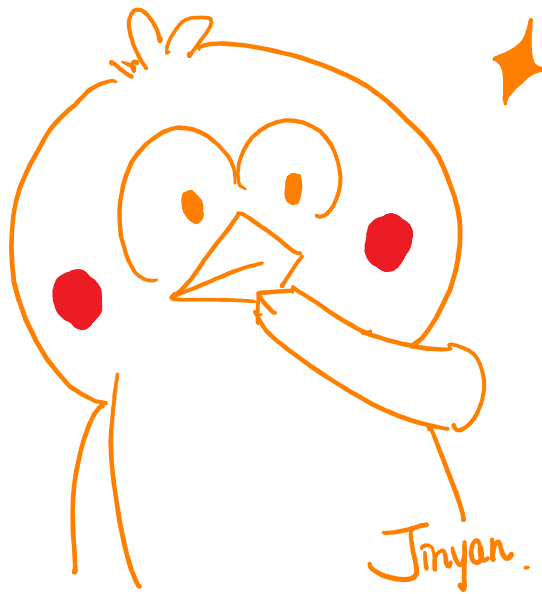


Homework 1

Math 542 - Quantum Optics
Professor Alex Kuzmich



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1

Via Eq. (2.55) from the textbook, we have

$$i\hbar \dot{\mathbf{a}}(t) = \frac{\hbar}{2} \begin{bmatrix} -\omega_0 & 2|\Omega_0(t)| \cos(\omega t - \phi(t)) \\ 2|\Omega_0(t)| \cos(\omega t - \phi(t)) & \omega_0 \end{bmatrix} \mathbf{a}(t), \quad (1.1)$$

with the definition

$$\Omega_0(t) = \frac{-(\mu_z)_{21} E_0(t)}{\hbar} = |\Omega_0(t)| e^{i\phi(t)}.$$

With the assumption that $\Omega_0 \in \mathbb{R}$ Eq. (1.1) becomes

$$i\hbar \dot{\mathbf{a}}(t) = \frac{\hbar}{2} \begin{bmatrix} -\omega_0 & 2\Omega_0 \cos(\omega t) \\ 2\Omega_0 \cos(\omega t) & \omega_0 \end{bmatrix} \mathbf{a}(t).$$

Here we denote $m = i\omega_0\hbar/2$, and $c = -i2\Omega_0 \cos(\omega t)$. Then we have

$$\dot{\mathbf{a}} = \mathbf{M} \mathbf{a}(t) = \begin{bmatrix} m & c \\ c & -m \end{bmatrix} \mathbf{a}(t).$$

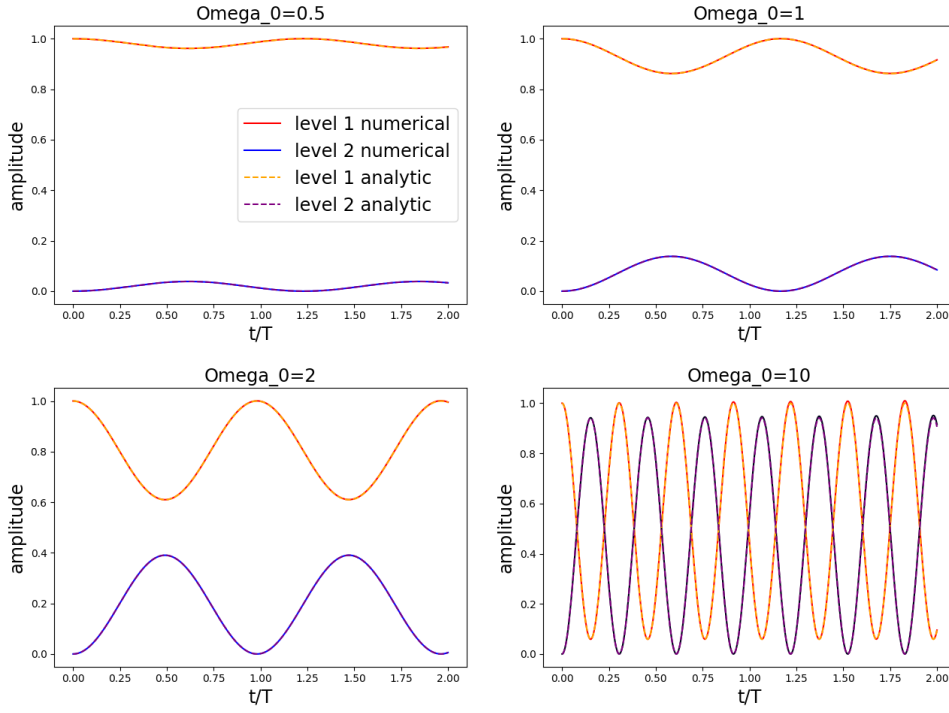
Here we will solve the system as a function of t/T numerically with initial conditions $a_1(0) = 1$ and $a_2(0) = 0$.

