

CORE COMPETENCIES
(1,060 Hours (6 months))

Unit of Competency	Learning Outcomes	Methodology	Assessment Approach
1. Perform pre and post beauty care services	1.1 Prepare tools and equipment 1.2 Prepare clients 1.3 Store tools, supplies, materials and equipment	<ul style="list-style-type: none"> • Lecture/ demonstration • OJT 	<ul style="list-style-type: none"> • Written examination • Demonstration • Observation
2. Perform manicure and pedicure	2.1 Prepare client 2.2 Clean finger nails and toe nails 2.3 Apply nail polish 2.4 Perform final retouch	<ul style="list-style-type: none"> • Lecture/ demonstration • OJT 	<ul style="list-style-type: none"> • Written examination • Demonstration • Observation
3. Perform hand spa	3.1 Prepare clients 3.2 Apply hand treatment 3.3 Perform post hand activity	<ul style="list-style-type: none"> • Lecture/ demonstration • OJT 	<ul style="list-style-type: none"> • Written examination • Demonstration • Observation
4. Perform hand spa	4.1 Prepare client 4.2 Massage body 4.3 Post body massage treatment	<ul style="list-style-type: none"> • Lecture/ demonstration • OJT 	<ul style="list-style-type: none"> • Written examination • Demonstration • Observation
5. Perform body scrub	5.1 Prepare client 5.2 Scrub body surface 5.3 Perform final checking and polish output	<ul style="list-style-type: none"> • Lecture/ demonstration • OJT 	<ul style="list-style-type: none"> • Written Examination • Demonstration • Observation
6. Perform facial treatment	6.1 Prepare clients 6.2 Perform cleaning and actual treatment of face (separate cleaning from actual treatment, these can be two activities or elements) 6.3 Perform post treatment activity	<ul style="list-style-type: none"> • Lecture/ demonstration • OJT 	<ul style="list-style-type: none"> • Written examination • Demonstration • Observation
7. Perform foot spa	7.1 Prepare clients 7.2 Apply foot spa 7.3 Perform post foot spa activity	<ul style="list-style-type: none"> • Lecture/ demonstration • OJT 	<ul style="list-style-type: none"> • Written examination • Demonstration • Observation
8. Apply facial make-up	8.1 Prepare client 8.2 Perform application of make-up 8.3 Perform post facial make-up activities	<ul style="list-style-type: none"> • Lecture/ demonstration • OJT 	<ul style="list-style-type: none"> • Written examination • Demonstration • Observation