

## CORE COMPETENCIES

Course Title: **DRESSMAKING\_**

NC Level: **NC II**

Nominal Training Duration: **240** Hrs.

Course Description:

This course is designed to enhance the knowledge, skills and attitude of Dressmaker in accordance with industry standards. It covers specialized competencies on drafting and cutting pattern, preparing and cutting materials, sewing, and applying finishing touches for casual apparels.

To obtain this, all units prescribed for this qualification must be achieved.

Unit of Competency	Learning Outcomes	Methodology	Assessment Approach
1. Draft and cut pattern for casual apparel	1.1 Plan garment design	Discussion	Sketching/Actual Designing
	1.2 Take clients body measurement	Discussion Demonstration	Demonstration Observation
	1.3 Draft basic/block pattern	Discussion Demonstration	Demonstration Observation
	1.4 Manipulate pattern	Demonstration & Questioning	Demonstration
	1.5 Cut final pattern	Demonstration & Questioning	Demonstration
2. Prepare and cut materials for casual apparel	2.1 Prepare materials (fabric)	Discussion	Demonstration
	2.2 Layout and mark pattern on material	Demonstration & Questioning	Demonstration
	2.3 Cut materials	Demonstration & Questioning	Demonstration

<b>Unit of Competency</b>	<b>Learning Outcomes</b>	<b>Methodology</b>	<b>Assessment Approach</b>
3. Sew casual apparel	3.1 Prepare cut parts	Demonstration & Questioning	Demonstration
	3.2 Prepare sewing machine for operation	Demonstration & Questioning	Demonstration
	3.3 Sew and assemble garment parts	Demonstration & Questioning	Demonstration Actual sewing
	3.4 Alter completed garment	Demonstration & Questioning	Demonstration Actual sewing
4. Apply finishing touches on casual apparel	4.1 Apply finishing touches	Demonstration & Questioning	Demonstration & Questioning
	4.2 Trim excess threads	Demonstration & Questioning	Demonstration & Questioning
	4.3 Press finished garment	Demonstration & Questioning	Demonstration & Questioning
	4.4 Package the finished garment	Demonstration & Questioning	Demonstration & Questioning