Observation of Rydberg blockade between two atoms

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Blockade interactions whereby a single particle prevents the flow or excitation of other particles provide a mechanism for control of quantum states, including entanglement of two or more particles. Blockade has been observed for electrons¹⁻³, photons⁴ and cold atoms⁵. Furthermore, dipolar interactions between highly excited atoms have been proposed as a mechanism for 'Rydberg blockade'6,7, which might provide a novel approach to a number of quantum protocols⁸⁻¹¹. Dipolar interactions between Rydberg atoms were observed several decades ago¹² and have been studied recently in a many-body regime using cold atoms 13-18. However, to harness Rydberg blockade for controlled quantum dynamics, it is necessary to achieve strong interactions between single pairs of atoms. Here, we demonstrate that a single Rydberg-excited rubidium atom blocks excitation of a second atom located more than 10 μm away. The observed probability of double excitation is less than 20%, consistent with a theoretical model of the Rydberg interaction augmented by Monte Carlo simulations that account for experimental imperfections.

The mechanism of Rydberg blockade is shown in Fig. 1a. Two atoms, one labelled 'control' and the other 'target', are placed in proximity with each other. The ground state |1| and Rydberg state $|r\rangle$ of each atom form a two-level system that is coupled by laser beams with Rabi frequency Ω . Application of a 2π pulse ($\Omega t = 2\pi$ with t being the pulse duration) on the target atom results in excitation and de-excitation of the target atom giving a phase shift of π on the quantum state, $|1\rangle_t \rightarrow -|1\rangle_t$. If the control atom is excited to the Rydberg state before application of the 2π pulse, the dipole–dipole interaction $|r\rangle_c \leftrightarrow |r\rangle_t$ shifts the Rydberg level by an amount B that detunes the excitation of the target atom so that it is blocked and $|1\rangle_t \rightarrow |1\rangle_t$. Thus, the excitation dynamics and phase of the target atom depend on the state of the control atom. Combining this Rydberg-blockade-mediated controlled-phase operation⁶ with $\pi/2$ single-atom rotations between states $|0\rangle_t$ and $|1\rangle_t$ of the target will implement the CNOT gate between two atoms. We have previously demonstrated the ability to carry out ground-state rotations at individual trapping sites¹⁹, as well as coherent excitation from ground to Rydberg states at a single site²⁰. Here, we describe experiments that demonstrate the Rydberg blockade effect between two neutral atoms separated by more than 10 µm, which is an enabling step towards creation of entangled atomic states. Previous demonstrations of neutral-atom entanglement have relied on shortrange collisions at length scales characterized by a low-energy scattering length of about 10 nm (refs 21,22). Our results, using laser-cooled and optically trapped ⁸⁷Rb, extend the distance for strong two-atom interactions by three orders of magnitude, and place us in a regime where the interaction distance is large compared with 1 µm, which is the characteristic wavelength of light needed

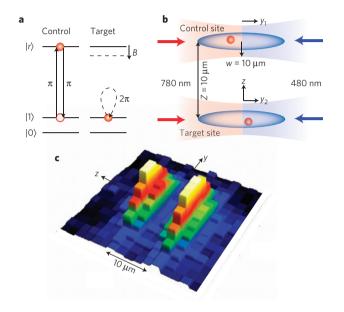


Figure 1 | Rydberg blockade mechanism. a, Conceptual operation of a Rydberg blockade phase gate between control and target atoms each with internal qubit states $|0\rangle$, $|1\rangle$ and Rydberg state $|r\rangle$. **b**, Experimental geometry with two trapping regions separated by $Z=10~\mu m$. **c**, Experimental fluorescence image of the atomic density created by averaging 146 exposures each with one atom in the control and target sites.

for internal-state manipulation. The ten-to-one ratio we achieve between the interaction length and the wavelength of the control light is a significant step towards demonstration of a universal quantum gate between neutral atoms in a scalable architecture.

