

Week 9 - Day 2 (Ch 8 - Cont Assertion and Bids)

Mar 9, 2016

[Quizlet on terms from this lecture](#)

[Quizlet on terms to be covered on next test](#)

Connecting bids

- A bid is someone's expression that requests a connection to another person.
 - Turn towards
 - You wave at someone and they wave back
 - Turn away
 - You wave at someone and they don't acknowledge

Magic ratio

For every 1 negative (turn away), it takes 5 positives to make you feel balanced again.

- How was your day?
- It looks like rain?
- Reaching out to hold hands
- Smile
- You want to avoid negative bids with your friends because if your negative bids highly outweigh your positive ones
 - My friends waved at me when it was raining and I missed it
 - I texted him. Canceled out the negative bid
 - Say I didn't, now I'd have to do 5 positives to cancel this out. Now say I had to cancel on him. It would be even worse

Bids Someone's expression that requests a connection to another person (Ex: "Hey how are you" they return the bid with "I'm good" or "nothing")

Turn A positive response to a bid
towards

Turn A negative response to a bid
away

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A website with notes and Quizlets for
The UA's COM 220 - 002 class taught by
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