Supplemental material for the paper: Lifespan dispersion in times of life expectancy fluctuation: the case of Central and Eastern Europe

José Manuel Aburto[*1,2] and Alyson van Raalte[†2]

[1]Center on Population Dynamics, Department of Public Health, University of Southern Denmark
[2]Max Planck Institute for Demographic Research

Abstract

Central and Eastern Europe (CEE) have experienced considerable instability in mortality since the 1960s. Long periods of stagnating life expectancy were followed by rapid increases in life expectancy and, in some cases, even more rapid declines, before more recent periods of improvement. These trends have been well documented but to date, no study has comprehensively explored trends in lifespan variation. We improve such analyses by incorporating life disparity as a health indicator alongside life expectancy, examining trends since the 1960s for 12 countries from the region. Generally life disparity was high and strongly fluctuating over the period. For nearly 30 of these years, life expectancy and life disparity moved independently from one another, largely because mortality trends ran in opposite directions over different ages. Furthermore, we quantified the impact of large classes of diseases on life disparity trends since 1994 using a newly harmonized cause of death time series for 8 countries in the region. Mortality patterns in CEE countries were heterogeneous and run counter to the common patterns observed in most developed countries. They contribute to the life expectancy-disparity discussion by showing that expansion/compression levels do not necessarily mean lower/higher life expectancy or mortality deterioration/improvements.

---

[*]jmaburto@health.sdu.dk
[†]vanRaalte@demogr.mpg.de

Results shown in the paper reproduced for females

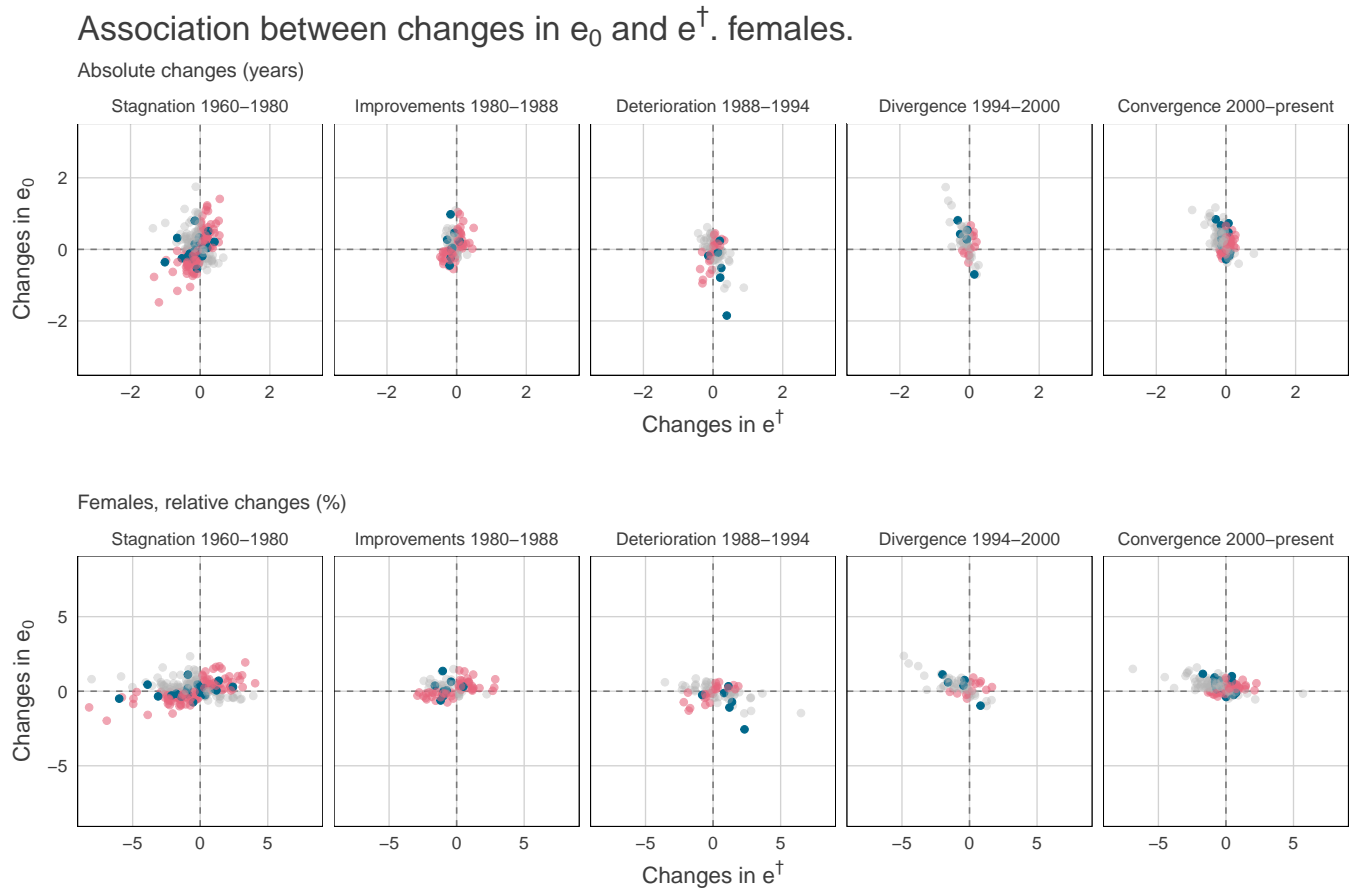Figure 1: Female mortality surface showing rates of mortality improvements

Rates of mortality improvements
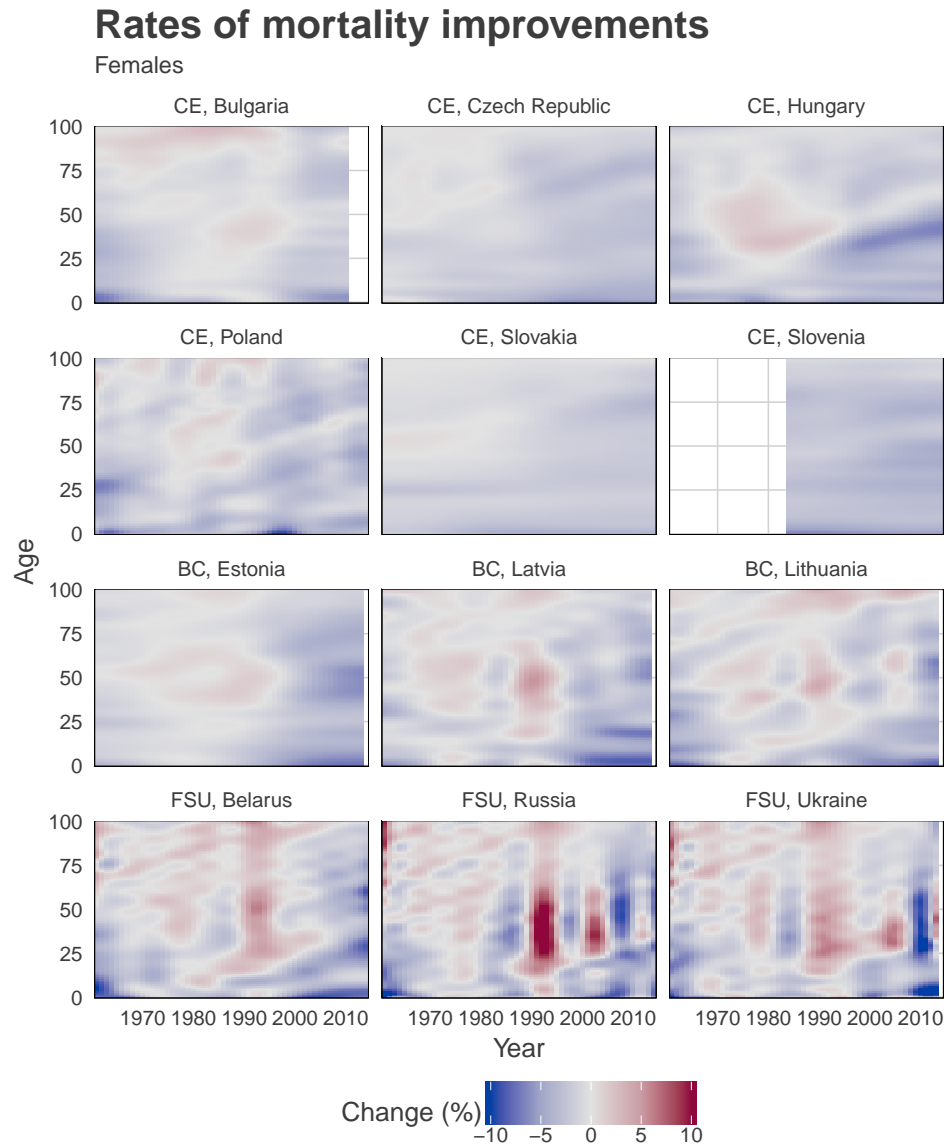
Females

Source: own calculations based on Human Mortality Database (2016) data. Note: White areas indicate no data available

Figure 2: Trends in female life expectancy (e_0) and lifespan disparity ($e^\dagger$) for 12 Eastern European countries, 1960-2014