* The amplitude of $a_1(t)$ and $a_2(t)$ are plotted on the next page.

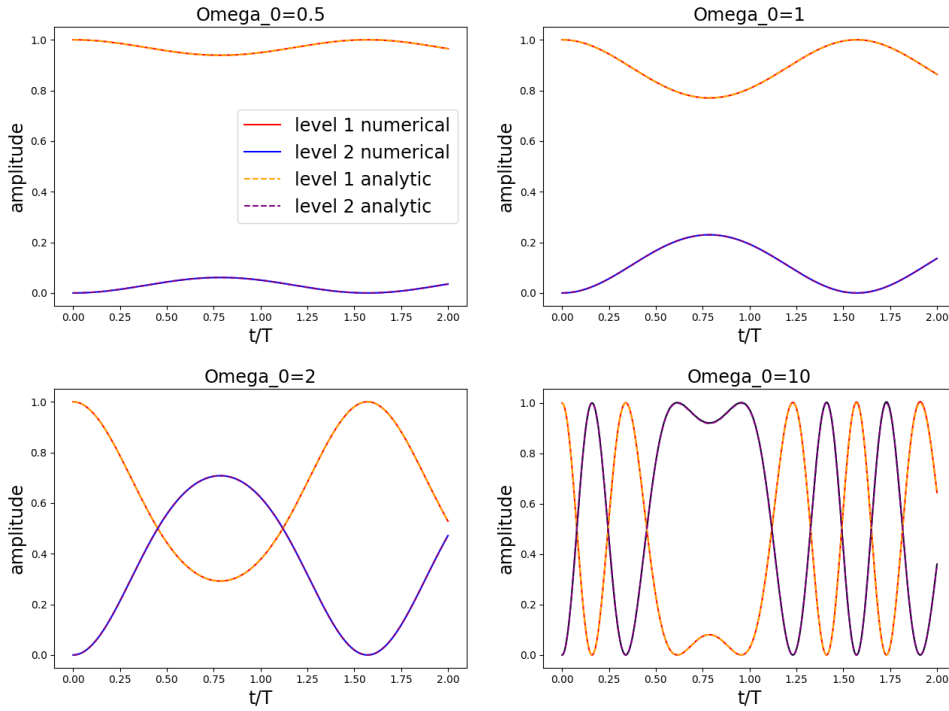
** The code is attached at the end of this text.

*** For simplicity, the assumption that $\hbar = 1$ has been made.

Assume $\omega T = 0$, $\Omega_0 T \in \{0.5, 1, 2, 10\}$, $\omega_0 T = 5$.



Assume $\omega T = 2$, $\Omega_0 T \in \{0.5, 1, 2, 10\}$, $\omega_0 T = 0$.



2

Here we consider the system

$$i\hbar\dot{\tilde{\mathbf{c}}} = \tilde{\mathbf{H}}\tilde{\mathbf{c}}, \quad (2.1)$$

where we have

$$\tilde{\mathbf{H}} = \frac{\hbar}{2} \begin{bmatrix} -\delta & \Omega_0 \exp(-(t/T)^2) \\ \Omega_0 \exp(-(t/T)^2) & \delta \end{bmatrix}.$$

Simplifying (2.1) we obtain

$$\dot{\tilde{\mathbf{c}}} = -i \begin{bmatrix} -\delta/2 & \Omega_0 \exp(-(t/T)^2)/2 \\ \Omega_0 \exp(-(t/T)^2)/2 & \delta/2 \end{bmatrix} \tilde{\mathbf{c}}. \quad (2.2)$$

Here Eq. (2.2) agrees with the form of Eq. (2.151) from the textbook,

$$\dot{\tilde{\mathbf{c}}}(t) = -i \mathbf{A} \tilde{\mathbf{c}}.$$

It is not hard to check that the matrix \mathbf{A} has eigenvalues

$$\Lambda_{1,2}(t) = \pm \sqrt{\delta^2 + \Omega_0^2 \exp(-2(t/T)^2)}/2 = \pm \Omega(t)/2.$$

