



LOS ANGELES COMMISSION ON

**LACAAW**

ASSAULTS AGAINST WOMEN

**SISTERHOOD**

b o o k s t o r e

# Domestic Violence Kit

## *Contents:*

- BOOKS:** 1 > *Next Time She'll Be Dead* by Anne Jones  
2 > *Getting Free* by Ginny NiCarthy  
3 > *Surviving Domestic Violence* by LACAAW

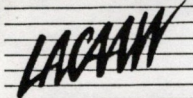
**PAMPHLETS:** Home Security, Victim's Rights, LACAAW Services & Self-Defence Brochures

**STRATEGY CARDS:** Women's Survival Card, Safety Strategies, Assault Strategies, Escape Plan Checklist, Warning Signs of a Potential Batterer.

**PRODUCTS & CLASSES:** Hot Line Magnet, "Call Police" Car Sign, Coupon for free Self-Defense Class (\$25 Value)

*A percentage of Domestic Violence kit purchase is donated to LACAAW*





# WOMEN'S SURVIVAL CARD

Updated 1-95 by: **LACAAW**

## EMERGENCY NUMBERS - 24 hour services available

|  |              |
|--|--------------|
| Police/paramedic/fire                                  | 911          |
| Info Line (referrals to local services)                | 213-686-0950 |
| LACAAW's LA Rape & Battering Hotline                   | 310-392-8381 |
| L.A. District Attorney Safety Plan Hotline (Recording) | 800-978-3600 |

## MEDICAL EMERGENCY

|   |              |
|---|--------------|
| USC Medical Center (1220 N. State Street, LA)           | 213-226-3061 |
| Olive View Medical Center (7555 Van Nuys Bl., Van Nuys) | 818-364-1555 |
| King/Drew Medical Center (12021 Wilmingtong Ave., LA)   | 310-603-4426 |

## MEDICAL

|   |              |
|---|--------------|
| Community Health Project, Pasadena                  | 818-794-1161 |
| Harbor Free Clinic, San Pedro                       | 310-547-0202 |
| Hollywood/Sunset Community Clinic, Hollywood        | 213-660-2400 |
| Huntington Memorial Hospital, Pasadena              | 818-397-5252 |
| Laguna Beach Community Clinic, Laguna Beach         | 714-494-0761 |
| Los Angeles Free Clinic, Central LA                 | 213-653-1990 |
| Orange Co. Center For Health, Anaheim               | 714-447-7200 |
| Santa Monica Hospital, Santa Monica                 | 310-319-4000 |
| South Bay Free Clinic, Manhattan Beach              | 310-376-0791 |
| T.H.E. Clinic For Women, Southwest LA               | 213-295-6571 |
| Venice Family Clinic, Venice                        | 310-392-8636 |
| Westside Women's Health Clinic, Santa Monica        | 310-450-2191 |
| Whittier Hospital, Whittier                         | 310-945-3561 |
| Family Planning Associates                          | 213-938-9838 |
| Women's Health Care Clinic, Torrance                | 310-222-3723 |
| Women's Hospital (LA County/USC Emergency), East LA | 213-226-3061 |

## PROGRAMS FOR BATTERED WOMEN

(includes 24-hour Crisis Intervention, Counseling, Groups or Shelter)

|                               |              |
|-------------------------------|--------------|
| Alliance on Family Violence   | 805-327-1091 |
| Battered Women's Services     | 619-234-3164 |
| Carson Shelter                | 310-549-1375 |
| Chicana Service Action Center | 213-937-1312 |