To carry out the blockade operation of Fig. 1a, the atoms must be close enough to have a strong interaction, yet far enough apart that they can be individually controlled (Fig. 1b). To satisfy these conflicting requirements, we first localize single atoms to regions that are formed by tightly focused beams from a far-detuned laser. The lasers that control the coupling between internal states are focused to a small waist $w \sim 10 \, \mu \text{m}$ so the atoms can be separately manipulated by displacing the control lasers, even though the trapping sites are close together. In addition, we excite high-lying Rydberg levels with n=79 and 90. The strength of the long-range interaction between two Rydberg atoms scales as n^{11} , with n being the principal quantum number²³. As will be discussed in more detail below, the 79d(90d) Rydberg levels provide $B/2\pi > 3(9.5)$ MHz of blockade shift at $Z=10.2 \, \mu \text{m}$, which is sufficient for a strong two-atom blockade effect.

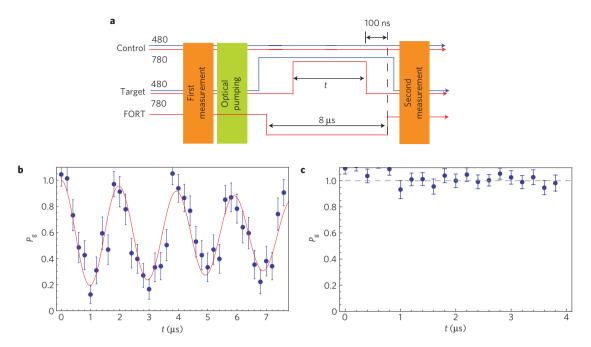


Figure 2 | Single-atom Rabi oscillations to $79d_{5/2}$. a, Experimental sequence. b, Measured ground-state population during Rabi flopping on the target site. c, Measured control-site crosstalk when the Rydberg excitation lasers are pointed at the empty target site. The error bars represent ± 1 one standard deviation.

The experimental apparatus and procedures have been described in our recent publication²⁰, where we observed coherent oscillations between the ⁸⁷Rb ground and Rydberg levels $|1\rangle \equiv |5s_{1/2}, f = 2, m_f = 2\rangle$ and $|r\rangle \equiv |43d_{5/2}, m_j = 1/2\rangle$. Here, we use similar techniques, but to get a sufficiently strong interaction, we now excite the $|r\rangle \equiv |79d_{5/2}, m_j = 1/2\rangle$ or $|r\rangle \equiv |90d_{5/2}, m_j = 1/2\rangle$ Rydberg levels. The essential steps of the experimental sequence shown in Fig. 2a are as follows. We start by loading single atoms into one or both sites from a cold background vapour in a magneto-optical trap. Both trapping sites are measured simultaneously by scattering red-detuned molasses light that is near resonant with the $5s_{1/2} - 5p_{3/2}$ transition and imaging the fluorescence onto a sensitive CCD (charge-coupled device) camera using imaging optics that give an effective pixel size of $2.1 \times 2.1 \,\mu\text{m}$. The counts in regions of interest corresponding to the peaks in Fig. 1c are tabulated and loading of a single atom is established when the counts lie within upper and lower confidence bounds based on histograms of many measurements. The presence of atoms is checked by the first measurement, after which we optically pump the atoms into |1). We then turn off the trapping potentials for 8 us while carrying out the Rydberg excitation, restore the trapping potential and use a second measurement to see whether or not there is still an atom in each site. The trapping light photo-ionizes the Rydberg atoms faster than they can spontaneously decay to the ground state²⁴, which enables detection of Rydberg excitation by monitoring atom loss. As the trap turn-off time is less than the trap vibrational period (radial 15 µs and axial 190 µs), the small probability of atom loss due to turning off the trap is measured to be 3%.