Here we set

$$\tilde{\mathbf{c}} = \mathbf{T} \mathbf{x}, \quad (2.3)$$

where \mathbf{T} diagonalizes \mathbf{A} , then via Eq. (2.154) from the text, we have

$$\dot{\mathbf{x}} = -i\mathbf{\Lambda} \mathbf{x} - \mathbf{T}^\dagger \dot{\mathbf{T}} \mathbf{x},$$

where $\mathbf{\Lambda} = \text{diag}(\Lambda_1, \Lambda_2)$. We note further that time-dependent terms in \mathbf{T} can only be in the form of $\sim e^{t^2/T^2}$, thus all nonzero entries in $\dot{\mathbf{T}}$ involves factor of $1/T^2$. We conclude that entries in $\mathbf{T}^\dagger \dot{\mathbf{T}}$, which have order $1/T^2$, are much less than $|\Lambda_1 - \Lambda_2| \sim \Omega(t)$ because $|\Omega(t) T| \gg 1$ by assumption. According to Section 2.7.2 from the textbook, we proceed with the approximation

$$\dot{\mathbf{x}} = -i\mathbf{\Lambda} \mathbf{x}. \quad (2.4)$$

Expanding system (2.4), we write

$$\begin{bmatrix} \dot{x}_1 \\ \dot{x}_2 \end{bmatrix} = -i \begin{bmatrix} \sqrt{\delta^2 + \Omega_0^2 \exp(-2(t/T)^2)}/2 & 0 \\ 0 & -\sqrt{\delta^2 + \Omega_0^2 \exp(-2(t/T)^2)}/2 \end{bmatrix} \begin{bmatrix} x_1 \\ x_2 \end{bmatrix}.$$

That is,

$$\dot{x}_1 = -i \frac{\sqrt{\delta^2 + \Omega_0^2 \exp(-2(t/T)^2)}}{2} x_1, \quad \dot{x}_2 = i \frac{\sqrt{\delta^2 + \Omega_0^2 \exp(-2(t/T)^2)}}{2} x_2,$$

Solving we obtain

$$x_1(t) = x_1(t_0) \exp \left(-i \int_{t_0}^t \frac{\sqrt{\delta^2 + \Omega_0^2 \exp(-2(t'/T)^2)}}{2} dt' \right), \quad (2.5)$$

$$x_2(t) = x_2(t_0) \exp \left(i \int_{t_0}^t \frac{\sqrt{\delta^2 + \Omega_0^2 \exp(-2(t'/T)^2)}}{2} dt' \right). \quad (2.6)$$

A computation through Mathematica finds that we have

$$\mathbf{T} = \begin{bmatrix} \cos(\theta) & -\sin(\theta) \\ \sin(\theta) & \cos(\theta) \end{bmatrix}$$

where we have

$$\sin(\theta) = \sqrt{\frac{1}{2} \left(1 - \frac{\delta}{\Omega} \right)}, \quad \cos(\theta) = \sqrt{\frac{1}{2} \left(1 + \frac{\delta}{\Omega} \right)}, \quad \text{with } \Omega = \sqrt{\delta^2 + \Omega_0^2 \exp(-2(t/T)^2)}.$$

Recall from (2.3), we obtain the result

$$\tilde{c}_1 = x_1 \cos(\theta) - x_2 \sin(\theta), \quad \tilde{c}_2 = x_1 \sin(\theta) + x_2 \cos(\theta).$$

In the limit that $\delta(t) \rightarrow$ positive constant as $t \rightarrow -\infty$, we can utilize the initial condition $\tilde{c}_1(t_0 = -\infty) = 1$ and $\tilde{c}_2(t_0 = -\infty) = 0$, with that $\Omega(-\infty) = |\delta|$, thus $\sin(\theta)|_{t=-\infty} = 0$, $\cos(\theta)|_{t=-\infty} = 1$ we obtain

$$\begin{bmatrix} 1 \\ 0 \end{bmatrix} = \begin{bmatrix} 1 & 0 \\ 0 & 1 \end{bmatrix} \begin{bmatrix} x_1(t_0) \\ x_2(t_0) \end{bmatrix}$$

