

The revolutionary **INDIGO Biofeedback Device** was created over a period of many years of research and development to combine holistic medicine with advanced quantum technology. INDIGO makes it possible to query the body for its most acute and chronic needs or stressors, convey this information to the client, and then attempt to balance or correct the stressors with focused energetic training.



The main premises of **quantum biofeedback** are that the body is electrical in nature, that it is innately intelligent, that it has the ability to heal itself if the right conditions or stimuli are provided, and that as the client becomes more aware of that which has been unknown to them, they can make changes to improve their wellness.

Classical **biofeedback** was developed in the late 1960s by pioneering researchers such as Hans Selye, incorporating techniques developed as early as the 1920s to reduce stress. It is a modality for stress reduction through greater awareness and control of the body and its functions. The main object has always been to teach the body how to return to a state of homeostasis or balance. Classical modalities include finger temperature regulation, GSR (galvanic skin response or measuring skin's electrical resistance), EMG (electromyography or muscle relaxation), and EEG (electroencephalography or brain wave pattern training).

**Quantum Biofeedback** has taken the concept of this feedback loop and added three new components: artificial intelligence, use of electrical frequency to measure and provide training and a completely holistic selection of modalities to deliver that training.

The **INDIGO** operates at biological speeds, broadcasting over 11,000 frequencies to the body, each associated with a different item (mineral, vitamin, toxin, organ, emotion, etc.), recording its reaction to each, and identifying both acute and chronic potential imbalances. Clients can then be provided information about the results and frequency training signals can be

activated to attempt a balancing or harmonizing for items of concern. The **INDIGO** does not replace the care of your doctor or licensed healthcare providers. However, by reducing stress, which often causes or contributes to illness, it may help the body to begin healing itself naturally.

Reduce the stress, take the load off the body, assist it to better repair itself and give your body a voice. That is what Quantum Biofeedback is all about.

Quantum Biofeedback equipment includes a laptop, the **INDIGO**, head harness, and limb straps.



People suffering from the following conditions often respond well to stress reduction with the **INDIGO**:

- Attention Deficit Disorder (ADD)
- Addictions
- Anxiety
- Arthritis
- Back Pain
- Chronic Fatigue
- Chronic Pain
- Depression
- Eating disorders
- Headaches
- Hypertension
- Immune disorders
- Incontinence
- Infections
- Insomnia
- Learning Disabilities
- Migraine
- Neuralgia
- Physical Injuries
- Unintentional Weight Loss



### A Typical Session

An initial session with the **INDIGO** takes approximately two hours, which allows for the completion of the intake form as well as the Suppression and Obstruction to Cure or "SOC" panel, which identifies lifestyle issues and medical history and helps cue the biofeedback device to any particular risks for the client. Once the SOC panel is completed, the client is connected to the **INDIGO** with a head harness and limb straps. The device is then calibrated and the main test proceeds for about four minutes.

When the test is complete, the practitioner reviews the highest risk



items and begins to attempt correction of priority conditions. This process usually begins with balancing of minerals, vitamins, and organs to better enable the body to begin healing. The more specialized therapies can then be utilized as appropriate and a strategy for future sessions can be developed in consultation with the client.

Follow-up sessions are approximately one and a half hours and involve a review of the "SOC" panel to determine if there have been any lifestyle or symptom changes to report.

**Disclaimer**

No claims are made of the **INDIGO system** or its results and nothing that the INDIGO Practitioner does, diagnoses or treats any illness or disease nor replaces any other treatment. Please consult your family medical doctor for the diagnosis or treatment of disease. Please also consult your family medical doctor before undertaking any health program.