Rabi oscillations between $|1\rangle$ and $|r\rangle = |79d_{5/2}, m_j = 1/2\rangle$ are shown in Fig. 2b when there is no atom present in the control site, and one atom in the target site. The measured and calculated Rabi frequencies agree to about 10%. Figure 2c shows the crosstalk measured at the control site by loading one control atom, no target atoms and keeping the lasers aligned to the target site. The expected Rydberg population due to crosstalk given the Gaussian shape of our excitation lasers is $P' \sim \Omega'^2/(\Omega'^2 + \Delta_{\rm a.c.}^2)$, where $\Omega'/\Omega = {\rm e}^{-Z^2/w_{z,780}^2} {\rm e}^{-Z^2/w_{z,480}^2} = 0.019$ is the relative Rabi frequency at

the non-addressed site and $\Delta_{\rm a.c.} = 2\pi \times 2\,{\rm MHz}$ is our theoretical estimate for the a.c. Stark shift of the $|1\rangle - |r\rangle$ transition. These numbers give $P' \sim 10^{-4}$, which is consistent with the observed lack of Rabi oscillations due to spatial crosstalk.

Having verified the ability to carry out Rabi oscillations between $|1\rangle$ and $|r\rangle$, we use the sequence shown in Fig. 3a to demonstrate Rydberg blockade. We start by loading one atom into each site and then carry out a π pulse $|1\rangle \rightarrow |r\rangle$ on the control site. A Rydberg pulse of length t is then applied to the target, followed by a second π pulse on the control atom to return it to the ground state. We then measure the population in both sites and keep only the data for which we still have an atom in the control site. This procedure removes spurious data due to cases where the control atom was lost during the initial measurement. Rabi oscillations of the target with no control atom (Fig. 3b) can be compared with the data when there is a control atom present (Fig. 3c). We see that the presence of the control atom reduces the probability of populating the Rydberg state from about 0.8 to 0.3. Figure 3d,e shows equivalent data but with the control and target roles switched between the two trapping sites. This verifies that the results are not due to some spatial asymmetry or bias in our experimental procedures.

To confirm that the observed excitation suppression is due to Rydberg blockade, we must account quantitatively for the strength of the Rydberg interactions. 87 Rb atoms excited to the $79d_{5/2}$ state experience a Förster interaction^{25,26} that is dominated by the near degeneracy of the energy of two 79d atoms with the energy of a twoatom state $n_p p + n_f f$. The interaction is strongest for channels with²⁶ $n_p = 80$, $n_f = 78$ and $n_p = 81$, $n_f = 77$. The situation is complicated by the fact that the $B_0 = 1.15$ mT bias magnetic field that is used for optical pumping remains on during the Rydberg interaction, giving Zeeman shifts and coupling of different fine-structure states. This leads to mixing of the $79d_{5/2}$ and $79d_{3/2}$ fine-structure manifolds, which have a zero-field separation of only about 23 MHz. In this situation, our previously developed analytical theory of the Förster interaction²⁶ no longer applies, so we have solved the problem numerically accounting for a total of 436 coupled molecular states. The Rydberg interaction can be characterized by two numbers: the probability of two-atom excitation after a π pulse on the target atom