Life expectancy (e_0)
Females

Life disparity ($e^\dagger$)
Females
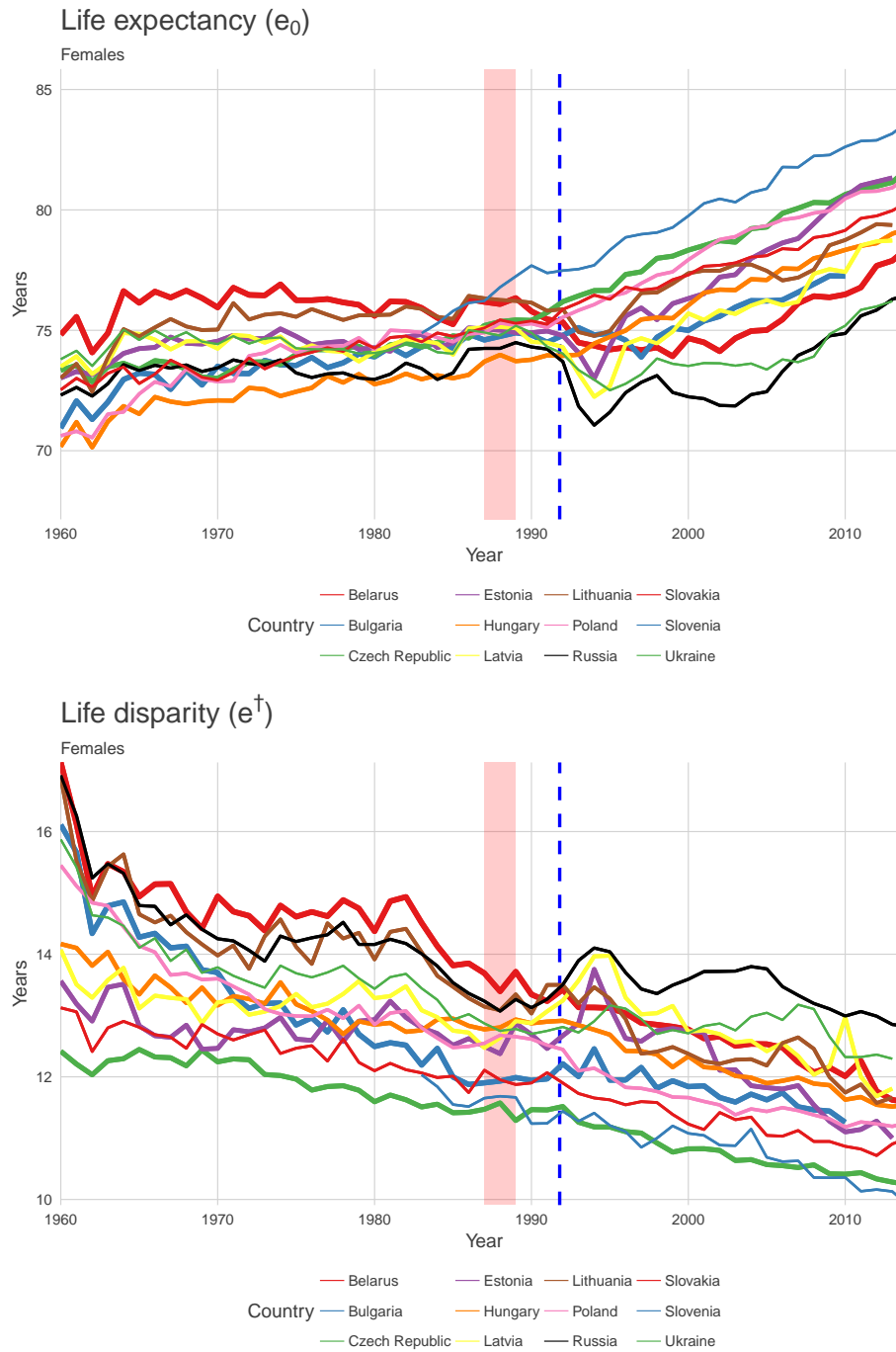
Source: own calculations based on Human Mortality Database (2016) data.

Figure 3: Absolute and relative yearly changes in life expectancy and lifespan disparity for females, 1960-2010

Association between changes in e_0 and $e^\dagger$. females.

Absolute changes (years)

| Stagnation 1960–1980 | Improvements 1980–1988 | Deterioration 1988–1994 | Divergence 1994–2000 | Convergence 2000–present |

Changes in e_0

Changes in $e^\dagger$

Females, relative changes (%)

| Stagnation 1960–1980 | Improvements 1980–1988 | Deterioration 1988–1994 | Divergence 1994–2000 | Convergence 2000–present |

Changes in e_0

Changes in $e^\dagger$

Source: own calculations based on Human Mortality Database (2016) data. Note: data for Slovenia begins in 1983. The dark dots are related to changes experienced in Russia.

4

Figure 4: Age-specific contributions to the change in lifespan disparity $e^\dagger$ by periods, females.

Age–contribution to changes in life disparity by period

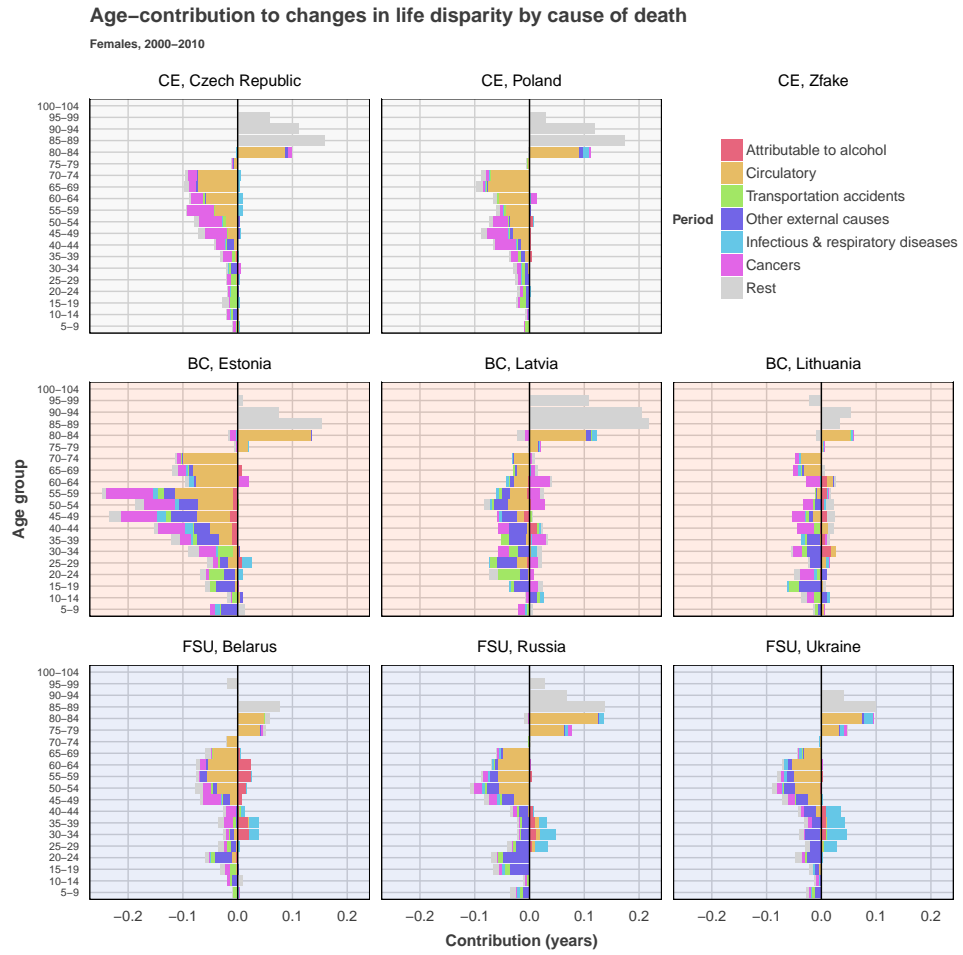Females, negative values decrease $e^\dagger$ and positive values increase $e^\dagger$

Source: own calculations based on Human Mortality Database (2016) data. Note: data for Slovenia begins in 1983.

