

# Emergency Response Refresher

Call to activate: 5-5555

## Patient or non-patient?

Patient

Non-patient

## Life-threatening emergency?

No

Yes

No

### ICU Eval or Stat

### Code Blue

### MAT

#### Who comes?

MSICU fellow\*  
MSICU charge RN  
Gen Peds resident  
Respiratory  
COPP  
Transport team  
*\*only respondent to eval*

MSICU attending/  
fellow  
Gen Peds resident  
Anesthesia  
MSICU/CICU/ED RN  
ED pharmacy  
Respiratory  
COPP  
Transport team  
SW

Gen Peds resident  
ED RN  
COPP  
Transport team  
Security

#### Equipment

Floor resources

Defibrillator/monitor  
Suction  
Intubation/airway  
AMBU bag, masks  
Code medications  
Oxygen/capnography  
Trauma/first aid  
IV/IO  
Fluids

BP cuff  
Stethoscope  
First aid supplies  
AMBU bag, masks

#### Disposition

Floor vs. ICP vs.  
ICU

Patient: Floor vs. ICP  
vs. ICU  
Non-patient:  
Release vs. ED

Release vs. ED vs.  
escalate to Code  
Blue

**Carry with your PALS cards!**

# MAT Checklist

☐ Airway/Breathing/Circulation/mental status intact?

- **No: CODE BLUE**
- **Yes:** Proceed

☐ Complaint?

- **Chest pain, SOB, AMS, seizure: CODE BLUE**
- **Other:** Proceed

## History:

- ☐ Review major medical problems: *heart disease, obstructive lung dz, transplant, epilepsy*
- ☐ Review major medications: *anti-HTN, anticoag, anti-arrhythmics, inhalers, AEDs, pain, psych*
- ☐ Allergies: *history of anaphylaxis/EpiPen?*

## Exam:

- ☐ Vitals: *HR, RR, BP*
- ☐ CV
- ☐ Resp
- ☐ Other systems PRN

## Treat:

- ☐ Water/juice
- ☐ First aid

## Triage:

- ☐ Need for further assessment?: *SpO2, EKG, D-stick, labs, imaging*
- ☐ Need for further treatment?: *medications, O2/airway, fluids*

☐ Final disposition

- No need for further assessment/treatment: **RELEASE**
- Need for further assessment/treatment, stable for transfer: **ED**
- Need for further assessment/treatment, not stable for transfer, or may become acutely unstable: **CODE BLUE**

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## Code Blue Checklist

### Resident as first responder

#### Initial assessment/approach (BLS)

☐ Responsive?

- **Yes** → Monitor until ICU arrives; see “History,” “Exam” above
- **No** → Assess **pulse**

☐ Pulse?

- **No** → ☐ CPR (>2 in, recoil, 100-120 compressions per minute)  
☐ Start timer
- **Yes** → Assess **breathing**

☐ Breathing: Abnormal or absent?

- **No** → ☐ Auscultate (abnormal or asymmetric breath sounds?)
- **Yes** → ☐ Rescue breathing w/ (1 breath/6 s) or w/o (1 breath/3-5s) bag

☐ Report one-liner to ICU team at time of arrival

### Resident as secondary responder

#### Role identification: volunteer OR ask for assignment and confirm

#### Primary resuscitation:

- ☐ CPR\*
- ☐ Pulse check\*
- ☐ CPR feedback
- ☐ Orders\*
- ☐ Airway (bagging)

#### Communication:

- ☐ Obtain hx (EMR, pt)\*
- ☐ Update family\*
- ☐ Update primary atng
- ☐ Call for imaging
- ☐ Follow-up code labs, imaging

#### Advanced (prior training):

- ☐ Access  
(IV/IO, central, arterial)
- ☐ Rhythm identification

\*Identified as helpful and appropriate resident roles by ICU faculty and fellows