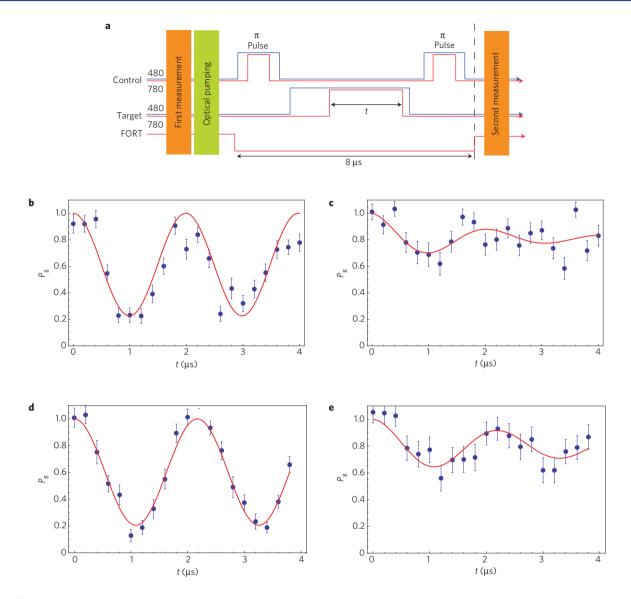


Figure 3 | Rydberg blockade experiment between control and target atoms. a, Experimental sequence. b, Rabi oscillations on site 2 when no π pulses are applied to site 1. c, Blockaded oscillations on site 2 when the π pulses are applied to site 1. d,e, The same as in b,c, but with the roles of sites 1 and 2 reversed. The red lines are curve fits to the function $(1-a) + a\cos(2\pi f t)e^{-t/\tau}$. The fit parameters $(a,f(MHz),\tau(\mu s))$ were: (0.44,0.51,5.7) for b, (0.17,0.45,3.0) for c, $(0.40,0.46,\infty)$ for d and (0.21,0.45,2.3) for e. The error bars are standard deviations with 50 data points at each value of t.

 P_2 , and the effective blockade shift B. We calculate P_2 numerically using the molecular energies and wavefunctions, as discussed in Supplementary Information, Section S2, and then determine the effective blockade shift from the relation $P_2 = \Omega^2/\Omega^2 + 2\mathbf{B}^2$.

The theoretical blockade shifts and double-excitation probabilities for a 1.15 mT magnetic field with the observed excitation Rabi frequency of $\Omega/2\pi=0.51$ MHz are shown in Fig. 4. Averaging over the probability distribution of y_1-y_2 , we predict a double-excitation probability of $\bar{P}_2=0.10$. This value of \bar{P}_2 in turn implies an average blockade shift of $\bar{B}/(2\pi)=1.1$ MHz. Monte Carlo simulations of the blockade experiment accounting for random variations of atomic position, Doppler broadening and the calculated position-dependent blockade shift discussed above, but without allowing for any extra experimental errors, predict $P_2 \sim 0.14$, as shown in Supplementary Information, Fig. S4.

On the other hand, the data in Fig. 3 show double-excitation probabilities in the blockaded case as high as $P_2 \sim 0.3 - 0.35$, which is about three times higher than the calculated \bar{P}_2 . To understand the cause of this difference, we have carried out extra

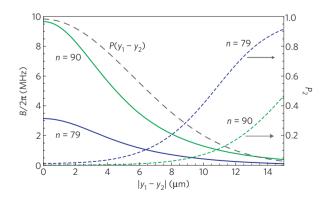


Figure 4 | Theoretical interaction strength. Blockade shift (solid lines) and P_2 (dashed lines) as a function of relative position $|y_1 - y_2|$ for n = 79 (blue) and n = 90 (green) Rydberg levels. The long-dashed line shows the relative probability of $y_1 - y_2$, which is a Gaussian with variance $2\sigma_v^2$.

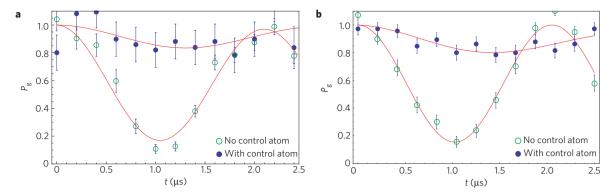


Figure 5 | Rydberg blockade by excitation of the $|90d_{5/2}\rangle$ Rydberg level. a, The experimental data for Rydberg excitation of the target atom with and without a control atom present. b, A Monte Carlo simulation accounting for experimental imperfections. The amplitude of the curve fit to the blockaded oscillations is a = 0.09 (experiment) and a = 0.11 (simulation).