|  |                           |
|--|---------------------------|
| Desert Sanctuary, Barstow  | 619-252-3441              |
| East LA Shelter (24-hour Spanish available)  | 213-268-7564              |
| Everywoman's Shelter (24-hr Chinese, Japanese, Korean, Filipino, & Vietnamese available) | 800-339-3940 213-653-4042 |
| Family Violence Project of JFS   | 818-908-5007              |
| Good Shepherd Shelter, Los Angeles   | 213-737-6111              |
| Haven Hills, San Fernando Valley   | 818-887-6589              |
| Haven House, Pasadena  | 213-681-2626              |
| Horizon House, Riverside   | 714-683-0829              |
| House of Ruth, Claremont (limited Spanish available)                                     | 909-988-5559              |
| Interval House, Seal Beach   | 310-594-4555              |
| Human Options, Laguna Beach  | 714-494-5367              |
| Interface Community, Newbury   | 800-339-9597              |
| Jenesees Center, South Central LA  | 213-731-1145              |
| Los Angeles Battered Women's Hotline (LACAAW)  | 310-392-8381              |
| Option House, Colton   | 714-381-3471              |
| Rainbow Services, San Pedro  | 310-547-9343              |
| 1736 Family Crisis Center, Hermosa Beach   | 310-379-3620              |
| Sojourn, Santa Monica (limited Spanish available)  | 310-392-9896              |
| Su Casa, Lakewood (24-hour Spanish available)  | 310-402-7081              |
| Valley Center for Previntion of Violence   | 818-786-2079              |
| Valley Oasis, Antelope Valley (M-F limited Spash available)                              | 805-945-6737              |
| Ventura County Coalition Against Household Violence                                      | 805-656-1111              |
| YWCA, WINGS, West Covina   | 818-967-0658              |
| Women & Children's Crisis Shelter, Whittier  | 310-945-3939              |
| Women's Transitional Living Center, Orange   | 714-992-1931              |
| YWCA Womenshelter, Long Beach  | 310-437-4663              |
| Southern CA Coalition on Battered Women (SCCBW)  | 213-655-6098              |

## HOMELESS RESOURCES

|  |              |
|--|--------------|
| Covenant House (for youth), Hollywood              | 213-461-3131 |
| DPSS Sundown (only after 5pm), LA                  | 213-974-1234 |
| Gay & Lesbian Community Services Center, Hollywood | 213-993-7400 |
| LIFE   | 213-467-5433 |
| Ocean Park Community Center, Santa Monica          | 310-450-4050 |
| Stepping Stone (for youth), Santa Monica           | 310-450-7839 |
| Sunlight Mission, Santa Monica                     | 310-450-8802 |
| Sunshine Mission, Central LA                       | 213-747-7419 |

Please turn over.



# ESCAPE PLAN LIST

- ☐ I can avoid stores, banks, and \_\_\_\_\_  
\_\_\_\_\_ that I used  
when living with my battering partner.
- ☐ I can obtain a protective order from \_\_\_\_\_  
\_\_\_\_\_ I can keep it on or near  
me at all times as well as leave a copy with  
\_\_\_\_\_.
- ☐ If I feel tempted to return to an abusive  
situation, I can call \_\_\_\_\_  
\_\_\_\_\_ for support or attend workshops and support  
groups to gain support and strengthen my  
relationships with other people.

## IMPORTANT PHONE NUMBERS

Police \_\_\_\_\_

Physician \_\_\_\_\_

Trusted Friends \_\_\_\_\_  
\_\_\_\_\_

Hotline \_\_\_\_\_

Shelter \_\_\_\_\_

*Please turn over.*





# ITEMS TO TAKE CHECKLIST



- |  |  |
|--|--|
| <input type="checkbox"/> Identification                            | <input type="checkbox"/> Divorce papers                                |
| <input type="checkbox"/> Birth certificates for me and my children | <input type="checkbox"/> Custody Documents                             |
| <input type="checkbox"/> Social Security cards                     | <input type="checkbox"/> Lease/rental agreement, house deed            |
| <input type="checkbox"/> School and medical records                | <input type="checkbox"/> Mortgage payment book, current unpaid bills   |
| <input type="checkbox"/> Money, bankbooks, credit cards            | <input type="checkbox"/> Insurance papers                              |
| <input type="checkbox"/> Keys - house/car/office                   | <input type="checkbox"/> Address book                                  |
| <input type="checkbox"/> Driver's license and registration         | <input type="checkbox"/> Pictures, jewelry, items of sentimental value |
| <input type="checkbox"/> Medications                               | <input type="checkbox"/> Children's favorite toys and/or blankets      |
| <input type="checkbox"/> Change of clothes                         |  |
| <input type="checkbox"/> Welfare identification                    |  |
| <input type="checkbox"/> Passport(s), Green Card(s), work permits  |  |

*Put these items in a bag or suitcase and keep them in a safe place that only you know about.*

*Please turn over.*