Week 13 - Day 1 (Friendships)

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# Week 13 - Day 1 (Friendships)

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# Friendships

## What have your friends done for you?

* Get you recruited
* Voice of reason
* Instrumental and expressive rewards
  + Friends give you things
    - that is part of why you’re friends
  + What kind of emotional support do you give your friends

## 2013 State of Friendship in America Report



* Most people are not fully satisfied with the state of their friendships
* People who say they have close friends report more happiness and more fulfillment in life.
* Women report more close friends, but are no happier than men.
* Social media is insignificant in long-term close friendships.
  + It didn’t help or hurt people in longer term
* Individuals who observe weekly religious services, who are ideologically conservative, and reside in an urban center report highest levels of satisfaction.

## Decline in Close Friendships

* 25% of Americans have no close confidants
* Average # of close friends has dropped from 4 to 2
  + However, dependency on family has increased



## What are your expectations of friends?

* Companionship – sharing activities/company
* Consideration- helpfulness
* Communication- discussing info about one’s self
* Affection- expressing sentiments

# Vocab

|  |  |
| --- | --- |
| term | definition |
| 25% | Percentage of americans with no close confidents |
| Instrumental Rewards | Receiving tangible resources |
| Expressive rewards | emotional support |
| companionship | sharing activities/company (friendship expectation) |
| consideration | helpfulness (friendship expectation) |
| communication | discussing info about one’s self (friendship expectation) |
| affection | expressing sentiments (friendship expectations) |

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A website with notes and Quizlets for The UA's COM 220 - 002 class taught by Professor Billings.