

Primary Care

Developmental Milestones					
	Gross Motor	Fine Motor	Speech/Language	Cognitive	Social
Newborn	<ul style="list-style-type: none"> Reflexes (Moro, Babinski) Flexor posture 	Reflexes (Grasp)	<ul style="list-style-type: none"> Reflexes (root, suck) Startles to sound 	Soothes to voice	Bonding (parent → child)
2m	Head up 45° prone	Hands open ½ the time	Cooing	Follows past midline	Social smile
4m	<ul style="list-style-type: none"> Sits w/ support Rolls front → back 	<ul style="list-style-type: none"> Palmar grasp Brings objects midline 	Laughs, "ga"	Sensory exploration of objects	"Turn-taking" conversations
6m	Rolls both ways	<ul style="list-style-type: none"> Raking grasp Transfers objects hand-to-hand 	Babble	Stranger anxiety Looks for dropped object	Expresses emotions (happy, sad, mad)
9m	<ul style="list-style-type: none"> Sits w/ hands free Pulls to stand 	Radial digital grasp	<ul style="list-style-type: none"> "Mama," "dada" (specific) Gestures bye 	Object permanence	Separation anxiety
12m	Walks w/wide-based gait	Fine pincer grasp Feeds self cheerios	1 word w/meaning (besides mama/dada)	Imitates gestures/sounds	<ul style="list-style-type: none"> Explore from secure base Points at wanted objects
15m	Walks well	Uses spoon	Follows 1-step command	Looks for hidden object	<ul style="list-style-type: none"> Shared attention: points at interesting items Parallel play
18m	<ul style="list-style-type: none"> Runs well Throws ball while standing 	<ul style="list-style-type: none"> 4 cube tower Imitates vertical stroke Removes garment 	<ul style="list-style-type: none"> Point to/name: 3 body parts, self, 2-3 objects 10-25 words 	<ul style="list-style-type: none"> Matches pairs Passes M-CHAT 	<ul style="list-style-type: none"> Pretend play Begins to show shame and possessiveness
2y	Jumps on 2 feet	Tower of 6 blocks	50+ words, 50% intelligible, 2 word phrases	Problem solves	<ul style="list-style-type: none"> Testing limits, tantrums Negativism ("no!") Possessiveism ("mine!")
3y	<ul style="list-style-type: none"> Rides trike Walks up stairs alternating feet 	<ul style="list-style-type: none"> Toilet trained Draws circle 	<ul style="list-style-type: none"> 200+ words, 75% intelligible, 3-4 word phrases States name, age, gender 	Knows shapes Counts to 3	Pretending, cooperative play
4y	Hops on 1 foot	Draws square	<ul style="list-style-type: none"> Sentences, 100% intelligible Past tense 	Counts to 4	Has preferred friend
5y	<ul style="list-style-type: none"> Balance on one foot Skips 	<ul style="list-style-type: none"> Copies letters Draw person 	<ul style="list-style-type: none"> 5000 words Future tense 	Counts to 10	Has group of friends
<p>Early Intervention is responsible for assessing developmental delays and providing appropriate support in children birth through 2 years and 9 months. Services are free. Refer in EPIC.</p> <p>The Public School System is responsible for assessing deficits and providing appropriate support after 2.9 years. Their initial assessment is called a "TEAM evaluation". An IEP is developed after the TEAM evaluation.</p>					