and we find that $x_1(t_0) = 1$, $x_2(t_0) = 0$, and thus we have

$$\tilde{c}_2(t) = x_1(t) \sin(\theta(t)),$$

with $\|x_1(t)\| = 1$, and we conclude

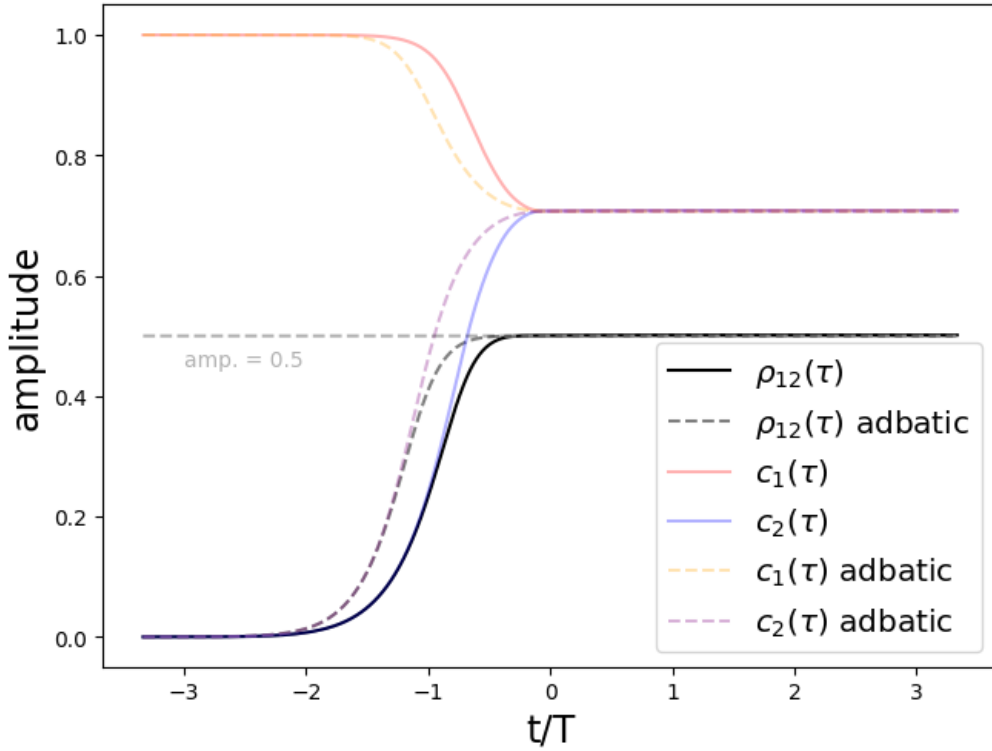
$$\|\tilde{c}_2(t)\|^2 = \frac{1}{2} \left(1 - \frac{\delta(t)}{\sqrt{\delta(t)^2 + \Omega_0^2 \exp(-2(t/T)^2)}} \right), \quad \|\tilde{c}_1(t)\|^2 = 1 - \|\tilde{c}_2(t)\|^2.$$

In the limit $\delta(t) \rightarrow$ negative constant as $t \rightarrow -\infty$, we can similarly compute

$$\|\tilde{c}_1(t)\|^2 = \frac{1}{2} \left(1 - \frac{\delta(t)}{\sqrt{\delta(t)^2 + \Omega_0^2 \exp(-2(t/T)^2)}} \right), \quad \|\tilde{c}_2(t)\|^2 = 1 - \|\tilde{c}_1(t)\|^2.$$

3

The adiabatic approximation calculation proceed the same as in Problem 2, and is implemented in the program via the use of Eq. (2.3), (2.5), and (2.6) in Problem 2. The numerical results are plotted in solid lines in the following figure, together with the adiabatic approximation plotted in dashed lines. Note here we have set $\hbar = 1$.



From the figure, we clearly see that, both $\rho_{12}(\tau)$ calculated via adiabatic approximation and calculated numerically approaches $1/2$ in the limit $\tau \rightarrow \infty$, as expected.

* The code for the program is attached on the next page.

