

Week 13 - Day 1 (Friendships)

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Week 13 - Day 1 (Friendships)

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Friendships

What have your friends done for you?

- Get you recruited
- Voice of reason
- Instrumental and expressive rewards
 - Friends give you things
 - * that is part of why you're friends
 - What kind of emotional support do you give your friends

2013 State of Friendship in America Report



- Most people are not fully satisfied with the state of their friendships
- People who say they have close friends report more happiness and more fulfillment in life.
- Women report more close friends, but are no happier than men.
- Social media is insignificant in long-term close friendships.
 - It didn't help or hurt people in longer term
- Individuals who observe weekly religious services, who are ideologically conservative, and reside in an urban center report highest levels of satisfaction.

Decline in Close Friendships

- 25% of Americans have no close confidants
- Average # of close friends has dropped from 4 to 2
 - However, dependency on family has increased



What are your expectations of friends?

- Companionship – sharing activities/company
- Consideration- helpfulness
- Communication- discussing info about one's self
- Affection- expressing sentiments

Vocab

term	definition
25%	Percentage of americans with no close confidants
Instrumental Rewards	Receiving tangible resources
Expressive rewards	emotional support
companionship	sharing activities/company (friendship expectation)
consideration	helpfulness (friendship expectation)
communication	discussing info about one's self (friendship expectation)
affection	expressing sentiments (friendship expectations)

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A website with notes and Quizlets for The UA's COM 220 - 002 class taught by Professor Billings.