Hobby Page (focus on the hobby) Planning

Each paragraph should be at least 6 sentences.

**Introduce yourself and your hobby**

Hello, my name is Jose Martinez, and my hobby is to play musical instruments. I started with this hobby in 2010 and I have learned how to play three different types of instruments the Sousaphone Tuba, Electric Bass and the Keyboard/Piano. I have also played in various venues, collaborated with different artists in state of California. About my hobby, there are four main categories or groups of instruments: Strings, Woodwinds, Brass, and Percussion family. How can someone start with this hobby? The first thing is to make sure that you are picking the right instrument and what type of genre you want to play.

Now, you are probably wondering, what instruments are available within the four groups mentioned above? Well, Lets break each category down.

For the String Family, generally are stringed instruments which have wooden bodies and the strings are nylon, steel or gut.

List of String Instruments. Woodwind Family are hollow cylindrical pipes made of wood, plastic or metal. The Mouthpiece typically has one end that contains a single or double strip of thin wood (a Reed) which vibrated when air if blown across it.

List of Woodwind instruments

Brass Instruments are long hollow brass pipes with bell-shaped. The brass family includes trumpet, frech horn, euphonium, trombone, tuba.

The percussion family includes all drums, cymbals, xylophone, glockenspiel.

<https://www.wikihow.com/Learn-to-Play-an-Instrument> For more information about Different families of musical instruments.

**Describe why you enjoy doing this hobby.**

I enjoy doing this hobby because it has given me opportunities to tour with different Regional Mexican Bands and local bands in Los Angeles, California. This hobby has open doors for me to travel to different cities and states. States such as Chicago, Wisconsin, Michigan, Settle and many more states. Playing an instrument relives stress, learning and practicing an instrument has help me improve my patience, listening and social skills.

https://www.classicfm.com/discover-music/reasons-to-play-a-musical-instrument/

**Paragraph 2)** Contain instructions on how to start with this hobby.

**Step One**

Choose Musical Instrument

One of the most important decisions that you must do when your start with this hobby, is to choose an instrument first and that you really like it. If you choose an instrument that sounds very pleasant to your ears and you like its aesthetics, it will be easier to stay motivated to practice, the main goal is that you enjoy it and have fun. Now, you should ask yourself, Do I want to play in a band? If yes, now you have to choose some specific instruments that are used generally in a band or genre that you are interest into. As for example, let say that you have interested in rock band, there are usually a set of drums, Lead Guitar, Bass Guitar, Rhythm Guitar and a microphone for voice. Choose an instrument you think looks cool

Step 2

Learn the Basics

This a very crucial section because you must have the basics down before you play actual songs. You need to learn the major, minor, scales and arpeggios. Get to know your instrument really well. Learn some music theory, it will help you on the long run. You could take lessons with a professional, to check on your technique. Technique is very important because it make your, we as human, we tend to have very bad habits and we always need someone to point those out for us.

**Step Three**

Set Goals

Set realist goals as how much time will you spend for practicing. Goal setting helps to keep focus and track of improvement for every day. Your goals need to be realistic for your level of skills, and if your goal is to play the piano like Arthur Rubenstein or the tuba like Roger Bobo in six months, your goal is probably not achievable. Instead, set goals that are achievable as leaning how to read music and put yourself out there, a contact your local band.

**Step four**

Make Friends

Learn with a group of friends and perform with and for other people is the best way to get over the anxiety. This way when you in a large audience you will be a more comfortable, and with this hobby, you have to socialized a lot.

https://www.libertyparkmusic.com/10-tips-for-learning-music-as-an-adult/

Additional tips

“Practice makes permanent not perfect”

“Remember there are no shortcuts learn an instrument”

Paragraph 3) Practice Practice!!!

Whenever you are practicing make sure you take breaks in between. This hobby requires a lot of patience, this is like working out and you are trying to be in shape. Keep in mind that this is a long-term hobby that will keep you busy. If you are someone who travels often, it is suggested that you pick a small instrument such as a guitar, flute, violin, trumpet, French horn, Ukulele. One last tip is that instruments are very expensive, make sure to buy one that is within your budget range. In case you do not like the instrument you picked, it is recommended to buy a used instrument at the beginning of your journey. Lastly, there are many physical benefits when learning to play an instrument. For example, you develop muscle memory, articulations using double tongue and tripe tongue with brass and woodwind instruments helps you get stronger lungs.

Online Resources

Appendix

<https://iconcollective.edu/basic-music-theory/>

<https://www.musictheory.net/lessons>

<https://www.pexels.com/photo/man-person-woman-girl-6671943/>

<https://www.pexels.com/photo/wood-art-music-musician-5678612/>" Trombone by Tony <https://www.pexels.com/photo/wood-music-classic-sound-34221/> Double Bass by Pixabay

<https://www.wikihow.com/Choose-an-Instrument> Choose an Instrument <https://www.health.harvard.edu/staying-healthy/music-and-health> Harvard Health <https://www.8notes.com/piano/> Music Theory

<https://www.libertyparkmusic.com/10-tips-for-learning-music-as-an-adult/> Make Friends <https://www.classicfm.com/discover-music/reasons-to-play-a-musical-instrument/> Reasons to Play music

<https://iconcollective.edu/basic-music-theory/> Music Theory Guide <http://www.rogerbobo.com> Roger B

<https://www.steinway.com/artists/arthur-rubinstein> Arthur-Rubinstein <https://www.orsymphony.org/learning-community/instruments/> instrument Family <https://en.wikipedia.org/wiki/Family_(musical_instruments)> Instrument Family <http://www.instrumentsoftheworld.com/instrument/164-Sousaphone.html> Sousaphone Tuba <https://www.dansr.com/resources/basics-of-double-tonguing>" Tonguing Basics <https://www.schoolofrock.com/resources/bass-guitar/guide-to-buying-your-first-bass-guitar> Electric Bass

<https://www.teoria.com/en/tutorials/reading/>" Music theory