Figure 5: Cause specific contributions to the change in female lifespan disparity $e^\dagger$, 1994-2000

Age–contribution to changes in life disparity by cause of death

Females, 1994–2000
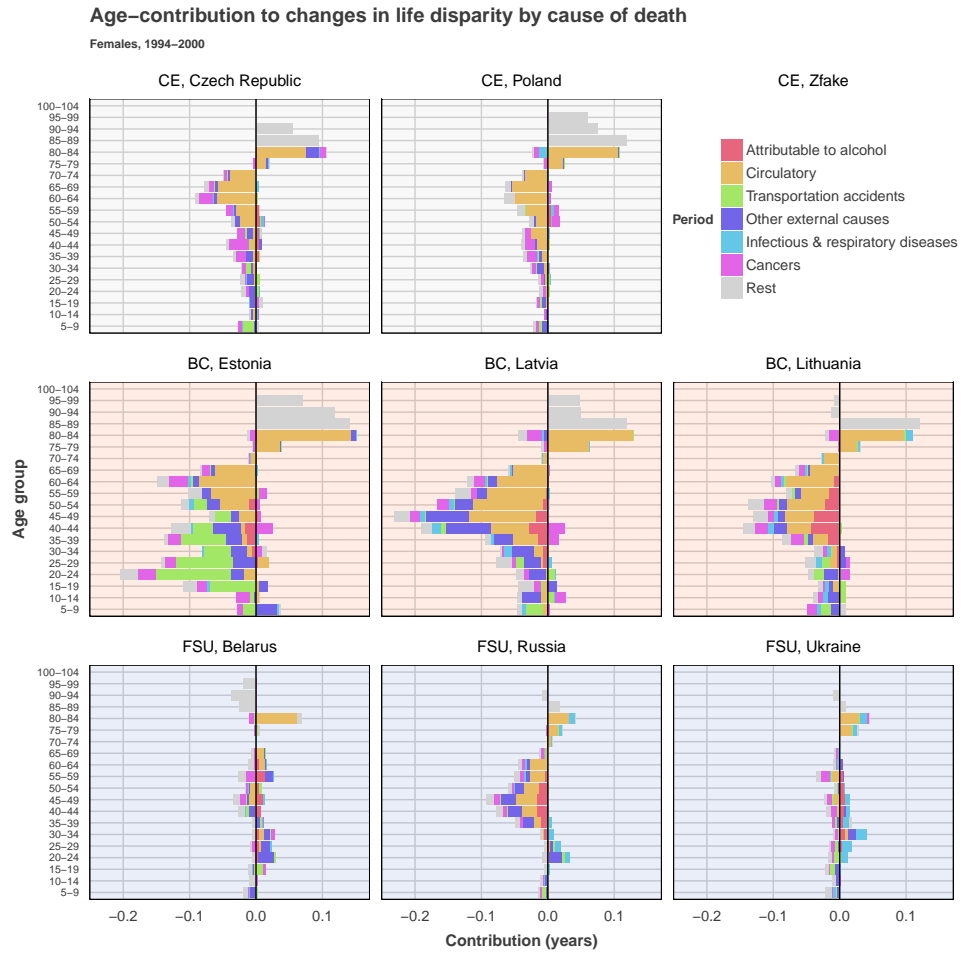
Source: own calculations based on Human Mortality Database (2016) data.

Figure 6: Cause specific contributions to the change in female lifespan disparity $e^{\dagger}$, 2000-2010

Age–contribution to changes in life disparity by cause of death

Females, 2000–2010

Source: own calculations based on Human Mortality Database (2016) data. Note: data for Poland ends in 2009.

Infant contributions to changes in $e^\dagger$ and e_0

Figure 7: Infant contributions, below age 5, to changes in $e^\dagger$ and e_0 by period and sex

Infant contribution to changes in life disparity by period

Infant contribution to changes in life expectancy by period
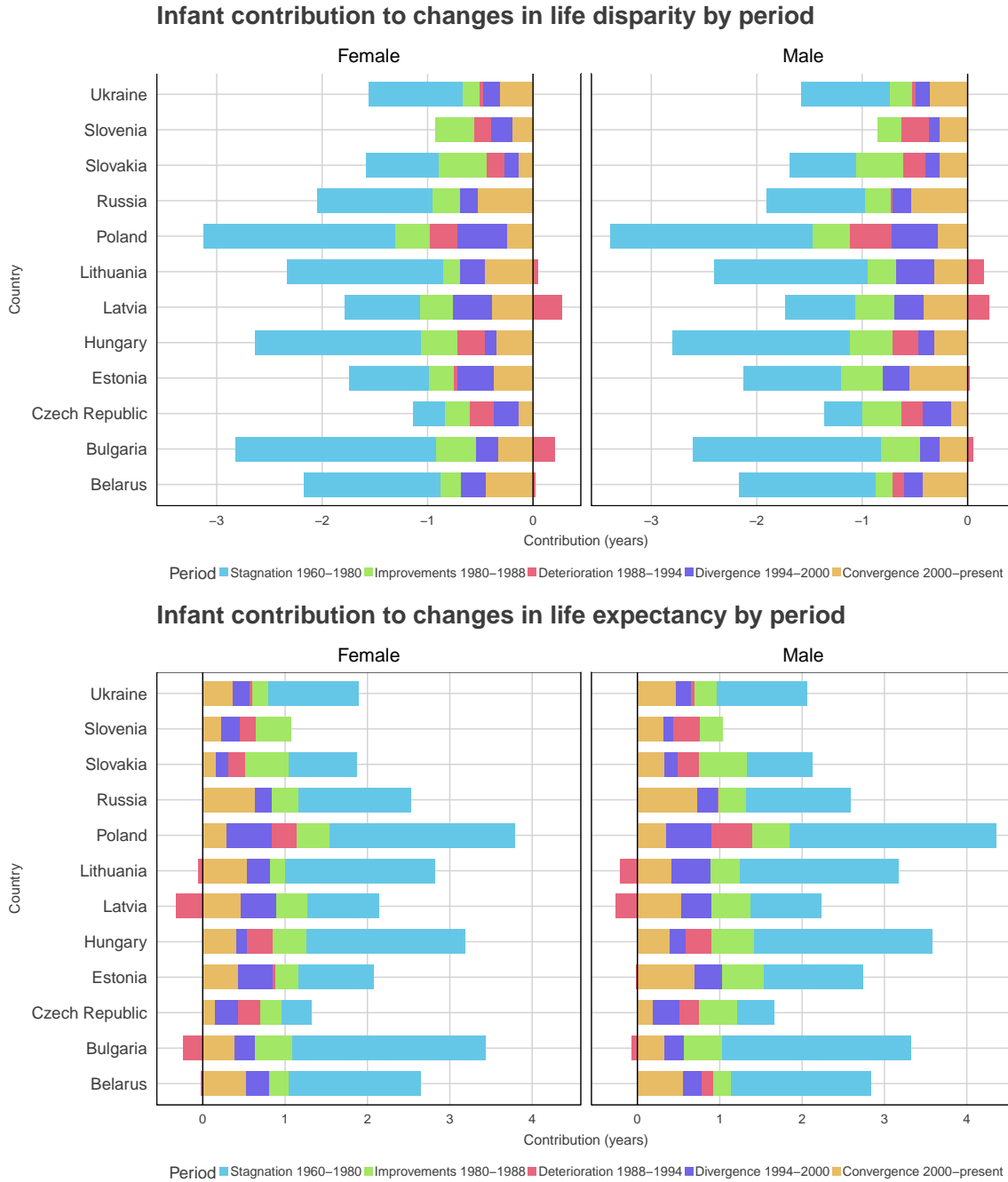
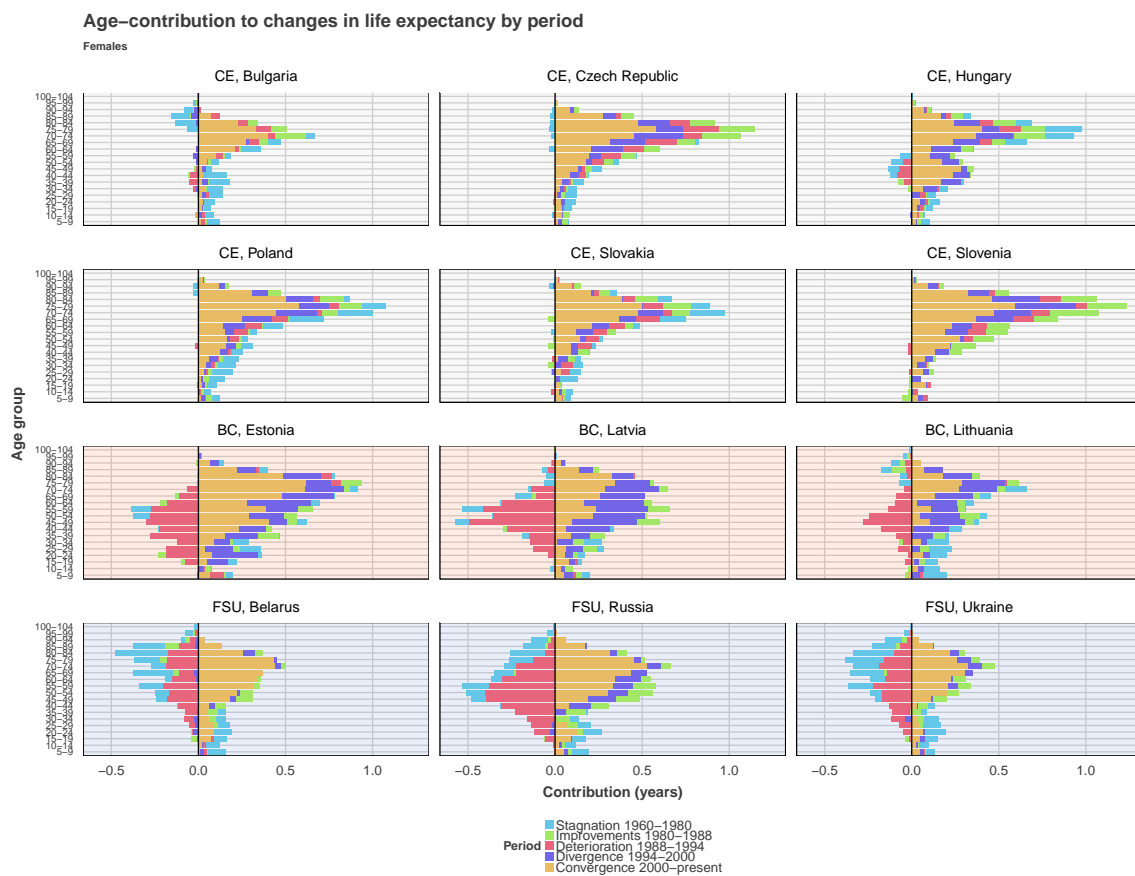Source: own calculations based on Human Mortality Database (2016) data.

