

“I can not teach you... I can only help you **explore yourself.**”

—Bruce Lee

KEVIN CARROLL

COACHING AND CONSULTING



EXECUTIVE LEADERSHIP • HUMAN PERFORMANCE • REINVENTION

Kevin brings a playful curiosity + a lifelong love of learning + a competitive mindset to all of his endeavors. He sees humanistic potential + possibilities everywhere. He solves issues and challenges in surprising + unexpected ways.

Team Integration Workshops

Connect, engage and move attendees via dynamic + playful moments. Be ready to awaken the “KIDULT” (Kid + Adult) inside you via these dynamic + playful experiences:

- “KIDULT” Creative Time: team ideation + collaboration exercise.
- “KIDULT” Recess Time: a purposeful play experience via a series of “intentional” games + activities.
- “KIDULT” Story Time: create a short poem by answering a series of insightful questions..
- RESULTS: teamwork, collaboration, improved creative confidence!

(VIRTUAL OPTION AVAILABLE)

Executive Leadership Coaching (1:1)

During these meetings, clear goals are set and a “bespoke” action plan is co-designed to achieve the desired outcomes.

(VIRTUAL OPTION AVAILABLE)

Professional “Thinker” In-Residence

Subject matter expertise provided to an organization via onsite visits to amplify and/or support an agreed upon project/goal.

(VIRTUAL OPTION AVAILABLE)

Areas of Focus

Adaptability • resilience • problem solving • well-being • optimism • positivity • creative confidence • setting + achieving goals
teamwork • collaboration • creative energy • communication • cooperation • problem-solving • storytelling • **FUN!**

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