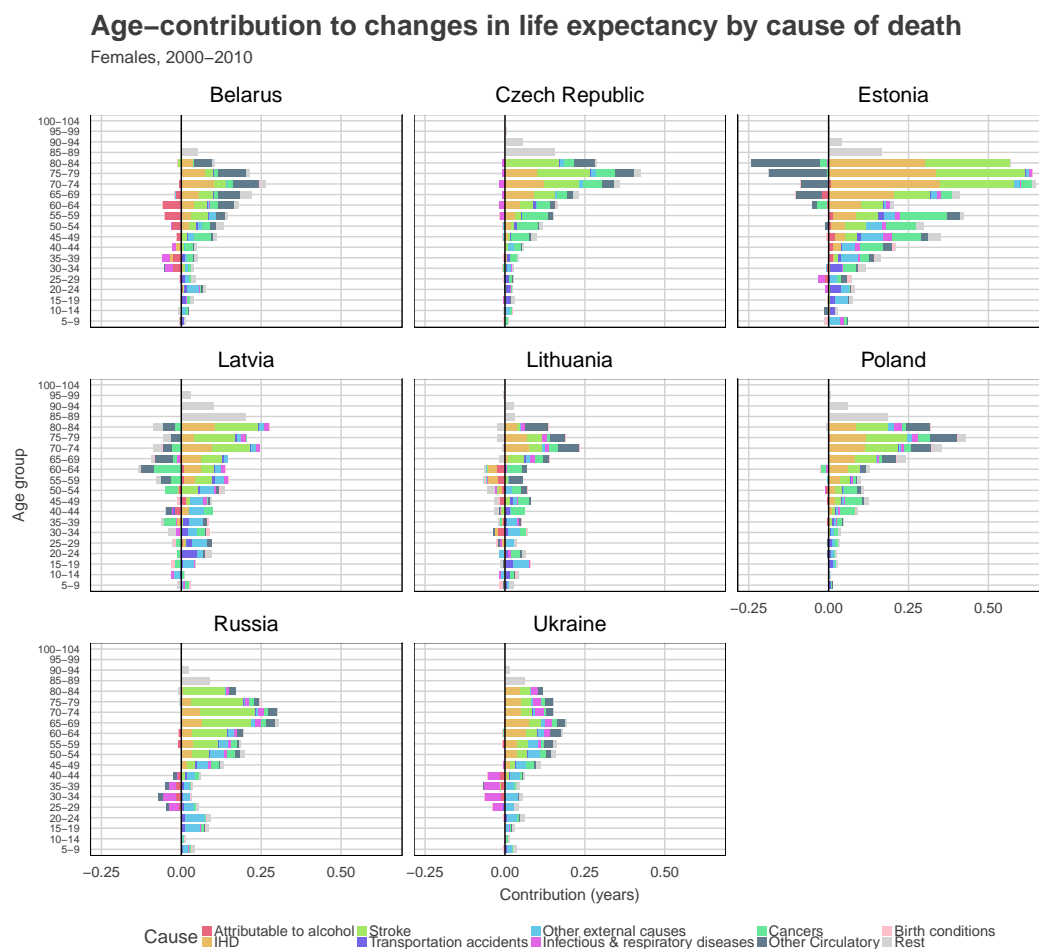
Source: own calculations based on [Human Mortality Database \(2016\)](#) data. Note: data for Slovenia begins in 1983.

Figure 12: Age-cause-specific contributions to the change in  $e_0$  by periods for females 1994-2000.



Source: own calculations based on [Human Mortality Database \(2016\)](#) data. Note: data for Slovenia begins in 1983.

Figure 13: Age-cause-specific contributions to the change in  $e_0$  by periods for females 2000-2010.



Source: own calculations based on [Human Mortality Database \(2016\)](#) data. Note: data for Slovenia begins in 1983.

