# Week 9 - Day 2 (Ch 8 - Cont Assertion and Bids)

### Contents

Week 9 - Day 2 (Ch 8 - Cont Assertion and Bids)	1
COM 220 - 002 (Angella Billings)	2
COM 220 - 002 (Angella Billings)	
About	

## Week 9 - Day 2 (Ch 8 - Cont Assertion and Bids)

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Quizlet on terms from this lecture

Quizlet on terms to be covered on next test

Connecting bids

A bid is someone's expression that requests a connection to another person.

Turn towards

• You wave at someone and they wave back

Turn away

• You wave at someone and they don't acknowledge

Magic ratio

For every 1 negative (turn away), it takes 5 positives to make you feel balanced again.

How was your day?

It looks like rain?

Reaching out to hold hands

#### Smile

You want to avoid negative bids with your friends because it your negative bids highly outweigh your positive ones

My friends waved at me when it was raining and I missed it

I texted him. Canceled out the negative bid

• Say I didn't, now I'd have to do 5 positives to cancel this out. Now say I had to cancel on him. It would be even worse

Bids	Someone's expression that requests a connection to another person (Ex: "Hey how are you" they return the bid with "I'm good" or "nothing")
Turn towards	A positive response to a bid
Turn away	A negative response to a bid

## COM 220 - 002 (Angella Billings)

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A website with notes and Quizlets for The UA's COM 220 - 002 class taught by Professor Billings.