$$j(T) = j_{
m elek}(T) j_{
m nukl}(T) j_{
m bibr}(T) j_{
m bira}(T)$$

$$j(T) = j_{
m elek}(T) j_{
m nukl-bira}(T) j_{
m bibr}(T)$$

(11) 
$$j_{\text{elek}}(T) = g_0 + g_1 e^{-\frac{\Delta}{keT}}$$

(46) 
$$\int bira(T) = \underbrace{\frac{\omega}{2}(2\ell+1)}_{\ell=0} e^{-\ell(\ell+1)\frac{t^2}{221\sqrt{t}}}$$

$$= \underbrace{\frac{(171)}{(2\ell)}}_{\ell=0} T = T_{bir}$$

$$= \underbrace{\frac{(2\ell)}{(2\ell)}}_{\ell=0} T = T_{bir}$$