

# *PROTOCOL EXCHANGE | COMMUNITY CONTRIBUTED* Collagen Gel Contraction Assay

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## Abstract

Collagen contractility, a characteristic of activated fibroblasts, can be evaluated by Collagen Gel Contraction Assay.

**Subject terms:** Cell biology

**Keywords:** fibroblasts collagen contractility

## Reagents

### Materials

1. Dulbecco's Modified Eagle's Medium (DMEM, Invitrogen);
2. PBS;
3. Fetal bovine serum (FBS, Invitrogen);
4. 0.25% Trypsin;
5. Rat tail collagen type 1 (R&D system);
6. Glacial acetic acid;
7. NaOH (1 M);
8. 0.2- $\mu$ m filter.

## Procedure

### Preparation of Collagen for Use in Collagen Gels

- 1) Prepare acetic acid solution (0.1%): Mix 0.5ml 100% glacial acetic acid with 49.5ml deionized water, filter sterilize the solution with a 0.2- $\mu$ m filter and cool to 4°C.
- 2) Make a 3 mg/mL collagen solution in 0.1% acetic acid: dilute the rat tail type 1 collagen (from R&D system) in 0.1% acetic acid to make a concentration of 3mg/ml, this collagen solution should be stored at 4°C.

### NaOH Titration of Collagen

(Tips: Perform this step whenever using a new batch of collagen to optimize solidification.)

- 1) Prepare eight 1.6 mL Eppendorf tubes and add 0.4 mL of cell specific media or DMEM to each tube.
- 2) Add 0.2 mL of collagen solution (3 mg/mL in 0.1% acetic acid) to each tube and mix well (The final collagen concentration should be 1 mg/mL, and the addition of collagen solution will make the phenol red media turn into yellow.).
- 3) Immediately add 1 to 8  $\mu$ L of 1 M NaOH to different tube and pipet mixture up and down with 1mL pipet.
- 4) Allow the mixture to solidify for 20 min at room temperature.
- 5) Compare rigidity and color of gels titrated with different volumes of NaOH to determine which volume of NaOH produces a well-solidified gel with neutral pH. (The least amount of NaOH needed to turn the media to a light pink color and produce the most rigid collagen gels.)

### Experiment Procedure

Populating collagen gels with cells requires careful attention to cell concentrations. For example, a final population of  $1\sim 2\times 10^5$  cells/mL of fibroblasts will be good.

- 1) Detach cells from the culture vessel using warmed Trypsin solution and collect the cells by centrifugation.
- 2) Rinse the cells by PBS in order to remove the trypsin completely.
- 3) Suspend cells into complete culture media and count cells using counting chamber.
- 4) Adjust the cells concentration into  $1.5 \times 10^5$  cells/mL.
- 5) Add 0.4mL cells suspension in a new 1.6 mL Eppendorf tubes.
- 6) Add 0.2 mL of collagen solution (3 mg/mL in 0.1% acetic acid) to the cells suspension and mix well.
- 7) 1) Prepare eight 1.6 mL Eppendorf tubes and add 0.4 mL of cell specific media or DMEM to each tube.
- 8) 2) Add 0.2 mL of collagen solution (3 mg/mL in 0.1% acetic acid) to each tube and mix well(The final collagen concentration should be 1 mg/mL, and the addition of collagen solution will make the phenol red media turn into yellow.).
- 9) Quickly add the appropriate volume of 1 M NaOH in the cells/collagen mixture and mix the solution well with pipet.
- 10) Immediately transfer 500  $\mu$ L of the mixture to a 24-well plate.
- 11) Allow gels to solidify at room temperature for 20 min.
- 12) Gently add 600uL culture media to each well.
- 13) Dissociate the gel from the well by gently running the tip of a 200- $\mu$ L pipet tip along gel edges without shearing or tearing gels.
- 14) Gently swirl plate to make sure that gel is free from the plate.
- 15) Put the 24-well plate into incubator at 37°C, humidified 5% CO<sub>2</sub>.
- 16) Observe the contraction of gels: record the diameter change of gels in several time-

points (Such as 0h, 3h, 6h, 12h, 24h) by using a digital camera at a fixed distance above the gels in order to obtain images at each time-point.

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### Competing financial interests

All the authors declare no conflict of interest.

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