Age and age-cause specific decomposition results for life expectancy

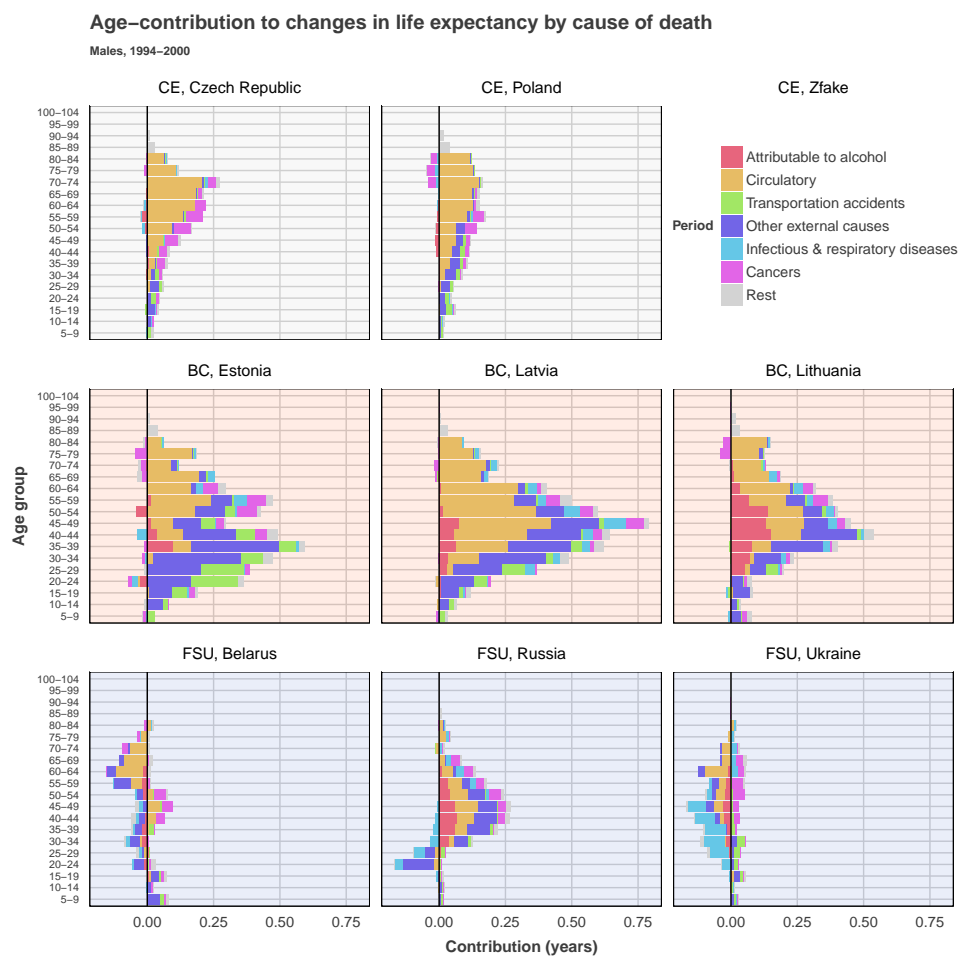Figure 8: Age-specific contributions to the change in e_0 by periods for males.
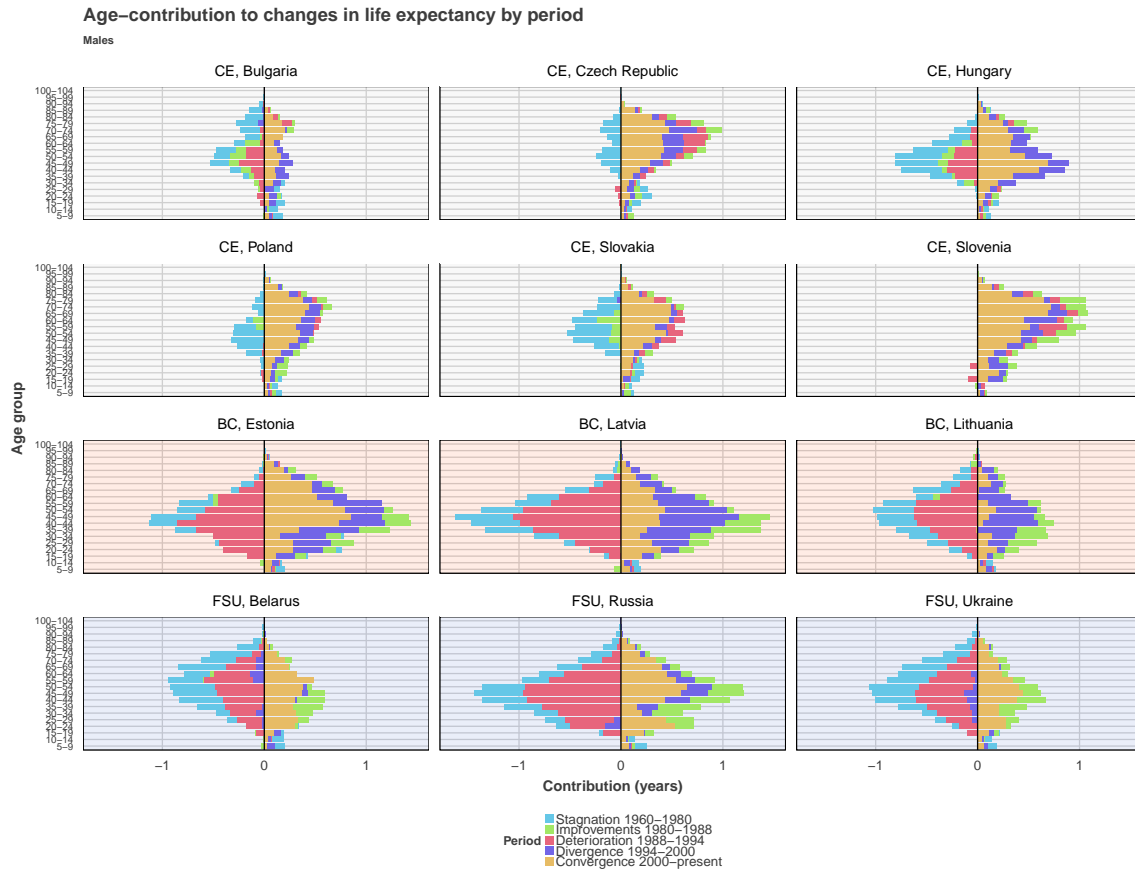
Age–contribution to changes in life expectancy by period

Males

Source: own calculations based on Human Mortality Database (2016) data. Note: data for Slovenia begins in 1983.