# Sensitivity analysis with the Gini coefficient

Figure 14: Trends in life expectancy and Gini coefficient by sex for Eastern European countries

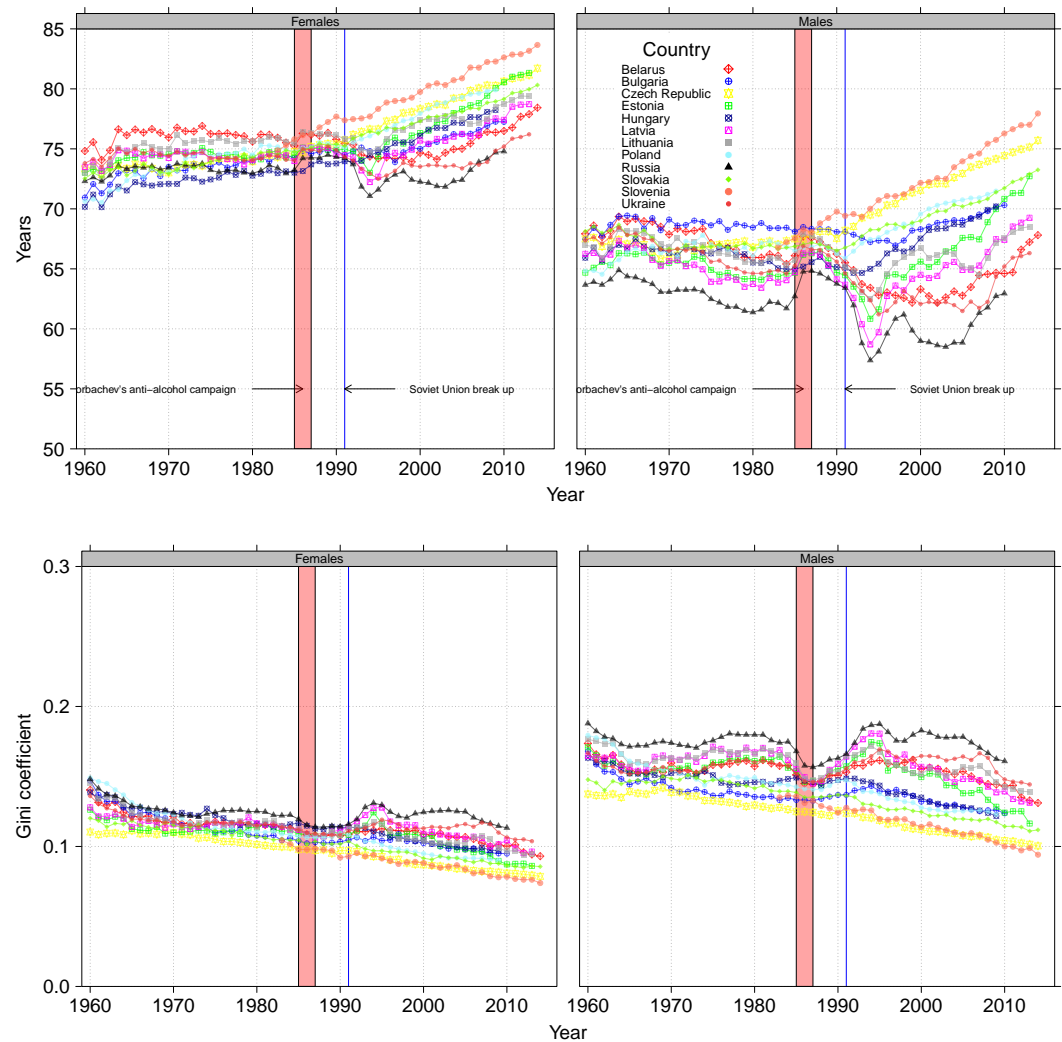


Figure 15: Absolute changes in life expectancy and Gini coefficient by sex for Eastern European countries

