

## Primary Care

CHPCC Screening Schedule										
	6m	9m	18m	1y	2y	3y	4y	5y	9-11	17-21
Fluoride Varnish		X								
Non-Fasting LDL + HDL									X	X

BMC Clinic Screening Questionnaire Schedule																							
Visits:	All new patients	1m	2m	4m	6m	9m	12m	15m	18m	24m	2.5y	3y	4y	5y	6y	7y	8y	9y	10y	11y	12y	13+: yearly	
Tools:																							
PEDS																							
THRIVE																							
M-CHAT-R																							
PSC-17																							
PHQ-2/9																							
EPDS																							

Autism Management in Primary Care Clinic* (CHOP EBG)	
<b>Who to Screen</b>	Children ages 12 months or older (AAP recommends screening at 18 mo and 24mo or 30mo) ■ Risk factors for ASD: sibling w/ ASD, unusual social responses, genetic disorder
<b>How to Screen</b>	PEDS questionnaire @ every visit: "Do you have any concerns about your child's development or behavior?" MCHAT-R or MCHAT-R/F (modified checklist for autism in toddlers) @ 18mo, 24mo
<b>Developmental Red Flags</b>	<ul style="list-style-type: none"> <li>• Diminished, atypical, or no babbling by 12 months</li> <li>• Diminished, atypical, or no gesturing (e.g., pointing, waving bye-bye) by 12 months</li> <li>• Lack of response to name by 12 months</li> <li>• No single words by 16 months</li> <li>• Diminished, atypical, or no two-word spontaneous phrases (excluding echolalia or repetitive speech) by 24 months</li> <li>• Loss of any language or social skill at any age</li> <li>• Lack of joint attention</li> </ul>
<b>Positive Screening – What Now?</b>	<ul style="list-style-type: none"> <li>• Formal audiology testing</li> <li>• EI referral (&lt;5 years old)(EI services end at 2 years and 9 months)</li> <li>• DBP clinic referral for all</li> <li>• Other specialty referrals as needed</li> </ul>
<b>Follow Up</b>	<ul style="list-style-type: none"> <li>• 1 month after positive screening w/ primary provider for continuity</li> <li>• Ensure EI referral was placed, answer family questions, make sure school is involved for children &gt; 2.9 years</li> </ul>

ADHD*	
<b>EBGs</b>	ADHD, adolescents; ADHD, pre-school and school-age
<b>ADHD Definition</b>	Persistent and pervasive inattention, hyperactivity, and/or impulsivity affecting cognitive, academic, behavioral, emotional, and social functioning <b>in more than one setting</b> .
<b>How to Screen</b>	Age $\geq$ 4 years: Vanderbilt Assessment Scales ( <b>Diagnostic</b> ) (print from internet) <ul style="list-style-type: none"> <li>■ To be filled out by parent and teacher</li> <li>■ Obtain detailed information from teacher, including report cards, review of IEP</li> </ul>
<b>Common Coexisting Disorders</b>	<ul style="list-style-type: none"> <li>• Learning disabilities</li> <li>• Tic disorders</li> <li>• Anxiety</li> <li>• Depression</li> <li>• OCD</li> <li>• ODD</li> <li>• Substance abuse</li> </ul>
<b>Additional Evaluation PRN</b>	Consider speech/language eval as appropriate <ul style="list-style-type: none"> <li>■ OT/PT referral if motor deficits</li> <li>■ Mental health referral</li> <li>■ Labs/imaging if risk factors for alternate organic diagnosis: <ul style="list-style-type: none"> <li>• Blood lead levels, TSH, neuroimaging, EEG</li> </ul> </li> </ul>

ADHD Treatment (age 6+) in Primary Care Clinic (adapted from BCH EBG)	
<b>Criteria for Initiation of Pharmacotherapy</b>	Confirmation of diagnosis as above: <ul style="list-style-type: none"> <li>■ Age <math>&gt;6</math></li> <li>■ No allergy to medication</li> <li>■ Normal HR, BP</li> <li>■ No hx seizures, tourette syndrome, PDD, significant anxiety d/o</li> </ul>
<b>Medication Considerations and Recommendations</b>	<ul style="list-style-type: none"> <li>• Obtain hx of cardiovascular disease (no EKG needed if hx unremarkable)</li> <li>• Consider length of school day, homework, after school activities: <ul style="list-style-type: none"> <li>■ Intermediate release 4-8 hours</li> <li>■ Extended release 10-12 hours</li> </ul> </li> </ul>
<b>Recommended Starting Med (at lowest dose)</b>	Metadate CD 10mg <ul style="list-style-type: none"> <li>■ if cannot swallow pills, few after school demands (sprinkle on food)</li> </ul> Metadate ER (Concerta) 18mg <ul style="list-style-type: none"> <li>■ if can swallow pills, extended coverage for afterschool</li> </ul> **Paper prescriptions will need to be written monthly
<b>Side Effects</b>	HA, insomnia, anorexia, tics, abdominal pain, HTN
<b>When to Follow Up</b>	Give family Vanderbilt forms to be filled out by teacher/parent, bring to f/u visit Schedule follow up visit for <b>2 weeks</b>
<b>2 Week Follow Up Visit</b>	<b>Improved, minimal side effects:</b> continue at current dose, return in 1 month <b>No improvement, minimal side effects:</b> increase dose on current med, f/u 1-2 weeks <ul style="list-style-type: none"> <li>■ if time of day dependent, consider adding immediate release in late afternoon</li> </ul> <b>Improvement/stable symptoms, significant side effects:</b> <ul style="list-style-type: none"> <li>■ Severe side effects- change med to equiv dose (e.g.; MPH <math>\rightarrow</math> AMP)</li> <li>■ Mild side effects- continue current medication, return in 1 month</li> </ul> <b>**Always evaluate for co-morbid dx:</b> depression, tics, ODD/CD, anxiety
<b>Maintenance/ Other Considerations</b>	<ul style="list-style-type: none"> <li>• Follow up every 3-6 months when symptoms stable on medication w/ tolerable side effects</li> <li>• Consider starting immediate release for pts <math>&lt;6y</math> OR to find optimal med prior to starting long acting version</li> </ul>