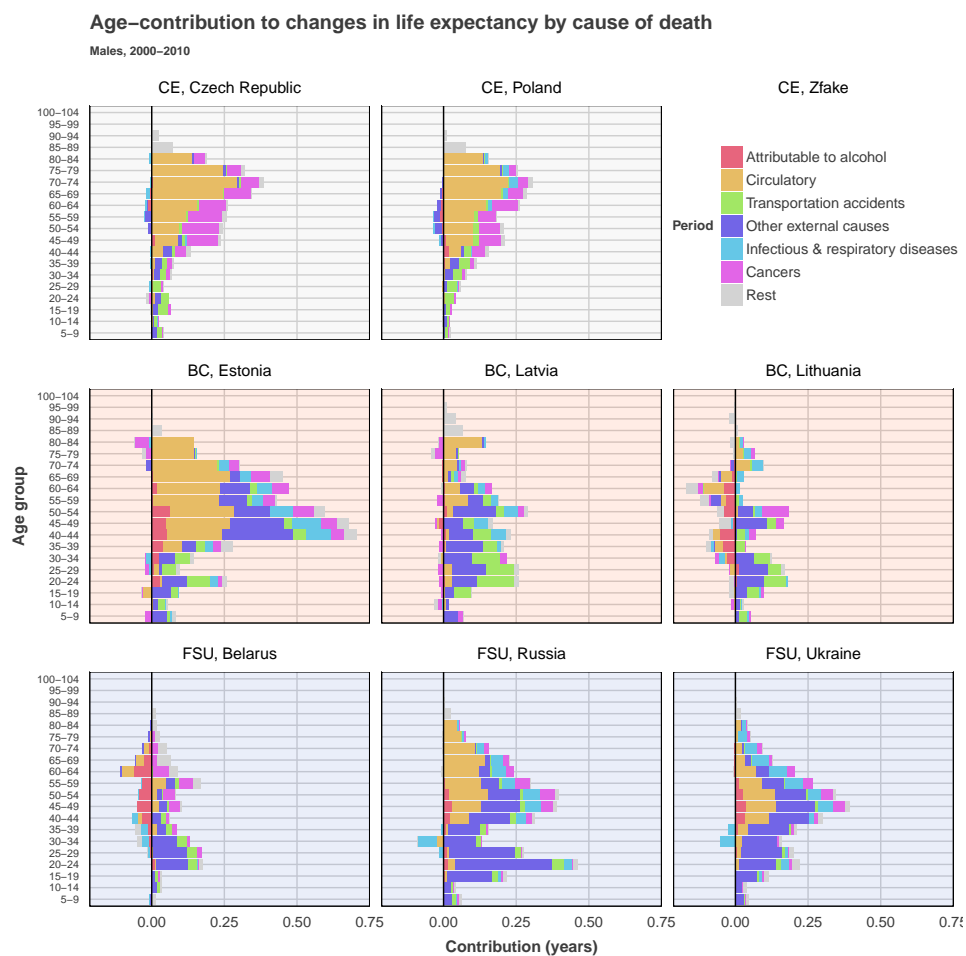Figure 9: Age-specific contributions to the change in e_0 by periods for females.

Age–contribution to changes in life expectancy by period

Females

Source: own calculations based on Human Mortality Database (2016) data. Note: data for Slovenia begins in 1983.

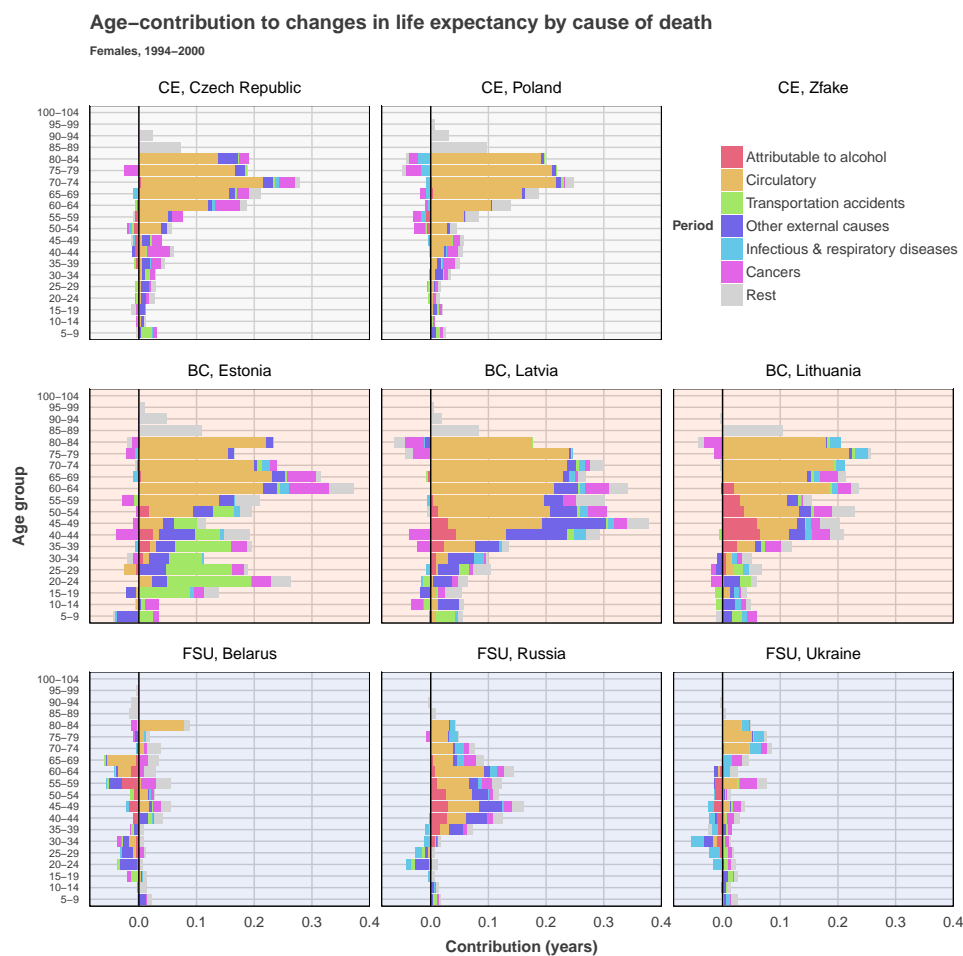Figure 10: Age-cause-specific contributions to the change in e_0 by periods for males 1994-2000.

Age–contribution to changes in life expectancy by cause of death

Males, 1994–2000

Source: own calculations based on Human Mortality Database (2016) data. Note: data for Slovenia begins in 1983.

Figure 11: Age-cause-specific contributions to the change in e_0 by periods for males 2000-2010.

Age-contribution to changes in life expectancy by cause of death

Males, 2000–2010

Source: own calculations based on Human Mortality Database (2016) data. Note: data for Slovenia begins in 1983.

Figure 12: Age-cause-specific contributions to the change in e_0 by periods for females 1994-2000.

Age–contribution to changes in life expectancy by cause of death

Females, 1994–2000

Source: own calculations based on Human Mortality Database (2016) data. Note: data for Slovenia begins in 1983.

Figure 13: Age-cause-specific contributions to the change in e_0 by periods for females 2000-2010.
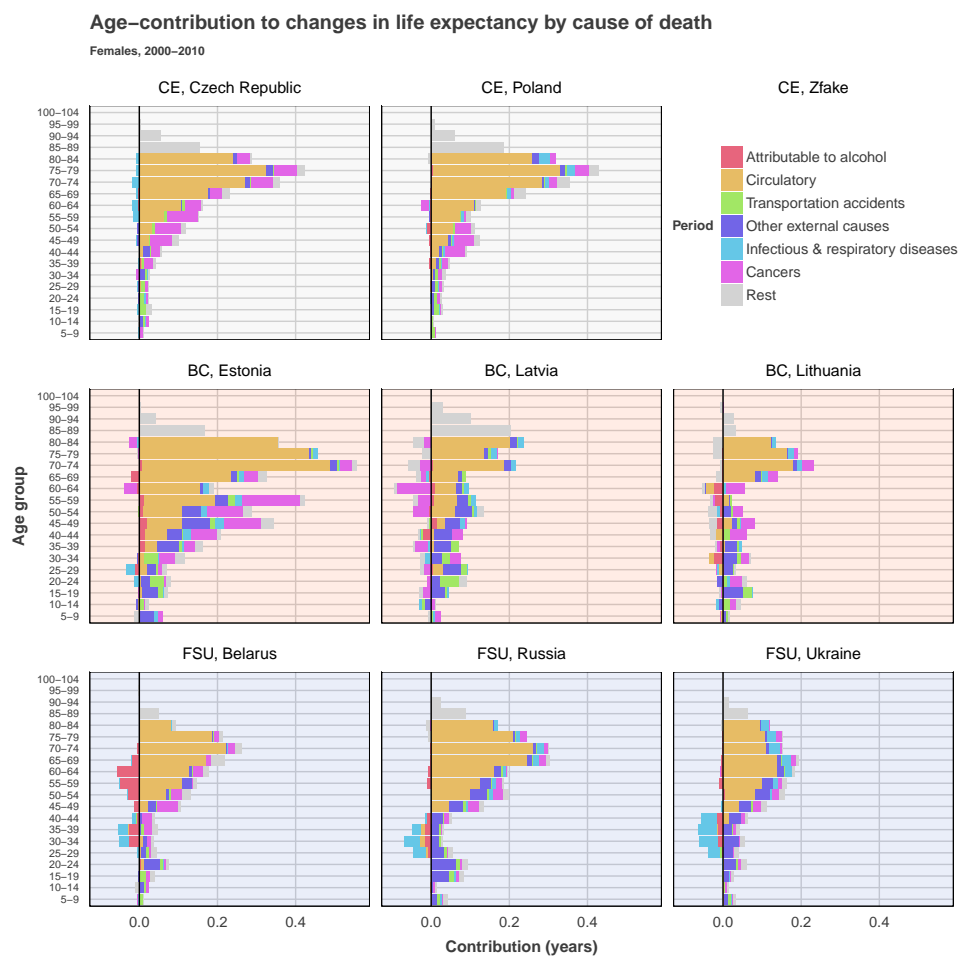
Age–contribution to changes in life expectancy by cause of death

Females, 2000–2010

Source: own calculations based on Human Mortality Database (2016) data. Note: data for Slovenia begins in 1983.

