

CORE COMPETENCIES
(150 Hrs- in-school + 30 Hrs-SIT)

Unit of Competency	Learning Outcomes	Training Methodology	Institutional Assessment Approach
1. Perform manicure and pedicure	1.1 Prepare client 1.2 Clean and cut nails 1.3 Apply nail polish 1.4 Perform post service activities	<ul style="list-style-type: none"> • Lecture • Demonstration • Supervised Industry Training 	<ul style="list-style-type: none"> • Written examination • Demonstration • Observation
2. Perform hand spa	2.1 Prepare client 2.2 Apply hand treatment 2.3 Perform post service activities	<ul style="list-style-type: none"> • Lecture • Demonstration • Supervised Industry Training 	<ul style="list-style-type: none"> • Written examination • Demonstration • Observation
3. Perform foot spa	3.1 Prepare client 3.2 Clean and scrub foot 3.3 Perform post service activities	<ul style="list-style-type: none"> • Lecture • Demonstration • Supervised Industry Training 	<ul style="list-style-type: none"> • Written examination • Demonstration • Observation