

### THE WOLF YOU FEED - a Parable

One evening a Cherokee elder told his grandson about a battle that goes on inside people. He said, "My son, the battle is between two "wolves" inside us all.

One is Evil. It is anger envy jealousy sorrow regret greed arrogance self-pity guil

One is Evil. It is anger, envy, jealousy, sorrow, regret, greed, arrogance, self-pity, guilt, resentment, inferiority, lies, false pride, superiority, and ego.

The other is good. It is joy, peace, love, hope, serenity, humility, kindness, benevolence, empathy, generosity, truth, compassion and faith." The grandson thought about it for a minute and then asked his grandfather: "Which wolf wins?" The Cherokee elder simply replied, "The one you feed."

TWENTY Qs to ask instead of..."how are you doing right now?! <a href="https://bit.ly/34TbdJT">https://bit.ly/34TbdJT</a>

KC's Book List: http://bit.ly/2legc50

A KIDS BOOK ABOUT SERIES:

https://bit.ly/2KOh1LC

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SIR WINSTON CHURCHILL (1874 - 1965)

THE CURE FOR BOREDOM IS CURIOSITY. THERE IS NO CURE FOR CURIOSITY.

**ELLEN PARR** 

#### LIMINALITY aka "The In Between" -

There's a word for this magical space between no longer and not yet... it's called - Liminality. It's an awkward, scary and unpredictable place to be. Think about it a little differently and it will become transformative, exciting and full of opportunity!

**HIGH PERFORMING TEAMS Research**: http://bit.ly/2ZSIXYx

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We are drowning in information, while starving for wisdom. ~E.O. Wilson