Sensitivity analysis without infant mortality and doubling infant mortality

Conditional on surviving to age 5

Figure 14 below shows life expectancy at age 5 versus life expectancy at birth for the Eastern European countries selected in our study. Although the levels differ, major trends are like the ones we show in the paper. For instance, Russia, Latvia and Estonia also show the lower values of life expectancy at age 5, and Slovenia and Czech Republic are the frontrunners in the region after 1990 for males, even without accounting for mortality below age 5.

Similarly, Figure 15 shows life disparity or lifespan variation conditional on surviving to age 5 and at birth. As in the previous figure, the trends are similar to lifespan variation over the full age span. Figure 16 shows the association between changes in life expectancy and lifespan variation conditional on surviving to age 5 and. The results do not change substantively compared to those including mortality under age 5.

We further performed the age-specific decomposition of lifespan variation conditional on surviving to age 5 following the same methodology that we used in the paper. Results are shown in Figure 17 below. The results are very close as if we decompose lifespan variation from age 0 (Figure 4 in the paper).

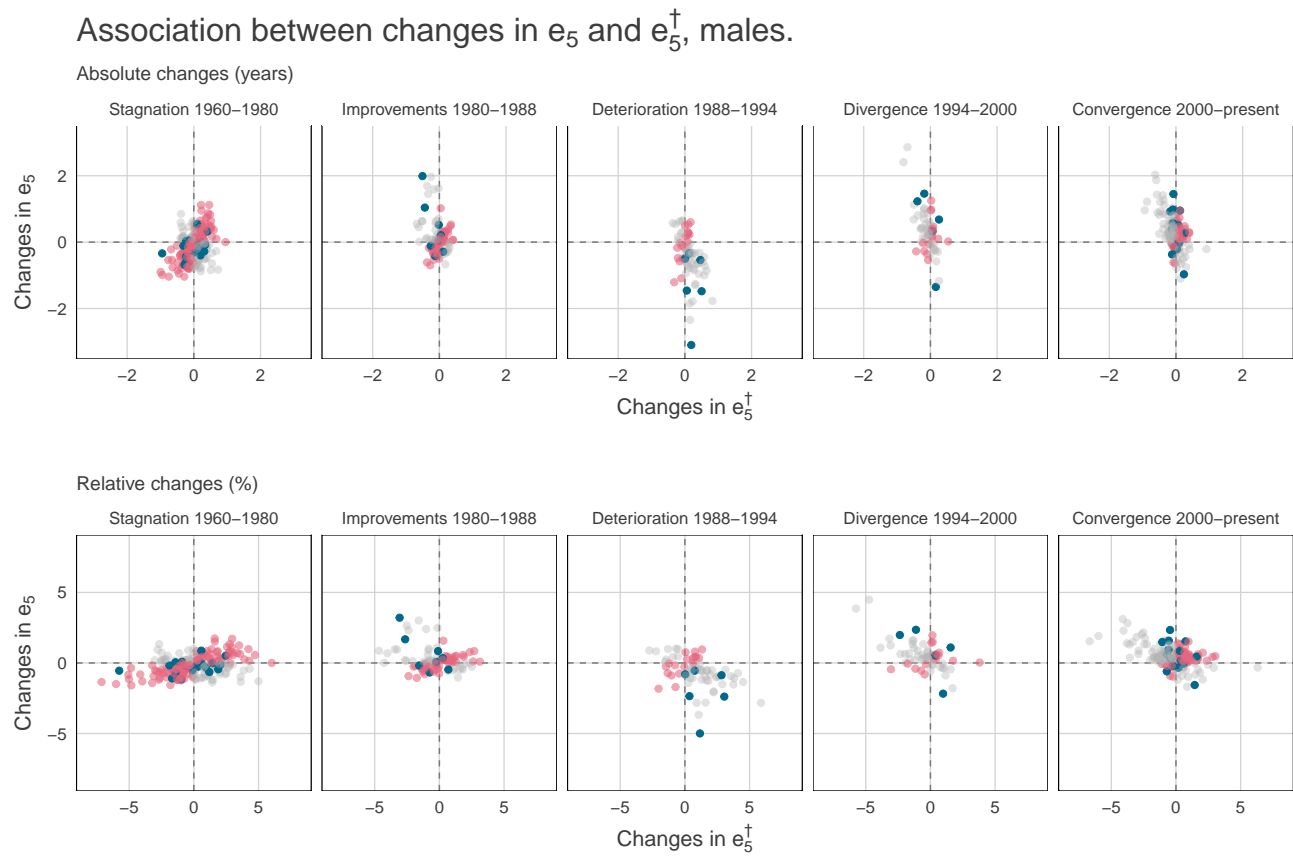Figure 14: Life expectancy at age 5 and life expectancy at birth for males.
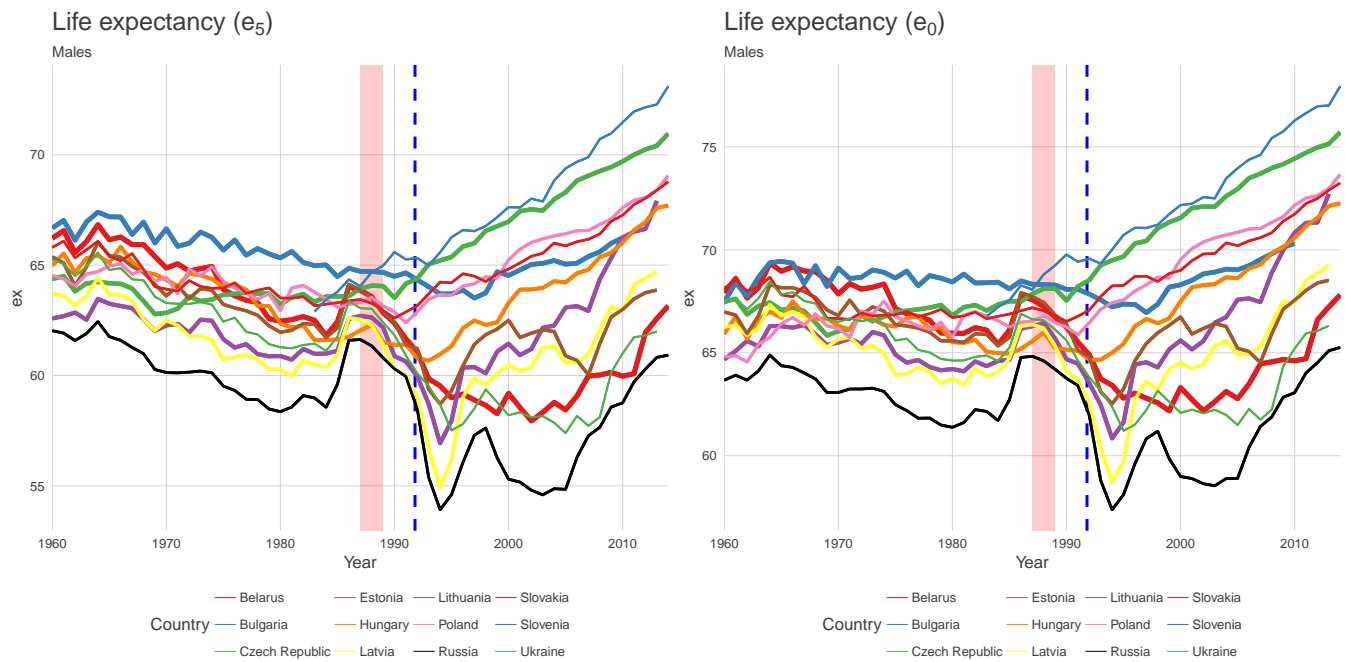
Source: own calculations based on Human Mortality Database (2016) data. Note: data for Slovenia begins in 1983.