Script by Jinyan Miao for P1 and P3 on Physics 542 Homework 1

Script for P1

```

1 import numpy as np
2 import matplotlib.pyplot as plt
3
4 delta_t = 0.00005
5 ts = np.linspace(0,2,int(2/delta_t))
6
7 omega = 0
8 Omega0s = [0.5,1,2,10]
9 omega0 = 5
10
11 red_colors = [(1,0,0), (1,0,0), (1,0,0), (1,0,0)]
12 blue_colors = [(0,0,1), (0,0,1), (0,0,1), (0,0,1)]
13
14 def a1_sqamp_ana(t, omega0, a1i, a2i, Omega0):
15     # squared amplitude of a1 analytic function
16     omega0 = -omega0
17     y = 2*Omega0
18     X = ((omega0**2)+(y**2))**(1/2)
19     a1 = (np.cos(X*t/2)+1j*omega0/X*np.sin(X*t/2))*a1i-(1j*y/X)*np.sin(X*
20 t/2)*a2i
21     return a1*np.conjugate(a1)
22
23 def a2_sqamp_ana(t, omega0, a1i, a2i, Omega0):
24     # squared amplitude of a2 analytic function
25     omega0 = -omega0
26     y = 2*Omega0
27     X = ((omega0**2)+(y**2))**(1/2)
28     a2 = (np.cos(X*t/2)-1j*omega0/X*np.sin(X*t/2))*a2i-(1j*y/X)*np.sin(X*
29 t/2)*a1i
30     return a2*np.conjugate(a2)
31
32 # def a1_sqamp_ana(t, delta, a1i, a2i, Omega0):
33 #     #squared amplitude of a1 analytic function
34 #     theta = Omega0*np.sin(omega*t)/omega
35 #     a1 = np.cos(theta)*c1i - 1j*np.sin(theta)*c2i
36 #     return a1*np.conjugate(a1)
37 #
38 # def a2_sqamp_ana(t, delta, a1i, a2i, Omega0):
39 #     #squared amplitude of a1 analytic function
40 #     theta = Omega0*np.sin(omega*t)/omega
41 #     a2 = -1j*np.sin(theta)*c1i + np.cos(theta)*c2i
42 #     return a2*np.conjugate(a2)
43
44 # numerical computation
45 for Omega0 in Omega0s:
46     delta = omega0-omega
47     c1i = 1
48     c2i = 0
49     a1 = [c1i]
50     a2 = [c2i]
51     hbar = 1
52     m = 1j*omega0*hbar/2
53     c = -1j*Omega0
54
55     for t in ts[:-1]:

```

```

55     dot_a1 = m*a1[-1] + c*np.cos(omega*t)*a2[-1]
56     dot_a2 = c*np.cos(omega*t)*a1[-1] - m*a2[-1]
57     a1.append(a1[-1]+delta_t*dot_a1)
58     a2.append(a2[-1]+delta_t*dot_a2)
59
60     a1_sqamp = np.real(np.array([a*np.conjugate(a) for a in a1]))
61     a2_sqamp = np.real(np.array([a*np.conjugate(a) for a in a2]))
62
63     # general plots
64     plt.plot(ts, a1_sqamp, color=red_colors[n], label='level 1 numerical'
65 )
66     plt.plot(ts, a2_sqamp, color=blue_colors[n], label='level 2 numerical'
67 )
68     plt.plot(ts, [a1_sqamp_ana(t, omega0, c1i, c2i, Omega0) for t in ts],
69             label='level 1 analytic', linestyle='dashed', color='orange'
70 )
71     plt.plot(ts, [a2_sqamp_ana(t, omega0, c1i, c2i, Omega0) for t in ts],
72             label='level 2 analytic', linestyle='dashed', color='purple'
73 )
74     plt.ylabel(r'amplitude', fontsize='xx-large')
75     plt.xlabel("t/T", fontsize='xx-large')
76     plt.legend(fontsize='xx-large')
77     plt.title(r' $\Omega_0=$ ' + str(Omega0), fontsize='xx-large')
78     plt.tight_layout()
79     plt.show()

```

Script for P3

```

1  import numpy as np
2  import matplotlib.pyplot as plt
3
4  ## discretize for numerical computation
5  delta_t = 0.00001
6  ts = np.linspace(-10,10,int(20/delta_t))
7  ## discretize for analytic plot
8  delta_t_ana = 0.005
9  ts_ana = np.linspace(-10,10,int(20/delta_t_ana))
10
11 # initial conditions
12 c1i = 1
13 c2i = 0
14 c1 = [c1i]
15 c2 = [c2i]
16 # parameters
17 hbar = 1
18 Omega0Mod = 30
19 delta0 = 30
20
21 def Omega0Func(t):
22     return Omega0Mod*np.exp(-(t**2))
23
24 def deltaFunc(t):
25     if t<0:
26         delta = delta0*((1-np.exp(t))**3)
27     else:
28         delta = 0

