$$H(4_1P) = \frac{1}{2}kq^2 + \frac{1}{2m}P^2$$

$$q = Acor(wst + \phi)$$

$$p = -mwAfin(wst + \phi)$$

$$(mq)$$

elvour parametu Krak

$$\frac{q^2}{(2E/m\omega^2)} + \frac{p^2}{(2mE)} = 1$$

$$\frac{x^2}{a^2} + \frac{y^2}{b^2} = 1$$

fine-expatitions t desagentaments

$$\pi \left(\frac{2}{m\omega^2}\right)^{1/2} t^{1/2} \cdot (2m)^{1/2} t^{1/2} = \frac{2\pi t}{\omega}$$

gerwrak haufuta
$$(E-\frac{1}{2}\Delta, E+\frac{1}{2}\Delta)$$

$$\frac{2\pi}{W} \left(E \pm \Delta \right) - \frac{2\pi}{w} \left(E - \pm \Delta \right) = \frac{2\pi}{w}$$

Kuantike