Monte Carlo simulations of the three-pulse blockade sequence including imperfections in state measurement, state preparation and Rydberg detection. As described in detail in Supplementary Information, Section S3, the primary causes of the reduced blockade efficiency observed experimentally are attributable to loss of atoms during the first measurement (probability $1-\eta_{\rm m}\sim 0.15$), imperfect state preparation (optical pumping efficiency of $\eta_{\rm p}\sim 0.90$) and imperfect Rydberg detection efficiency (error probability $\eta_{\rm Rd}\sim 0.05$). Using these values together with the full set of experimental parameters discussed above, we predict unblockaded Rabi oscillations to Rydberg levels with peak-to-peak oscillation amplitude of $2a\sim 0.80$ and blockaded oscillations with peak-to-peak amplitude of $2a\sim 0.32$. These numbers agree to within a few per cent with the experimental data in Figs 2 and 3.

Our simulations show that the primary causes of imperfect blockade are experimental imperfections in state preparation and measurement as well as variations in the two-atom separation at finite temperature. We expect that modest improvements to the experimental apparatus will enable blockade errors to be reduced. which will then lead to the possibility of observing a long-range two-atom conditional logic gate. Indeed, a detailed analysis of a Rydberg blockade CNOT gate taking into account a large number of experimental imperfections suggests that gate errors at the 10⁻³ level are feasible²⁴. As a next step in this direction, Fig. 5a shows extra blockade data obtained by excitation of $90d_{5/2}$, with all other parameters as in Fig. 3. As shown in Fig. 4, and discussed in Supplementary Information, the Rydberg interaction strength for n = 90 is about three times stronger than for n = 79. With this strong an interaction, the observed probability of excitation of a target atom is reduced to under 20%. The spatially averaged theoretical double-excitation probability, without accounting for experimental imperfections, is reduced to $\bar{P}_2 = 0.02$. Thus, the observed blockade leakage is almost entirely due to errors in state preparation and measurement, as demonstrated by the Monte Carlo simulation shown in Fig. 5b. We therefore expect that technical improvements to reduce these errors will result in high-fidelity Rydberg blockade that will be suitable for precise quantum logic operations.

In summary, we have observed Rydberg blockade between two atoms localized in spatially separated trapping sites. The excitation of one atom to a Rydberg level blocks the subsequent excitation of a second atom. The blockade effectiveness is consistent with calculations of the Rydberg interaction strength accounting for all experimental parameters. Our observations complement previous work on excitation suppression in a many-body regime ^{13–18} and extend the range of strong interactions between just two atoms to a distance that is ten times larger than the wavelength of the light needed for internal-state manipulation. We believe this will

be important for ongoing efforts to build scalable neutral-atom quantum logic devices. In future work, we plan to combine the blockade studied here with single-atom rotations to demonstrate a universal CNOT gate between two atoms, which may eventually form the basis for a many-qubit quantum processor.

After completion of this work, we became aware of a related preprint by A. Gaëtan *et al.*²⁷.

Methods

Experimental geometry. Single atoms are localized in far-off-resonance traps created by focusing a laser with wavelength $\lambda=1,064$ nm, to spots with waists $(1/e^2$ intensity radius) w=3.0 μm. The resulting traps have a potential depth of $U/k_{\rm B}=4.1$ mK. The trapped atoms have a measured temperature of $T\simeq 180$ μK. The position probability distributions for each atom are well described by quasi-one-dimensional Gaussians with $\sigma_z=0.32$ μm and $\sigma_y=4.0$ μm. The resulting single-atom distributions observed experimentally by viewing along the x axis are shown in Fig. 1c. The observed spatial probability distributions are broader than the above estimates owing to the finite resolution of our imaging optics. Measurement and analysis procedures used to determine the point spread function of the imaging optics ($\sigma_{\rm opt}\sim 1.5$ μm) as well as the spatial distribution and temperature of the trapped atoms are described in Supplementary Information.