```



```

29     return delta
30
31 def c1_dressed_ana(ts_truncated, ini0):
32     ## dressed c1 analytic form
33     Omegas = []
34     for t in ts_truncated:
35         Omega0 = Omega0Func(t)
36         delta = deltaFunc(t)
37         Omega = np.sqrt(delta**2 + np.absolute(Omega0)**2)
38         Omegas.append(Omega)
39     I = np.trapz(Omegas, x=ts_truncated)
40     return np.exp(1j*I/2)*ini0
41
42 def c2_dressed_ana(ts_truncated, ini0):
43     ## dressed c2 analytic form
44     Omegas = []
45     for t in ts_truncated:
46         Omega0 = Omega0Func(t)
47         delta = deltaFunc(t)
48         Omega = np.sqrt(delta**2 + np.absolute(Omega0)**2)
49         Omegas.append(Omega)
50     I = np.trapz(Omegas, x=ts_truncated)
51     return np.exp(-1j*I/2)*ini0
52
53 def c_tilde_ana(t, c1_dressed, c2_dressed):
54     ## convert from dressed c to tilde c
55     Omega0 = Omega0Func(t)
56     delta = deltaFunc(t)
57     Omega = np.sqrt(delta**2 + np.absolute(Omega0)**2)
58     sin = np.sqrt((1/2)*(1-delta/Omega))
59     cos = np.sqrt((1/2)*(1+delta/Omega))
60     c1_tilde_ana = cos*c1_dressed+sin*c2_dressed
61     c2_tilde_ana = -sin*c1_dressed+cos*c2_dressed
62     return c1_tilde_ana, c2_tilde_ana
63
64
65 ## numerical method computed as follows
66 for t in ts[:-1]:
67     Omega0 = Omega0Func(t)
68     delta = deltaFunc(t)
69     c = -1j*np.conjugate(Omega0)*np.exp(-1j*delta*t)/2
70     cc = -1j*Omega0*np.exp(1j*delta*t)/2
71     dot_c1 = c*c2[-1]
72     dot_c2 = cc*c1[-1]
73     c1.append(c1[-1]+delta_t*dot_c1)
74     c2.append(c2[-1]+delta_t*dot_c2)
75
76 c1 = np.array(c1)
77 c2 = np.array(c2)
78 rho12 = np.absolute(c1*np.conjugate(c2))
79
80 ## analytic results computed as follows
81 # initial condition for dressed c
82 t_ini = ts_ana[0]
83 Omega0_ini = Omega0Func(t_ini)
84 delta_ini = deltaFunc(t_ini)
85 Omega_ini = np.sqrt(delta_ini**2 + np.absolute(Omega0_ini)**2)
86 sin_ini = np.sqrt((1/2)*(1-delta_ini/Omega_ini))
87 cos_ini = np.sqrt((1/2)*(1+delta_ini/Omega_ini))
88 c1_tilde_ini = np.exp(1j*delta_ini*t_ini/2)*c1i

