

Yoga Balance

CLASS SCHEDULE (effective July 1 - Sept 5, 2020)

TUESDAY

9:30 AM - 10:30 AM

OUTDOOR

5:30 PM - 6:30 PM

INDOOR

THURSDAY

9:30 AM - 10:30 AM

INDOOR - starting soon

6:30 PM - 7:30 PM

OUTDOOR

FRIDAY

9:30 AM - 10:30 AM

INDOOR

SATURDAY

9:00 AM - 10:00 AM

OUTDOOR

A single class (or drop in) is \$15 (\$5 off for first class)
5 class pack for \$55. 10 class pack for \$100.

10% discount on class packages for Seniors (65+) and for new students on their first package.

You must register for classes using Mindbody or text/e-mail Lisa at least one hour before class.

Outdoor classes will be held at the Central Park Pavilion (250 Library Ln, Grayslake). There is plenty of shade, parking and bathroom facilities. Park just past the pool/library in the new parking lot by the smokestack.

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