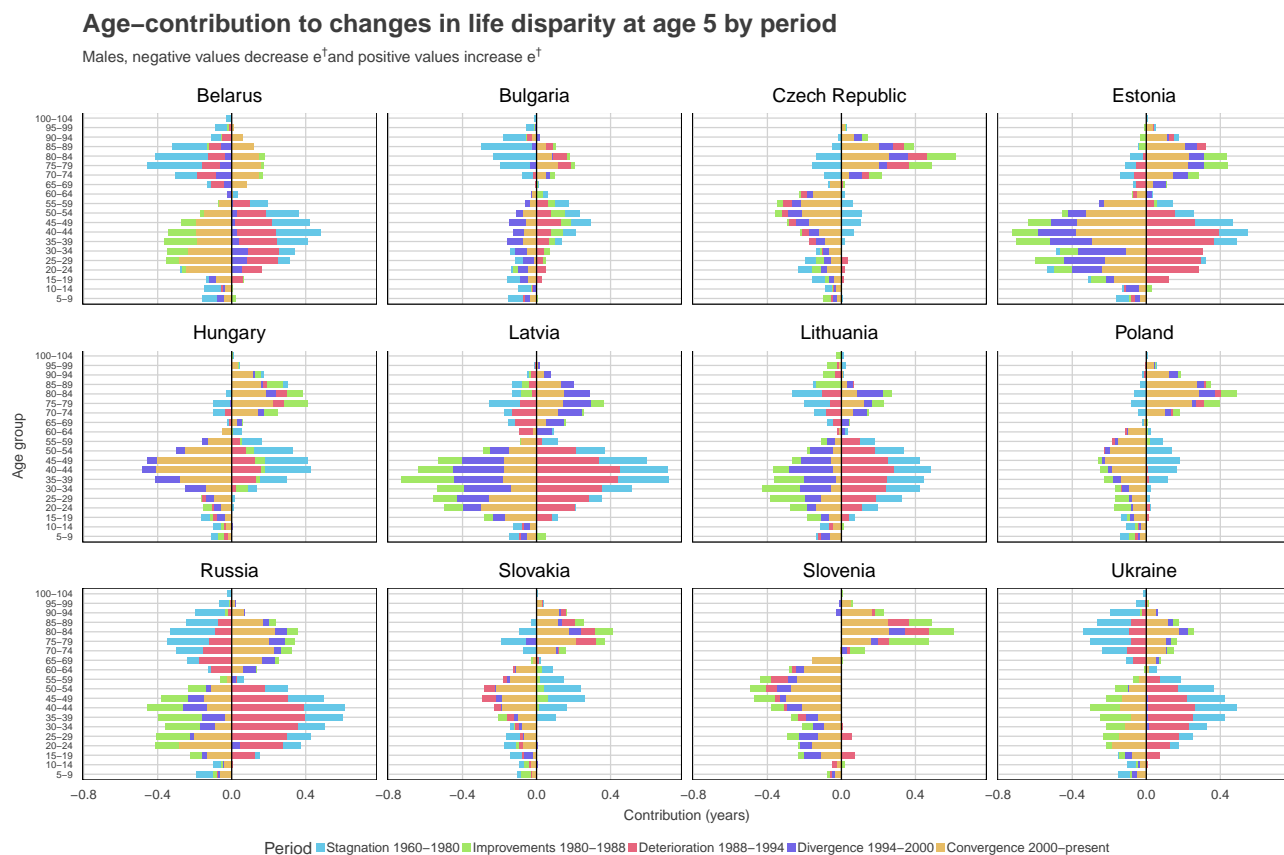Figure 15: Lifespan variation at age 5 and at birth for males.
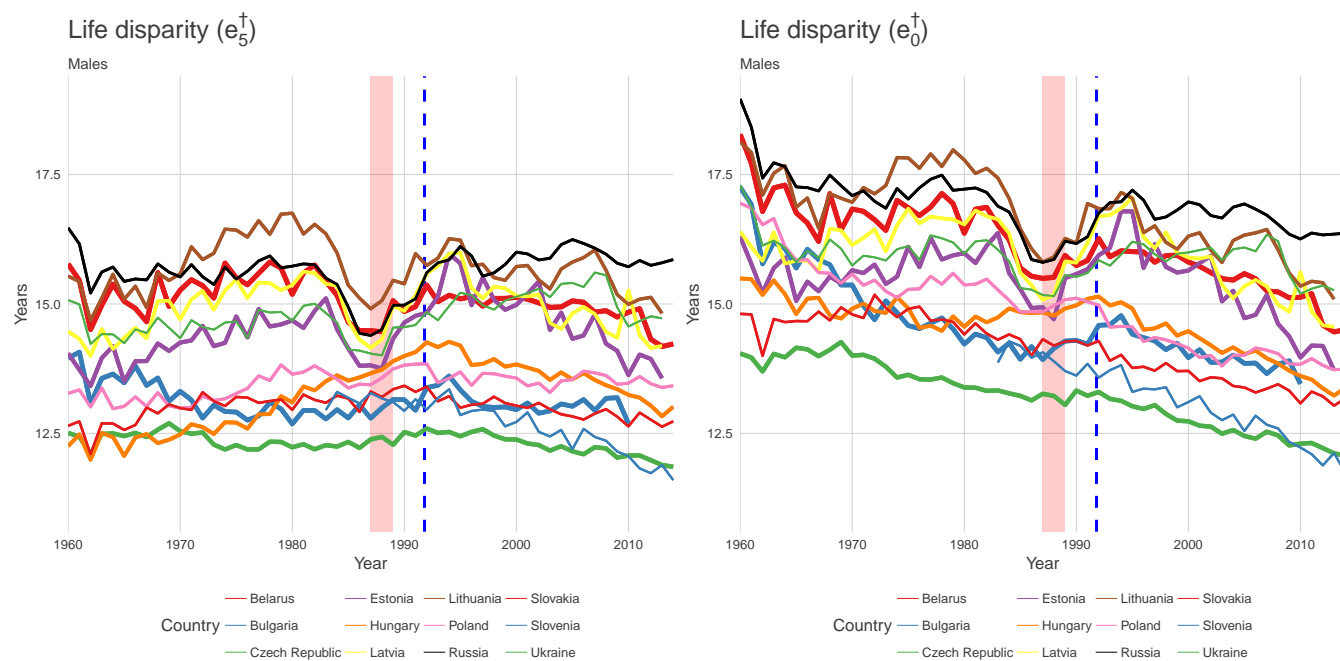
Source: own calculations based on Human Mortality Database (2016) data. Note: data for Slovenia begins in 1983.

Figure 16: Association between changes in life expectancy at age 5 and lifespan variation conditional on surviving to age 5.

Association between changes in e_5 and $e_5^\dagger$, males.

Absolute changes (years)

| Stagnation 1960–1980 | Improvements 1980–1988 | Deterioration 1988–1994 | Divergence 1994–2000 | Convergence 2000–present |

Relative changes (%)

| Stagnation 1960–1980 | Improvements 1980–1988 | Deterioration 1988–1994 | Divergence 1994–2000 | Convergence 2000–present |

Source: own calculations based on Human Mortality Database (2016) data. Note: data for Slovenia begins in 1983.

Figure 17: Age specific decomposition for life expectancy and lifespan variation at age 5

Age–contribution to changes in life disparity at age 5 by period

Males, negative values decrease e† and positive values increase e†

Period ■ Stagnation 1960–1980 ■ Improvements 1980–1988 ■ Deterioration 1988–1994 ■ Divergence 1994–2000 ■ Convergence 2000–present

Source: own calculations based on Human Mortality Database (2016) data. Note: data for Slovenia begins in 1983.

Doubling infant mortality

To see the robustness check for different infant mortality scenarios follow https://demographs.shinyapps.io/CEE_App/

18

Sensitivity analysis with the Gini coefficient

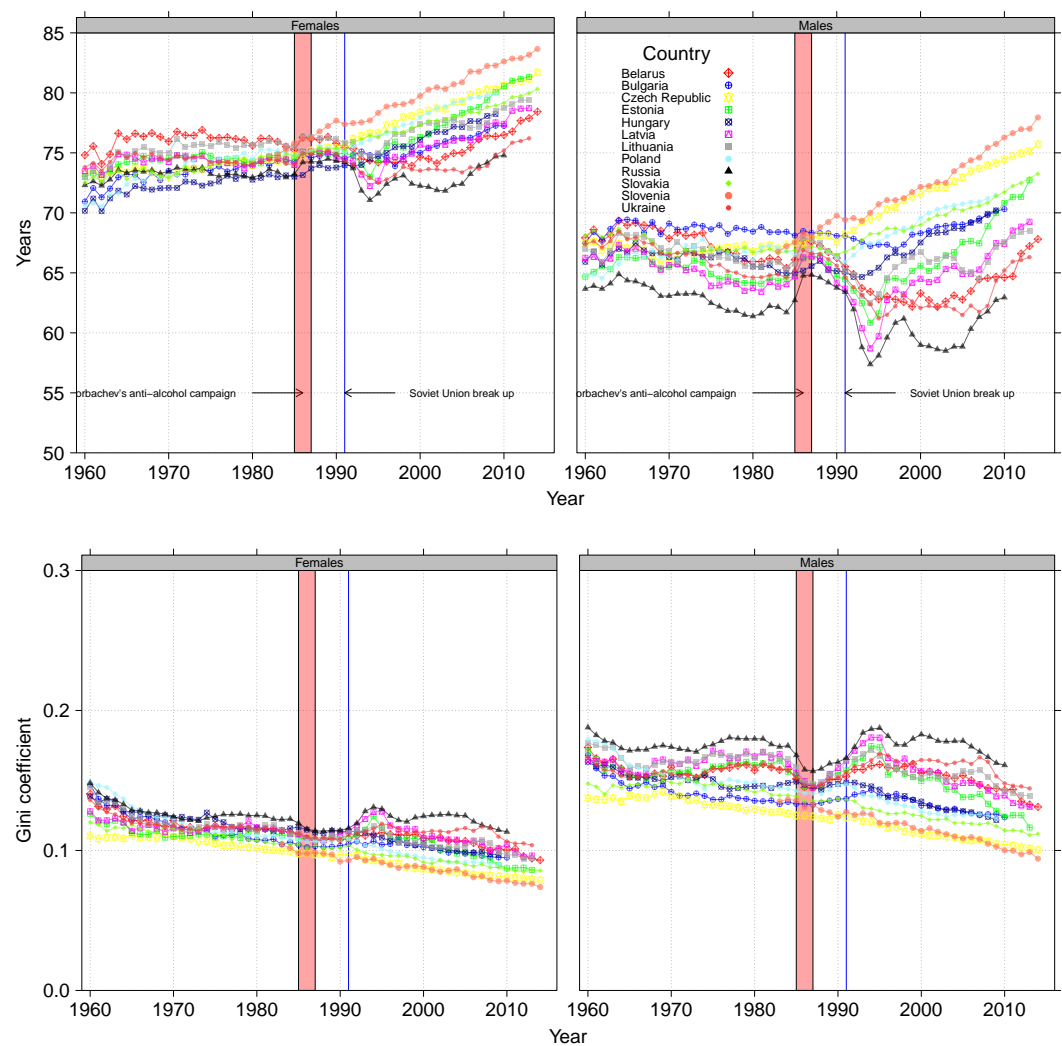Figure 18: Trends in life expectancy and Gini coefficient by sex for Eastern European countries