```

```

89 c2_tilde_ini = -np.exp(1j*delta_ini*t_ini/2)*c2i
90 c1_dressed_ini = cos_ini*c1_tilde_ini-sin_ini*c2_tilde_ini
91 c2_dressed_ini = sin_ini*c1_tilde_ini+cos_ini*c2_tilde_ini
92
93 c1_tilde_anas = [c1_tilde_ini]
94 c2_tilde_anas = [c2_tilde_ini]
95
96 # compute the analytic values
97 for i in range(len(ts_ana)):
98     t = ts_ana[i]
99     c1_dressed = c1_dressed_ana(ts_ana[:i],c1_dressed_ini)
100    c2_dressed = c2_dressed_ana(ts_ana[:i],c2_dressed_ini)
101    c1_tilde, c2_tilde = c_tilde_ana(t, c1_dressed, c2_dressed)
102    c1_tilde_anas.append(c1_tilde)
103    c2_tilde_anas.append(c2_tilde)
104
105 # compute analytic magnitude
106 c1_tilde_mag = np.absolute(np.array(c1_tilde_anas))
107 c2_tilde_mag = np.absolute(np.array(c2_tilde_anas))
108 rho12_adbatic = np.absolute(c1_tilde_anas*np.conjugate(c2_tilde_anas))
109
110 ## truncate t interval for plotting
111 length = len(ts)
112 L31 = int(length/3)
113 L32 = 2*int(length/3)
114
115 length = len(ts_ana)
116 L31ana = int(length/3)
117 L32ana = 2*int(length/3)
118
119 ## plot the results
120 plt.plot(ts[L31:L32], rho12[L31:L32],
121          label=r'$\rho_{12}(\tau)$', color='black')
122 plt.plot(ts_ana[L31ana:L32ana], rho12_adbatic[L31ana:L32ana],
123          label=r'$\rho_{12}(\tau)$ adbatic', linestyle='--', color='gray',
124          )
125 plt.plot(ts[L31:L32], np.absolute(c1)[L31:L32],
126          label=r'$c_1(\tau)$', alpha=0.3, color='red')
127 plt.plot(ts[L31:L32], np.absolute(c2)[L31:L32],
128          label=r'$c_2(\tau)$', alpha=0.3, color='blue')
129 plt.plot(ts_ana[L31ana:L32ana], c1_tilde_mag[L31ana:L32ana],
130          label=r'$c_1(\tau)$ adbatic', linestyle='--',
131          alpha=0.3, color='orange')
132 plt.plot(ts_ana[L31ana:L32ana], c2_tilde_mag[L31ana:L32ana],
133          label=r'$c_2(\tau)$ adbatic', linestyle='--',
134          alpha=0.3, color='purple')
135 plt.plot(ts[L31:L32], ([0.5]*len(ts))[L31:L32],
136          linestyle='--', alpha=0.3, color='black')
137 plt.annotate('amp. = 0.5', (-3,0.45), alpha=0.3)
138 plt.ylabel(r'amplitude', fontsize='xx-large')
139 plt.xlabel("t/T", fontsize='xx-large')
140 plt.legend(fontsize='x-large')
141 plt.tight_layout()
142 plt.show()

```

4

Here we consider the field of the form

$$\mathbf{E}(t) = E_0 (\hat{\mathbf{x}} \cos(\omega t) + \hat{\mathbf{y}} \sin(\omega t)) ,$$

with $E_0 \in \mathbb{R}$ being a constant. We define

$$\epsilon_{\pm} = \mp \frac{\hat{\mathbf{x}} \pm i\hat{\mathbf{y}}}{\sqrt{2}} .$$

Thus we can write

$$\begin{aligned} \frac{E_0}{\sqrt{2}} (-\hat{\epsilon}_+ e^{-i\omega t} + \hat{\epsilon}_- e^{i\omega t}) &= \frac{E_0}{\sqrt{2}} \left(\frac{\hat{\mathbf{x}} + i\hat{\mathbf{y}}}{\sqrt{2}} (\cos(\omega t) + i \sin(\omega t)) + \frac{\hat{\mathbf{x}} - i\hat{\mathbf{y}}}{\sqrt{2}} (\cos(\omega t) + i \sin(\omega t)) \right) \\ &= \frac{E_0}{2} ((\hat{\mathbf{x}} + i\hat{\mathbf{y}})(\cos(\omega t) - i \sin(\omega t)) + (\hat{\mathbf{x}} - i\hat{\mathbf{y}})(\cos(\omega t) + i \sin(\omega t))) \\ &= \frac{E_0}{2} ((\hat{\mathbf{x}} + i\hat{\mathbf{y}})(\cos(\omega t) - i \sin(\omega t)) + (\hat{\mathbf{x}} - i\hat{\mathbf{y}})(\cos(\omega t) + i \sin(\omega t))) \\ &= \frac{E_0}{2} (2 \cos(\omega t) \hat{\mathbf{x}} + 2 \sin(\omega t) \hat{\mathbf{y}}) \\ &= E_0 (\cos(\omega t) \hat{\mathbf{x}} + \sin(\omega t) \hat{\mathbf{y}}) \\ &= \mathbf{E}(t) . \end{aligned}$$