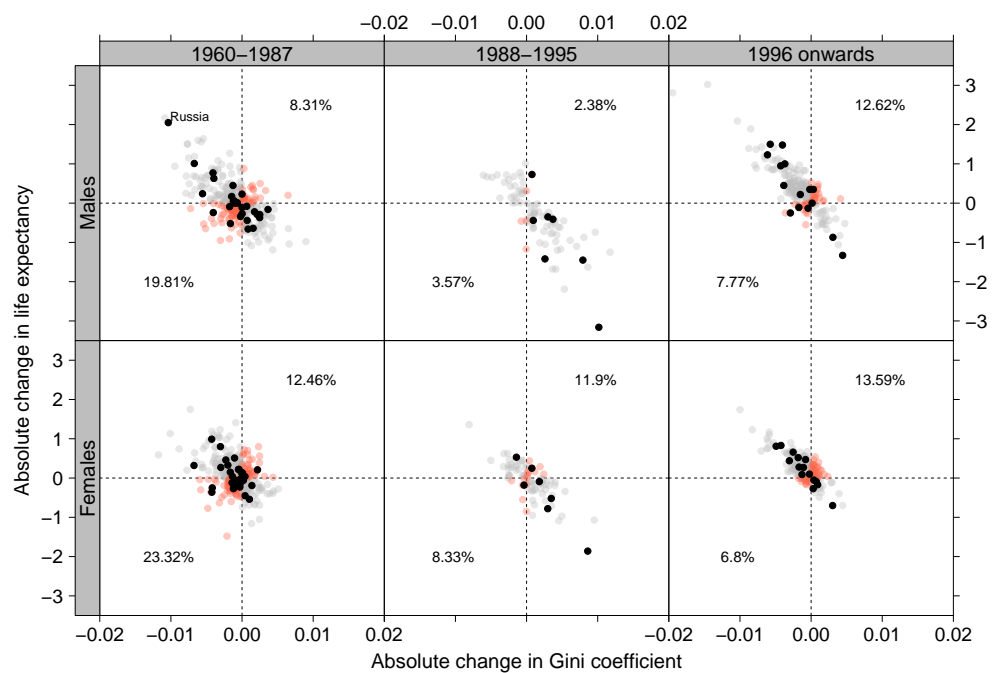




Figure 16: Relative changes in life expectancy and Gini coefficient by sex for Eastern European countries

