



STUDY TIPS

For independent study, candidates are encouraged to utilize the SQ3R method. SQ3R stands for **S**urvey, **Q**uestion, **R**ead, **R**ecite and **R**evue.

S = Survey

Gives you a preview of what you are about to read.

Helps you determine how long it will take.

Helps you relate what you are about to read with what you already know.

This means reading through the Introduction, the Table of Contents, the Unit Previews, and the Summaries.

Q = Question

Ask yourself questions about what you are about to read.

Questions help you study - you are looking for the answers.

Questions provide a personal purpose for reading.

For example: What does the unit title mean? What do I want to learn from this unit? How is the material related to what I already know?

You will read with more understanding if you do the SQ activities first. As you read, answer the questions you raised in SQ. that will give your reading a sense of purpose. Read carefully any italicized/bold printed words. If you do not know the meaning of a word, click on the hyperlink provided.

R2 = Recite

Go over what you read in R1 by either orally summarizing it or by making notes. We tend to forget 80% of what we read after two weeks. If we recite it, we forget only 20%.

R3 = Review

Review each unit after reading it.

Read any notes you have jotted down.

Review periodically.

Plan a final review before taking the exam.