Defining $\hat{\mathbb{I}} = |1\rangle \langle 1| + |2\rangle \langle 2|$. Now we can compute the interaction Hamiltonian

$$\hat{\mathbb{I}} \hat{H}_I \hat{\mathbb{I}} = -\frac{E_0}{\sqrt{2}} (|1\rangle \langle 1| + |2\rangle \langle 2|) (-\hat{\mu} \cdot \hat{\epsilon}_+ e^{-i\omega t} + \hat{\mu} \cdot \hat{\epsilon}_- e^{i\omega t}) (|1\rangle \langle 1| + |2\rangle \langle 2|)$$

First we consider the case with $|1\rangle$ representing the level $J = 0$, and $|2\rangle$ representing the level $J = 1$ with $m_J = 1$. Then by assumptions, with coefficients $-2E_0/(\sqrt{2}\hbar)$ absorbed by a constant $k \in \mathbb{C}$, we have

$$\hat{\mathbb{I}} \hat{H}_I \hat{\mathbb{I}} = \frac{\hbar}{2} (k e^{i\omega t} |1\rangle \langle 2| + k^* e^{-i\omega t} |2\rangle \langle 1|)$$

Thus the full Hamiltonian reads

$$\mathbf{H} = \frac{\hbar}{2} \begin{bmatrix} -\omega_0 & 0 \\ 0 & \omega_0 \end{bmatrix} + \frac{\hbar}{2} \begin{bmatrix} 0 & k e^{i\omega t} \\ k^* e^{-i\omega t} & 0 \end{bmatrix} = \frac{\hbar}{2} \begin{bmatrix} -\omega_0 & k e^{i\omega t} \\ k^* e^{-i\omega t} & \omega_0 \end{bmatrix}$$

Thus the Schrodinger's equation of the system reads

$$i\hbar \dot{\mathbf{a}}(t) = \frac{\hbar}{2} \begin{bmatrix} -\omega_0 & k e^{i\omega t} \\ k^* e^{-i\omega t} & \omega_0 \end{bmatrix} \mathbf{a}(t) . \quad (4.1)$$

In the interaction representation, $\mathbf{a}(t) = \mathbf{c}(t) \exp(-i \mathbf{E} t / \hbar)$, Eq. (4.1) becomes

$$i\hbar \begin{bmatrix} \dot{c}_1 e^{i\omega_0 t/2} + (i\omega_0 c_1/2) e^{i\omega_0 t/2} \\ \dot{c}_2 e^{-i\omega_0 t/2} - (i\omega_0 c_2/2) e^{-i\omega_0 t/2} \end{bmatrix} = \frac{\hbar}{2} \begin{bmatrix} -\omega_0 c_1 e^{i\omega_0 t/2} + c_2 e^{-i\omega_0 t/2} k e^{i\omega t} \\ c_1 e^{i\omega_0 t/2} k^* e^{i\omega t} + \omega_0 c_1 e^{i\omega_0 t/2} \end{bmatrix},$$

which is equivalent to the system

$$i\hbar \dot{\mathbf{c}}(t) = \frac{\hbar}{2} \begin{bmatrix} 0 & k e^{-i\delta t} \\ k^* e^{i\delta t} & 0 \end{bmatrix} \mathbf{c}(t), \quad (4.2)$$

with the definition of detuning $\delta := \omega_0 - \omega$. Comparing Eq. (4.1) and (4.2) to the form of Eq. (2.62) and (2.63) from the textbook, we see that we have arrived to the desired system of equations without using the RWA.

On the other hand, if $|2\rangle$ represents the level $J = 1$ with $m_J = -1$ instead. Then by assumption, the interaction Hamiltonian gives

$$\hat{\mathbb{I}} \hat{H}_I \hat{\mathbb{I}} = \frac{\hbar}{2} (-k e^{-i\omega t} |1\rangle \langle 2| - k^* e^{i\omega t} |2\rangle \langle 1|).$$

Similar argument leads to the system

$$i\hbar \dot{\mathbf{a}}(t) = \frac{\hbar}{2} \begin{bmatrix} -\omega_0 & -k e^{-i\omega t} \\ -k^* e^{i\omega t} & \omega_0 \end{bmatrix} \mathbf{a}(t),$$

and in the interaction representation,

$$i\hbar \dot{\mathbf{c}}(t) = \frac{\hbar}{2} \begin{bmatrix} 0 & -k e^{-i(\omega+\omega_0)t} \\ -k^* e^{i(\omega+\omega_0)t} & 0 \end{bmatrix} \mathbf{c}(t),$$

suggesting that the counterrotating term (with frequency $\omega + \omega_0$) drives the transitions between the two levels.