Single-atom Rabi oscillations. States $|1\rangle$, $|r\rangle$ are coupled by two-photon transitions driven by counterpropagating 780 and 480 nm lasers polarized along \hat{z} , which is also the direction of the 1.15 mT bias magnetic field. Each laser is focused to a waist of $w \sim 10 \, \mu \mathrm{m}$ and the light of each colour is switched between control and target sites using acousto-optic modulators (AOMs). The frequency shifts of the 780 and 480 nm beams that occur due to AOM switching have opposite signs so that the sum frequency that is resonant with the Rydberg level is the same at both sites.

The Rabi pulse length t is defined by a 780 nm laser that is switched with a fast AOM (20 ns rise time). The 480 nm light is switched more slowly, before and after each pulse. Each data point is the average of \sim 50 pre-selected single-atom experiments, with the bars showing ± 1 standard deviation. The solid line in Fig. 2b shows a curve fitted to the data with the function $(1-a)+a\mathrm{e}^{-t/\tau}\cos(\Omega t)$, which gives a Rabi frequency of $\Omega=2\pi\times0.51$ MHz.

The theoretical two-photon Rabi frequency is $\Omega = C_\Delta \Omega_{780} \Omega_{480}/2\Delta$. Starting from the $|f=2,m_f=2\rangle$ ground state with \hat{z} -polarized light, $\Omega_{780} = (\sqrt{2}/3)(q\mathcal{E}_{780}/\hbar)R_{5,27}^{2p_{1/2}}$, $\Omega_{480} = (\sqrt{6}/5)(q\mathcal{E}_{480}/\hbar)R_{5,27}^{2p_{4/2}}$ and $C_\Delta = (\Delta - \Delta_{23}/2)/(\Delta - \Delta_{23}^{2})$, with $\Delta_{23}/2\pi = -0.267$ GHz being the hyperfine splitting of the $5p_{3/2}$ f=2,3 levels and Δ being the laser detuning from $|5p_{3/2}$, f=3). Using quantum defect wavefunctions, we find $R_{5,1/2}^{5p_{1/2}} = 5.14a_0$, $R_{5p_{1/2}}^{5p_{1/2}} = 0.012a_0$. Experimental parameters of $\Delta/2\pi = -2.4$ GHz, beam powers of $P_{780} = 1.95$ μ W, $P_{480} = 26.2$ mW and waists $w_{x,780} = 11.9$, $w_{x,780} = 11.3$, $w_{x,480} = 9.0$ μ m give $\Omega/2\pi = 0.61$ MHz. This is then reduced by 3.7% to account for the Zeeman mixing of the $79d_{5/2}$ state with $79d_{3/2}$, which has a negligible radial matrix element with $5p_{3/2}$. The final result, with no adjustable parameters, is $\Omega/2\pi = 0.59$ MHz.

We attribute the approximately 14% lower experimental value to some spatial misalignment, and a small fraction of the Rydberg excitation light being present in servo sidebands from laser locks. The data show that the atom is returned to the ground state with 95% probability after one cycle and that Rydberg-state excitation is achieved with $\sim\!\!80\%$ probability. The lack of perfect Rydberg excitation is attributed to errors in state preparation and measurement discussed in Supplementary Information. The laser linewidths as deduced from Allan variance

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measurements are <500 Hz, relative to a common reference cavity over timescales of 10 μ s. We do not believe the finite linewidths have a significant influence on the Rydberg excitation probability.

Received 20 June 2008; accepted 5 December 2008; published online 11 January 2009

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Acknowledgements

This work was supported by the NSF and ARO-IARPA.

Author contributions

The experimental work was carried out by E.U. and T.A.J. (who contributed equally) with assistance by T.H., L.I. and D.D.Y. Data analysis and blockade simulations were carried out by T.A.J. and M.S., calculations of Rydberg interactions were carried out by T.G.W. and M.S. and the experiment was planned and designed by T.G.W. and M.S.

Additional information

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