

# *WSOC track meet*

## **Track meet**

9 school meet, 7th and 8th grades

## **Events**

The events are

### **Track events**

- 50 m
- 60 m hurdles
- 100 m
- 200 m
- 400 m
- 4x100 m relay
- 1 mile

### **Field events**

- long jump
- high jump
- hammer throw
- javelin
- discus
- shot put

## **Officiating the track events (running)**

The most important task is to get the name and school of the top three finishers in each event.

### **Sprints (10 people)**

Each running event, except for the mile and the relays, will need to have several heats. At the end of each heat, the top three winners need to be identified and told that they made it into the next heat, and where to go to prepare for that heat.

To do that, we will need three officials at the finish line to flag down those top three finishers. Then at the starting line, we will need two other judges, one to start the race, and another to watch for false starts and call the runners back.

Because the work is largely the same, I think it will be best to have two teams of 5 handle the 50m and 100m sprints and the 60m hurdles.

### **Middle distance**

The 200m is likely to have very few heats, perhaps just one big race, and so I'm going to lump it in with the 400m and mile. On the other hand, maybe I'm wrong, in which case it gets lumped with the sprints.

### **Long distance (3 to 6 people)**

The 400m and the mile will likely only have one race per class. The start and end point are also at the same place, so we can handle the race with just three people. One person starts the race while the other two watch to make sure the runners behave themselves at the starting line, then at the finish all three pick out the top three finishers and get their names/school.

### **Race management (aka talking on the loudspeaker) (2 to 4 people)**

At least two people are needed make the announcements about what races are starting, etc. Ideally, the person talking on the microphone will only do that, not worry about other stuff. The other person or people will keep track of what heats are being run and when in order to feed the announcer the necessary information.