





















Tanner Staging

	Breast	Pubic Hair	Genitals	Pubic Hair
Stage 1	<p>Small nipples. No breast.</p> 	<p>No pubic hair.</p> 	<p>No signs of puberty. Scrotum, testes, and penis as in childhood.</p> 	<p>No pubic hair.</p> 
Stage 2	<p>Breast and nipples have just started to grow. The areola has become larger. Breast tissue bud feels firm behind the nipple.</p> 	<p>Initial growth of long pubic hairs. These are straight, without curls, and of light color.</p> 	<p>Initial growth of scrotum and testes. The skin on the scrotum has become redder, thinner, and more wrinkled. The penis may have grown a little in length.</p> 	<p>Few hairs around the root of the penis. The hairs are straight, without curls, and of light color.</p> 
Stage 3	<p>Breast and nipples have grown additionally. The areola has become darker. The breast tissue bud is larger.</p> 	<p>The pubic hair is more widespread. The hair is darker, and curls may have appeared.</p> 	<p>The penis has now grown in length. Scrotum and testes have grown. The skin of the scrotum has become darker and more wrinkled.</p> 	<p>Hairs are darker and curlier and still sparse, mostly located at the penis root.</p> 
Stage 4	<p>Nipples and areolas are elevated and form an edge towards the breast. The breast has also grown a little larger.</p> 	<p>More dense hair growth with curls and dark hair. Still not entirely as an adult woman.</p> 	<p>The penis has grown in both length and width. The head of the penis has become larger. The scrotum and testes have grown.</p> 	<p>More dense, curly, and dark hair. The hair growth is reaching the inner thighs.</p> 
Stage 5	<p>Fully developed breast. Nipples are protruding, and the edge between areola and breast has disappeared.</p> 	<p>Adult hair growth. Dense, curly hair extending towards the inner thighs.</p> 	<p>Penis and scrotum as an adult.</p> 	<p>Pubic hair extends upwards to the umbilicus. It is dense and curly.</p> 

Morris NM, Udry JR. Validation of a self-administered instrument to assess stage of adolescent development. J Youth Adolesc. 1980;9(3):271-280pmid:24318082