Figure 19: Absolute changes in life expectancy and Gini coefficient by sex for Eastern European countries
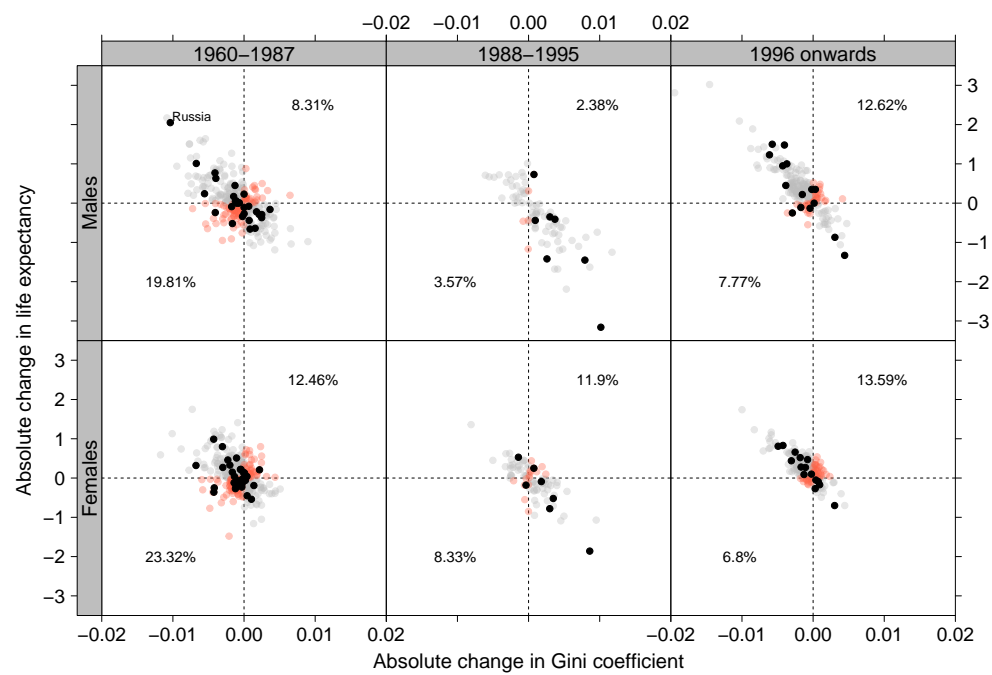
Figure 20: Relative changes in life expectancy and Gini coefficient by sex for Eastern European countries
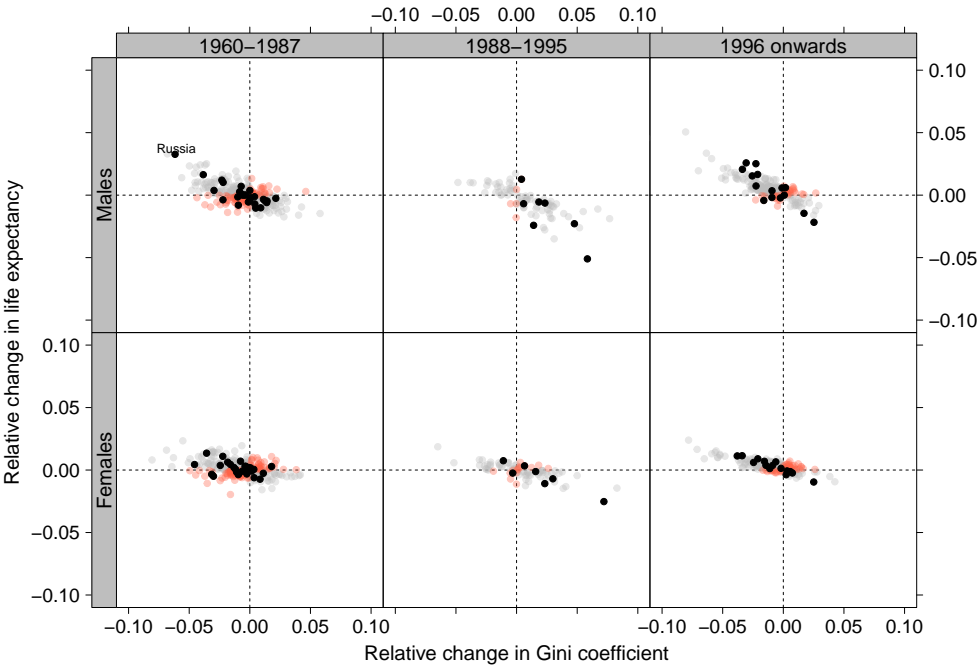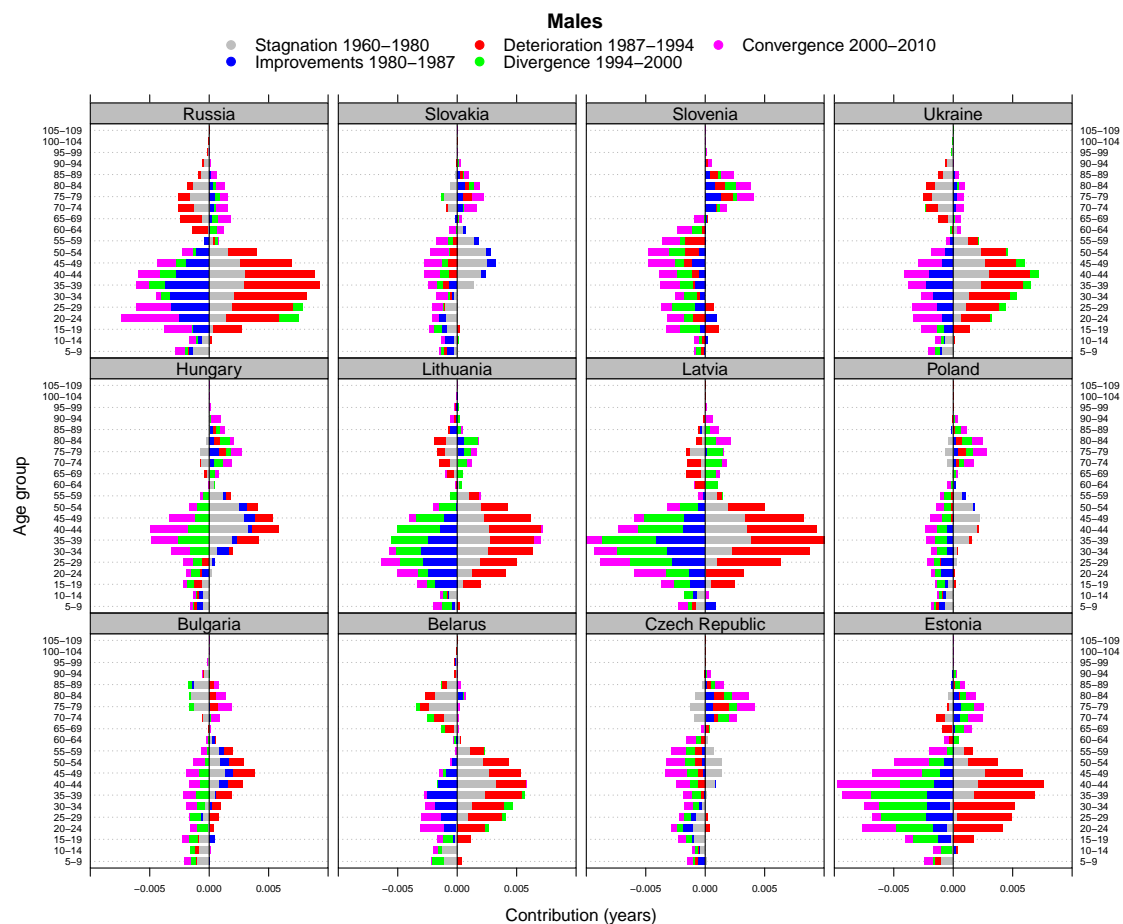
Figure 21: Contributions to changes in Gini coefficient by period

Contributions of the age group 0–4

- Stagnation 1960–1980
- Improvements 1980–1987
- Deterioration 1987–1994
- Divergence 1994–2000
- Convergence 2000–2010

Figure 22: Contributions to changes in Gini coefficient by period, Males.

References

Human Mortality Database (2016). University of California, Berkeley (USA), and Max Planck Institute for Demographic Research (Germany).