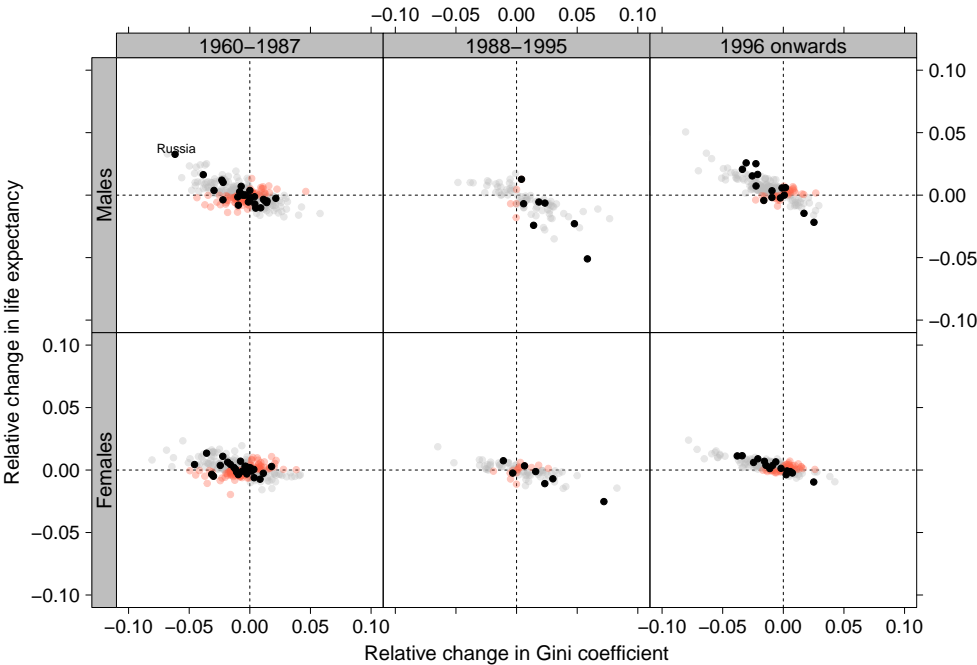
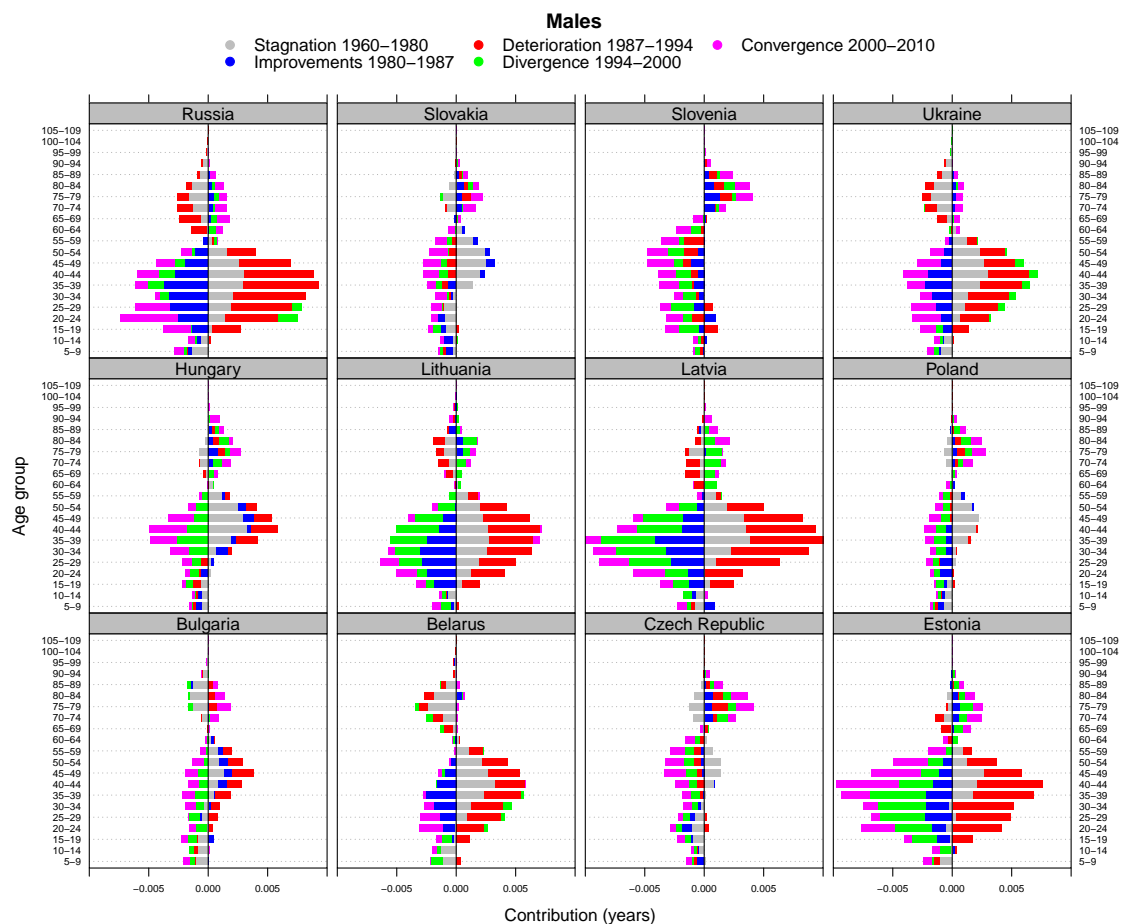


Figure 17: Contributions to changes in Gini coefficient by period



Figure 18: Contributions to changes in Gini coefficient by period, Males.



## References

Human Mortality Database (2016). University of California, Berkeley (USA), and Max Planck Institute for Demographic Research (Germany).